



UNIVERSITY BEHAVIORAL HEALTHCARE - BEHAVIORAL RESEARCH AND TRAINING INSTITUTE  
TRAUMATIC LOSS COALITIONS FOR YOUTH 732-235-2810 <http://ubhc.umdj.edu/brti/TLC.htm>

## 10<sup>TH</sup> ANNUAL SUICIDE PREVENTION CONFERENCE

CO-SPONSORED BY

THE AMERICAN FOUNDATION FOR SUICIDE PREVENTION – NEW JERSEY CHAPTER

# Assessment and Clinical Management of Suicidal Youth: *Cognitive Behavioral Treatment Approaches*

FEATURING INTERNATIONAL SUICIDE EXPERT

## David Brent, MD

**When:** Tuesday, December 11, 2012  
**Where:** The Imperia, 1714 Easton Avenue, Somerset, NJ 08873  
**Directions:** [http://www.theimperia.com/Directions\\_to\\_the\\_Imperia\\_NJ/](http://www.theimperia.com/Directions_to_the_Imperia_NJ/)  
**Cost:** \$95 - Includes Continental Breakfast, Lunch and Course Materials  
**Time:** 7:30 AM Registration and Continental Breakfast  
8:45 Welcome  
12 Noon Lunch  
3:00 Adjournment

**Program Goal:** The overarching goal of this conference is to use what is known about the risk for adolescent suicide to guide clinical risk assessment and intervention.

### Training objectives:

1. Participants will learn current information about the risk factors for adolescent suicidal ideation, attempts and completion.
2. Participants will learn how to use this information to formulate clinically meaningful questions in order to clarify suicidal risk.
3. Participants will become familiar with the current literature about effective components of intervention for suicidal youth.
4. Participants will learn how to use the information about suicidal risk to formulate a treatment plan for the suicidal patient based on best practices.

**About the Presenter: David Brent, MD** grew up in the Philadelphia area, graduated from Pennsylvania State University and Jefferson Medical College of Thomas Jefferson University. Dr. Brent trained in pediatrics at the University of Colorado, in general and child psychiatry at Western Psychiatric Institute and Clinic, and completed a master's degree in psychiatric epidemiology at the University of Pittsburgh - School of Public Health. Currently, he is academic chief of child and adolescent psychiatry at Western Psychiatric Institute and Clinic and professor of psychiatry, pediatrics and epidemiology at the University of Pittsburgh - School of Medicine. He co-founded and now directs Services for Teens at Risk (STAR), a Commonwealth of Pennsylvania - funded program for suicide prevention, education of professionals, and the treatment of at-risk youth and their families. His work in the area of suicide has focused on the epidemiology of adolescent suicide and has helped to identify the role of firearms, substance abuse, and affective disorders as risk factors for youth suicide.

Dr. Brent and colleagues at Western Psychiatric Institute and Clinic have helped establish the role of cognitive therapy as a treatment for depressed adolescents in an NIMH-funded clinical trial. He has also focused on the familial and genetic aspects of suicide, having found that suicidal behavior clusters in families, and is currently, along with colleagues at New York State Psychiatric Institute, studying how suicidal behavior may be transmitted from parent to child. His work has been funded by the William T. Grant Foundation and the National Institute of Mental Health; he currently directs an NIMH-funded Advanced Center for Interventions and Services Research for Early-Onset Mood and Anxiety Disorders devoted to improving the life course of youth with mood and anxiety disorders and consequently at high risk for suicide.

**IMPORTANT NOTE:** There is no commercial support for this activity, and the speaker has declared that he has nothing to disclose.

## Professional Contact Hours

Professional Contact Hours have been applied for in the following professional disciplines: Certified Counseling, Nursing, Psychology, Social Work, Marriage and Family Therapy, and Screening.

**IMPORTANT NOTE:** *There will be an additional \$20 charge for professional continuing education certificates for this conference. This fee is ONLY payable after the completion of the conference. For further information call (732) 235-2810.*

**Educators:** May receive credit for five (5) Professional Development Hours. There is no charge for this certificate.

**PLEASE NOTE: TO RECEIVE PROFESSIONAL CONTACT HOURS THE FOLLOWING APPLIES:**

- Participants may not be eligible for continuing education credits if they are not on time and present for the entire conference
- Participants must sign in and sign out
- Participants must submit a completed evaluation form at the end of the training
- Partial credits will not be issued to participants arriving late or leaving early

**Pre-Registration Required      REGISTRATION DEADLINE: Wednesday, December 5, 2012**

**Cost: \$95 Includes: Continental Breakfast, Lunch and Conference Materials**

**Checks, Money Orders, Purchase Orders. Payable to UMDNJ – UBHC.**

**Credit/Debit Cards are now being accepted. Follow link at the end of the registration process.**

**For UMDNJ-IDT payments, call 732-235-2810 to make special arrangements.**

Intended Audience: TLC Coalition Members & Coordinators - Mental Health Clinicians - School Counselors - School Psychologists - Educators - School Resource Officers - School Administrators - School Nurses - Division of Family Services Personnel - Certified Counselors - Social Workers - Screeners - Juvenile Justice Personnel - Law Enforcement Personnel - Substance Abuse Counselors - Child and Adult Psychiatrists - Clergy - Pediatricians - Parents

Cancellation Policy: Refund ONLY if cancellation is received by end of business day, Wednesday, December 5, 2012. Refund processing fee is \$20.

Special Needs: For special physical or dietary requirements, contact the TLC at 732-235-2810 to discuss possible provisions.

Make Checks/Money Orders and Purchase Orders payable to UMDNJ – UBHC

Mail to UMDNJ-UBHC-TLC, 151 Centennial Avenue, Piscataway, NJ 08854

*For your comfort, we suggest bringing sweaters or jackets to accommodate for room temperature variations.*

**To register: [Click Here](#)**