

New Jersey WIC Services Authorized Foods

WIC is an equal opportunity provider.

Effective Date: January 17, 2011

No substitutions of unauthorized brands, types or sizes of WIC foods are allowed.

No rain checks are allowed.

No cash, credit or returns allowed for WIC checks, Cash-Value Vouchers (CVV) or any WIC foods.

Only brands, types, sizes and amounts listed on WIC checks, and/or CVV are allowed.

Effective Date: January 17, 2011

HOW TO ACCEPT WIC CHECKS

1. Review the “**First Day to Use**” and “**Last Day to Use**” dates on the WIC check(s). Only accept check(s) within these dates.
2. Compare foods chosen by the WIC participant to the items listed on each WIC check. Please pay attention to the type and amount specified on each WIC check.
3. Write down the price in ink in the “**Vendor Fill in \$ Amount Below**” box on the WIC check(s).
4. Have the participant sign the WIC check(s) **AFTER** the cashier writes the correct price on it.
5. Verify the signature on the WIC ID Folder to the signature on the WIC check(s), and make sure that they match.
6. **DO NOT ACCEPT** an altered or tampered WIC check.

Effective Date: January 17, 2011

HOW TO ACCEPT CASH VALUE VOUCHERS (CVV)

1. Review the “**First Day to Use**” and “**Last Day to Use**” dates on the Cash Value Voucher (CVV). Only accept the CVV within these dates.
2. The “Not To Exceed Amount” is printed on the CVV.
3. Write down the not to exceed amount or less price in ink in the “**Vendor Fill in \$ Amount Below**” box on the CVV.
4. Do not record an **amount over** the Not To Exceed amount on the CVV. The CVV will be rejected by the bank if the amount is over.
5. If the participant **purchases more than the not to exceed amount**, the participant may pay the difference with any other form of payment.
6. Have the participant sign the CVV **after** you write the correct price on it.
7. Verify the signature on the WIC ID folder to the signature on the CVV and make sure that they match.
8. DO NOT ACCEPT an altered or tampered CVV.
9. **NOTE: PLEASE DISREGARD THE 01 THAT APPEARS IN THE FOOD DESCRIPTION BOX OF THE CASH VALUE VOUCHER (CVV).**

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Amount and size listed on your WIC check
- Single meat or poultry varieties with broth or gravy

WIC CHECK - NOT ALLOWED

- Infant food combination (such as meat and vegetables); infant dinners (such as spaghetti and meatballs); baby foods with added sugars or salt; organic baby meats

WIC CHECK - ALLOWED

- **ANY BRAND**

- LIGHT TUNA

- Minimum 5.0-oz. cans packed in water only; plain varieties only

- PINK SALMON

- 7.5-oz. and 14.75-oz. cans packed in water or oil only; plain varieties only

- SARDINES

- 3.75-oz. cans packed in water or oil only (may contain bones and skin); plain varieties only

CANNED FISH

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- Albacore tuna; blueback salmon; red salmon; flavored fish; fish in pouches; fish with added ingredients; fish in individual serving size containers

WIC CHECK - ALLOWED

- Amount and size listed on your WIC check
- 8.0-oz. and 16.0-oz. boxes only
- Plain varieties only: Rice, Oatmeal, Mixed Grains, Whole Wheat

INFANT CEREAL

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- Organic infant cereal; infant cereal with extra ingredients such as DHA, formula, fruit, yogurt or added protein; any infant cereal not listed above

WIC CHECK - ALLOWED

- Amount and size listed on your WIC check
- Any variety of single ingredient commercial infant food fruit
- Any variety of single ingredient commercial infant food vegetable
- Combination of plain single ingredients (such as peas and carrots or apples and bananas)

**BABY FOODS -
FRUITS AND VEGETABLES**

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- Baby foods with added sugars, starches, or salt; baby food mixtures with cereal or infant food dessert (such as peach cobbler); organic baby food; any variety of baby foods that contains DHA or yogurt

