

NJDOE MODEL CURRICULUM

CONTENT AREA: Physical Education	GRADE: K-2	UNIT #: IV	UNIT NAME: Movement Education- Locomotor/Nonlocomotor Skills
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#	STUDENT LEARNING OBJECTIVES	CORRESPONDING NJCCCS
1	Develop and refine fine and stationary gross motor skills while in self- space. (e.g. twisting, bending e.g., work towards using smaller sized manipulative during activity). K	(2.5.P.A.1, 2.5.P.A.2)
2	Demonstrate changes in time, force, and flow while moving in self- space. (e.g. stretching, curling) 1	(2.5.2.A.2)
3	Demonstrate movement in self- space (stationary) at different levels, directions, and ranges while correcting movement errors in response to teacher feedback. 2	(2.5.2.A.2, 2.5.2.A.4)
4	Demonstrate basic activity and safety rules when refining nonlocomotor skills (e.g. twisting, bending, stretching, curling). K	(2.5.2.C.2)
5	Demonstrate basic activity and safety rules and explain how they contribute to stationary movement (e.g twisting, curling) in a safe environment. 1	(2.5.2.C.2)
6	Explain the role that nonlocomotor skills (e.g. twisting, bending, stretching, curling) play in regular physical activity in relation to personal health. 2	(2.6.2.A.1)

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Code #	NJCCCS
2.5- Motor Skill Development	
A. Movement Skills and Concepts	<p>P Developing competence and confidence in gross and fine motor skills provides a foundation for participation in physical activities.</p>
	<p>2.5.P.A.1 Develop and refine gross motor skills (e.g., hopping, galloping, jumping, running, and marching).</p> <p>2.5.P.A.2 Develop and refine fine motor skills (e.g., completes gradually more complex puzzles, uses smaller-sized manipulatives during play, and uses a variety of writing instruments in a conventional manner).</p>
	<p>2 Understanding of fundamental concepts related to effective execution of actions provides the foundation for participation in games, sports, dance, and recreational activities.</p>
	<p>2.5.2.A.2 Demonstrate changes in time, force, and flow while moving in personal and general space at different levels, directions, ranges, and pathways.</p> <p>2.5.2.A.4 Correct movement errors in response to feedback.</p>
C. Sportsmanship, Rules, and Safety	<p>2 Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.</p>
	<p>2.5.2.C.2 Demonstrate basic activity and safety rules and explain how they contribute to moving in a safe environment.</p>
2.6- Fitness	
A. Fitness and	<p>2 Appropriate types and amounts of physical activity enhance personal health.</p>

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Physical Activity	2.6.2.A.1 Explain the role of regular physical activity in relation to personal health.
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