



Department of  
Human Services

Division of  
Disability Services

New Jersey

# RESOURCES



# 2013



State of New Jersey  
DEPARTMENT OF HUMAN SERVICES  
PO Box 700  
TRENTON NJ 08625-0700

CHRIS CHRISTIE  
*Governor*

JENNIFER VELEZ  
*Commissioner*

KIM GUADAGNO,  
*Lt. Governor*

Dear Reader,

I take this opportunity to present the Resources 2013 directory, the thirteenth annual edition published by the New Jersey Department of Human Services' Division of Disability Services (DDS). This publication continues to be one of our department's most sought after resources for people with disabilities, their family members and advocates because of its comprehensive, statewide directory of programs and services.

DDS has successfully provided this consumer friendly, useful tool, which identifies all levels of government, community organizations and professionals working to assist people with disabilities. The publication provides access to up-to-date information that individuals with disabilities, along with their families, may need to flourish in their physical, professional and recreational lives.

As in previous years, this publication also is made available online so that individuals and agencies can access just the services they need and can make copies only as necessary. The website is [www.state.nj.us/humanservices/dds](http://www.state.nj.us/humanservices/dds).

A certified Information and Referral Specialist also can be reached to discuss any individual concerns, problems or issues, and can provide direct assistance by phone at 1-888-285-3036 (toll free).

As always, your comments and suggestions are welcome.

Regards,



Jennifer Velez  
Commissioner

## USING RESOURCES 2013

Resources 2013 provides easy access to information about programs and services available for residents living and working with disabilities, and for families, advocates and professional communities working to assist people with disabilities. The New Jersey Department of Human Services' (DHS) Division of Disability Services developed this directory, and encourages you to contact the Division if you have any questions or difficulty using it.

### REPORTING CORRECTIONS AND UPDATES

The programs and agencies listed in this directory are asked to report any information changes as quickly as possible.

**Submit changes to:**        **Dianna Maurone**  
   **Dianna.Maurone@dhs.state.nj.us**

### NEED ADDITIONAL ASSISTANCE?

Should you require additional or updated information, please call the Division of Disability Services at 1-888-285-3036, and ask to speak to an Information and Referral Specialist.

### DISCLAIMER

The Division of Disability Services reserves the right to publish items selectively, as space permits. Listed items are not necessarily under the jurisdiction of the Department of Human Services, and their listing does not imply program endorsement.

## DIVISION OF DISABILITY SERVICES

**(888) 285-3036**

### CONTACT INFORMATION

Joseph M. Amoroso, Director

**MAILING ADDRESS:** PO Box 705, Trenton, NJ 08625-0705  
**TELEPHONE:** (888) 285-3036 (Toll-Free)  
**FAX:** (609) 631-4365  
**TDD:** (609) 631-4364  
**INTERNET:** [www.state.nj.us/humanservices/dds](http://www.state.nj.us/humanservices/dds)

### EDITOR'S NOTE

Under New Jersey's recently approved Comprehensive Medicaid Waiver, all long-term care (LTC) services for seniors and individuals with physical disabilities, including Home and Community Based and Nursing Facility Services, will be administered by contracted managed care organizations (MCO's) in 2014. This move to managed care, known as Managed Long Term Services and Supports (MLTSS), is motivated by a desire to reduce inefficiencies and provide coordinated care in the LTC system. Programs and services to be transitioned to managed care with the implementation of MLTSS have been identified with an asterisk (\*) in this guide. Should you have questions or require further assistance regarding these changes, please contact the Division of Disability Services at 1-888-285-3036.

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## DIVISION OF DISABILITY SERVICES (DDS)

### MISSION STATEMENT

The New Jersey Department of Human Services' Division of Disability Services promotes and facilitates the maximum independence and participation of people with disabilities in all aspects of community life through active information exchange and the provision of community services. DDS supports and fosters coordination and cooperation among all government agencies.

### OFFICE OF INFORMATION AND ASSISTANCE SERVICES

*"The first place to call for disability-related information."*

#### INFORMATION AND REFERRAL SERVICES

The Division of Disability Services is the single point of entry for all people seeking disability related information in New Jersey. Certified Information and Referral Specialists are available to confidentially discuss issues, to provide information, to assist with problem solving, and to refer individuals to appropriate agencies or services. Use of a customized database allows for calls to be tracked and information to be stored for quality customer service.

#### DDD/DDS CASE MANAGEMENT COLLABORATION

Effective January 2, 2013, individuals under the age of 21, formerly managed by the Division of Developmental Disabilities but assigned to DDS' Office of Information and Assistance Services, were transferred to the Division of Children and Families' Children's System of Care. However, at this time, DDS still remains the primary contact for some individuals under DDD services.