WIC CHECK - ALLOWED

- Brand, size, type and amount as listed on the WIC check

INFANT FORMULA

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- Brand, size, type and amount **not** listed on the WIC check

WIC CHECK - ALLOWED

- Plain pasteurized cow's milk only
- Type, size and amount as listed on the WIC check

STORE BRAND ONLY

FLUID

Fat Free/Skim

Low Fat/Light 1%

Reduced Fat 2%

Whole Milk

MILK

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain pasteurized cow's milk only
- Type, size and amount as listed on the WIC check
- 12.0-oz. cans only

STORE BRAND ONLY

EVAPORATED/CANNED

Fat Free/Skim

Low Fat/Light 1%

Reduced Fat 2%

Whole Milk

MILK

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain pasteurized cow's milk only
- Type, size and amount as listed on the WIC check

ANY BRAND

LACTOSE REDUCED or
100% LACTOSE FREE

Fat Free/Skim

Low Fat/Light 1%

Reduced Fat 2%

Whole Milk

MILK

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain pasteurized cow's milk only
- Type, size and amount as listed on the WIC check

ANY BRAND

UHT MILK (SHELF STABLE)

Fat Free/Skim

Low Fat/Light 1%

Reduced Fat 2%

Whole Milk

MILK

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain pasteurized cow's milk only
- Type, size and amount as listed on the WIC check

ANY BRAND

DRY/POWDERED

Fat Free/Skim

Low Fat/Light 1%

Reduced Fat 2%

Whole Milk

MILK

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- Type, size and amount **not** listed on the WIC check
- “Plus” milk; goat milk; rice milk; milk with added flavor or sugar; cultured buttermilk; acidophilus cultured milk; Kefir cultured milk; organic milk; Leche Klim; half and half; and milk with added calcium

WIC CHECK - ALLOWED

- Type, size and amount as listed on the WIC check

SOY MILK

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- Type, size and amount **not** listed on the WIC check

WIC CHECK - ALLOWED

- 16.0-oz. (1-lb.) package only
- NASOYA Lite Silken
- House Foods Extra Firm
- House Foods Firm

TOFU

Effective Date: January 17, 2011

NOT ALLOWED

- Any tofu not listed
- Tofu with added fats, sugar, oils, sodium; organic tofu.

WIC CHECK - ALLOWED

- Cheese made in the USA from 100% pasteurized cow's milk only
- Cheese labeled low or reduced cholesterol, low or reduced fat, or low or light in sodium are allowed
- **STORE BRAND ONLY**
 - 16.0-oz. package only in the following varieties:
 - Cheddar**
 - Colby**
 - Monterey Jack**
 - Part-Skim or Whole Mozzarella**
 - Pasteurized Process American**
 - Swiss**

CHEESE

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- Individually wrapped slices; deli cheese; imported cheese; cheese food; cheese spread; cheese product; flavored cheese; string cheese; organic cheese

WIC CHECK - ALLOWED

- Grade A Large only
- White only
- One Dozen (12 eggs) Carton only

EGGS

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- 1/2 dozen cartons (6 eggs); cooked eggs; jumbo eggs; extra large eggs; medium eggs; brown eggs; specialty eggs; organic eggs; low cholesterol eggs; Eggland's Best; cage free/free range eggs; eggs with omega-3

WIC CHECK - ALLOWED

- **ANY BRAND**

DRY

All plain varieties of **mature** beans, peas or lentils

16.0-oz. bag only

CANNED

All plain varieties of **mature** beans, peas, or lentils

14.0-16.0-oz. can only

BEANS, PEAS and LENTILS

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- Green beans; green peas; snap beans; orange beans; wax beans; baked beans; pork and beans; beans with meat (such as franks and beans); canned beans with added sugars, fats, meat or oils; organic beans; soups

WIC CHECKS - ALLOWED

- **STORE BRAND ONLY**
- 18.0-oz. Jar
- Creamy and crunchy are allowed
- Low fat varieties are allowed

