

# Kick-off Great American Smokeout 2009 Walk to be Tobacco Free Saturday, November 14, 2009, 9AM

## 401 Grand St, Paterson, NJ

The Great American Smoke Out is an annual event to encourage smokers to quit cigarettes for at least 24 hours with the hope they will quit completely.

The **Walk to be Tobacco Free** is looking to sign up 1200 people to march with us to kick off the Great American Smokeout, raise awareness about the dangers of tobacco smoking and to acknowledge the 1200 lives claimed by tobacco every day.

**Walk begins at 9am from** the Passaic County Administration Building at **401 Grand St** and ends at the Paterson Great Falls National Historical Park. Call (973) 473-3366 x101 or visit our Passaic County Community Partnerships for a Tobacco Free New Jersey face book page to sign up.

Following the walk, REBEL's Project 1200 demonstration will acknowledge the 1200 lives claimed by tobacco every day. Light refreshments will be available. Community Blood Services will accept blood donations from anyone interested in donating.

### Did you know...

- Tobacco is responsible for over 400,000 deaths every year making it the leading cause of preventable death in the United States and the world.
- Tobacco smoke contains more than 4,000 chemicals. 43 of which are known to cause cancer.
- Tobacco is the leading cause of lung cancer and is linked to at least 14 other cancers.
- Tobacco accounts for 30% of all cancer deaths.

**For help to quit tobacco call New Jersey's Quitline (866 NJ STOPS),  
Mom's Quit Connection 888-545-5191 or go to [nj.quitnet.com](http://nj.quitnet.com)**



The Passaic County Community Partnerships for a Tobacco Free New Jersey is a grant funded program through the New Jersey Department of Health and Senior Services' Comprehensive Tobacco Control Program (CTCP).  
The Passaic County Cancer Coalition is made possible by a grant from the New Jersey Department of Health and Senior Services Office of Cancer Control and Prevention. For more information on the NJDHSS/OCCP visit [www.njcancer.gov](http://www.njcancer.gov).