# **Evaluating Indoor Air near VOC Contaminated Sites**

### What are VOCs?

Volatile organic compounds (VOCs) are a class of chemicals that readily evaporate at room temperature. Gasoline, dry cleaning fluid, degreasing agents (solvents) and paint thinners are several examples of products that contain these compounds. VOCs may be found in soil and/or ground water due to spillage onto the ground, leaks from underground storage tanks and other types of discharges.

# How VOCs in soil or ground water can affect indoor air

If VOCs contaminate soil or ground water at a site, it is important to evaluate nearby buildings for possible impacts from **vapor intrusion**. Vapor intrusion occurs when gases from the contaminated soil or ground water seep through cracks and holes in foundations or slabs of buildings and accumulate in basements, crawl spaces or living areas, as shown in the diagram below.

A variety of factors can influence whether vapor intrusion will occur at a building located near soil or ground water contaminated with VOCs. These include, but are not limited to, the concentration of the contaminants, the type of soil, the depth to ground water, the construction of the building, the condition of the foundation or slab and the existence of underground utilities that can create pathways for vapors to travel.

Short term exposure to high levels of organic vapors can cause eye and respiratory irritation, headache and/or nausea. Breathing low levels of organic vapors over a long period of time may increase an individual's risk for respiratory ailments, cancer and other health problems.

Organic vapors can be present inside a building at potentially harmful levels without being detectable by odor. **Sub-slab soil gas testing**, **near-slab soil gas testing** and/or **indoor air testing** are usually required to determine whether vapor intrusion is occurring at a property.

## Testing for vapor intrusion

If your home or building is located near VOC-contaminated soil or ground water, NJDEP or an environmental contractor may ask permission to evaluate your property for vapor intrusion. This process typically involves first conducting sub-slab soil gas testing to check for vapors beneath the building, followed by indoor air testing, if necessary. During sub-(over)



Diagram adapted from USEPA's Draft Guidance for Evaluating the Vapor Intrusion to Indoor Air Pathway from Ground Water and Soils, November 2002

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#### (continued)

slab testing, a small hole is bored through the basement floor or slab and a sample of the soil gas (the air trapped between the soil particles) is collected using an evacuated air testing canister (see below). If it is not possible to collect a soil gas sample from beneath the floor or slab, the sample may be collected by placing a probe in the soil directly adjacent to the building (near-slab testing). The soil gas sample is then sent to a certified laboratory to be analyzed for VOCs. If the analysis shows VOCs related to the subsurface contamination are present above NJDEP's Soil Gas Screening Levels (SGSL), then indoor air testing is necessary.

During indoor air testing, a canister is placed in the basement, crawl space or other part of the building for a period of time (normally 24 hours). If the analysis of the indoor air sample shows VOCs related to the subsurface contamination are present above NJDEP's Indoor Air Screening Levels (IASL), vapor intrusion is likely occurring. Additional evaluation of the property may be needed to confirm this finding.

#### **Background contamination**

Many materials and substances commonly found in commercial and residential settings, such as paints, paint thinners, gasoline-powered machinery, certain building materials and cleaning products, dry cleaned clothing and cigarette smoke, contain VOCs that may be detected by indoor air testing. Even VOCs from motor vehicle emissions and other outdoor sources can contaminate indoor air. When VOCs from these sources are detected during indoor air testing, they are referred to as **background contamination.** 

Sometimes it can be difficult to determine whether the VOCs detected inside a building are due to vapor intrusion, background contamination or a combination of both. Before your building is evaluated for vapor intrusion you should receive a copy of NJDEP's *Instructions for Occupants – Indoor Air Sampling Events*. Please follow these instructions to minimize background contamination and help ensure that the test results are as definitive as possible.

### Addressing vapor intrusion

If testing confirms vapor intrusion is causing potentially harmful levels of VOCs to accumulate inside a building, a subsurface depressurization system may be installed at the property. The system prevents vapors from entering the building by continuously venting the contaminated air beneath the basement slab or crawl space to the exterior of the structure. Subsurface depressurization systems are also used throughout the country to reduce levels of naturally occurring radon gas in buildings. See NJDEP's fact sheet titled Subsurface Depressurization Systems for more information about how these systems work.

Instructions for Occupants — Indoor Air Sampling Events, the Subsurface Depressurization Systems fact sheet and general information about vapor intrusion can be found in NJDEP's Vapor Intrusion Guidance Document, which is available at http:// www.state.nj.us/dep/srp/ guidance/vaporintrusion

An evacuated air testing canister. The pressure inside the canister is initially set lower than the indoor air, causing air to flow into the canister when the valve is opened.

| Contact Name   | Information fo   | or Residents and Property Owners |
|--|--|----------------------------------|
| Agency/Company   | Contact Name   |                                  |
| Phone Number   | Agency/Company _   |                                  |
| Email Address  | Phone Number   |                                  |
| NJDEP Contact &    Phone Number    (if different than above)    Sampling Date/Time    Notes/Instructions | Email Address  |                                  |
| Sampling Date/Time<br>Notes/Instructions   | NJDEP Contact & –<br>Phone Number<br>(if different than above) – |                                  |
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