PEANUT BUTTER

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- Organic peanut butter; natural peanut butter; peanut spread; freshly ground or whipped peanut butter; peanut butter mixed with jelly, marshmallow, chocolate or honey; peanut butter with added vitamins and minerals

WIC CHECK - ALLOWED

- 16.0 oz. only
- **ARNOLD**
Stone Ground 100% Whole Wheat Bread
- **HAUSWALD**
100% Whole Wheat Bread

WHOLE GRAIN BREAD
PRODUCTS

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- 16.0 oz. only
- **PEPPERIDGE FARM**

Stone Ground 100% Whole Wheat Bread

Very Thin Sliced Soft 100% Whole Wheat Bread

Whole Grain Seeded Rye Bread

WHOLE GRAIN BREAD
PRODUCTS

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- 16.0 oz. only
- **PATHMARK**
100% Whole Wheat Bread
- **SARA LEE**
Classic 100% Whole Wheat Bread
- **SHOPRITE**
100% Whole Wheat Bread

WHOLE GRAIN BREAD
PRODUCTS

WIC CHECK - ALLOWED

WHOLE GRAIN BREAD PRODUCTS

- 16.0 oz. only
- **STERN'S**
 - 100% Whole Wheat Bread
 - Choice Grain Bread
 - 100% Whole Wheat Rolls (8-Count)
- **STOP & SHOP**
 - 100% Whole Wheat Bread
(no salt added)

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- 16.0 oz. only
- **WEIGHT WATCHERS**
 - Multigrain Bread
 - 100% Whole Wheat Bread
 - Whole Wheat Rolls (8 Count)
- **WONDER**
 - 100% Soft Whole Wheat Bread

WHOLE GRAIN BREAD
PRODUCTS

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- Any 16-oz. bread or rolls not listed
- Any 16-oz. whole grain bread products not listed

WIC CHECK - ALLOWED

- **TORTILLA**

16.0 oz. bag only of the following:

Celia's Corn

Celia's Whole Wheat

Chi Chi's White Corn

Chi Chi's Whole Wheat

Don Pancho Corn

Don Pancho Whole Wheat

La Banderita Corn

La Banderita Whole Wheat

**OTHER WHOLE GRAIN
PRODUCTS**

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

OTHER WHOLE GRAIN
PRODUCTS

- **TORTILLA**

16.0 oz. bag only of the following:

La Burrita Corn

MexAmerica Whole Wheat

Mission Yellow Corn

Mission Whole Wheat

Shurfine Whole Wheat

Weis Whole Wheat

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **BROWN RICE**

ANY BRAND

16.0 oz. package

Plain brown rice packed in
boxes or bags

May be instant, quick or
regular cooking

**OTHER WHOLE GRAIN
PRODUCTS**

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- Brown rice with added sugars, fats or salt; brown rice with other ingredients

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

STORE BRAND CEREALS

BRAN FLAKES*

Best Yet

IGA

Kemach

Shurfine

Stop & Shop

Taanug

BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

STORE BRAND CEREALS

CORN FLAKES

Acme	America's Choice
Best Yet	Flavorite
Foodtown	IGA
Kemach	Krasdale
Parade	Pathmark
Red & White	Richfood
Shurfine	ShopRite
Stop & Shop	Super G
Taanug	White Rose

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

STORE BRAND CEREALS

RICE CEREALS

CRISP RICE

Best Yet	IGA
Parade	Pathmark
Red & White	Shurfine
Taanug	White Rose

BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

STORE BRAND CEREALS

RICE CEREALS

CRISPY RICE

Foodtown

Krasdale

Pathmark

Stop & Shop

Super G

White Rose

BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

STORE BRAND CEREALS

RICE CEREALS

SCRUNCHY CRISP

RICE

ShopRite

BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

STORE BRAND CEREALS

OAT CEREALS*

TOASTED OATS

Acme

Flavorite

Krasdale

Pathmark

Red & White

Shurfine

Taanug

America's Choice

Kemach

Parade

Rainbow

Richfood

ShopRite

White Rose

BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

STORE BRAND CEREALS

OAT CEREALS*

TASTEEOS

Best Yet

Foodtown

IGA

Stop & Shop

Super G

BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Regular (plain) - 11.8-oz.
- All cereals marked with an asterisk (*) are whole grain