#### TRAUMATIC BRAIN INJURY FUND

The Traumatic Brain Injury (TBI) Fund provides New Jersey residents who have survived a traumatic brain injury the opportunity to access the brain injury related services and supports they need to live in the community. The Fund purchases supports and services to foster independence and maximize quality of life. This Fund is used where insurance, personal resources, and/or public programs are unavailable to meet the needs of the applicant. A portion of the Fund also is used to support public education, outreach, and prevention activities related to TBI.

## OFFICE OF HOME AND COMMUNITY SERVICES

The Office of Home and Community Services is responsible for the administration of three Medicaid Waiver Programs\* serving people with disabilities and is assisting with the transition of Medicaid Personal Care Assistant (PCA) Services to the managed health care model.

#### TRAUMATIC BRAIN INJURY (TBI) WAIVER\*

The TBI Waiver serves people between 21 and 64 who have acquired a brain injury. People in the program receive full Medicaid benefits plus additional services including case management, structured day program, neuropsychology, community residential services, night supervision, respite care and cognitive therapy.

#### AIDS COMMUNITY CARE ALTERNATIVES PROGRAM (ACCAP) WAIVER\*

The ACCAP Waiver serves people with AIDS of any age and children up to age 13 who are HIV positive. It provides full Medicaid benefits plus case management, private-duty nursing, medical day care, expanded personal care assistant services, certain narcotic and drug abuse treatments and hospice care.

#### COMMUNITY RESOURCES FOR PEOPLE WITH DISABILITIES (CRPD) WAIVER\*

All individuals served under this waiver must meet, at a minimum, the "nursing facility level of care," be financially eligible for Medicaid waiver coverage, and require the services offered under the waiver. The waiver is open to individuals with disabilities of all ages. Individuals in the CRPD Waiver Program receive case management for all Medicaid State Plan services. Individuals meeting specific clinical criteria can receive private duty nursing services up to 16 hours per day.

#### MEDICAID PERSONAL CARE ASSISTANT (PCA) SERVICES

Personal Care Assistant Services (PCA) are available statewide and reimbursed by the New Jersey Medicaid Program for adults and children who are eligible for Medicaid services in the community. The purpose of personal care is to accommodate long-term chronic care as provided under Medicaid's home health program. PCA services are health-related tasks performed by qualified staff in an eligible beneficiary's home or workplace, not to exceed 40 hours per week, based on clinical assessment and prior authorization. DDS is no longer administering this program directly but is assisting program recipients with the transition to managed health care and technical assistance.

## **COMMUNITY DISCHARGE INITIATIVE**

DDS has expanded the mission of the Office of Home and Community Services to include community discharge. Staff will assist individuals who have expressed a desire to return to the community to make attainable discharge plans and identify supports and resources.

## **SPECIAL PROJECTS AND INITIATIVES**

### **NJ WORKABILITY**

The WorkAbility program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay a small premium and receive full NJ Medicaid coverage. People with disabilities who are employed and are between the ages of 16 to 64 can qualify for the program with an annual gross earned income of up to approximately \$58,236. (See Page 47)

### **SENIOR COMMUNITY INDEPENDENT LIVING SERVICES PROGRAM (SCILS)**

In collaboration with the Commission for the Blind and Visually Impaired (CBVI), DDS now is administering the SCILS program. SCILS matches seniors that have significant vision impairment with caring compassionate volunteers. These volunteers provide support, assistance and friendship to participants living in the community. Participants can expect their volunteer to spend one to two hours weekly, assisting with various activities such as: reading the mail, running errands, driving to medical appointments, writing letters, helping with grocery shopping and companionship.

### **PERSONAL ASSISTANCE SERVICES PROGRAM (PASP)**

The Personal Assistance Services Program (PASP) is a supplemental, personal care program designed for New Jersey residents, ages 18 to 70, who have a permanent physical disability; are capable of directing their own services; and are either employed, preparing for employment, involved in community volunteer work, or attending school. PASP allows consumers to receive up to 40 hours of service per week, therefore enabling them to maintain their independence in the community. Personal assistants help with such tasks as light housekeeping, bathing, dressing, meal preparation, shopping, driving or using public transportation. (See Page 49)

### **PERSONAL PREFERENCE PROGRAM (PPP): NEW JERSEY CASH AND COUNSELING PROGRAM**

This service allows Medicaid recipients who are eligible for Medicaid PCA services to direct their own care. Through use of a monthly cash allowance, participants work with a consultant to develop a cash management plan by which they decide the services needed and the individuals and/or agencies to provide the identified services. The program requires greater consumer responsibility but offers participants greater control, flexibility and choice. (See Page 49)

## **REALIGNMENT OF SELF DETERMINATION**

DDS has been assigned the project of realigning the Self Determination program in accordance with New Jersey's recently approved Comprehensive Medicaid Waiver.

### **DISABILITY HEALTH AND WELLNESS INITIATIVES**

This project involves health promotion and prevention of secondary conditions for people with disabilities. In addition, it works to improve state surveillance activities, conduct health promotion interventions and facilitate partnerships between state and research or service-based agencies.

