# A STUDY OF NEW JERSEY ASSEMBLY BILL 4093

REQUIRES HEALTH INSURANCE COVERAGE FOR MAMMOGRAMS FOR WOMEN OVER 35 AND WOMEN UNDER 35 UNDER CERTAIN CIRCUMSTANCES

Report to the New Jersey Assembly

November 15, 2023

Mandated Health Benefits Advisory Commission



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#### **INTRODUCTION**

The Mandated Health Benefits Advisory Commission (MHBAC) has been asked to review A4093 (see Appendix I for a copy of the legislation), a bill that requires health insurers (health, hospital, and medical service corporations, commercial individual and group health insurers, health maintenance organizations, health benefits plans issued pursuant to the New Jersey Individual Health Coverage and Small Employer Health Benefits Programs, the State Health Benefits Program, and the School Employees' Health Benefits Program) to cover mammograms for women over age 35 as well as for certain women under age 35.

Specifically, A4093 amends sections 1 through 6 of P.L.-1991, c.279 (C.17:48-6g et al.) and sections 3, 7, and 8 of P.L.-2004, c.86 (C.17B:27A-7.10 et al.) to lower the age at which coverage is required for baseline and annual mammogram examinations from age 40 to age 35. If enacted, New Jersey's coverage mandate for these mammogram screenings would apply at an earlier age than is provided under current federal and state laws. The Patient Protection and Affordable Care Act (ACA), Section 2713, amending the Public Health Services Act, as well as regulations implementing the ACA, currently require carriers to provide this coverage as part of the coverage mandate for certain preventive services. Specifically, with regard to preventive service coverage mandates, the ACA requires coverage of evidence-based items or services that have an "A" or "B" recommendation rating from the United States Preventive Services Task Force (USPSTF), based on clear empirical evidence of their efficacy. The latest USPSTF includes a "B" recommendation for the use of biennial mammogram screenings for breast cancer for women aged 40 and above.

The federal coverage requirements from the ACA have been the subject of legal challenges, which may serve to limit federal insurance coverage requirements. However, for purposes of A4093 which pertain to state-regulated and administered coverage, New Jersey also enacted its own, state-based version of this ACA coverage requirement with the passage of P.L. 2019, c.360. That state law tracks the ACA's mandated coverage requirements, including mandate coverage, without cost sharing, for "evidence-based items or services that have in effect a rating of "A" or "B" in the current recommendations of the United States Preventive Services Task Force." No challenges have been asserted against New Jersey's law or its inclusion of coverage requirements linked to the decisions of the Unites State Preventive Services Task Force.

The Mandated Health Benefits Advisory Commission Act (N.J.S.A. 17B:27D-1 et seq.) tasks the Commission with providing an independent analysis of the social, medical, and financial impact of proposed legislation referred to it for review. The Act does not ask the Commission to recommend whether or not to enact the legislation, and the Commission does not do so here. The MHBAC prepared this report using its own resources, including staff from the New Jersey Department of Banking and Insurance. Commission members contributed their professional expertise, on a voluntary basis, in helping to shape the presentation of this report, analyzing published research, and drafting and editing its various sections. The MHBAC has sought to

include information from a number of reputable sources that it found credible but recognizes that opinions and analyses may differ.

#### **LEGISLATIVE HISTORY**

In the Assembly, A4093 was introduced on May 26, 2022, and was referred to the Assembly Financial Institutions and Insurance Committee. It was reported favorably out of that committee on June 6, 2023, and referred to the Assembly Appropriations Committee, which reported the bill favorably on June 22, 2023. On June 30, 2023, A4093 was passed by the General Assembly by a vote of 78-0-0. Another Assembly bill, A5095, is the same as A4093. That bill has not been heard.

In the Senate, S3530, the Senate version of A5095, was introduced January 30, 2023, and was referred to the Senate Commerce Committee. The Senate has not considered any versions of the bill.

#### SOCIAL IMPACT

Breast cancer risk rises with age, with approximately 83% of new cases being diagnosed in women aged 50 or older. While death rates from breast cancer have been falling, the death rate for non-Hispanic Black women is the highest for any racial group.<sup>i</sup>

The Centers for Disease Control and Prevention (CDC) and the American Cancer Society's (ACS) Cancer Statistics Center publish national and state-specific cancer measures, making possible comparisons of female breast cancer incidence and death rates over different time periods. For the United States, for example, from 2016-2020, the incidence rate for female breast cancer was 127.0 per 100,000 women; for 2020 alone, the rate of new breast cancer cases nationally was 119.2 per 100,000.<sup>ii</sup> By comparison, New Jersey's breast cancer incident rate from 2016-2020 was 137.1 per 100,000 women and its rate of new cases for 2020 was 127.6 per 100,000; in both time periods, New Jersey's breast cancer incidence rate was higher than the national average.<sup>iii</sup> Similarly, New Jersey's breast cancer mortality rates were higher than national measures for comparable time periods. National death rates from breast cancer were 19.6 per 100,000 from 2016-2020 and 19.1 per 100,000 in 2020. For New Jersey the comparable mortality rates from breast cancer were 20.3 per 100,000 from 2016 -2020 and 19.5 per 100,000 in 2020.<sup>iv</sup>

The ACS published estimates of certain cancer measures for 2023. ACS estimated that there would be 8,580 new cases of female breast cancer in New Jersey and 1,200 deaths from female breast cancer in 2023.<sup>v</sup> ACS also indicated that in 2020, for women 45 years and older, 66% of

New Jersey women were up-to-date on their mammography screenings. This cancer screening rate was slightly below the national rate, 67%, and ranked New Jersey 30<sup>th</sup> among the states on this measure.<sup>vi</sup>