STORE BRAND CEREALS

OAT CEREALS*

INSTANT OATMEAL

Acme

America's Choice

ShopRite

Stop & Shop

BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

STORE BRAND CEREALS

WHEAT FLAKES*

Kemach

BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

NATIONAL BRAND CEREALS

B & G Foods



BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

NATIONAL BRAND CEREALS

General Mills



BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

NATIONAL BRAND CEREALS

Homestat Farms



BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

NATIONAL BRAND CEREALS

Kellogg's



BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

NATIONAL BRAND CEREALS

Post



Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

NATIONAL BRAND CEREALS

Malt-O-Meal



BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- Plain 12.0-oz. box or larger
- All cereals marked with an asterisk (*) are whole grain

NATIONAL BRAND CEREALS

Quaker



BREAKFAST CEREAL

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

ANY BRAND

Grapefruit Juice

Orange Juice

Orange-Grapefruit Juice

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

APPLE JUICE

Acme

Apple and Eve

Flavorite

Langer's

Musselman's

Nestlé's (Juicy Juice)

Red and White

Seneca

Shurfine

White Rose

America's Choice

IGA

Lucky Leaf

Nature's Own

Old Orchard

Richfood

ShopRite

Stop & Shop

Tipton Grove

Weis

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

CRANBERRY JUICE

Apple & Eve

Langer's

Northland

Shurfine

Stop & Shop

Weis

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

GRAPE JUICE

Acme Purple

Acme White

America's Choice Purple

America's Choice White

Krasdale

Langer's Purple

Langer's Red

Langer's White

Lotsa Purple

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

GRAPE JUICE

Nature's Own
Old Orchard Purple
Old Orchard White
Richfood Purple
Richfood White
Seneca White
Shurfine Purple
Shurfine White
Stop & Shop Purple

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-Refrigerated**
GRAPE JUICE

Stop & Shop White

Tipton Grove

Welch's Red

Welch's Purple

Welch's White

Weis Purple

Weis White

White Rose Purple

White Rose White

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

PINEAPPLE JUICE

Langer's
Shurfine

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

TOMATO JUICE

Langer's
Shurfine

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

VEGETABLE JUICE

Acme

America's Choice

Diane's Garden

Langer's Vegetable

Langer's Spicy Vegetable

V-8 Original

V-8 Original (low-sodium)

White Rose

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

JUICE BLENDS

ACME

Berry

Cherry

APPLE & EVE

Cranberry-Raspberry

Cranberry-Pomegranate

Cranberry-Grape

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

JUICE BLENDS

AMERICA'S CHOICE

Berry Flavored Blends

LANGER'S

Apple-Cranberry

Apple-Grape

Apple-Orange-Pineapple

Harvest Apple Plus

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

JUICE BLENDS

LOTSAs

Berry

Cherry

NESTLÉ'S JUICY JUICE

(ANY FLAVOR except Harvest
Surprise)

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

JUICE BLENDS

NORTHLAND

Cranberry-Raspberry

Cranberry-Grape

Cranberry-Blackberry

Cranberry-Blueberry

Cranberry-Pomegranate

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**
JUICE BLENDS

OLD ORCHARD

Apple-Cranberry

Red Raspberry

Berry Blend

Peach-Mango

Wild Cherry

Kiwi-Strawberry

Cherry-Pomegranate

Blueberry-Pomegranate

Acai-Pomegranate

Cranberry-Pomegranate

Effective Date: January 17, 2011

100% JUICE

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

JUICE BLENDS

SHURFINE

Cranberry Blend

Cranberry-Apple

Cranberry-Raspberry

STOP & SHOP

Berry

Simple Juice Cherry

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

JUICE BLENDS

WEGMANS

Apple-Grape

Berry

White Grape-Cranberry

White Grape-Peach

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. PLASTIC BOTTLE ONLY**
- **Non-refrigerated**

