

HackensackUMC Sustainability Program



CARING EVERY
DAY TO TAKE
GREEN FURTHER



Presented by Kyle Tafuri
Sustainability Advisor



About HackensackUHN

	HackensackUMC	HackensackUMC Mountainside	HackensackUMC at Pascack Valley	Palisades Healthcare System	Hackensack University Health Network
Team Members	7,587	1,630	609	1,529	11,355
Physicians	1,666	617	452	453	3,188
Medical Residents	170	50	-	65	285
Total Academic Students	160	-	-	249	409
Nursing Students	1,279	120	-	310	1,709
Total Open Research Studies	610	-	-	-	610
Total NIH Grant Amounts	\$783K	-	-	-	\$783K
Licensed Beds	775	347	128	202	1,452
Admissions	44,760	11,208	1,399	9,985	67,352
Inpatient Days	231,216	57,651	4,791	44,717	338,375
Births	6,177	1,332	84	1,555	9,148
Inpatient Surgeries	12,024	2,316	334	1,559	16,233
Outpatient Surgeries	20,360	4,139	227	6,144	30,870
Emergency Visits	112,720	40,025	9,267	39,630	201,642
Outpatient Visits	398,511	103,870	10,239	49,543	562,163
Net Revenue	\$1.43B	\$208.9M	\$28.5M	\$177.9M	\$1.85B

Sustainability

Enhancing environmental practices and initiatives, through a comprehensive sustainable program to ensure a safe, healthy environment for patients, employees, and our community.

2001-2012

- Developed and implemented Greening The Cleaning® program
- Created one of the first Environmental Health Centers in Healthcare
- Launched the Sustainability Committee
- Initiated the first green hospital in the country of its size and scale
 - 97% recycled steel structure
 - Non-PVC hand railing
 - Cotton denim insulation
 - Recycled carpet tiles
 - Natural lighting
 - Organic food options
 - Non-toxic toys
- Rooftop garden where vegetables are used for food
- JTCC- Largest living wall



Environmental Impacts of Hospital

HackensackUMC Environmental Impact:

- Around \$15 million a year on energy
- Use over 112,105,555 gallons of water a year
- Generate around 10 million lbs. of waste a year
- Purchased 107,000 reams of paper (6,446 trees)
- Over 32,000 surgeries and 112,000 ER Visits
- Have 3.5 million square feet
- Over 7,500 employees that drive to and from campus

EPA Memorandum of Understanding February 23, 2012



HackensackUMC intends to **continuously improve** our programs to **reduce waste**, minimize the use of hazardous materials, **prevent pollution** of valuable natural resources, **increase recycling**, comply with all environmental regulations, and work toward **sustainability**.

Structure

The Deirdre Imus Environmental Health Center® and Chief of Staff

Information
Technology

Compliance

Operations

Facilities-
Energy/Waste
Water/Food
Management

Learning &
Performance

Marketing
&
Communication

Fundraising &
Development

Purchasing

Nursing

Medical Staff

CARING EVERY DAY TO TAKE GREEN FURTHER

The Deirdre Imus Environmental Health Center® is one of first hospital-based environmental health centers of its kind.



EPA PARTNERSHIP
begins February 2012

**ENERGY
REDUCTION**



**GREEN
CLEANING PRODUCTS**



**SAFER
CHEMICALS**



**WATER
REDUCTION**



**WASTE
REDUCTION**



**RESPONSIBLE
PURCHASING**



**GREEN
CONSTRUCTION**
of Donna A. Sanzari Women's
Hospital, Joseph M. Sanzari
Children's Hospital, and
John Theurer Cancer Center



**HEALTHIER
FOOD
OPTIONS**





Make A Healthy Choice

GO ON GREEN EVERY DAY

Choosing the right beverage is important to maintaining a healthy diet and staying hydrated and energized. This color-coded system is a guide to help you make a healthy choice every day.

Think before you drink

“Red” beverages contain empty calories with little or no nutritional value and can contribute to weight gain and other chronic diseases.