Breast cancer treatment accounted for 14% of total cancer care costs in 2020, the highest percentage for any type of cancer, according to the National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP).<sup>vii</sup> The National Cancer Institute estimated that, for 2020, the United States spent \$29.8 billion to treat breast cancer.<sup>viii</sup> That total was divided into \$26.2 billion for medical services to treat breast cancer and \$3.5 billion for prescription drugs for breast cancer treatment.<sup>ix</sup>

A recently published U.S. study examined cancer incidence patterns among people under the age of 50 years (termed "early-onset cancers"). For the period spanning 2010 to 2019, the investigators found highly statistically significant increases in the number of new early-onset cancer cases and incidence rates for women between the ages of 30 and 39 years for some cancers.<sup>x</sup> Specifically, the age-standardized incidence rates for early-onset breast cancer increased from 21.25 new cases per 100,000 total early-onset cancers in 2010 to 23.74 new early-onset cases per 100,000 total early-onset cancers in 2010 to 23.74 new early-onset cases per 100,000 total early-onset breast cancer cases per 100,000 total new early-onset cancer cases of all types also rose from 11,745 in 2010 to 12,649 in 2019.<sup>xi</sup>

#### **MEDICAL EVIDENCE**

A study evaluated the risks and benefits of mammogram screenings for women in their 40s as compared with women younger than age 40. The study found, "Younger women are more likely to develop breast cancer at a more advanced stage with a larger tumor size...as well as a more biologically aggressive profile...."<sup>xii</sup> The authors also found that, "[Y]ounger women have poorer prognoses with a higher risk of recurrence and breast cancer death compared to older women."<sup>xiii</sup> The study concluded that mammography screenings have a beneficial impact on breast cancer morbidity and mortality.<sup>xiv</sup>

Mammography screening also carries some level of risk. These risks include overdiagnosis (*i.e.*, the detection of breast cancer that would never otherwise have presented a risk to the woman's life or health), false-positive results leading to unnecessary medical follow up, anxiety caused by the procedure and the wait for screening results, and radiation exposure from the mammogram.<sup>xv</sup> The question then is the optimal age to begin mammography screening for women at various levels of risk of breast cancer, in order to balance these benefits and risks.

Before May 2023, the United States Preventive Services Task Force (USPSTF) breast cancer screening recommendation for women at average risk was to begin biennial screening at age 50.

On May 9, 2023, however, the USPSTF issued a new, draft recommendation on breast cancer screening for women at average risk. The draft recommendation states, "New and more inclusive science about breast cancer in people younger than 50 has enabled us to expand our prior recommendation....[T]he science now supports all women getting screened, every other year, starting at age 40."<sup>xvi</sup> The USPSTF assigned the recommendation a B grade, meaning the empirical evidence demonstrates that the lower age to begin breast cancer screening has more potential benefits than potential harms. The USPSTF did not find that the scientific literature supported making further screening recommendations for women at average risk of breast cancer who are older than age 74 or younger than age 40.

ACS recommends that women at average risk should have the option to begin breast cancer screenings between ages 40 and 44, and that women between the ages of 45 and 54 should receive regular mammograms. Unlike USPSTF, however, ACS recommends that women in the younger age group receive mammograms annually, rather than every two years.<sup>xvii</sup>

The empirical research needed to demonstrate the net benefit of mammography screenings of women younger than age 40 who are at average risk of breast cancer is limited. A large study of data from 1995-2005 involving more than 117,000 women aged 18-39 years receiving a first mammogram revealed very little benefit relative to harm. The authors found that the young women included in the study experienced high false-positive rates, high rates of additional imaging, and low rates of cancer detection.<sup>xviii</sup> In summarizing their findings in regard to the oldest group of women included in the study, ages 35 to 39 years, the authors concluded, "In a theoretical population of 10000 women aged 35-39 years, 1266 women who are screened will receive further workup, with 16 cancers detected and 1250 women receiving a false-positive result.<sup>xix</sup>

Another study examined data from 2006-2016 for 5353 women aged 30-39 years presenting with breast symptoms (*e.g.*, palpable lump, thickening, pain or tenderness, skin changes, and nipple discharge). The researchers reported that the use of mammographic evaluation of women in this age group with breast symptoms identified an additional 2.0 new cancer cases per 1000 examinations. The authors concluded, "The low added cancer yield may support the judicious rather than routine use of mammography in this patient cohort."<sup>xx</sup>

A final consideration is the net benefit of screening younger women with a family history of breast cancer. A general screening guideline has been for a woman to begin mammography screening 10 years before the age at which a first-degree relative had been diagnosed with breast cancer. A study of more than 300,000 women using data from 1996-2016 examined cumulative 5-year incidences of breast cancer in women with and without first-degree relatives diagnosed with breast the time of the screening.<sup>xxi</sup> The authors found that women reporting a relative diagnosed with breast cancer between ages 40 and 49 who underwent a mammogram screening between ages 30

and 39 or 40 to 49 had statistically similar 5-year cumulative incidences of breast cancer as women without a family history undergoing screening between ages 50 and 59 years.<sup>xxii</sup>

For women in the study with relatives diagnosed with breast cancer between the ages of 35 and 45 years, beginning mammography screening 5-8 years before the relative's age at diagnosis resulted in a 5-year cumulative incidence of breast cancer statistically similar to that of a 50-year-old woman with no first-degree relative with a breast cancer diagnosis. From this evidence, the authors concluded, "Women with a relative diagnosed at or before age 45 may wish to consider, in consultation with their provider, initiating screening 5-8 years earlier than their relative's diagnosis age.<sup>xxiii</sup>

#### **OTHER STATES**

A number of other states have enacted insurance mandates requiring coverage for baseline mammograms for women aged 35 to 39 years. A 2023 study conducted by the State of Hawai'i identified 14 states with existing mandates, including Wyoming, Arizona, Nebraska, Oklahoma, Texas, Missouri, Illinois, Michigan, New York, Massachusetts, Connecticut, Virginia, Georgia, and Florida.<sup>xxiv</sup> Hawai'i is also considering legislation to lower the age range for baseline mammograms for women at average risk of breast cancer to 35 to 39.<sup>xxv</sup> <sup>xxvi</sup> The Hawai'i report clearly stated that, [A]ll major insurers already cover annual mammograms for above-average-risk women of any age as determined by a physician."

