## **EXHIBIT 3**

## **CARE PATH 1**

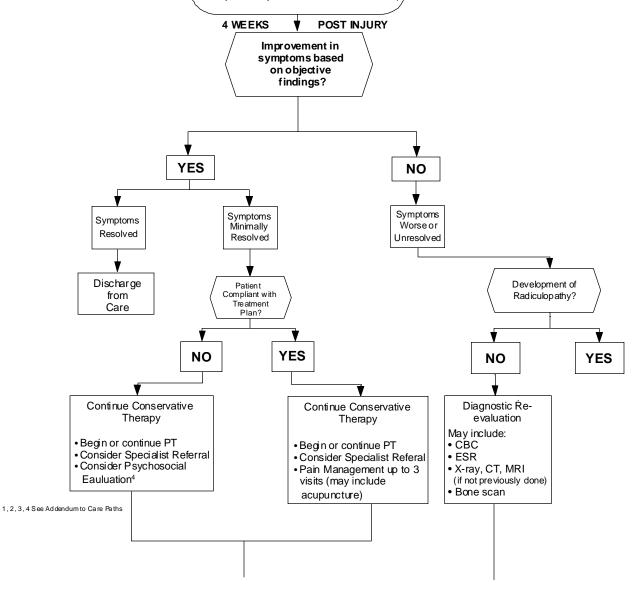
NOTE: These Care Paths identify ypical courses of intervention. There may be patients who require more or less it seatment. However, cases that deviate from the Care Paths may be subject to more careful scrutiny and may require documentation of the special circumstances. Treatments must be based on patient need and professional judgment. Deviations may be justified by individual circumstances, such as pre-existing conditions and/or comobilities. The Care Paths are only intended for use when the injury was caused by a motor vehicle accident (MVA). If at any point in the decision making process the heathcare provider finds evidence that the injury was not caused by a MVA the provider must contact the patient's PIP carrier and medical insurance carrier.

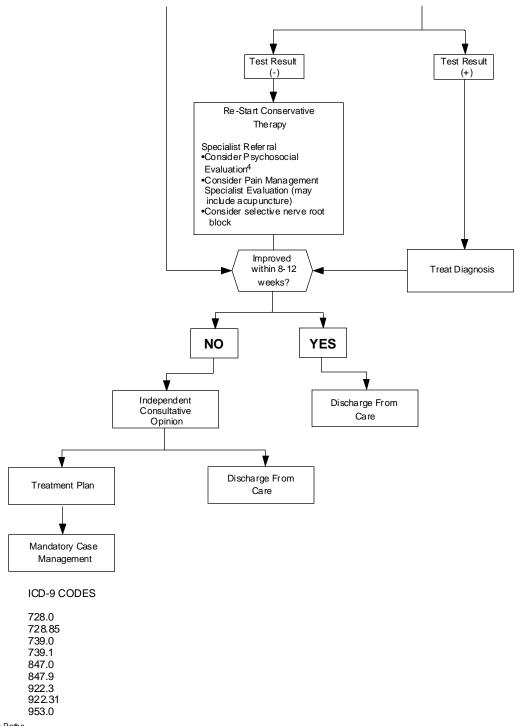
## CERVICAL SPINE SOFT TISSUE INJURY (STRAIN/SPRAIN/CONTUSION WHIPLASH) OF THE NECK

## CONSERVATIVE THERAPY (up to 4 weeks)

- Provider office visits (up to 5)
- Medications<sup>1</sup>
- Consider soft neck collar (maximum 48 hours)
- In creasing exercise
- Consider PT program (2-3 times per week, up to 4 weeks)<sup>3</sup>
- Spinal manipultaion2 (1-3 visits per week, up to 4 weeks)

(The total number of visits for physical therapy and spinal manipulation should not exceed 12.)





4 See Addendum to Care Paths

**CARE PATH 1**