

### Olmstead at a glance

*In 1999, the United State Supreme Court issued a landmark decision in *Olmstead v. L.C.* , affirming that the Americans with Disabilities Act (ADA) protects a person with a disability from being unnecessarily institutionalized. The decision favored unrestricted, but supported, community placements for individuals with disabilities. In accordance with this assessment, the Department of Human Services' Division of Developmental Disabilities is working with residents in the state's seven developmental centers to advance community placement opportunities. The steps included in the Olmstead process are listed below:*

- Survey, recurrently, developmental center residents regarding their desire to live in the community
- Consult with Interdisciplinary teams and residents' guardians to determine residents' placement-readiness.
- Request that residents' guardians submit a Geographic Preference Survey, which provides insight into available providers and placement opportunities in an area in close proximity with loved ones
- Assess residents with like-desires and/or close friendships to establish housemate potential, to facilitate transition
- Base potential housemate groupings on geographic preferences and housemate health and safety
- Review Health and Safety Risk Summary (HSRS), the Supports Needed Checklist (SNC) and the Developmental Disability Resource Tool score (DDRT) to determine continued accuracy
- Allow qualified, available providers to review the HSRS, Service Plan, DDRT level and SNCs for residents individually or collectively, for possible delivery of supports and services
- Schedule select providers to come to the developmental center to meet residents, individually or collectively, and review records with the developmental center staff
- Accept proposals for residential supports or services from interested providers
- Review provider proposals (Program Development Representative, Office of Licensing Representative, Olmstead Project Representative, Transitional Case Manager (TCM), Contract Unit Representative, Community Development Representative, Regional Day Services Representative and Regional Staff) with a rating tool and share with the guardian the top three options
- Await an agency selection by resident/s and guardians
- Complete Essential Lifestyles Plan (ELP) with Interdisciplinary teams (IDTs), Transitional Case Manager (TCM), resident, family and guardian
- Complete pre-transition activities, including housing development, licensing, hiring and training of staff, selection of a day program, etc.

- Develop with the TCM, individual, guardian, provider agency staff and Community Case Manager an individual transition plan ninety days prior to the anticipated move date
- Begin transitional activities, such as shadowing developmental center staff by agency staff, training to agency staff on specifics of behavioral programs, dining programs, self care programs, transfers, use of special equipment etc.
- Hold a Pre-placement Meeting thirty days prior to the move that includes the TCM, resident, provider agency staff and guardian to assure all transition activities are completed and review ELP and HSRS to make any necessary changes.
- Oversee resident's/s' move and regularly assess transition progress