#### DISCUSSION

Current New Jersey law and current insurance practice require insurance coverage of mammogram screenings of younger women at higher risk of breast cancer. This includes women with a family history of breast cancer, with genetic markers for breast cancer, or with a history of previous cancer treatment with radiation directed at the chest.

There is recent evidence that breast cancer incidence rates are rising among younger women. Breast cancer in younger women tends to be more aggressive and has higher mortality rates than cases in older women. Recent data indicate that treating breast cancer accounts for a greater share of total cancer care costs than any other form of cancer. Given these data, some level of increased cancer screening for women under age 40 can be justified. However, the empirical evidence does not support annual or biennial mammography screenings for all women between 35 and 39 years of age who are at average risk of breast cancer.

#### FINANCIAL IMPACT

The New Jersey Office of Legislative Services (OLS) prepared a Legislative Fiscal Estimate for A4093 on June 27, 2023. OLS estimated that the expanded mandate to cover mammograms for women aged 35 and above and women under age 35 under certain circumstances would result in a total cost of \$2.2 million in FY 2024, \$2.3 million in FY 2025, and \$2.5 million in FY 2026 (see Table 1, below). Those total costs were shared among the State Health Benefits Program (state government), the State Health Benefits Program (local governments), and the School Employees' Health Benefits Program.<sup>xxviii</sup> The OLS estimate used 2022 data indicating that 11.9% of the State workforce is age 35 to 39, and that 55.5% of that population is female, to calculate the number of women who would become eligible for annual breast cancer screenings. OLS calculated that 5,603 additional women covered by the State component of the SHBP and 7,233 additional women covered by the local government component of the SHBP and SEHBP for a total of 12,836 women in health plan year 2022 -- would become eligible for annual mammograms under the new mandate.xxix OLS also used a fee schedule from Fair Healthxxx to determine a "usual, customary, and reasonable" 2023 in-network cost of \$170 for a mammogram. The OLS analysis assumes a 6% annual inflation rate to estimate mandate costs for subsequent fiscal years.<sup>xxxi</sup>

Fiscal Impact	FY 2024	FY 2025	FY 2026
SHBP – State Cost	\$952,578	\$1 million	\$1.1 million
SHBP – Local Cost	\$538,085	\$570,370	\$604,592
SEHBP Cost	\$691,634	\$733,132	\$777,120
Total Cost	\$2.2 million	\$2.3 million	\$2.5 million

Table 1. Office of Legislative Services Estimate

Source: Office of Legislative Services, "Legislative Fiscal Estimate, Assembly, No. 4093, State of New Jersey, 220<sup>th</sup> Legislature, June 27, 2023." <u>4093 E1.PDF (state.nj.us)</u>

It is important to note, however, that this estimate represents an upper boundary for potential costs to New Jersey public employee plans, as it assumes that 100% of women between the ages of 35 and 39 would opt to receive annual mammograms. Empirical evidence from the studies discussed above suggests that actual mammogram utilization is substantially lower for women currently covered by insurance mandates at older ages, for whom breast cancer incidence rates are higher. It should also be noted that the proposed mandate would only apply to women at

average risk of breast cancer, as existing New Jersey law already covers mammograms for younger women at an elevated risk of breast cancer, as determined by a physician.

It does not appear that this new breast cancer screening mandate would result in substantial cost or premium increases for New Jersey carriers. This conclusion is consistent with the findings of a Hawai'i study of a similar proposal to mandate a baseline mammogram for women ages 35-39 at average risk of breast cancer. That study reported, "[T]he health insurance companies project only very small increases in total healthcare costs and insurance premiums should coverage for a baseline mammogram for average-risk women ages 35 to 39 be mandated."<sup>xxxii</sup>

#### CONCLUSION

#### Balancing Social Impact, Medical Evidence, and Financial Impact

The modest recent rise in breast cancer incidence rates among younger women has led to a call by some for mammography screening of women under the age of 40. Given that breast cancer in younger women tends to be faster-growing and more likely to be fatal, baseline mammography screening for women aged 35 to 39 is a reasonable response. If enacted, New Jersey's coverage mandate for these mammogram screenings would apply at an earlier age than is provided under current federal and state laws.

As cited above, about 66% of New Jersey women aged 45 and older -- women in the ages with the highest breast cancer incidence rates -- are current with their mammography screenings. It is reasonable to assume that women younger than age 40 are unlikely to have screening rates above those of women aged 40 or older. The proposed breast cancer screening mandate, therefore, does not appear to pose a threat of meaningfully higher costs to insurance carriers or significantly higher health insurance premiums to those covered by plans that would be affected by the mandate.