### **BENEFITS TO WORK CALCULATOR**

This website is a helpful tool to show how Social Security benefits may change if you take a job. This site is designed to assist job seekers aged 18 to 64. To access the calculator, go to [www.njdb101.org](http://www.njdb101.org).

## **STATUTORY ADVISORY BOARDS AND COUNCILS**

### **NJ ADVISORY COUNCIL ON TRAUMATIC BRAIN INJURY**

The Division of Disability Services, as the state's designated lead agency for brain injury services, serves as staff to the NJ Advisory Council on Traumatic Brain Injury. The Council, mandated under PL 2001, Chapter 332, is composed of 26 members and holds quarterly public meetings, advising the Department of Human Services on matters related to brain injury services.

### **PERSONAL ASSISTANCE SERVICES ADVISORY COUNCIL**

The Personal Assistance Services Program (PASP), under the supervision of the New Jersey Department of Human Services' Division of Disability Services, is required by law to have a statewide PASP Advisory Council. The PASP Advisory Council provides a means for consumers to express opinions and views that will affect the quality of personal assistance in New Jersey. The PASP Advisory Council reviews and evaluates the effectiveness of the program, and makes recommendations to improve the overall program statewide.

## **Employment First Tool Kit**

Need more information  
on disability employment in NJ?  
Visit:

[http://www.state.nj.us/humanservices/  
disabilityemployment.html](http://www.state.nj.us/humanservices/disabilityemployment.html)

## STATE GOVERNMENT AGENCIES

The Office of the Governor, along with the state departments, are listed below. Detailed information on agencies that specifically address the concerns of people with disabilities can be found in the subsequent sections of the directory.

### OFFICE OF THE GOVERNOR

Telephone: (609) 292-6000

FAX: (609) 292-3454

Honorable Chris Christie, Governor  
Honorable Kim Guadagno, Lt. Governor  
State of New Jersey

**State of New Jersey Homepage**

[www.state.nj.us](http://www.state.nj.us)

[www.nj.gov](http://www.nj.gov)

### DEPARTMENT OF LAW & PUBLIC SAFETY

Tel: (609) 292-4925 FAX: (609) 292-3508

### DEPARTMENT OF MILITARY & VETERAN'S AFFAIRS

Tel: (609) 530-6957 FAX: (609) 530-7191

### DEPARTMENT OF THE SECRETARY OF STATE

Tel: (609) 984-1900 FAX: (609) 777-1764

### DEPARTMENT OF TRANSPORTATION

Tel: (609) 530-2000 FAX: (609) 530-2919

### DEPARTMENT OF THE TREASURY

Tel: (609) 292-6748 FAX: (609) 984-3888

## DEPARTMENTS

### DEPARTMENT OF AGRICULTURE

Tel: (609) 292-3976 FAX: (609) 292-3978

### DEPARTMENT OF BANKING & INSURANCE

Tel: (609) 292-7272 FAX: (609) 777-0508

### DEPARTMENT OF CHILDREN & FAMILIES

Tel: (609) 984-4500 FAX: (609) 341-2088

### DEPARTMENT OF COMMUNITY AFFAIRS

Tel: (609) 292-6420 FAX: (609) 984-6696

### DEPARTMENT OF CORRECTIONS

Tel: (609) 292-4036 FAX: (609) 292-9083

### DEPARTMENT OF EDUCATION

Tel: (609) 292-4469 FAX: (609) 777-4099

### DEPARTMENT OF ENVIRONMENTAL PROTECTION

Tel: (609) 292-2885 FAX: (609) 292-7695

### DEPARTMENT OF HEALTH

Tel: (800) 367-6543 FAX: (609) 292-0053  
(609) 292-7837

### DEPARTMENT OF HUMAN SERVICES

Tel: (609) 292-3717 FAX: (609) 292-3824

### DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT

Tel: (609) 292-2323 FAX: (609) 633-9271

### NJ Homeland Security

[www.njhomelandsecurity.gov](http://www.njhomelandsecurity.gov)

866-4-SAFE-NJ

### NJ State Police

[www.njsp.org](http://www.njsp.org)

### NJ Office of Emergency Management

[www.state.nj.us/njoem](http://www.state.nj.us/njoem)

609-882-2000

(for emergencies, call "911")

### Office of Legislative Services

800-792-8630

## DID YOU KNOW?

The NJ Special Needs Registry collects information emergency responders will need to help locate and evacuate people with special needs during an emergency. The registry is completely voluntary and does not disclose your information to anyone outside of the immediate emergency response community.

To register go to: [www.registerready.nj.gov](http://www.registerready.nj.gov). or call 211.

See page 57 for more on disaster preparedness for people with disabilities

## DISABILITY RELATED STATE GOVERNMENT RESOURCES

### FEDERALLY MANDATED DEVELOPMENTAL DISABILITY AGENCIES

#### **NEW JERSEY COUNCIL ON DEVELOPMENTAL DISABILITIES**

The New Jersey Council on Developmental Disabilities is New Jersey's planning body for developmental disabilities issues. Members are appointed by the governor and approved by the New Jersey Senate. The Council include people with developmental disabilities and parents or guardians; non-governmental service providers; and representatives from state agencies that provide services to people with developmental disabilities and to their families.