Examples: Regular soda, energy drinks, sports drinks, pre-sweetened coffee and tea drinks, juice drinks with added sugar

A better choice, on occasion

“Yellow” beverages such as diet and “light” drinks, that are artificially sweetened, may increase taste preferences for sweet foods and drinks, which can contribute to weight gain.

Examples: Diet soda, diet iced tea, low-calorie sports drinks and other low-sugar drinks

Go on green every day

“Green” beverages are the healthiest choices, especially tap water. Water hydrates the body, quenches thirst and supports other bodily functions necessary for overall health.

Examples: Tap or bottled water, seltzer water



The Deirdre Imus
Environmental Health Center.
HackensackUMC



Wellness Program
HackensackUMC



Make A Healthy Food Choice

GO ON GREEN EVERY DAY

Choosing the right food and beverage is important to maintaining a healthy diet and staying hydrated and energized. This color-coded system is a guide to help you make a healthy choice every day.

Choose rarely, if at all

“Red” meals and food items are high in calories and saturated fat and offer little to no nutrient value. These foods can contribute to obesity and other chronic diseases such as Type 2 diabetes and heart disease.

Examples: Fried foods, candy, sugary snacks

A better choice, on occasion

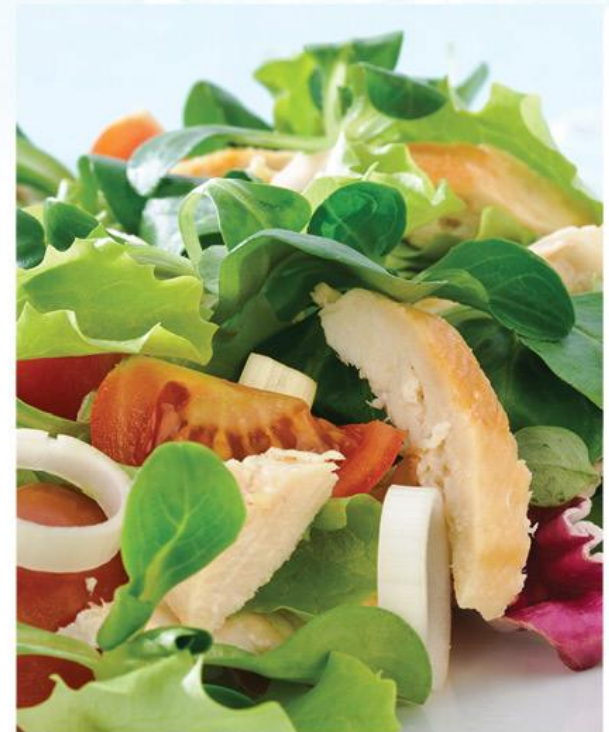
“Yellow” meals and food items have moderate amounts of calories and saturated fat content and should be eaten in moderation.

Examples: Processed wheat products (white bread, white rice, pasta), salad dressings and condiments, full-fat dairy products

Go on green every day

“Green” meals and food items are low in calories and saturated fat and offer nutritional benefits for your health. These healthy choices should be consumed on a daily basis.

Examples: Fruits, vegetables, whole grains, lean protein, low-fat dairy products



The Deirdre Imus
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HackensackUMC

 Wellness Program
HackensackUMC

Progress



**NO-IDLE
ZONE**



Team Member Engagement



- Over 225 Members
- Quarterly Meetings
- General Orientation
- President's Newsletter
- Management Meetings



Before



How did we instill behavior change?

- Round, round and round some more
- Part of Environment of Care rounds
- Nurse manager meetings
- Unit based councils
- Champions
- Stealth

HackensackUMC Waste Map

Regulated Medical Waste

Blood saturated wastes
Suction canisters with adequate absorbent
Microbiology specimens
Used and unused specimen bags bearing biohazard symbol
IV bags and tubing that contain patient info



Remember:
No regular trash
No sharps

Sharps

Needles & syringes (includes oral syringes)
Scalpel blades & lancets
Glass pipettes & slides
Broken contaminated glass
Staples & wire
IV bag spikes
Blue urine collection cap