#### **ENDNOTES**

<sup>ii</sup> U.S. Cancer Statistics Working Group. U.S. Cancer Statistics Data Visualization Tool, Based on 2022 Submission Data (1999-2020): U.S. Department of Health and Human Services, Centers for Disease Control and Prevention and National Cancer Institute, released in June 2023. Accessed 9/20/23: <u>USCS Data Visualizations - CDC</u>

" Ibid.

<sup>iv</sup> Ibid.

<sup>v</sup> American Cancer Society, Cancer Statistics Center. "New Jersey at a Glance." Accessed 9/20/23: <u>New%20Jersey</u> <u>Cancer Statistics</u> | <u>American Cancer Society - Cancer Facts & Cancer Statistics</u>

<sup>vi</sup> Ibid.

<sup>vii</sup> NCCDPHP, op. cit.

viii National Cancer Institute, "Financial Burder of Cancer Care: Cancer Trends Progress Report (Data Up to Date as of August 2023)." Accessed 9/26/23. <u>Financial Burden of Cancer Care | Cancer Trends Progress Report</u>

<sup>ix</sup> *Ibid.* [*N.B.*, the estimates don't sum perfectly due to rounding.]

<sup>x</sup> Koh, Benjamin, Jun Hao Tan, Darren, Cheng Han Ng, *et al.*, "Patterns in Cancer Incidence Among People Younger Than 50 Years in the US, 2010 to 2019," JAMA Network Open, August 16, 2023. Accessed 9/27/23. <u>Patterns in</u> <u>Cancer Incidence Among People Younger Than 50 Years in the US, 2010 to 2019 | Oncology | JAMA Network Open</u> <u>JAMA Network</u>

<sup>xi</sup> Ibid.

<sup>xii</sup> Grimm, Lars J., Avery, Carolyn S., Hendrick, Edward and Baker, Jay A., "Benefits and Risks of Mammography Screening in Women Ages 40 to 49 Years," Journal of Primary Care and Community Health, January 22, 2022. Accessed 9/29/23. <u>Benefits and Risks of Mammography Screening in Women Ages 40 to 49 Years - Lars J. Grimm,</u> <u>Carolyn S. Avery, Edward Hendrick, Jay A. Baker, 2022 (sagepub.com)</u>

<sup>xiii</sup> Ibid.

<sup>xiv</sup> Ibid.

<sup>×</sup> *Ibid*.

<sup>xvi</sup> United States Preventive Services Task Force, "Draft Recommendation Statement Breast Cancer: Screening," May 9, 2023. Accessed 9/27/23. <u>Draft Recommendation: Breast Cancer: Screening | United States Preventive</u> <u>Services Taskforce (uspreventiveservicestaskforce.org)</u>

<sup>&</sup>lt;sup>i</sup> National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP), "Health and Economic Benefits of Breast Cancer Interventions." Accessed 9/26/23. <u>Health and Economic Benefits of Breast Cancer Interventions</u> <u>Power of Prevention (cdc.gov)</u>

<sup>xvii</sup> American Cancer Society, "American Cancer Society Recommendations for the Early Detection of Breast Cancer." Accessed 9/27/23. <u>ACS Breast Cancer Screening Guidelines | American Cancer Society</u>

<sup>xviii</sup> Yankaskas, Bonnie C., Haneuse, Sebastien, Kapp, Julie M., *et al.*, "Performance of First Mammography Examination in Women Younger Than 40 Years," Journal of the National Cancer Institute 102(10), May 19, 2010. Accessed 9/29/23. <u>Performance of first mammography examination in women younger than 40 years - PubMed</u> (nih.gov)

<sup>xix</sup> Ibid.

<sup>xx</sup> Ying Chen, Chou, Shinn-Huey S., Blaschke, Eric M., *et al.*, "Value of Mammography for Women 30-39 Years Old Presenting with Breast Symptoms," American Journal of Roentgenology 211(6), December 2018. Accessed 9/29/23. <u>Value of Mammography for Women 30–39 Years Old Presenting With Breast Symptoms | AJR (ajronline.org)</u>

 <sup>xxi</sup> Durham, Danielle D., Abraham, Linn A., Roberts, Megan C., *et al.*, "Breast Cancer Incidence Among Women with a Family History of Breast Cancer by Relative's Age at Diagnosis," Cancer 128(24), October 19, 2022. Accessed 9/27/23. <u>Breast cancer incidence among women with a family history of breast cancer by relative's age at</u> <u>diagnosis - Durham - 2022 - Cancer - Wiley Online Library</u>

<sup>xxii</sup> Ibid.

<sup>xxiii</sup> Ibid.

<sup>xxiv</sup> State of Hawai'i, Office of the Auditor, "Study of Proposed Mandatory Health Insurance Coverage for Early Access Breast Cancer Screening: A Report to the Governor and the Legislature of the State of Hawai'i," Report No. 23-03, February 2023. Accessed 9/20/23. <u>23-03.pdf (hawaii.gov)</u>

<sup>xxv</sup> Ibid.

<sup>xxvi</sup> American College of Radiology, "Breast Health Measures 2023." Accessed 9/20/23. <u>Breast-Health-Measures-</u> <u>Feb-1-2023-Report.pdf (acr.org)</u>

<sup>xxvii</sup> State of Hawai'i, op. cit.

<sup>xxviii</sup> Office of Legislative Services, "Legislative Fiscal Estimate, Assembly, No. 4093, State of New Jersey, 220<sup>th</sup> Legislature, June 27, 2023. Accessed 9/20/23: <u>4093\_E1.PDF (state.nj.us)</u>

<sup>xxix</sup> Ibid.

<sup>xxx</sup> *N.B.*, the fee profile is now produced by Fair Health, not the Health Insurance Association of America.

xxxi Office of Legislative Services, op. cit.

xxxii State of Hawai'i, op. cit.

