

Fibromyalgia

Web: <http://www.fmaware.org/site/PageServer?pagename=fibromyalgia>

According to the National Fibromyalgia Association, *Fibromyalgia (FM) is a chronic pain disorder characterized by widespread musculoskeletal aches, pain and stiffness, soft tissue tenderness, general fatigue, and sleep disturbances. The most common sites of pain include the neck, back, shoulders, pelvic girdle, and hands, but any body part can be affected. Fibromyalgia patients experience a range of symptoms of varying intensities that wax and wane over time.*

Resources:

American College of Rheumatology

Web: http://www.rheumatology.org/public/factsheets/fibromya_new.asp

American Pain Foundation

Web: <http://www.painfoundation.org/>

National Fibromyalgia Association

Web: <http://www.fmaware.org/site/PageServer>

National Institutes of Health

Web: http://www.niams.nih.gov/Health_Info/Fibromyalgia/default.asp

Pfizer's New Online Resource Website

Web: <http://www.fibrocenter.com/>

WebMD

Web: <http://www.webmd.com/fibromyalgia/default.htm>