

FAMILY SUCCESS CENTER MODEL

Bidders Conference

Antonio R. Lopez, MSW, LSW

Administrator, Office of Family Support Services

Date

Family Success Centers (FSC)

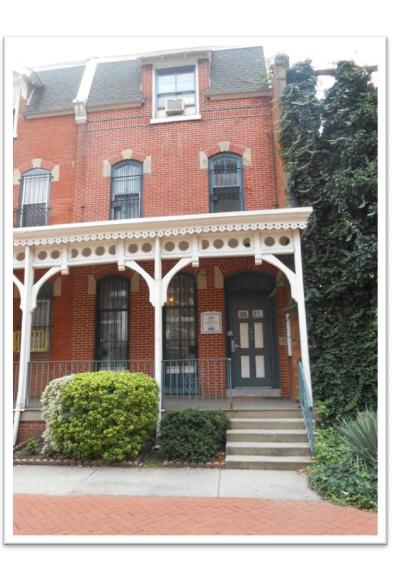
Target Population: All New Jersey Families.

 Level of Service: 50 FSCs each serving at least 250 individuals each year. Levels of Service vary according to the award.

Family Success Center Model

Family Success Centers (FSCs) are neighborhood gathering places where <u>any</u> community resident can go for support, information and services.

The design and delivery of services are guided by parents' and individuals' voice and choice through a Parent/Community Advisory Board.

















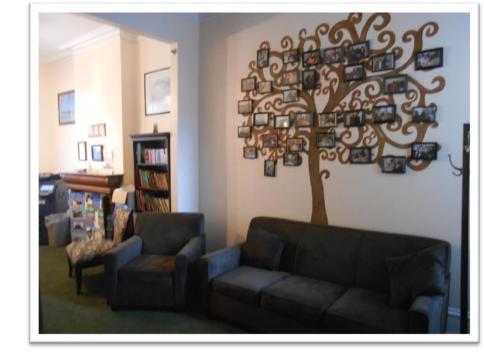


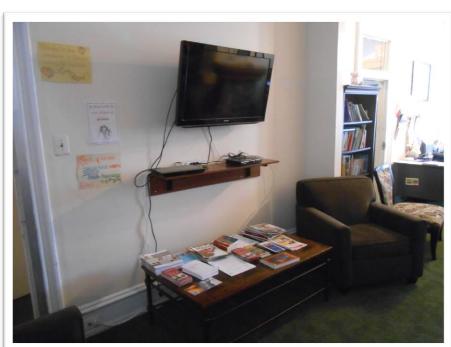




















Family Success Center Approach

- It is a collaborative, strength-based method of organizing resources, supports and services to support the growth and development of families.
- Embraces families and partners to achieve their aspirations for the future.
- It strives to help families build upon those strengths through community involvement and shared-decision making with families.

7th Annual Family Success Conference



Healthy Relationships





Developing Leaders and Advisory Boards





Social Innovation & Access to Capital Markets





Family Togetherness & Resiliency





Family Success Center Difference

- Enrich the lives of children by strengthening families and neighborhood.
- Develop and reinforce local networks and provide integrated, locally based services.
- Reduce isolation and promote social connections among family and community.

Family Success Center Difference

- Support activities and provide services in a friendly, safe and non stigmatizing location.
- Work towards long-term sustainability through collaboration, fundraising and the leveraging of funds and resources.
- Are success-driven which creates the conditions for families to address positive sustainable futures for themselves.

Family Success Center Difference

- Provide a defined set of activities and core services for parents, families and individuals.
- Families are "at the table" in all decisions that affect their lives. FSCs recognize that families possess the inherent strengths and knowledge they need to succeed given the opportunity, support and resources.
- Intended to be catalysts for transforming the way families, communities and resources connect.