# ASSEMBLY, No. 4093 STATE OF NEW JERSEY 220th LEGISLATURE

INTRODUCED MAY 26, 2022

Sponsored by: Assemblyman REGINALD W. ATKINS District 20 (Union) Assemblywoman VERLINA REYNOLDS-JACKSON District 15 (Hunterdon and Mercer) Assemblywoman BRITNEE N. TIMBERLAKE District 34 (Essex and Passaic)

**Co-Sponsored by:** 

Assemblymen Sampson, Spearman, Assemblywomen Sumter, Chaparro, Assemblyman Stanley, Assemblywoman Jaffer, Assemblymen McClellan, Simonsen, Assemblywomen Carter, Murphy, Flynn, Lampitt, Jasey, Speight, McKnight, Assemblymen Coughlin, McKeon, Tully and Assemblywoman Swain

#### SYNOPSIS

Requires health insurers, SHBP, and SEHBP to cover mammograms for women over 35 and women under 35 under certain circumstances.



(Sponsorship Updated As Of: 6/30/2023)

2

AN ACT concerning health insurance coverage of mammograms and
 amending and supplementing various parts of the statutory law.

3 4

**BE IT ENACTED** by the Senate and General Assembly of the State of New Jersey:

5 6

> 7 1. Section 1 of P.L.1991, c.279 (C.17:48-6g) is amended to 8 read as follows:

9 1. a. No group or individual hospital service corporation 10 contract providing hospital or medical expense benefits shall be 11 delivered, issued, executed, or renewed in this State or approved for 12 issuance or renewal in this State by the Commissioner of Banking 13 and Insurance, on or after the effective date of this act, unless the 14 contract provides benefits to any subscriber or other person covered 15 thereunder for expenses incurred in conducting:

(1) one baseline mammogram examination for women who are
[40] <u>35</u> years of age; a mammogram examination every year for
women age [40] <u>35</u> and over; and, in the case of a woman who is
under [40] <u>35</u> years of age and has a family history of breast cancer
or other breast cancer risk factors, a mammogram examination at
such age and intervals as deemed medically necessary by the
woman's health care provider; and

23 (2) an ultrasound evaluation, a magnetic resonance imaging 24 scan, a three-dimensional mammography, or other additional testing 25 of an entire breast or breasts, after a baseline mammogram 26 examination, if the mammogram demonstrates extremely dense 27 breast tissue, if the mammogram is abnormal within any degree of 28 breast density including not dense, moderately dense, 29 heterogeneously dense, or extremely dense breast tissue, or if the 30 patient has additional risk factors for breast cancer including but not 31 limited to family history of breast cancer, prior personal history of 32 breast cancer, positive genetic testing, extremely dense breast tissue 33 based on the Breast Imaging Reporting and Data System established 34 by the American College of Radiology, or other indications as 35 determined by the patient's health care provider. The coverage required under this paragraph may be subject to utilization review, 36 37 including periodic review, by the hospital service corporation of the 38 medical necessity of the additional screening and diagnostic testing. 39 b. These benefits shall be provided to the same extent as for 40 any other sickness under the contract.

c. The provisions of this section shall apply to all contracts in
which the hospital service corporation has reserved the right to
change the premium.

44 (cf: P.L.2013, c.196, s.1)

Matter underlined <u>thus</u> is new matter.

EXPLANATION – Matter enclosed in **bold-faced** brackets **[thus]** in the above bill is not enacted and is intended to be omitted in the law.

1 2. Section 2 of P.L.1991, c.279 (C.17:48A-7f) is amended to 2 read as follows:

2. a. No group or individual medical service corporation contract providing hospital or medical expense benefits shall be delivered, issued, executed, or renewed in this State or approved for issuance or renewal in this State by the Commissioner of Banking and Insurance, on or after the effective date of this act, unless the contract provides benefits to any subscriber or other person covered thereunder for expenses incurred in conducting:

(1) one baseline mammogram examination for women who are
[40] <u>35</u> years of age; a mammogram examination every year for
women age [40] <u>35</u> and over; and, in the case of a woman who is
under [40] <u>35</u> years of age and has a family history of breast cancer
or other breast cancer risk factors, a mammogram examination at
such age and intervals as deemed medically necessary by the
woman's health care provider; and

17 (2) an ultrasound evaluation, a magnetic resonance imaging 18 scan, a three-dimensional mammography, or other additional testing 19 of an entire breast or breasts, after a baseline mammogram 20 examination, if the mammogram demonstrates extremely dense 21 breast tissue, if the mammogram is abnormal within any degree of 22 breast density including not dense, moderately dense, 23 heterogeneously dense, or extremely dense breast tissue, or if the 24 patient has additional risk factors for breast cancer including but not 25 limited to family history of breast cancer, prior personal history of 26 breast cancer, positive genetic testing, extremely dense breast tissue 27 based on the Breast Imaging Reporting and Data System established 28 by the American College of Radiology, or other indications as 29 determined by the patient's health care provider. The coverage 30 required under this paragraph may be subject to utilization review, 31 including periodic review, by the medical service corporation of the 32 medical necessity of the additional screening and diagnostic testing.

b. These benefits shall be provided to the same extent as forany other sickness under the contract.

c. The provisions of this section shall apply to all contracts in
which the medical service corporation has reserved the right to
change the premium.

