

GUIDE to INFORMATION and EDUCATION TRAINING SESSIONS

SEPTEMBER – DECEMBER, 2008

Key:

TBD – to be determined

PCT – Person Centered Thinking

ELP – Essential Lifestyle Planning

Housing Panels

Family Forums

Life Line for the Journey

Pathways to Adult Life

Life After 21 Parts I and II

Families Planning Together

INFORMATION and TRAINING GUIDE

DESCRIPTIONS

Person Centered Thinking

Person Centered Thinking is an approach to planning intended to change the way we plan, design, and deliver supports. This workshop provides an introduction to the philosophy and values of person centered thinking that is essential in developing the skills needed for effective plan writing and implementation.

Who should attend?

Open to all individuals with disabilities and their families. Highly recommended for families with school age children, families planning for Transition to Adult-life, and individuals living in Developmental Centers. Also open to Division of Developmental Disabilities (DDD) staff, Agency representatives, and personnel working at Developmental Centers.

Length of training: 2 days, 9:30 AM – 3:30 PM each day.

Essential Lifestyle Planning: **Prerequisite: Completion of Person Centered Thinking**

Essential Lifestyle Planning is an approach to person-centered planning intended to change the way we plan, design, and deliver supports. This workshop is designed for those interested in learning to write Essential Lifestyle Plans. Participants will learn how to gather information to produce powerful and easy to use plans.

Who should attend?

Open to all individuals with disabilities and their families. Highly recommended for families with school age children, families planning for Transition to Adult-life, and individuals living in Developmental Centers. Also, open to The Division of Developmental Disabilities (DDD) staff, Agency representatives, including personnel working at Developmental Center.

Length of training: 3 days, 9:30 AM – 3:30 PM each day

Life Line for the Journey:

This is an interactive information session is designed to help people learn about different systems that may touch the life of your family member, what each has to offer, and what some of the similarities and differences are among them. You are invited to discover what your next steps might be to help your child and your family.

Who should attend?

Families of children birth to age 14

Pathways to Adult Life

This information and education session will focus primarily on the years of transition from high school to adult life. All young people ask the same questions: What will I do? Where will I live? Will I work, or go, on to more education. The answers to questions are addressed in this workshop. This session will assist individuals with disabilities and their families with making informed choice during their transition from education to adult services.

Who should attend?

Families of children between the ages of 14 and 20

Life After 21 – Transition Workshop Part I:

This session provides skills and tools to plan supports and services based on individual needs. Resource information regarding Day Program/Day Service options is distributed to participants.

Life After 21 – Transition Workshop Part II:

This information and education session provides information of the Division of Developmental Disabilities (DDD) Traditional Day Program Supports and DDD Self-Directed options (formerly Real Life Choices for Transition) and “The Provider Market Place” is an opportunity for families to become acquainted with Agencies providing supports and services for their neighborhoods.

Who should attend?

Families and students with disabilities who are leaving educational entitlements and moving towards adult service eligibility. Students between the ages of 19 and older.

Families Planning Together:

This is an opportunity for families to use the tools, the training and opportunities to learn to gather information that can be entered into an Essential Lifestyle Plan and opportunities for families to network and share information. It is offered during the Spring.

Prerequisite:

Life After 21

Family Forum

The Developmental Disabilities Family Education Project helps families to: envision possibilities for a family member in community living learn about and participate in the transition process and, provide to a family member throughout the transition to community living. Family Forums are held four times per year by the Developmental Disabilities Education Project to provide families with a picture of how community living is working for people who have transitioned from developmental centers. At meetings like the Family Forum, families, provider agencies, and individuals share stories of successes and lessons learned in making the transition.

Who should attend?

Anyone person of a family member who is considering transitioning from a developmental center into the community or is curious about community living is invited to attend.

Length of forum: 9:30 a.m. to 1:00 p.m.

NEW BEGINNINGS FAMILY MEETINGS:

New Beginnings is an introduction to the transition process and opportunities in community living.

Who should attend?

Anyone person of a family member who is considering transitioning from a developmental center into the community or is curious about community living is invited to attend.

