



NATIONAL ARCHERY IN THE SCHOOLS PROGRAM (NASP)
NJ NASP NEWS
September 13, 2012



Welcome to New Jersey NASP News! If you have information that you would like included in the next sendout, please email Melissa.Woerner@dep.state.nj.us or call 908-735-2006.

WELCOME BACK, TEACHERS!

We hope that everyone had a fantastic summer and is settling into the new school year. We also hope that both you and your students are looking forward to the NASP archery unit in PE classes this year!

Also, welcome new Basic Archery Instructors from:

Atlantic Christian School in Egg Harbor Township (Atlantic County)
Hudson County Schools of Technology (Hudson County)
American Christian School in Succasunna (Morris County)
Black Knight Bowbenders in Jackson (Ocean County)

We are thrilled to have you join the growing NASP community in New Jersey!

ONLINE RESOURCES

We want to remind you of useful resources that are available through the NASP website:

[Curriculum correlated to national PE standards for grades 4-5, 6-8, and 9-12](#)

[BAI Pocket Guide download](#) in case you misplaced your training packet materials (we also recommend reviewing the BAI Refresher Course DVD before starting your archery unit)

[Information on how to restring Genesis compound bows and rebuild Morrell targets](#)

[Bow storage plans and floor quiver designs](#) (great project for scout groups looking for community service work!)

NEED TO BORROW ARCHERY EQUIPMENT?

NJ Fish and Wildlife can loan out full archery equipment kits to participating NASP schools for the duration of their archery unit. As NASP expands in New Jersey, we will be transferring equipment between schools to accommodate for the timing of their archery unit.

Please help us develop a schedule so we can ensure that all schools will have an equipment kit available when needed. **Call or email us with the anticipated dates of your archery unit so we can make proper arrangements to have the equipment delivered to your school on time.**

GAMES AND DRILLS TO SPICE UP YOUR ARCHERY UNIT

Are you looking to extend your archery unit and incorporate new ideas that students will love? Try out these ideas, submitted by NJ NASP teachers:

Tic-Tac-Toe: On a sheet of white paper that will cover the target face, draw a large tic-tac-toe board. Pin the sheet to the target and pair archers up with different color arrow vanes. Archers shoot one arrow at a time---first to three in a row, wins!

Balloons: Tack balloons filled with candy or baby powder (for outdoor ranges) to your targets.

Pool noodles: Cut foam pool noodles crosswise into rings that are approximately one inch thick and arrange a handful on the target. You can get creative by arranging rings into letters or patterns. Archers attempt to shoot their arrows into the noodle ring centers. This can also be done with gummy life savers when archers have really excelled and narrowed their aim!

"W" Drill: Start out with two quivers, one at 10 meters and one at 15 meters. Set up a 5 spot target. The entire line shoots one arrow at 10m then backs up to shoot one arrow at 15m. The process continues until all five arrows and all five dots are hit.

Team Drills: Once the archery team (16-24 students, at least 5 of which must be of the opposite gender) is picked and has been practicing, have a survivor-style vote to elect one Captain and two Co-Captains. Divide the team into 3 squads of 8 (you can use two sets of LT bars and a set of Captain bars for the kids team shirts). Then have several mini competitions throughout the week between the teams---this is a great way to spark and keep it competitive!

SCHEDULE YOUR BAI TRAINING NOW!

Are all of the PE teachers in your school currently trained in NASP? Are all of the 4th-12th grade schools in your district participating in NASP? Schedule a Basic Archery Instructor training to get your school district running to full capacity with NASP. Our trainers will come out to your school on a date of your convenience and provide a free full-day training session to certify your teachers as Basic Archery Instructors in NASP. Expand NASP within your district to provide your students the greatest opportunity to excel in and benefit from the lifelong sport of target archery! Contact us today to schedule your training for this fall or spring in anticipation of your archery unit.