38 (cf: P.L.2013, c.196, s.2)

39

40 3. Section 3 of P.L.1991, c.279 (C.17:48E-35.4) is amended to 41 read as follows:

42 No group or individual health service corporation 3. a. 43 contract providing hospital or medical expense benefits shall be 44 delivered, issued, executed, or renewed in this State or approved for 45 issuance or renewal in this State by the Commissioner of Banking 46 and Insurance, on or after the effective date of this act, unless the 47 contract provides benefits to any subscriber or other person covered 48 thereunder for expenses incurred in conducting:

4

(1) one baseline mammogram examination for women who are
[40] <u>35</u> years of age; a mammogram examination every year for
women age [40] <u>35</u> and over; and, in the case of a woman who is
under [40] <u>35</u> years of age and has a family history of breast cancer
or other breast cancer risk factors, a mammogram examination at
such age and intervals as deemed medically necessary by the
woman's health care provider; and

8 (2) an ultrasound evaluation, a magnetic resonance imaging 9 scan, a three-dimensional mammography, or other additional testing 10 of an entire breast or breasts, after a baseline mammogram 11 examination, if the mammogram demonstrates extremely dense 12 breast tissue, if the mammogram is abnormal within any degree of 13 including breast density not dense, moderately dense, 14 heterogeneously dense, or extremely dense breast tissue, or if the 15 patient has additional risk factors for breast cancer including but not 16 limited to family history of breast cancer, prior personal history of 17 breast cancer, positive genetic testing, extremely dense breast tissue 18 based on the Breast Imaging Reporting and Data System established 19 by the American College of Radiology, or other indications as 20 determined by the patient's health care provider. The coverage 21 required under this paragraph may be subject to utilization review, including periodic review, by the health service corporation of the 22 23 medical necessity of the additional screening and diagnostic testing.

b. These benefits shall be provided to the same extent as forany other sickness under the contract.

c. The provisions of this section shall apply to all contracts in
which the health service corporation has reserved the right to
change the premium.

29 (cf: P.L.2013, c.196, s.3)

30

31 4. Section 4 of P.L.1991, c.279 (C.17B:26-2.1e) is amended to
32 read as follows:

4. a. No individual health insurance policy providing hospital
or medical expense benefits shall be delivered, issued, executed, or
renewed in this State or approved for issuance or renewal in this
State by the Commissioner of Banking and Insurance, on or after
the effective date of this act, unless the policy provides benefits to
any named insured or other person covered thereunder for expenses
incurred in conducting:

(1) one baseline mammogram examination for women who are
[40] <u>35</u> years of age; a mammogram examination every year for
women age [40] <u>35</u> and over; and, in the case of a woman who is
under [40] <u>35</u> years of age and has a family history of breast cancer
or other breast cancer risk factors, a mammogram examination at
such age and intervals as deemed medically necessary by the
woman's health care provider; and

1 (2) an ultrasound evaluation, a magnetic resonance imaging 2 scan, a three-dimensional mammography, or other additional testing 3 of an entire breast or breasts, after a baseline mammogram 4 examination, if the mammogram demonstrates extremely dense 5 breast tissue, if the mammogram is abnormal within any degree of density including not dense, moderately 6 breast dense, 7 heterogeneously dense, or extremely dense breast tissue, or if the 8 patient has additional risk factors for breast cancer including but not 9 limited to family history of breast cancer, prior personal history of 10 breast cancer, positive genetic testing, extremely dense breast tissue 11 based on the Breast Imaging Reporting and Data System established 12 by the American College of Radiology, or other indications as 13 determined by the patient's health care provider. The coverage 14 required under this paragraph may be subject to utilization review, 15 including periodic review, by the insurer of the medical necessity of 16 the additional screening and diagnostic testing. 17 b. These benefits shall be provided to the same extent as for 18 any other sickness under the policy. 19 c. The provisions of this section shall apply to all policies in 20 which the insurer has reserved the right to change the premium. 21 (cf: P.L.2013, c.196, s.4) 22 23 5. Section 5 of P.L.1991, c.279 (C.17B:27-46.1f) is amended to 24 read as follows: 25 5. a. No group health insurance policy providing hospital or 26 medical expense benefits shall be delivered, issued, executed, or 27 renewed in this State or approved for issuance or renewal in this State by the Commissioner of Banking and Insurance, on or after 28 29 the effective date of this act, unless the policy provides benefits to 30 any named insured or other person covered thereunder for expenses 31 incurred in conducting: 32 (1) one baseline mammogram examination for women who are 33 [40] <u>35</u> years of age; a mammogram examination every year for 34 women age [40] <u>35</u> and over; and, in the case of a woman who is under [40] 35 years of age and has a family history of breast cancer 35 36 or other breast cancer risk factors, a mammogram examination at 37 such age and intervals as deemed medically necessary by the 38 woman's health care provider; and

39 (2) an ultrasound evaluation, a magnetic resonance imaging 40 scan, a three-dimensional mammography, or other additional testing 41 of an entire breast or breasts, after a baseline mammogram 42 examination, if the mammogram demonstrates extremely dense breast tissue, if the mammogram is abnormal within any degree of 43 44 density dense, breast including not moderately dense, 45 heterogeneously dense, or extremely dense breast tissue, or if the 46 patient has additional risk factors for breast cancer including but not 47 limited to family history of breast cancer, prior personal history of 48 breast cancer, positive genetic testing, extremely dense breast tissue

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based on the Breast Imaging Reporting and Data System established
by the American College of Radiology, or other indications as
determined by the patient's health care provider. The coverage
required under this paragraph may be subject to utilization review,
including periodic review, by the insurer of the medical necessity of
the additional screening and diagnostic testing.

b. These benefits shall be provided to the same extent as forany other sickness under the policy.