Length of meeting: 1:00 p.m. to 3:00 p.m.

Housing Panel

Adults who are living in or are in the process of moving into their own homes, their parents, staff from Real Life Choices, Housing Specialists who assist individuals locate their own homes, and Attorneys skilled in the nuts and bolts of Special Needs Trusts and other legal issues all provide information on the practical and technical aspects of moving into Supportive Housing. Persons with disabilities and their family members also have the opportunity to share information with each other and continue to learn about independent community based housing that people with developmental disabilities are choosing and using with success.

Who should attend?

Recommended for families of people living in Developmental Centers or those who are part of the Real Life Choices Systems including personnel working at Developmental Center.

Length of panel discussion: 10:30 a.m. to 12:30 p.m.

The Self-Directed Classroom

The Self-Directed Classroom are a series of six training session Modules intended to provide education, guidance and information to individuals and families of people with disabilities on how to self-direct. The training modules will provide instruction and give materials on the introduction of Real Life Choices (self-directed supports) how to hire, manage, and discharge direct support professional workers. The workshops will offer detailed, interactive information on how to develop, manage, create and track individual budgets.

Who should attend?

Families and people with disabilities who are preparing to exit the educational entitlement system and explore eligibility.

Length of training: 10:30 a.m. to 12:30 p.m.

**TRAINING AND EDUCATION SESSIONS FOR
SEPTEMBER – DECEMBER, 2008**

DATE	COUNTY	TIME	TRAINING TITLE	LOCATION	PROVIDER	CONTACT INFORMATION REGISTRAR
September 16	Morris	11:00 a.m. - 1:30 p.m.	Life After 21	Learning Resource Center – North 322 American Road Morris Plains, NJ 07950	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
September 17	Ocean	9:30 a.m. – 3:30 p.m.	PCT	Arc of Ocean 815 Cedar Bridge Ave. Lakewood, NJ 08701	Neighbours, Inc.	609-275-0606 Anne Romano anneromano@neighbours-inc.com
September 17	Middlesex	6:00 p.m. – 8:30 p.m.	Life After 21	The Raritan Valley Academy 1690 Stelton Road Piscataway, NJ 08854 Morris Plains, NJ 08854	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
September 19	Burlington	9:30 am – 12:30 p.m.	Family Forum	Double Tree Suites Fellowship Road Mt. Laurel	DD Family Education & Information Project UMDNJ	732-235-3910 Lynn Boettinger boettily@umdnj.edu
September 22	Passaic	6:00 p.m. – 8:30 p.m.	Life After 21	Wayne Public Library 461 Valley Road Wayne, NJ 07470	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
September 22	Mercer	10:00 a.m. – 12:00 p.m.	Lifeline for the Journey	Mercer County Library-Headquarters 2751 Brunswick Pike Lawrenceville, NJ 08648	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
September 23	Somerset	11:00 a.m. – 1:30 p.m.	Life After 21	Franklin Township Library 485 DeMott Lane Somerset, NJ 08873	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
September 24	Essex	10:30 a.m. – 12:30 p.m.	Self-Directed Classroom	Millburn Public Library 200 Glen Avenue Millburn, NJ 07041	Neighbours, Inc	609-275-0606 Anne Romano anneromano@neighbours-inc.com

