



# The Beacon

A Newsletter for Long-Term Care Residents

May 2023

## Older Americans Month



The LTCO would like to join in the celebration of Older Americans Month this May and recognize the contributions Elder Americans make to society past, present and future. It is with your knowledge, guidance, and experience that younger generations learn how to move our society forward toward the best version of itself.

### HAPPY MEMORIAL DAY



X Z M C O U N T R Y I S  
 R E V F R E E D O M W O  
 S A C R I F I C E O X L  
 D E P A T R I O T I C D  
 C O M M E M O R A T E I  
 Y O U O M A R T I A L E  
 L Y K M E M O R I A L R  
 N A T I O N A L Q K L T



**COMMEMORATE, COUNTRY,  
 FREEDOM, MARTIAL,  
 MEMORIAL, NATIONAL,  
 PATRIOTIC, SACRIFICE**

### RESIDENTS' RIGHTS CORNER

Nursing Home residents have many rights under Federal Law.

#### Freedom from abuse and restraints – you have the right:

- Freedom from physical and mental abuse, corporal punishment or involuntary seclusion.
- Freedom from chemical and physical restraints. Restraints should never be used as punishment.

**If you believe that your rights have been violated, call the LTCO: 1-877-582-6995 or visit our website at [www.nj.gov/ltdco](http://www.nj.gov/ltdco)**



# National Nurses Week

National Nurses Week is May 6-12! We are all so grateful for those people who have chosen to dedicate their careers to nursing. We extend a great big thank you to the nurses who work in LTC facilities and to the 12 registered nurses who are part of the LTCO team.

- “This is the best job that I have ever had. I have always been a huge advocate for patients/residents,” said Diana Campbell, LTCO Nurse Investigator.
- “The job can be very rewarding and equally frustrating at times. There is seldom black and white with many shades of grey,” said Nurse Investigator Fred Golz.

A recent report in NJ.com stated that “New Jersey ranks among the 10 states with the most unfilled registered nurse positions with 13,404, according to Adzuna, a job listing site.”

Clearly, being a nurse is not an easy job, especially in the aftermath of a global pandemic. We all appreciate what they do and we are grateful that they are there when we need them. So, say thank you to your favorite nurse today!



## New Jersey Pride Event June 4th, 2023



Join the LTCO at this year's New Jersey Pride event in Asbury Park on Sunday, June 4th from 11am-7pm! There will be a table with every resource our office has to offer, as well as fun giveaways! If you are interested in attending any Pride events through the month of June, please contact your social worker or activities director.

## Help the Bee Find the Flower!



New Jersey Office of the Long-Term Care Ombudsman

Laurie Facciarossa Brewer, LTC Ombudsman

[www.NJ.GOV/LTCO](http://www.NJ.GOV/LTCO)

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