JUICE BLENDS

WEIS

Cranberry & Apple

Cranberry & Grape

Cranberry & Raspberry

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **64-OZ. REFRIGERATED PAPER CARTONS ONLY**

ANY BRAND

Grapefruit Juice

Orange Juice

Orange-Grapefruit Juice

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **11.5-OZ. CAN ONLY
SHELF-STABLE POURABLE
CONCENTRATE**
- Welch's 100% Juice Pourable Concentrate
- Any Flavor

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **11.5-12.0 OZ. CAN ONLY FROZEN CONCENTRATE**

ANY BRAND

Grapefruit Juice

Orange Juice

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **11.5-12.0 OZ. CAN ONLY FROZEN CONCENTRATE**

APPLE JUICE

Acme

Florida Gold

Old Orchard

Seneca (red label)

ShopRite

Shurfine

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **11.5-12.0 OZ. CAN ONLY FROZEN CONCENTRATE**

GRAPE JUICE

Florida Gold Purple

Seneca Purple

Welch's Purple (yellow lid/tear strip)

Welch's White (yellow lid/tear strip)
(plain or any blend flavors)

PINEAPPLE JUICE

Dole

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **11.5-12.0 OZ. CAN ONLY FROZEN CONCENTRATE**

JUICE BLENDS

DOLE

Orange-Strawberry-Banana

Pine-Orange-Strawberry

Orange-Peach-Mango

Pine-Orange-Banana

Pine-Orange

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **11.5-12.0 OZ. CAN ONLY FROZEN CONCENTRATE**

JUICE BLENDS

WELCH'S

White Grape-Raspberry

White Grape-Cranberry

White Grape-Pear

White Grape-Peach

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **48.0-OZ. BOTTLE ONLY**
- **Non-refrigerated**

APPLE & EVE

Apple

AMERICA'S CHOICE

Vegetable

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **48.0-OZ. BOTTLE ONLY**
- **Non-refrigerated**

LUCKY LEAF

Apple

NESTLÉ'S JUICY JUICE

Apple

Grape

Orange-Tangerine

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - ALLOWED

- **48.0-OZ. BOTTLE ONLY**
- **Non-refrigerated**

WHITE ROSE

Grape

100% JUICE

Effective Date: January 17, 2011

WIC CHECK - NOT ALLOWED

- Products that are not 100% juice (drinks, ades, nectars, beverages, Hi-C, cocktails, twisters, coolers, punches, splashes, juices with added sugar or sugar substitute, DHA/ARA); any juice not listed; no baby juices

The CVV will be rejected by the bank if the amount entered on it is over the “Not to Exceed Amount”.

Cash-Value Voucher (CVV) - ALLOWED

- Any variety of fresh, whole, or cut fruits and vegetables
- Plain salad mixes, coleslaw, and greens in a bag
- Plain fruit or plain vegetables in any container
- Fruits and vegetables do not have to be locally grown

**FRESH FRUITS AND
VEGETABLES**

Effective Date: January 17, 2011

The CVV will be rejected by the bank if the amount entered on it is over the "Not to Exceed Amount".

Cash Value Voucher (CVV) - NOT ALLOWED

FRESH FRUITS AND VEGETABLES

- **White potatoes** (i.e. Idaho, Russet, Golden, Red, etc.)
- Items from the salad bar, party platters or trays, fruit baskets, decorative vegetables and fruits, dried fruit, dried vegetables, herbs (except onions and garlic), and spices
- Nuts, including peanuts, fruit-nut mixtures
- Fruits and vegetables with dips, dressings or other ingredients

Effective Date: January 17, 2011

The CVV will be rejected by the bank if the amount entered on it is over the “Not to Exceed Amount”.

Cash-Value Voucher (CVV) - ALLOWED

- Any brand
- Metal cans only
- Any size
- Pastes, purees, whole, crushed tomatoes

**CANNED TOMATO
PRODUCTS**

Effective Date: January 17, 2011

The CVV will be rejected by the bank if the amount entered on it is over the "Not to Exceed Amount".

