

# **EVERY CHILD STRONGER** **EVERY LIFE LONGER**



New Jersey Association for Health, Physical Education, Recreation and Dance  
2009-2010 Professional Development Opportunities  
Online registration recommended for all events. [www.njahperd.org](http://www.njahperd.org)

## **Lake Conference for K-8 Physical Education** **Friday, Saturday, Sunday, October 2-4, 2009**

Happiness Is Camping  
Gramercy Lake  
Hardwick, NJ

The Lake Conference for K-8 Physical Education is designed to meet the needs of Physical Education teachers and future professionals. A very active, hands-on conference, featured presenters have been selected based upon their developmentally appropriate, highly innovative and child oriented activities. Friday and Sunday sessions No Fee; Saturday Fee

## **Bike Ed Training** **Thursday, October 8, 2009**

Montgomery Township Recreation Center  
Skillman, NJ

Participants will learn how to get a cycling program started in your school, fit helmets, adjust bikes for proper fit, and set up and teach skill and traffic safety drills. BikeNY provides the bikes, helmets and curriculum! Sponsored by BikeNY, Greater Mercer Transportation Management Association (GMTMA) and NJAHPERD. No Fee

## **Health Education Curriculum Assessment Tool (HECAT)** **Thursday, October 15, 2009**

NJ Department of Health and Senior Services  
171 Jersey Street  
Trenton, NJ 08611

The Health Education Curriculum Analysis Tool (HECAT) can help school districts, schools, and others conduct a clear, complete, and consistent analysis of health education curricula based on the National Health Education Standards and CDC's Characteristics of Effective Health Education Curricula. The HECAT results can help schools select or develop appropriate and effective health education curricula and improve the delivery of health education. No Fee

## **Physical Education Curriculum Analysis Tool (PECAT)** **Thursday, October 22, 2009**

Human Resources Development Institute (HRDI)  
200 Wolverton Ave.  
Trenton, NJ 08625

The Physical Education Curriculum Analysis Tool (PECAT) will help school districts conduct a clear, complete, and consistent analysis of written physical education curricula, based upon national physical education standards. The PECAT is customizable to include local standards. The results from the analysis can help school districts enhance existing curricula, develop their own curricula, or select a published curriculum, for the delivery of quality physical education in schools. No Fee

## **Adapted Conference** **Thursday, October 29, 2009**

Special Olympics NJ Sports Complex  
Lawrenceville, NJ

This conference is designed to meet the needs of Health and Physical Education teachers and Future Professionals, PreK-12, who have contact with special populations. Information will be provided on recent developments in the field of Adapted Physical Education, as well as inclusion of students in mainstreamed Physical Education classes. Hands-on experience will be provided and sharing of ideas and innovative teaching strategies will be encouraged. Professional Development hours will be earned. Fee  
Sponsored by NJAHPERD and Special Olympics New Jersey.

## **Fall Future Professionals' Workshop** **Fitness Education** **Sunday, November 15, 2009**

East Brunswick High School

East Brunswick, NJ

A "get up and get moving" workshop for college and university health and physical education majors.

### **NJEA Convention**

**Thursday & Friday, November 5 & 6, 2009**

"Harboring Success for Every Child"

Atlantic City Convention Center

Atlantic City, NJ

Sessions sponsored by NJAHPERD

Circus Skills as a Multi-Disciplinary Physical Education and Arts Program

Practical Application and Assessment of the Fitness Intervention Program

Yoga Nidra...A Life Skill for Everyone

SHREK III (Pre Schoolers Happily Romping Everywhere Kinesthetically)

Shake Em Up! Add Social Dance to YOUR Classes!

The Power of Play

Every Child Stronger, Every Life Longer Initiative to Improve Health & PE Programs

### **Mary Jo Young Hands on Health Conference**

**Monday, December 7, 2009**

Crowne Plaza Hotel

Monroe, NJ

The Mary Jo Young Hands on Health Conference is designed to provide educators with current health information, new resources and teaching strategies for the classroom and school environment. Sessions include a keynote and your choice of breakout sessions covering various current health topics. Join your colleagues for a great day of cutting edge, "hands on" professional development. NJAHPERD guarantees you will return to your students refreshed, rejuvenated and with a multitude of new and exciting ideas to teach Wellness! Fee

### **NJAHPERD 91<sup>st</sup> Annual Convention**

**Every Child Stronger, Every Life Longer**

**January 24, 25 & 26, 2010**

Ocean Place Resort & Spa

Long Branch, NJ

The Annual Convention is the premiere professional development event for health educators, physical educators, recreation, and dance professionals in New Jersey. Included in the three day event schedule are over 100 quality sessions, pre convention workshops, a fun run for charity, Awards Banquet and Grande Finale Giveaway. National and State Teachers of the Year, our AAHPERD and EDA Presidents, as well as noted professionals in our fields, are invited as special guests to share their expertise and enthusiasm for our profession. Opportunities to examine new and innovative products and services are provided by the many vendors in attendance. Come to the Jersey shore and experience the best in professional development! Fee