The Council develops and monitors the State Plan for Services to People with Developmental Disabilities, administers the federally assisted Basic State Grant Program, and publishes *People With Disabilities and Families* magazine.

#### **New Jersey Council on Developmental Disabilities**

PO Box 700

Trenton, NJ 08625-0700

Telephone: (800) 792-8858 (toll free)

(609) 292-3745

TDD: (609) 777-3238

FAX: (609) 292-7114

Alison Lozano, Ph.D., Executive Director

[www.njddc.org](http://www.njddc.org)

#### **NEW JERSEY COUNCIL ON DEVELOPMENTAL DISABILITIES AT A GLANCE**

- Family Support
- Women's Health
- Partners In Policymaking
- The Monday Morning Project
- Inclusive Education

For Information: (609) 292-3745

#### **DISABILITY RIGHTS NEW JERSEY**

Disability Rights New Jersey (DRNJ) is a non-profit consumer-directed organization that serves as New Jersey's federally funded agency for people with disabilities.

The program was established to advocate the rights of citizens with disabilities in the areas of guardianship, habilitation, medical treatment, education, employment, protection from harm, transportation, and other civil rights. It provides legal services and responds to complaints from individuals and their

families, as well as from community groups. It also provides training for people with disabilities and their families to assist them to advocate for themselves.

In 1997, DRNJ assumed administration of the federally funded New Jersey Technology Assistive Resource Program (TARP), now known as the Assistive Technology Advocacy Center (ATAC), which works to make assistive devices and services more accessible to consumers.

#### **Disability Rights New Jersey**

210 South Broad Street, 3rd Floor

Trenton, NJ 08608

Telephone: (609) 292-9742

Toll Free: (800) 922-7233

TDD: (609) 633-7106

FAX: (609) 777-0187

Joseph B. Young, Esq., Executive Director

[www.drnj.org](http://www.drnj.org)

#### **DISABILITY RIGHTS NEW JERSEY AT A GLANCE**

- Protection and Advocacy for Persons with Developmental Disabilities (PADD)
- Protection and Advocacy for Individuals with Mental Illness (PAIMI)
- Protection and Advocacy of Individual Rights (PAIR)
- Client Assistance Program (CAP)
- Protection and Advocacy for Assistive Technology (PAAT)
- Healthcare Consumer Assistance Program (HCCAP)
- Assistive Technology Advocacy Center (ATAC)
- Protection and Advocacy for Individuals with Traumatic Brain Injury
- Protection and Advocacy for Beneficiaries of Social Security (PABSS)
- Protection and Advocacy for Voter Access (PAVA)

For Information: (800) 922-7233



## ELIZABETH M. BOGGS CENTER ON DEVELOPMENTAL DISABILITIES

“A UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL DISABILITIES EDUCATION, RESEARCH, AND SERVICE”

The Elizabeth M. Boggs Center on Developmental Disabilities, UMDNJ-Robert Wood Johnson Medical School values the diversity and worth of all people, and promotes the full membership and contribution of children and their families in all aspects of community life.

Through partnerships and collaborations, The Boggs Center fulfills this mission in a culturally competent manner by providing community training and technical assistance, interdisciplinary preservice preparation of students and fellows, and dissemination of information, research findings, and educational materials.

### BOGGS CENTER AT A GLANCE

The Boggs Center addresses the needs of communities, people with disabilities, and families through activities in the focus areas of:

- Early Intervention and Education
- Self-Determination and Employment
- Community Supports
- Health

For Information: (732) 235-9300  
<http://rwjms.umdj.edu/boggscenter>

### The Elizabeth M. Boggs Center on Developmental Disabilities

UMDNJ-Robert Wood Johnson Medical School  
335 George Street, 3rd Floor, PO Box 2688  
New Brunswick, NJ 08903-2688  
Telephone: (732) 235-9300  
FAX: (732) 235-9330  
Deborah Spitalnik, Ph.D., Executive Director  
<http://rwjms.umdj.edu/boggscenter>