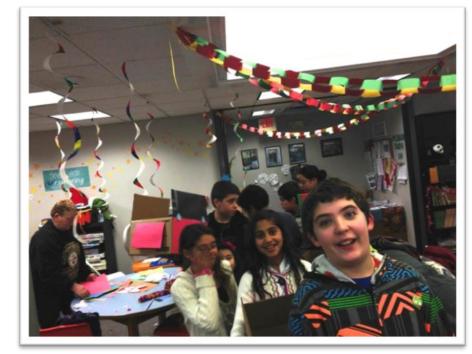
Family Friendly Activities

- Family success goes beyond the predominant view of prevention.
- Family success focus on creating, promoting and supporting situations that allow well-being to flourish and ensures positive outcomes for individuals and families.
- Family success breaks away from the traditional targeted, time –constrained, casualty based interventions.

Family Friendly Activities

- Parenting Groups (evidenced based parent education),
- Support Groups for Young Parents (Mom's Group-New Babies, New Emotions, Kiddie Academy-Emotional Coaching),
- Computer Labs (Job Search, Resume Writing, Financial Literacy Workshop, etc.),
- Breast Feeding Support Groups, Prenatal Nutrition Classes, Adult Literacy Programs,
- Grandparents Support Groups,
- Parent & Me-Arts and Crafts Activities,
- Fatherhood Enrichment Activities (father-daughter dance, movie night, play with dad, exercise with dad, etc.),
- Girls Empowerment Groups, Tutoring, Gardening Clubs,
- Group exercise: Yoga, Zumba, Walking Clubs.

















FAMILY SUCCESS CENTER
PRESENT:

A TASTE OF FALL

Treats as Crafts

September 11 at 4:00PM

Please call 973-620-9711 to register

A FREE event for parents and children of all ages!

Come and enjoy an afternoon of making yummy tasty

FALL treats!



y Family Success Center, a program of the Partnership for Maternal and Child Health of Northern NJ, is supported by funding from the New Jersey Department of Children and Families.





showers bring May Flowers!

Thursday, April 24, 2014 at 4:00 p.m.

Family Success
Center

Lets stay indoors and away from the rainy weather. Join us in rainy day activities!



Arts and crafts



Music



Food

Registration Required And much more!



Family Success Center, a program of the Partnership for Maternal and Child Health of Northern NJ, is supported by funding from the New Jersey Department of Children and Families.









CLASSROOM RULES

Join us for a fun FREE event to help children of all ages prepare to go back to school! Make your very own Notebook and pencil case holder!

BACK TO SCHOO



AUGUST 21, 2014



4:00 PM - 5:00 PM



The Morris County Family Success Center, a program of the Partnership for Maternal and Child Health of Northern NJ, is supported by funding from the New Jersey Department of Children and Families.

Moms to be, baby and Me Fair!

Promoting Emotionally Healthy Families

Wednesday, August 27, 2014 10:00 AM-12:00 PM **Family Health Center** 200 South Street Morristown, NJ 07206



Come and Join Us:

- · Receive gifts for you and your baby
- · Learn ways to relax and take care of yourself emotionally during and after giving birth
- · Listen to ways to create a healthy attachment with your baby
- · Learn information about programs in your community

For more information call: 973-268-2280 x155

Sponsored By: The Partnership for Maternal and Child Health of Northern NJ and Family Health Center



FSC Impact Outcomes

70% of participants improve their ability to provide for their children as evidenced in successful linkages to formal and informal **concrete supports.**

70% of participants increase social connections.

70% of participants demonstrate increased resilience.

70% of parents demonstrate improved parenting skills.

70% of parents report increased **nurturing and attachment** in relationships with their children.

70% of participants report increased social emotional competence.

Community Impact Outcomes

- Programming is designed collaboratively with input from an active FSC advisory board.
- FSC maintains a broad network of community services for a seamless system of care.
- Formal partners contribute services on a monthly basis.
- FSC contributes efforts to address structural and parenting norms in their neighborhoods and communities.