Cash Value Voucher (CVV) - NOT ALLOWED

CANNED TOMATO
PRODUCTS

- Soups, sauces (pizza, spaghetti, or tomato), stewed tomatoes, diced tomatoes
- Added sugars, seasonings, fats, oils
- Salsa

Effective Date: January 17, 2011

The CVV will be rejected by the bank if the amount entered on it is over the "Not to Exceed Amount".

Cash-Value Voucher (CVV) - ALLOWED

- Any brand
- Any plain vegetables or plain mixed vegetables (without white potatoes)
- Metal cans only
- Any size
- Regular or low sodium

CANNED VEGETABLES

Effective Date: January 17, 2011

The CVV will be rejected by the bank if the amount entered on it is over the "Not to Exceed Amount".

Cash Value Voucher (CVV) - NOT ALLOWED

CANNED VEGETABLES

- White potatoes, sweet potatoes, yams, sauerkraut
- Pickles or creamed vegetables (including corn)
- Baked beans, pork and beans, black beans, black-eyed peas, garbanzo beans, kidney beans, lima beans, pinto beans, navy beans, soybeans, split peas, lentils, other mature legumes
- Soups, ketchup, relish, olives
- Products with added sugar, fats, oils, condiments

Effective Date: January 17, 2011

The CVV will be rejected by the bank if the amount entered on it is over the "Not to Exceed Amount".

Cash-Value Voucher (CVV) - ALLOWED

- Any brand
- Any plain vegetable or plain mixed vegetables (without white potatoes)
- Any package type (bag, box)
- Any size (except single-serving packages)
- With or without salt

FROZEN VEGETABLES

Effective Date: January 17, 2011

The CVV will be rejected by the bank if the amount entered on it is over the "Not to Exceed Amount".

Cash Value Voucher (CVV) - NOT ALLOWED

FROZEN VEGETABLES

- White potatoes, French fries, hash browns, tater tots, other shaped white potatoes
- Vegetables with sauces, like cheese sauce or any other type of sauce
- Seasoned, flavored or breaded
- Products with added sugar, fats, oils, condiments
- Vegetables mixed with pasta, rice, or any other ingredient

Effective Date: January 17, 2011

The CVV will be rejected by the bank if the amount entered on it is over the "Not to Exceed Amount".

Cash-Value Voucher (CVV) - ALLOWED

- Any brand packed in water or juice
- Any plain fruit or plain mixed fruit (except fruit cocktail)
- Metal cans only
- Any size (except single-serving packages)
- Products with artificial sweeteners

CHOOSE CANS THAT SAY:

- "In its own juice," "in pear juice from concentrate," "in unsweetened pineapple juice"
- "Naturally sweet"
- "100% pure fruit and juice," "100% natural"
- "No sugar added," "unsweetened"

CANNED FRUIT

Effective Date: January 17, 2011

The CVV will be rejected by the bank if the amount entered on it is over the “Not to Exceed Amount”.

Cash Value Voucher (CVV) - NOT ALLOWED

CANNED FRUIT

- Fruit cocktails, cranberry sauce, pie fillings
- Products packed in syrup (heavy, light, naturally light, extra light, etc.)
- Added sugar, salt, fat, oils
- Single-serving packages

Effective Date: January 17, 2011

The CVV will be rejected by the bank if the amount entered on it is over the “Not to Exceed Amount”.

Cash-Value Voucher (CVV) - ALLOWED

- Any brand with no added sugar
- Any plain fruit or plain fruit mixture
- Any package type (bag, box)
- Any size

FROZEN FRUIT

Effective Date: January 17, 2011

The CVV will be rejected by the bank if the amount entered on it is over the “Not to Exceed Amount”.

Cash Value Voucher (CVV) - NOT ALLOWED

- Ingredients other than fruit (including sugar)
- Products packed in tubs

FROZEN FRUIT

Effective Date: January 17, 2011