## KEYS TO SUCCESSFUL SELF-ADVOCACY

- ✍ **Make sure you have an accurate understanding of what is needed** - When advocating for equipment or services, make sure you have all the details and product information. If insurance is being used, ask if there are preset guidelines or requisite information. This will save time during the application process.
- ✍ **Be prepared to assist professionals who may have limited experience** - Your family doctor may be great, but he or she may have little or no experience in writing prescriptions for wheelchairs. Add your productive two-cents by discussing your needs, and giving as much detail as possible about what you are looking for. Some consumers prefer to use agencies for equipment and service evaluations before approaching a doctor for authorization.
- ✍ **Understand your insurance benefits** - Review the terms of each program and policy. Pay careful attention to co-pays, service limits, replacement, and equipment ownership. These issues become especially important for parents with children, who will outgrow equipment, or whose functional abilities may change with time. Remember, you may always appeal an insurance company's decision in the event of a denial, even an HMO.
- ✍ **Seek help from others who have succeeded** - Peer support is the greatest tool to an advocate. The information that you get from peers can be priceless. Learn from those who have done it before.
- ✍ **Keep accurate notes** - Include dates, all contact names, and phone numbers.
- ✍ **Find the line between advocacy and aggression** - Successful advocates let the system work for them. Allow professionals to do their jobs. Stay vigilant, but don't be a pest.
- ✍ **Be prepared to wait** - Most agencies have waiting lists, processing periods, and lots of paperwork to be done. This takes time, so be prepared for some delays.

## **DEPARTMENT OF HUMAN SERVICES**

DHS provides support services for people with disabilities, seniors, individuals and families with low incomes; people with mental illnesses, people with addictions, people who are blind, visually impaired, deaf, hard of hearing, or deaf-blind; parents needing child care services, child support and/or healthcare for their children; and families facing catastrophic medical expenses for their children.

### **COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI)**

The Commission for the Blind and Visually Impaired (CBVI), established in 1910, is one of the oldest, continually operating agencies in New Jersey state government. It provides a wide range of educational services for children, vocational rehabilitation services for older teens and adults, and independent living services for people of all ages in New Jersey who are blind or visually impaired. CBVI also offers a number of special programs and services that address specific needs of individuals who are blind or visually impaired. CBVI programs and services are available to any New Jersey resident who meets the vision criteria. Depending on family income, some people who apply are required to pay a share of the cost of programs or services.

### **COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI) - CENTRAL OFFICE**

PO Box 47017

153 Halsey Street, 6th Floor

Newark, NJ 07101

Telephone: (877) 685-8878 (973) 648-3333

FAX: (973) 648-3389

#### **CBVI FIELD OFFICES:**

##### **CBVI Metro/Northern Region Office**

PO Box 47017

153 Halsey Street, 5th Floor

Newark, NJ 07101

Telephone: (973) 648-2111

(Bergen, Essex, Hudson, Morris, Passaic, Sussex, and Warren counties)

##### **CBVI Hammonton Office**

40 North Whitehorse Pike

Hammonton, NJ 08037

Telephone: (609) 704-6000

(Atlantic, Cape May, Cumberland, and Salem counties)

##### **CBVI Southern Region Office**

2201 Route 38 East, Suite 600, Cherry Hill, NJ 08002

Telephone: (856) 482-3700

(Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem counties)

### **OFFICE OF THE COMMISSIONER**

PO Box 700

Trenton, NJ 08625-0700

Telephone: (609) 292-3717

FAX: (609) 292-3824

### **HOTLINES**

**Good Neighbors (877) DHS-LINE**

**Senior Information Line (800) 792-8820**

**PAAD/Senior Gold Hotline (800) 792-9745**

**NJ Addictions Hotline (800) 238-2333**

**NJ Mental Health Cares (866) 202-HELP**

**New Jersey EASE (877) 222-3737**

#### **CBVI Central Region Office**

1510 Hooper Avenue, Suite 240, Toms River, NJ 08753

Telephone: (732) 255-0723

(Hunterdon, Monmouth, Mercer, Middlesex, Ocean, Somerset, and Union counties)

#### **CBVI JOSEPH KOHN REHABILITATION CENTER**

130 Livingston Avenue, New Brunswick, NJ 08901

Telephone: (732) 937-6363

#### **DIVISION OF AGING SERVICES**

The newly created Division of Aging Services (DOAS) is responsible for many of the programs formerly held under the Department of Health and Senior Services including Pharmaceutical Assistance to the Aged and Disabled (PAAD), Senior Gold, Adult Protective Services, Lifeline Utility Assistance, and Hearing Aid Assistance to the Aged and Disabled. DOAS also functions as the lead agency for services to seniors and is tasked with developing a system of managed long-term supports and services in fiscal year 2013.

#### **DIVISION OF AGING SERVICES\***

PO Box 715

Trenton, NJ 08625-0807

Telephone: (609) 588-7997

FAX: (609) 631-4668

#### **Division of Aging Services At A Glance**

- PAAD/Senior Gold
- GO Waiver\*
- Aging and Disability Resource Connection (ADRC)
- Alzheimer's Day Services
- Adult Protective Services
- Lifeline Utility Assistance
- New Jersey EASE

## **DIVISION OF THE DEAF AND HARD OF HEARING**

The Division of the Deaf and Hard of Hearing (DDHH) serves people in New Jersey who are deaf or hard of hearing by providing advocacy, employment and vocational opportunities, and by assisting with a wide variety of social, legal, medical, educational, and recreational issues. DDHH distributes Text Telephone equipment and Voice Carryover Phones to assist individuals in their daily activities, and also publishes a monthly newsletter.