FSC Services Provided

Individual Activities:

- Intentional Engagement
- Information & Referral
- Advocacy

Group Activities:

- Parent Education(PE)/Parent Child Activity Active Parenting EB curriculum; Music Together; Safe, Strong and Free (NJ CAP); 24/7 DADS and others
- Life Skills
- Family Health
- Housing Related
- Employment Related
- Strengthening Families Events
- Caregiver and Senior Outreach

FSC Services Provided

Community Activities:

- Outreach
- Volunteers and sponsors development
- Networking
- Advisory Board Meetings
- Leadership Opportunities
- Community Strategic Planning

Strengthening Families™ Protective Factors Framework Logic Model

Program strategies that:

Facilitate friendships and mutual support

Help parents connect with each other and develop social networks.

Strengthen parenting

Provide guidance, role modeling, and information on parent and child development, including special support around children's challenging behaviors.

Respond to family crises

Notice family stress, listen, make referrals, and help mobilize other parents to provide support as needed.

Link families to services and opportunities

Make and follow through on referrals, maintain relationships with service providers, and share community information with families.

Facilitate children's social and emotional development

Provide a nurturing and caring environment, use a structured curriculum for social and emotional development, teach parents to support that development and respond to challenges, and observe and respond to signs that development is not on track.

Observe and respond to early warning signs of child abuse or neglect

Consistently monitor child health and family stress, provide immediate outreach at signs of stress, establish clear protocols for staff response, and develop trusting relationships with social service and mental health agencies.

Value and support parents

Make all family members feel welcome, involve parents and caregivers in decisionmaking at all levels, and provide many opportunities for participation.

Protective Factors

Parental resilience

The ability of families to get through difficult and challenging circumstances, recover, and even grow from the experience.

Social connections

A network of people who care, listen, share parenting values, and offer help.

Knowledge of parenting and child development

A basic understanding of how children develop and what children need from their parents, as well as parenting skills and strategies for guiding children's behavior.

Concrete support in times of need

Access to needed resources, including financial help, housing support, mental health or substance abuse services, health care, and more, through formal and informal supports.

Social and emotional competence of children

The age-appropriate ability of children to understand and cope with feelings such as anger, happiness and sadness, and relate to others.

Strengthened Families

Optimal Child Development

Reduced Child Abuse and Neglect



An Ounce of Prevention

- Well-being of children and prevention of child abuse and neglect is a shared responsibility.
- It is larger than any single entity or agency.
- Who bears the responsibility? Everyone.
 - Public and private stakeholders
 - Government
 - Healthcare
 - Social services
 - Early education
 - Schools
 - Legislators
 - Policymakers
 - Foundations
 - Community and faith-based groups
 - Families and other individuals

Defining Prevention

- Primary Prevention targets the general population and offers services and activities before any signs of undesired behaviors become present; there is no screening.
- Secondary Prevention is directed at those who are "at risk" of possibly maltreating or neglecting children.
 Secondary prevention efforts and services are provided before child is abuse or neglect occurs.
- Tertiary Prevention provided after maltreatment has occurred, to reduce the impact of maltreatment and to avoid future abuse





HOURS OF OPERATION:

MONDAY: 7:30am - 5pm TUESDAY: 7:30am - 5pm WEDNESDAY: 7:30am - 6pm THURSDAY: 7:30am - 6pm FRIDAY: 7:30am - 5pm 3rd SATURDAY: 9:00am-1:00pm