9 c. The provisions of this section shall apply to all policies in
10 which the insurer has reserved the right to change the premium.
11 (cf: P.L.2013, c.196, s.5)

12

13 6. Section 6 of P.L.1991, c.279 (C.26:2J-4.4) is amended to 14 read as follows:

6. a. Notwithstanding any provision of law to the contrary, a certificate of authority to establish and operate a health maintenance organization in this State shall not be issued or continued by the Commissioner of Banking and Insurance on or after the effective date of this act unless the health maintenance organization provides health care services to any enrollee for the conduct of:

(1) one baseline mammogram examination for women who are
[40] <u>35</u> years of age; a mammogram examination every year for
women age [40] <u>35</u> and over; and, in the case of a woman who is
under [40] <u>35</u> years of age and has a family history of breast cancer
or other breast cancer risk factors, a mammogram examination at
such age and intervals as deemed medically necessary by the
woman's health care provider; and

28 (2) an ultrasound evaluation, a magnetic resonance imaging 29 scan, a three-dimensional mammography, or other additional testing 30 of an entire breast or breasts, after a baseline mammogram 31 examination, if the mammogram demonstrates extremely dense 32 breast tissue, if the mammogram is abnormal within any degree of 33 breast density including not dense, moderately dense, 34 heterogeneously dense, or extremely dense breast tissue, or if the 35 patient has additional risk factors for breast cancer including but not limited to family history of breast cancer, prior personal history of 36 37 breast cancer, positive genetic testing, extremely dense breast tissue 38 based on the Breast Imaging Reporting and Data System established 39 by the American College of Radiology, or other indications as 40 determined by the patient's health care provider. The coverage 41 required under this paragraph may be subject to utilization review, 42 including periodic review, by the health maintenance organization 43 of the medical necessity of the additional screening and diagnostic 44 testing.

b. These health care services shall be provided to the sameextent as for any other sickness under the enrollee agreement.

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1 The provisions of this section shall apply to all enrollee c. 2 agreements in which the health maintenance organization has 3 reserved the right to change the schedule of charges. (cf: P.L.2013, c.196, s.8) 4 5 6 7. Section 7 of P.L.2004, c.86 (C.17B:27A-7.10) is amended to 7 read as follows: 7. a. Every individual health benefits plan that is delivered, 8 9 issued, executed, or renewed in this State pursuant to P.L.1992, 10 c.161 (C.17B:27A-2 et seq.) or approved for issuance or renewal in 11 this State, on or after the effective date of this act, shall provide 12 benefits to any person covered thereunder for expenses incurred in 13 conducting: 14 (1) one baseline mammogram examination for women who are 15 [40] <u>35</u> years of age; a mammogram examination every year for women age [40] <u>35</u> and over; and, in the case of a woman who is 16 17 under [40] <u>35</u> years of age and has a family history of breast cancer 18 or other breast cancer risk factors, a mammogram examination at 19 such age and intervals as deemed medically necessary by the 20 woman's health care provider; and (2) an ultrasound evaluation, a magnetic resonance imaging 21 22 scan, a three-dimensional mammography, or other additional testing 23 of an entire breast or breasts, after a baseline mammogram 24 examination, if the mammogram demonstrates extremely dense 25 breast tissue, if the mammogram is abnormal within any degree of 26 breast density including not dense. moderately dense. 27 heterogeneously dense, or extremely dense breast tissue, or if the 28 patient has additional risk factors for breast cancer including but not 29 limited to family history of breast cancer, prior personal history of 30 breast cancer, positive genetic testing, extremely dense breast tissue 31 based on the Breast Imaging Reporting and Data System established 32 by the American College of Radiology, or other indications as 33 determined by the patient's health care provider. The coverage 34 required under this paragraph may be subject to utilization review, 35 including periodic review, by the carrier of the medical necessity of the additional screening and diagnostic testing. 36 37 The benefits shall be provided to the same extent as for any b. 38 other medical condition under the health benefits plan. 39 The provisions of this section shall apply to all health c. 40 benefit plans in which the carrier has reserved the right to change the premium. 41 42 (cf: P.L.2013, c.196, s.6) 43 44 8. Section 8 of P.L.2004, c.86 (C.17B:27A-19.13) is amended 45 to read as follows: 46 Every small employer health benefits plan that is 8. a. 47 delivered, issued, executed, or renewed in this State pursuant to 48 P.L.1992, c.162 (C.17B:27A-17 et seq.) or approved for issuance or

renewal in this State, on or after the effective date of this act, shall
 provide benefits to any person covered thereunder for expenses
 incurred in conducting:

4 (1) one baseline mammogram examination for women who are 5 [40] <u>35</u> years of age; a mammogram examination every year for 6 women age [40] <u>35</u> and over; and, in the case of a woman who is 7 under [40] <u>35</u> years of age and has a family history of breast cancer 8 or other breast cancer risk factors, a mammogram examination at 9 such age and intervals as deemed medically necessary by the 10 woman's health care provider; and

11 (2) an ultrasound evaluation, a magnetic resonance imaging 12 scan, a three-dimensional mammography, or other additional testing 13 of an entire breast or breasts, after a baseline mammogram 14 examination, if the mammogram demonstrates extremely dense 15 breast tissue, if the mammogram is abnormal within any degree of 16 density including dense, moderately breast not dense, 17 heterogeneously dense, or extremely dense breast tissue, or if the 18 patient has additional risk factors for breast cancer including but not 19 limited to family history of breast cancer, prior personal history of 20 breast cancer, positive genetic testing, extremely dense breast tissue 21 based on the Breast Imaging Reporting and Data System established by the American College of Radiology, or other indications as 22 23 determined by the patient's health care provider. The coverage 24 required under this paragraph may be subject to utilization review, 25 including periodic review, by the carrier of the medical necessity of 26 the additional screening and diagnostic testing.

b. The benefits shall be provided to the same extent as for anyother medical condition under the health benefits plan.

c. The provisions of this section shall apply to all health
benefit plans in which the carrier has reserved the right to change
the premium.