## **DIVISION OF THE DEAF AND HARD OF HEARING**

PO Box 074

Trenton, NJ 08625-0074

Telephone (Voice/TTY):(800) 792-8339

FAX: (609) 588-2528

## **DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)**

The Division of Developmental Disabilities (DDD) provides funding for services and supports that assist individuals age 21 and older with developmental disabilities. Most services are offered in the community by more than 300 community provider agencies. To receive DDD services, an individual must meet functional criteria eligibility and Medicaid eligibility. Functional criteria consist of a severe, chronic physical and/or intellectual disability that manifests in the developmental years (before age 22), is life-long, and substantially limits at least three of these life activities: self-care, learning, mobility, communication, self-direction, economic self-sufficiency and the ability to live independently. All individuals must maintain Medicaid eligibility in order to receive services through the Division.

**Qualifying conditions may include** cerebral palsy, epilepsy, spina bifida, autism or a neurological impairment.

### **DDD funds three types of services:**

- Day services, including supports for people who are employed
- Residential services that support an individual in the community
- Services that support a family caring for a loved one at home

## **DIVISION OF DEVELOPMENTAL DISABILITIES (DDD) - CENTRAL OFFICE**

PO Box 726, Trenton, NJ 08625-0726

Telephone: (800) 832-9173 (609) 631-2200

FAX: (609) 631-2217

## **DDD COMMUNITY SERVICES REGIONAL OFFICES:**

### **Northern Region**

1B Laurel Drive, Flanders, NJ 07836

Telephone: (973) 927-2600 FAX: (973) 927-2689

(Morris, Sussex and Warren Counties)

100 Hamilton Plaza, 7th Floor

Paterson, NJ 07505

Telephone: (973) 977-4004 FAX: (973) 279-5069

(Bergen, Hudson and Passaic Counties)

### **Upper Central Region**

110 East Fifth Street

Plainfield, NJ 07060

Telephone: (908) 226-7800 FAX: (908) 412-7900

(Union County)

275 Green Brook Road, 2nd Floor

Green Brook, NJ 08812

Telephone: (732) 424-3301

(Somerset County)

153 Halsey Street, 2nd Floor

PO Box 47013, Newark, NJ 07101

Telephone: (973) 693-5080 FAX: (973) 648-3999

(Essex County)

### **Lower Central Region**

120 South Stockton Street

P.O. Box 706

Trenton, NJ 08625

Telephone: (609) 292-1922 FAX: (609) 292-2645

(Hunterdon, Mercer and Middlesex Counties)

Juniper Plaza, Suite 1-J

3499 Route 9 North, Freehold, NJ 07728

Telephone: (732) 863-4500 FAX: (732) 863-4406

(Monmouth and Ocean Counties)

### **Southern Region**

2 Echelon Plaza

221 Laurel Road, Suite 210

Voorhees, NJ 08043

Telephone: (856) 770-5900 FAX: (856) 770-5935

(Burlington, Camden and Gloucester Counties)

5218 Atlantic Avenue, Suite 205

Mays Landing, NJ 08330

Telephone: (609) 476-5200 FAX: (609) 909-0656

(Atlantic, Cape May, Cumberland, and Salem Counties)

## **DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES**

The Division of Mental Health and Addiction Services (DMHAS) serves adults with serious and persistent mental illnesses. Central to the mission is the fact that everyone is entitled to dignified and meaningful lives. DMHAS operates psychiatric hospitals, monitors and helps fund psychiatric services provided by a number of county hospitals, and contracts with more than 120 agencies for a wide range of community mental health services. Services may be accessed by contacting a County Mental Health Administrator or a county screening center.

## **DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES**

PO Box 727

Trenton, NJ 08625-0727

Telephone: (800) 382-6717 (609) 777-0702

FAX: (609) 777-0662

### **NJMentalHealthCares**

NJMentalHealthCares is New Jersey's mental health information and referral service. Our staff of mental health professionals use their experiences and understanding of the mental health system to connect you to the information and services you need!

**(866) 202-HELP (4357) TTY: (877) 294-4356**

[www.njmentalhealthcares.org](http://www.njmentalhealthcares.org)

**8:00 a.m. - 8:00 p.m.**

- Connects to mental health services, including: inpatient and outpatient services, rehabilitation services, self-help services, legal, housing, employment, mental health education, and more!
- Provides assistance in finding services, not crisis intervention. If you feel you need emergency psychiatric services, please call your local crisis center (listed on page 17).