All Services Are Free

NO APPOINTMENTS NEEDED





OCTOBER 2014 ~											
Sun	Mon	Tue	Wed	Thu	Fri	Sat					
			1 Parent/Child Activity Summer Clothing Giveaway 11am-1pm	Life Skills Info on Housing Seminar 1pm-3pm		4					
5	6 The Job Hub Job Search Resume Writing and Building	7Parent/Child Activity Game Night 3:30-5pm	"Control Anger before it controls you" 3pm-4pm	Advisory Board Meeting COMMUNITY Community Discussion 5pm-6pm	10 Family Health/ Yoga 3pm-5pm	11					
12	SORRY WE ARE CLOSED	Women Empowerment 2:30pm-3:30pm	Parent & Child Activity Movie Night 3:30pm-5:00pm	16 Family Health NJ Snap Ed. Weight Management & Living a Healthy Life Style 11am-1pm	Tamily Health/Zumba 2000 3:00pm-5:00pm	18 Parent/Child Activity Pumpkin Decorating 9am-1pm					
Breast Cancer Walk Lincoln Park 9am-2pm	20 The Job Hub Job Search Resume Writing and Building		22 Family Health Free Vision Screening 11am-2pm	Advisory Board Meeting Community Discussion 5pm-6pm	24 Family Health Breast Cancer Workshop 10am-12pm	25					
26	27 The Job Hub Job Search Resume Writing and Building	Men Empowerment 2:30pm-3:30pm	29 Parent Education Free Legal Options 1pm-4pm	30 Family Health/Yoga 3pm-5pm	Parent/Child Activity Harvest Fest 3:00pm-5:00pm						

Family Fun Night: October 31st, 2014

Division Street Boo-gie Night

Division St., Somerville, NJ 4 pm-6 pm Register at: www.tinyurl.com/FreeNJfun



October 2014

Free family activities monthly• Info/Connections to Somerset County resources •Family Success Plans built to help you succeed

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:15 am-11:00 am Moms Cub 12:30 pm-1:00 pm Walking Club 7:00 pm-9:00pm Proactive Parenting 7:00 pm-9:00 pm ESOL registration and testing	2 12:30 pm-1:30 pm Strong Program	3 12:30 pm-1:00 pm Walking Club 5:30 pm – 7:30 pm Boys Youth Partnership	4
5 11:00 am- 5:00 pm Somerville Street Fair	6 10:00 am – 1:00 pm Citizenship Prep Class 2:00 pm-4:00 pm Talent Development Group 7:00 pm-9:00 pm ESOL Class	7	8 12:30 pm-1:00 pm Walking Club 7:00 pm-9:00 pm ESOL Class	9 12:30 pm-2:00 pm Strong Program	10 12:30 pm-1:00 pm Walking Club 5:30 pm – 7:30 pm Girls Youth Partnership	11
12	Office Closed Columbus Day 7:00 pm-9:00 pm ESOL Class	6:00 pm-8:00 pm Empowering Parent Series	9:00 am-10:30 am SAMA meeting 12:30 pm-1:00 pm Walking Club 7:00 pm-9:00 pm ESOL Class	9:30 am – 10:30 am Women's Wellness 12:30 pm-2:00 pm Strong Program	17 12:30 pm-1:00 pm Walking Club 5:30 pm-7:30 pm Co-Ed Youth Partnership	18
19	20 10:00 am – 1:00 pm Citizenship Prep Class 2:00 pm-4:00 pm Talent Development Group 7:00 pm-9:00 pm ESOL Class	21	12:30 pm-1:00 pm Walking Club 7:00 pm-9:00 pm ESOL Class	9:30 am – 10:30 am Women's Wellness 12:30 pm-2:00 pm Strong Program 7:00pm-8:00pm Interview Workshop	24 12:30 pm-1:00 pm Walking Club	25
26	27 10:00 am – 1:00 pm Citizenship Prep Class 2:00 pm-4:00 pm Talent Development Group 7:00 pm-9:00 pm ESOL Class	28	29 12:30 pm-1:00 pm Walking Club 7:00 pm-9:00 pm ESOL Class	9:30 am – 10:30 am Women's Wellness 12:30 pm-2:00 pm Strong Program	31 12:30 pm-1:00 pm Walking Club 4:00 pm-6:00 pm FAMILY FUN NIGHT	