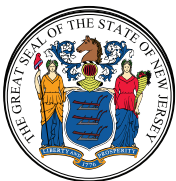


Tailored Monthly Food Package • Nutrition Education • Breastfeeding Support • Health Care Referrals



# Better health from the start **starts here.**

The New Jersey Department of Health's WIC program provides tailored monthly food packages, nutrition education, breastfeeding support and health care referrals to qualified families, so that you can **feed your child a better future.**



**Feed your children a better future.**

Find out more at [nj.gov/health](http://nj.gov/health) or call **800-328-3838**