## **DIVISION OF MEDICAL ASSISTANCE AND HEALTH SERVICES**

PO Box 712

Trenton, NJ 08625-0712

Telephone: (609) 588-2600

FAX: (609) 588-3583

**For Medical Assistance Customer Centers (MACCs), See Page 39**

## **DIVISION OF FAMILY DEVELOPMENT**

PO Box 716

Trenton, NJ 08625-0716

Telephone: (609) 588-2400 or 2000

FAX: (609) 588-3369

## **DIVISION OF DISABILITY SERVICES**

PO Box 705

Trenton, NJ 08625

Telephone: (888) 285-3036

FAX: (609) 631-4365

TDD: (609) 631-4364

### **DID YOU KNOW?**

**DDS and DDD have collaborated to provide case management to some consumers. For more information, See page 1.**

**See Page 1 and 2 for more information on DDS**

### **Central Registry of Offenders Against Individuals with Developmental Disabilities**

A "Central Registry of Offenders Against Individuals with Developmental Disabilities" was established in the Department of Human Services (DHS). It requires DHS to maintain a confidential list of caregivers working in these programs who have been determined to have abused, neglected, or exploited an individual with a developmental disability. The toll-free number to report abuse is **(800) 832-9173**.

**Catastrophic Illness in Children Relief Fund  
See Page 41**

**For Additional Addiction Resources  
See Page 56**

**For Statewide Clinical Consultation and Training (SCCAT), See Page 37**

## DEPARTMENT OF HEALTH

The Department of Health is responsible for overseeing and inspecting the state's health care facilities, city and county health departments, and community health services, along with protecting the public health.

### **OFFICE OF MINORITY AND MULTICULTURAL HEALTH**

PO Box 360  
Trenton, New Jersey 08625  
Telephone: (609) 292-6962  
FAX: (609) 292-8713

### **DIVISION OF HIV/AIDS SERVICES**

PO Box 363  
Trenton, NJ 08625-0363  
Telephone: (609) 984-5874  
FAX: (609) 633-2494

- **NJ AIDS/STD Hotline**  
(800) 624-2377
- **AIDS Drug Distribution Program (ADDP)**  
(877) 613-4533
- **Health Insurance Continuation Program (HICP)**  
(800) 353-3232

### **DIVISION OF FAMILY HEALTH SERVICES**

PO Box 364  
Trenton, NJ 08625-0364  
Telephone: (609) 292-4043  
FAX: (609) 292-9599

**Early Intervention Systems (EIS)  
Project Child Find**  
(800) 322-8174

**Also See Page 42**

## **OFFICE OF THE COMMISSIONER**

PO Box 360  
Trenton, NJ 08625  
Telephone (609) 292-7837  
Toll-Free: (800) 367-6543  
FAX (609) 292-0053

**Statewide Family Centered HIV  
Care Network** (609) 777-7748

**Newborn Biochemical Screening Program**  
(609) 292-1582

**Special Child and Adult Health Services**

**Also See Page 36**

**Special Supplemental Nutrition Program for  
Women, Infants, and Children (WIC)**  
(609) 292-9560  
(866) 44NJWIC (866) 446-5942

**Also See Page 36**

### **DIVISION OF HEALTH FACILITIES EVALUATION AND LICENSING**

PO Box 367  
Trenton, NJ 08625-0365  
Telephone: (609) 984-8181  
FAX: (609) 633-9087

**Health Care Facility Consumer Complaint  
Hotline** (800) 792-9770

### **CENTER FOR HEALTH STATISTICS**

PO Box 360  
Trenton, NJ 08625-0360  
Telephone: (609) 984-6702  
FAX: (609) 984-7633

**For further information on  
New Jersey EASE and  
Adult Protective Services  
See Page 19**

## **DEPARTMENT OF COMMUNITY AFFAIRS**

The Department of Community Affairs provides a variety of services to low-income families, women, and people with disabilities. Services include assistance with rentals, the federal Section 8 voucher program, and emergency shelter grants and homelessness prevention.

### **DIVISION OF CODES AND STANDARDS**

PO Box 802  
Trenton, NJ 08625-0802  
Telephone: (609) 292-7899  
FAX: (609) 633-6729

### **DIVISION OF FIRE SAFETY**

PO Box 809  
Trenton, NJ 08625  
Telephone: (609) 633-6106  
FAX: (609) 633-6134

## **OFFICE OF THE COMMISSIONER**

PO Box 800  
Trenton, NJ 08625-0800  
Telephone: (609) 292-6420  
FAX: (609) 984-6696

### **DIVISION OF HOUSING**

PO Box 051  
Trenton, NJ 08625-0051  
Telephone: (609) 633-6303  
FAX: (609) 984-8454

### **OFFICE OF RECREATION**

Commission on Recreation for Individuals  
with Disabilities  
PO Box 811  
Trenton, NJ 08625-0811  
Telephone: (609) 984-6654  
FAX: (609) 292-9798

**For more information on the Division of Fire Safety,  
See Appendix 6**

**For information on the New Jersey Housing and Mortgage Finance Agency,  
See Page 48**



**For a list of Homelessness Prevention Programs by County,  
See Pages 48**

## **DEPARTMENT OF COMMUNITY AFFAIRS OFFICE OF REGULATORY AFFAIRS**

The Office of Regulatory Affairs is responsible for the enforcement of the New Jersey Barrier Free Sub-Code. Complaints can be made verbally or in writing to:

Supervisor of Investigations  
Department of Community Affairs  
Office of Regulatory Affairs  
PO Box 818  
Trenton, NJ 08625  
Telephone: (609) 984-7672  
FAX: (609) 984-7718

### **WHEN MAKING A COMPLAINT, PLEASE HAVE THE FOLLOWING INFORMATION:**

-  The complete address of the building that is thought to be non-compliant.
-  A brief explanation of how the building seems to be non-compliant.