			Module 2			
September 27	Passaic	11:00 a.m. – 1:00 p.m.	Lifeline for the Journey	Wayne Public Library 461 Valley Road Wayne NJ 07470	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
October 1	Ocean	9:30 a.m. – 3:30 p.m.	PCT	Arc of Ocean 815 Cedar Bridge Ave. Lakewood, NJ 08701	Neighbours, Inc.	609-275-0606 Anne Romano anneromano@neighbours-inc.com
October 4	Monmouth	10:30 a.m. – 1:00 p.m.	Pathways to Adult-Life	Arc of Monmouth 1158 Wayside Road Tinton Falls, NJ 07410	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
October 7	Passaic	6:00 p.m. – 8:00 p.m.	Lifeline for the Journey	Wayne Public Library 461 Valley Road Wayne, NJ 07470	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
October 7, 8	Mercer	9:30 a.m. – 3:30 p.m.	PCT	DDD Lower Central Office North Broad Street Trenton, NJ	Neighbours, Inc.	609-275-0606 Anne Romano anneromano@neighbours-inc.com
October 8	Essex	10:30 a.m. - 12:30 p.m.	Self-Directed Classroom Module 1	Millburn Public Library 200 Glen Avenue Millburn, NJ 07041	Neighbours, Inc	609-275-0606 Anne Romano anneromano@neighbours-inc.com
October 10	Mays Landing	11:00 a.m. – 1:00 p.m.	Life After 21	Mays Landing Library 40 Farragut Avenue Mays Landing, NJ 08330	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
October 11	Passaic	10:30 a.m. – 1:00 p.m.	Pathways to Adult Life	Wayne Public Library 461 Valley Road Wayne, NJ 07470	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
October 15	Burlington	6:00 p.m. – 8:030p.m.	Life After 21	Burlington County Human Services 795 Woodlane Road Mt. Holly, NJ 08060	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
October 20	Union	6:00 p.m. – 8:30 p.m.	Life After 21	Millburn Public Library 200 Glen Avenue Millburn, NJ 07041	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org

October 22	Ocean	11:00 a.m. – 1:30 p.m.	Life After 21	Ocean County Library Toms River Branch 101 Washington Street Toms River, NJ 08753	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
October 22	Passaic	1:00 p.m. – 3:00 p.m.	New Beginnings Family Meeting	Clifton Library Clifton, NJ	DD Family Education & Information Project	732-235-3910 Lynn Boetting boettily@umdnj.edu
October 22	Essex	10:30 a.m. – 12:30 p.m.	Self-Directed Classroom Module 3	Millburn Public Library 200 Glen Avenue Millburn, NJ 07041	Neighbours, Inc	609-275-0606 Anne Romano anneromano@neighbours-inc.com
October 23	Ocean	1:00 p.m. – 3:00 p.m.	New Beginnings Family Meeting	Brick Library Brick, NJ	DD Family Education & Information Project	732-235-3910 Lynn Boettinger boettily@umdnj.edu
October 24	Gloucester	10:00 a.m. – 12 Noon	New Beginnings Family Meeting	Learning Resource Center Sewell, J	DD Family Education & Information Project	732-235-3910 Lynn Boettinger boettily@umdnj.edu
October 24	Morris	10:00 a.m. – 12:30 p.m.	Pathways to Adult Life	Learning Resource Center North Satellite Morris Plains, NJ 07950	Family Support Center of New Jersey	732-528-8080 Laura Kay laura.kay@fscnj.org
October 31, 31	Mercer	9:30 a.m. – 3:30 p.m.	PCT	The Arc of Mercer County 180 Ewingville Road Ewing, NJ 08638	The Boggs Center	732-235-9327 Beth Ong elizabeth.ong@umdnj.edu
November 1	Essex	10:00 a.m. – 12:00 p.m.	New Beginnings Family Meeting	Rahway Hospital Rahway, NJ	DD Family Education & Information Project	732-235-3910 Lynn Boettinger boettily@umdnj.edu
November 14	Cumberland	9:30 a.m. – 12:00 p.m.	Family Forum	Holiday Inn Express 398 Smith St. Vineland, NJ 08360	DD Family Education & Information Project	732-235-3910 Lynn Boettinger boettily@umdnj.edu

December 11, 12	Essex	9:30 a.m. – 3:30 p.m.	PCT	Center for Family Support 795 Main Street Hackensack, NJ	The Boggs Center	732-235-9327 Beth Ong elizabeth.ong@umdnj.edu
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Revised: 9/05/08

The Guide to Information and Education Training Sessions is collaboration between Neighbours, Inc., the Division of Developmental Disabilities (DDD), the Family Support Network of New Jersey, Caregivers, Values Into Action, and The Elizabeth M. Boggs Center on Developmental Disabilities (NJ's University Center for Excellence – UMDNJ) Family Developmental Disabilities Education Project, School of Public Health, (UMDNJ).