Remember:
No medications
No wrappers
No chemo

Batteries

Lithium batteries
NiCad batteries
Alkaline batteries



Remember:
No pulse ox

Recycling

Paper (no patient info)
Plastic packaging
Cardboard packaging
Empty glass and plastic bottles
Blue wrap (no blood)
Glove boxes



Remember:
No food
No gloves
No regular trash
No soiled items
No RMW
No patient info

Trash

Food waste
Styrofoam
Wax lined cups
Empty IV bags & tubing (no patient info)
Bed pans
*Gowns
*Gloves
*Masks
*worn but not soiled



Remember:
No recyclables
No RMW

For more information, contact: GoGreen@hackensackUMC.org

HackensackUMC Waste Map

Trace Chemo

Empty (3% or less) bags, vials, ampoules containing chemo drug
Trace contaminated PPE
Sharps that contain chemo



Remember:
No bulk chemo
No regular trash

Bulk Chemo

Bulk (more than 3%) bags, vials, ampoules containing chemo drug
Saturated PPE



Remember:
No trace chemo
No RMW

Rx Non Hazardous

Any pharmaceutical NOT marked or coded (BKC) such as:
Partial IVs
Unused pills & capsules
Partial vials
Topical ointments (capped)



Remember:
No sharps
No empty containers
No controlled substances

Rx Sharps

Any pharmaceutical that is contained in a Sharp such as:
Partial syringes
Partial ampoules



Remember:
No empty sharps
No controlled substances

Rx Hazardous

Any pharmaceutical marked or coded (BKC) such as:
Partial IVs
Unused pills & capsules
Partial vials
Topical ointments (capped)



Remember:
No sharps
No empty containers
No controlled substances

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After



All in the Numbers

Regulated Medical Waste		
Month	Pounds	% of Total
Jan – 12	128,658	15.54%
Feb – 12	124,839	15.65%
Mar – 12	124,030	14.64%
Apr – 12	115,230	15.46%
May – 12	101,805	13.25%
Jun – 12	119,159	14.93%
Jul – 12	105,766	13.73%
Aug – 12	115,805	14.61%
Sep – 12	108,608	15.08%
Oct – 12	107,140	13.67%
Nov – 12	103,154	13.54%
Dec – 12	94,139	12.37%
Total	1,348,331	

Regulated Medical Waste		
Month	Pounds	% of Total
Jan – 13	79,402	9.90%
Feb – 13	73,798	9.50%
Mar – 13	62,940	7.83%
Apr – 13	75,726	9.39%
May – 13	70,997	8.41%
Jun – 13	60,533	7.88%
Jul – 13	58,015	7.32%
Aug – 13	62,180	8.16%
Sep – 13	59,221	7.79%
Oct – 13	61,183	7.40%
Nov – 13	46,835	5.57%
Dec – 13	49,020	6.75%
Total	759,850	

Flame Retardant Free



Financial Savings

- Energy: \$429,628 through PSEG upgrades
- Energy: Utilivisor over \$2,000,000 since 2010
- Waste Reduction: \$240,000
- Reprocessing: \$1,235,716 since program began in 2010
- Pigment Free Plastics: \$14,000
- Zero-VOC Paints: \$8,000 (mixing machine donated)
- Fuel Efficient Vehicles: \$13,000

What we've learned

- Develop a strong foundation
- Build into current programs
- Collaborate and share best practices with other institutions
- Whatever works, go with it!
- Be willing to change

Challenges

- Culture
- Generational differences
- “Green costs more”
- Competing priorities
- Dealing with growth
- 100% buy in
- Budget

Partnerships



Preserving Resources,
Preventing Waste



Recognition - 2014



Recognition - 2014

- **HackensackUMC Honored As A National Environmental Leader For Social Stewardship - HealthTrust 2014**
- **Practice Greenhealth's highest honor: the 2014 Environmental Excellence Award.**
- **Hackensack University Medical Center received the 2014 New Jersey Business & Industry Association (NJBIA) Award for Excellence in Environmental Quality.**
- **Hackensack University Medical Center, no longer purchasing furniture treated with toxic flame retardant chemicals.**

Questions

Contact:

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