



## **Project Background:**

The NACW Healthy BONES Project was inspired by the remarkable work of the Georgia Commission for Women to educate women about the disease of osteoporosis. The Georgia Osteoporosis Initiative, established as a public/private partnership to reduce the incidence of fractures from osteoporosis, has screened over 55,000 individuals in the state. In 2005 the Georgia Commission for Women was the winner of the 2005 Outstanding Achievement Award for their Osteoporosis Initiative.

In 2006, at the 37<sup>th</sup> Annual Convention of the National Association of Commissions for Women, the NACW Healthy BONES (Benefits Of a National Education System) was launched.

## **Project Description:**

To develop, deploy and sustain a comprehensive ready-to-use Resource Kit that provides resources for Commissions for Women to take action in the fight against osteoporosis.

## **Project Vision:**

Commissions for Women across the country are leaders in the reduction of the debilitating effects of fractures resulting from osteoporosis in women.

## **Project Mission:**

To encourage and support NACW member commissions as leaders in the reduction of the debilitating effects of fractures resulting from osteoporosis in women.

## **Project Outcomes:**

- More than thirty Commissions for Women across the nation are taking action in the fight against osteoporosis.
- Nearly a thousand women have been screened for osteoporosis.
- Over 100,000 women have been informed about the disease and how to prevent it.