

Kids Corner

S U M G O G U A I R E O
 J Q T U W A L K M W I Z
 T U R U E S M O G Q G O
 N O U E B R E A T H E N
 K D C I D V I J T O S E
 V X K Q W U Q S T C U V
 I I S N M K C L S J N U
 M B R C F C D E U C L R
 Q H X V A I O G W N I X
 Y Q Z R E Z D I B B G O
 Y G S C A R P O O L H S
 Z R E M M U S C F H T S

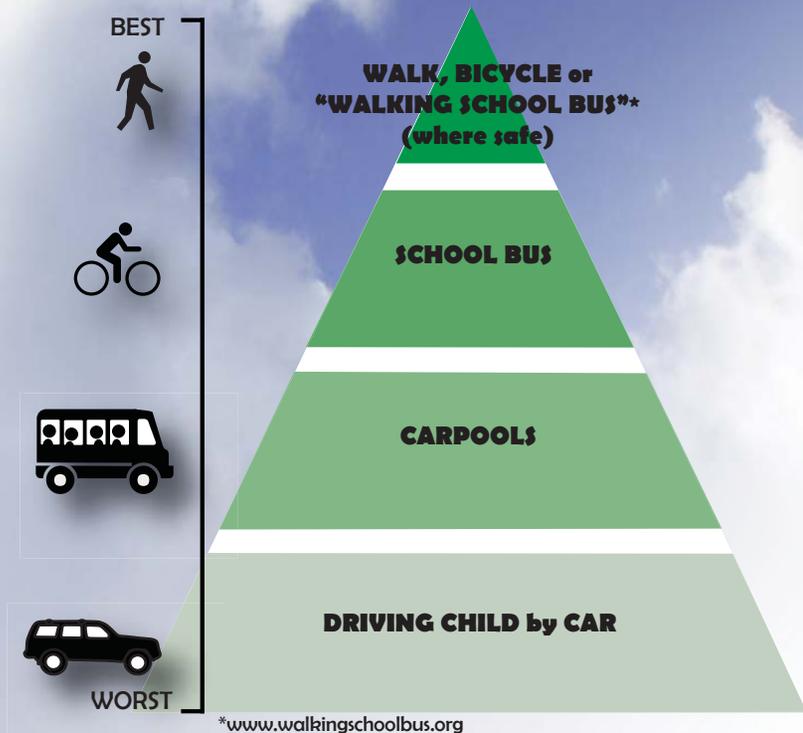
AIR	BREATHE	WALK
CARPOOL	SMOG	LUNGS
OZONE	REDUCE	SUNLIGHT
CARS	TRUCKS	SUMMER

For more information, visit
www.cleanair.nj.gov
www.state.nj.us/health/epht



Get to the top of the Clean Ride Pyramid

Helping you choose the cleanest ride to school and other activities



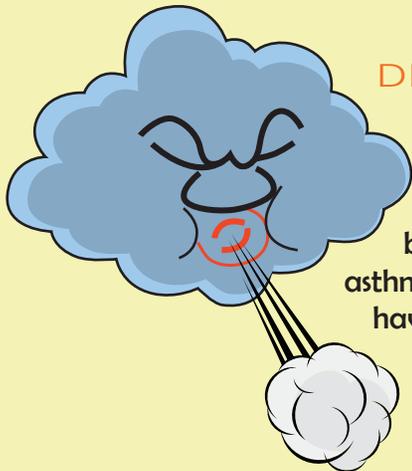
WHAT IS SMOG?

Smog (sometimes called ground-level ozone) happens when pollutants like vehicle exhaust combine with other chemicals and sunlight, especially when it's hot outside. You are most likely to see smog in New Jersey in the summer when it's hot.



YOU CAN HELP CLEAN AIR NJ

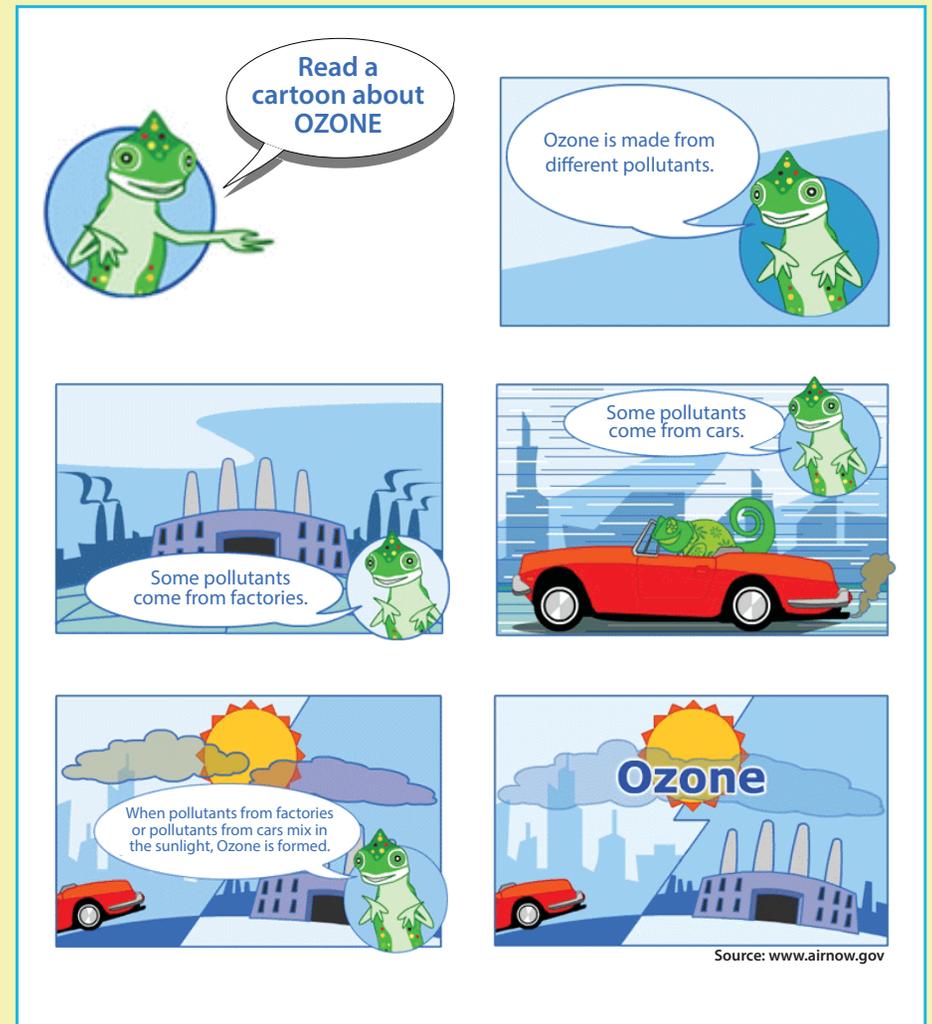
According to the Clean Air NJ Pyramid, walking or biking to school and other activities (where safe) causes no pollution! The next best way to get there is to ride the bus, because it's one vehicle with many riders. The least green way to get anywhere is by car, because that's many vehicles with a few riders in each.



DIRTY AIR CAN MAKE YOU SICK

Smog makes it hard for people to breathe, especially children with asthma. Do you or someone you know have asthma? More than 1 out of 10 children in New Jersey has trouble breathing and should not exercise or play outside when it's smoggy.

MEET COCO THE CHAMELEON



For more information about CoCo and why he changes colors, visit www.airnow.gov/index.cfm?action=aqikids.index

Did you know that you breathe more than 3,000 gallons of air every day?