32 (cf: P.L.2013, c.196, s.7)

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34 9. Section 3 of P.L.2004, c.86 (C.52:14-17.29i) is amended to
35 read as follows:

36 9. a. The State Health Benefits Commission shall provide
37 benefits to each person covered under the State Health Benefits
38 Program for expenses incurred in conducting:

(1) one baseline mammogram examination for women who are
[40] <u>35</u> years of age; a mammogram examination every year for
women age [40] <u>35</u> and over; and, in the case of a woman who is
under [40] <u>35</u> years of age and has a family history of breast cancer
or other breast cancer risk factors, a mammogram examination at
such age and intervals as deemed medically necessary by the
woman's health care provider; and

46 (2) an ultrasound evaluation, a magnetic resonance imaging47 scan, a three-dimensional mammography, or other additional testing

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1 of an entire breast or breasts, after a baseline mammogram 2 examination, if the mammogram demonstrates extremely dense 3 breast tissue, if the mammogram is abnormal within any degree of 4 breast density including not dense, moderately dense, 5 heterogeneously dense, or extremely dense breast tissue, or if the 6 patient has additional risk factors for breast cancer including but not 7 limited to family history of breast cancer, prior personal history of 8 breast cancer, positive genetic testing, extremely dense breast tissue 9 based on the Breast Imaging Reporting and Data System established 10 by the American College of Radiology, or other indications as 11 determined by the patient's health care provider. The coverage 12 required under this paragraph may be subject to utilization review, 13 including periodic review, by the carrier of the medical necessity of 14 the additional screening and diagnostic testing.

b. The benefits shall be provided to the same extent as for anyother medical condition under the contract.

17 (cf: P.L.2013, c.196, s.9)

18

19 10. (New section) a. The School Employees' Health Benefits 20 Commission shall ensure that every contract purchased by the 21 commission on or after the effective date of this act that provides 22 hospital or medical expense benefits, shall provide coverage for 23 expenses incurred in conducting:

(1) one baseline mammogram examination for women who are
35 years of age; a mammogram examination every year for women
age 35 and over; and, in the case of a woman who is under 35 years
of age and has a family history of breast cancer or other breast
cancer risk factors, a mammogram examination at such age and
intervals as deemed medically necessary by the woman's health care
provider; and

31 (2) an ultrasound evaluation, a magnetic resonance imaging 32 scan, a three-dimensional mammography, or other additional testing 33 of an entire breast or breasts, after a baseline mammogram 34 examination, if the mammogram demonstrates extremely dense 35 breast tissue, if the mammogram is abnormal within any degree of dense, 36 breast density including not dense, moderately 37 heterogeneously dense, or extremely dense breast tissue, or if the 38 patient has additional risk factors for breast cancer including but not 39 limited to family history of breast cancer, prior personal history of 40 breast cancer, positive genetic testing, extremely dense breast tissue 41 based on the Breast Imaging Reporting and Data System established 42 by the American College of Radiology, or other indications as 43 determined by the patient's health care provider. The coverage 44 required under this paragraph may be subject to utilization review, 45 including periodic review, by the carrier of the medical necessity of 46 the additional screening and diagnostic testing.

b. The benefits shall be provided to the same extent as for anyother medical condition under the contract.

1 11. This act shall take effect immediately and shall apply to all 2 health benefits plans currently in effect in the State, or that are 3 delivered, issued, executed or renewed in this State, or approved for 4 issuance or renewal in this State by the Commissioner of Banking 5 and Insurance, on or after the effective date of this act.

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#### STATEMENT

10 This bill requires health insurers (health, hospital and medical service corporations, commercial individual and group health 11 insurers, health maintenance organizations, health benefits plans 12 issued pursuant to the New Jersey Individual Health Coverage and 13 14 Small Employer Health Benefits Programs, and the State Health 15 Benefits Program) to provide coverage for mammograms for 16 women age 35 or older, rather than age 40 and older as is required under current law. In addition, the bill also adds a new requirement 17 18 for health benefits plans issued pursuant to the School Employees' 19 Health Benefits Program to provide mammogram coverage under 20 the same circumstances.



#### NEW JERSEY GENERAL ASSEMBLY

JOHN F. MCKEON Parliamentarian Assemblyman, 27th District Essex & Morris Counties 221 Main Street Madison, NJ 07940 Phone: (973) 377-1606 Fax: (973) 377-0391 AsmMcKeon@njleg.org Committees Financial Institutions and Insurance, Chair Budget Environment and

Solid Waste Judiciary

INTERGOVERNMENTAL RELATIONS COMMISSION

April 4, 2023

New Jersey Mandated Health Benefits Advisory Commission P.O. Box 325 Trenton, NJ 08625

Dear Members of the Commission:

As the Chairman of the Assembly Financial Institutions and Insurance Committee, I respectfully request the Commission review and prepare a written report of A4093 which requires health insurers, SHBP, and SEHBP to cover mammograms for women over 35 and women under 35 under certain circumstances.

If you have any questions, please do not hesitate to contact Mark Iaconelli, Jr., Esq., Deputy General Counsel, at 609-847-3500.

Thank you for your immediate attention to this matter.

Sincerely,

Assemblyman – District 27

CC: Mark Iaconelli, Jr., Esq., Deputy General Counsel, Assembly Majority Office