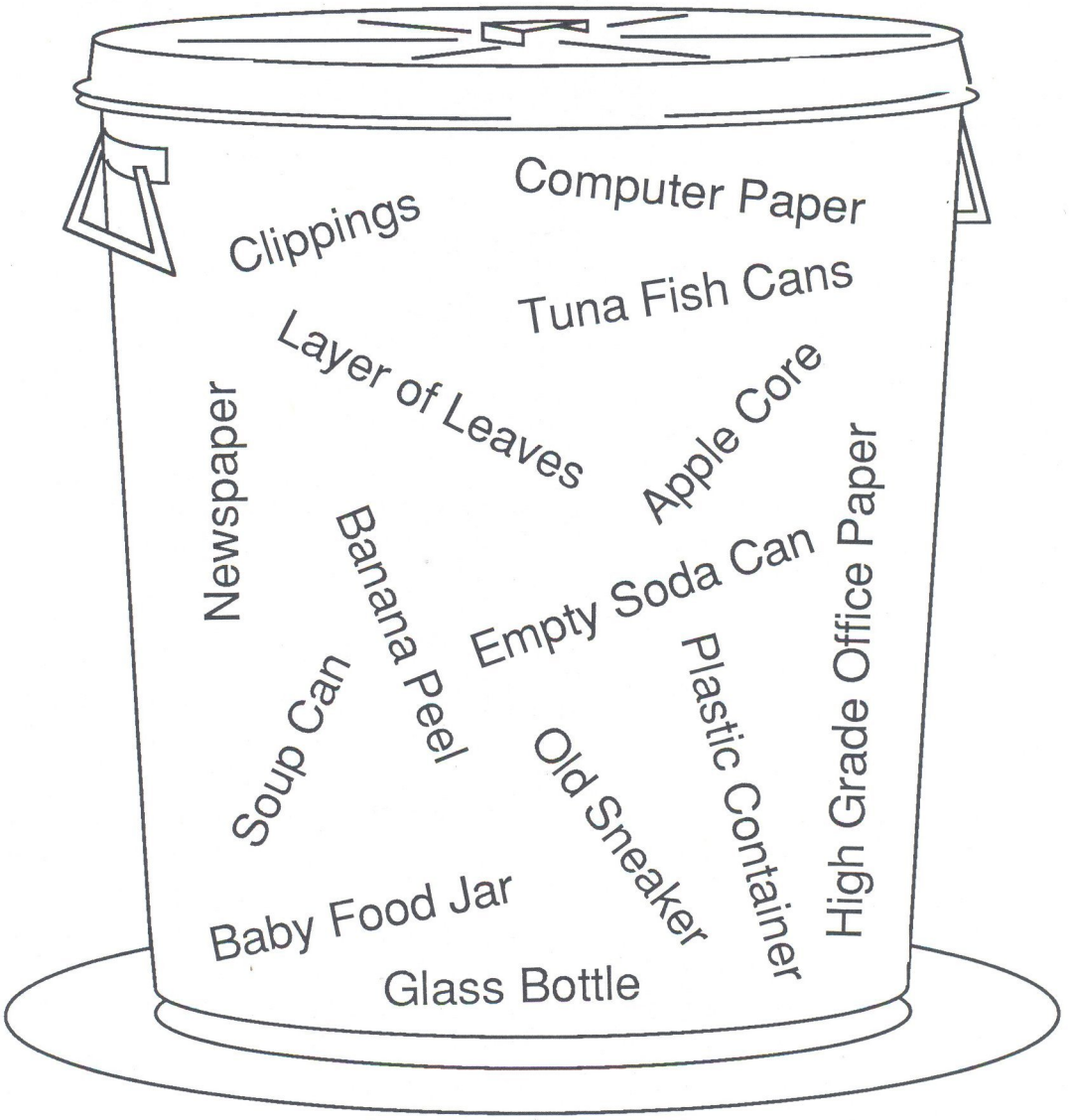
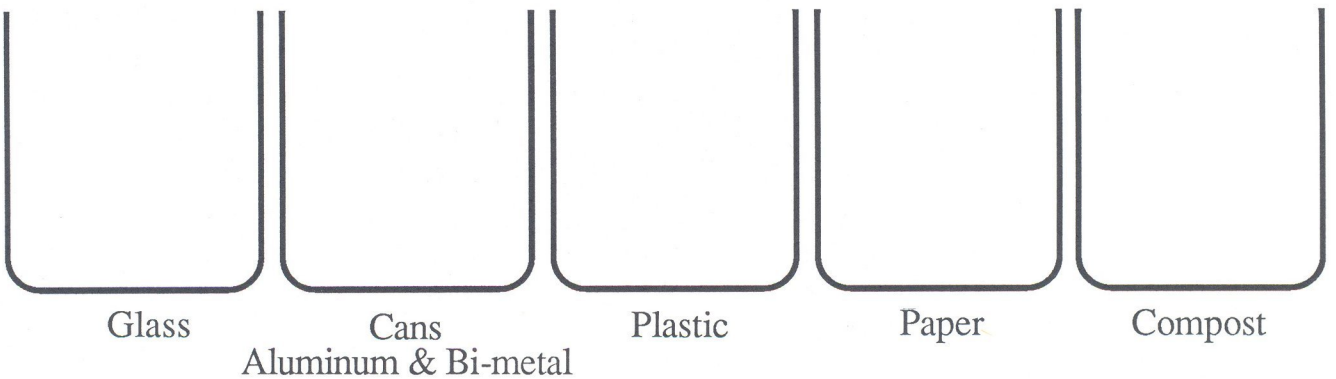
Sort it out before you set it out.

Circle the items that are trash.
Cross out all the recyclables and put them in the recycling area.
Color in can when complete.