

Daily Plan ~ Day 1

Sunday, June 21, 2009

Day Coordinator: Richard Rhodes

National Canoe Safety Patrol

Kittatinny's Pond Eddy Access, N.Y. (RM 268) to

Kittatinny's Staircase Rapids Access, N.Y. (RM 263)

5 Miles ~ Class I Rapids, Riffles, and Pools



Morning [Travel on-your-own to Kittatinny Canoes and Campground's River Beach Campground at Milford, PA.](#) (click here or see page 3 for directions)

11:00 a.m. Register ~ Kittatinny Canoes and Campground's River Beach Campground, Milford, PA.
 Set up campsites - Load private boats for shuttle.

Noon Kick-Off Lunch, *Trip Orientation and Program* ~ Kittatinny Canoes and Campground's River Beach Campground at Milford, PA.

1:30 p.m. Shuttle to Kittatinny's Pond Eddy, New York Access (RM 268)

Safety Talk

Native American Blessing and Launch

Afternoon Program - *On-water Paddling Tips*

2:30 p.m. GROUP PHOTOGRAPH at the Pond Eddy Bridge (RM 265)

5:00 p.m. Take-out ~ Kittatinny Canoes and Campground's Staircase Rapids Access (RM263)
 Shuttle back to Kittatinny's River Beach Campsites

6:30 p.m. Dinner ~ at Kittatinny Canoe's River Beach Campground

7:30 p.m. Evening Program ~ *18th Century Frontier Life and Cooking Demonstration* ~ by Historian Peter Osborne

10:30 p.m. Quiet Hours in Camp

Camping at Kittatinny Canoes and Campground's River Beach Campground at Milford, PA.

Note: There are shower facilities at this location

Many Thanks to Today's Sojourn Partners:

National Canoe Safety Patrol, Upper Delaware Preservation Coalition, Peter Osborne - Minisink Valley Historical Society, Kittatinny Canoes and Campgrounds, Port Java Catering, Upper Delaware Council, National Park Service Upper Delaware Scenic and Recreational River

EMERGENCY CONTACT NUMBERS

National Park Service Dispatch 1-845-557-0222

***Water Levels** - Water height is of critical importance for safety in the Upper Delaware section of the river for two reasons:

1. High water increases the speed of the river's flow and can inundate the riverbanks and islands where flooded trees and vegetation can create what are known as "strainers". Strainers are very, very dangerous and can trap boats and people under water.
2. High water changes the characteristics of the rapids on the Upper Delaware. Some "wash out" while others become more dangerous with higher waves.

The Sojourn's Policy for the Upper Delaware River is:

At average water levels: 2.5-4 ft - Everyone may take the trip in canoes or kayaks, even if it is raining.

At moderate water levels: 4 - 6 ft - We will take the trip even if it is raining. Rafts are recommended for less skilled boaters. The Sojourn Safety Staff will have the final word in determining who is a skilled boater and who should be in a raft.

At high water levels: 6-8 ft - Take the trip even if it is raining and the river is not expected to go above 8 feet. Rafts will be required for all people renting watercraft and for less skilled private boaters. High water waivers will be required for people using private boats; the Sojourn Safety Staff will have the final word in determining who is a highly skilled boater and who should be in a raft.

At very high water: 8-feet and above - There will be No Sojourn River Trip - **Alternate Land Activities will be offered.**

It is especially important to note that high water rescues endanger the people making the rescue. While Sojourn Safety personnel are well trained in rescue techniques, the person nearest to a boat or boater in trouble could be another Sojourner. High water makes the river more dangerous for everyone. Sojourn Safety Staff will determine whether it is safe to paddle on any given Sojourn Day.

Day 1 High Water Plan:

The Kick off Lunch and Program will be provided as planned.

There is much to see and do in the Upper Delaware Valley. Alternate activities include a visit to Grey Towers, High Point State Park, N.J., or shopping in the tri-state area.

Dinner, evening program, and camping will still be provided as planned.



Directions to Registration Locale for Days 1 and 2, June 21 – 22, 2009:

[Kittatinny's River Beach Campgrounds](#)

(click for their website's directions page)

378 Routes 6 and 209

Milford, PA 18337

(570) 296-5890

From NY & NJ:

Take I-80 West to New Jersey Exit 34B.

Follow U.S. 15 North to Rt. 206 North across Milford Bridge.

Take 209 North for 3 1/2 miles north of Milford.

Campground is on the right.

From the Poconos:

Take I-80 East to Exit 309.

Take 209 North for approximately 35 miles.

Stay on 209 North 3 1/2 miles north of Milford; campground will be on right.

From New Jersey Route 23:

Take 23 North to I-84 West to Exit 53, Matamoras, Pennsylvania.

Left on 209 South; campground is in about 3 miles on left.

From I-84 (Scranton area):

I-84 to Exit 53, Matamoras, Pennsylvania.

Left on 209 South; campground is in about 3 miles on left.