## DEPARTMENT OF EDUCATION

The Department of Education is responsible for overseeing more than 600 school districts, and administering education programs to more than 1.4 million public and nonpublic elementary and secondary school children. The Office of Special Education Programs, within the Division of Student Services, has oversight responsibilities for the provision of education and related support services to students with disabilities, aged 3 to 21.

### **DIVISION OF STUDENT SERVICES**

PO Box 500  
Trenton, NJ 08625-0500  
Telephone: (609) 292-9899  
FAX: (609) 633-1046

### **OFFICE OF SPECIAL EDUCATION PROGRAMS**

PO Box 500  
Trenton, NJ 08625-0500  
Telephone: (609) 292-0147  
FAX: (609) 984-8422

### **OFFICE OF THE COMMISSIONER**

PO Box 500  
Trenton, NJ 08625-0500  
Telephone: (609) 292-4469  
(609) 292-0913  
FAX: (609) 777-4099

**For information on the New Jersey  
Higher Education Student  
Assistance Authority  
See Page 43**

### **OFFICE OF STATE ASSESSMENTS**

PO Box 500  
Trenton, NJ 08625-0500  
Telephone: (609) 984-6311  
FAX: (609) 984-6032

### **MARIE KATZENBACH SCHOOL FOR THE DEAF**

PO Box 535  
West Trenton, NJ 08625-0535  
Telephone: (609) 530-3100  
TDD: (609) 530-6620 FAX: (609) 530-5791  
[www.mksd.org](http://www.mksd.org)

## **LEARNING RESOURCE CENTERS AT A GLANCE**

Learning Resource Centers are funded through the Individuals with Disabilities Education Act (IDEA), Part B Funds. The centers provide research reports, curriculum guides, books, videos and audio tapes, as well as training and workshops, for parents and educators of students with disabilities.

#### **Learning Resource Center-Northern Region**

7 Glenwood Avenue, 2nd Floor, Suite 201  
East Orange, NJ 07017  
Telephone: (973) 414-4491  
FAX: (973) 414-4496  
TDD: (973) 266-1849  
*Serving:* Bergen, Essex, Hudson, Morris, Passaic,  
Sussex, and Warren Counties

#### **Learning Resource Center-Northern Satellite**

104 American Road, Building 100  
Morris Plains, NJ 07950  
Telephone: (973) 631-6345  
FAX: (973) 631-6350  
TDD: (973) 631-6490  
*Serving:* Morris, Sussex, and Warren Counties

#### **Learning Resource Center-Central Region**

200 Riverview Plaza, First Floor  
P.O. Box 500  
Trenton, NJ 08625  
Telephone: (609) 633-8893  
FAX: (609) 633-8968  
*Serving:* Hunterdon, Mercer, Middlesex, Monmouth,  
Ocean, Somerset, and Union Counties

#### **Learning Resource Center-Southern Region**

Samuel H. Jones Innovation Center  
107 Gilbert Parkway, Suite 200  
Mullica Hill, NJ 08062  
Telephone: (856) 582-7000  
FAX: (856) 582-4323  
TDD: (856) 286-3291  
*Serving:* Atlantic, Burlington, Camden, Cape May,  
Cumberland, Gloucester, and Salem Counties

## **DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT**

The Department of Labor & Workforce Development promotes economic activity, monitors labor standards, and administers federally funded programs such as workers compensation, disability insurance and unemployment compensation. Its Division of Vocational Rehabilitation Services is responsible for training and placement of persons of employable age with disabilities.

### **WORKFORCE DEVELOPMENT**

PO Box 055  
Trenton, NJ 08625  
Telephone: (609) 292-2000  
FAX: (609) 777-0483  
[www.wnjin.state.nj.us](http://www.wnjin.state.nj.us)

### **DIVISION OF VOCATIONAL REHABILITATION SERVICES**

PO Box 398  
Trenton, NJ 08625-0398  
Telephone: (609) 292-5987  
FAX: (609) 292-8347

### **OFFICE OF THE COMMISSIONER**

PO Box 110  
Trenton, NJ 08625-0110  
Telephone: (609) 292-2323  
FAX: (609) 633-9271

**Division of Workers' Compensation**  
(609) 292-2515

**Unemployment Insurance**  
(609) 292-2460

**State Temporary Disability Benefits**  
(609) 292-7060








**Disability Determinations**  
(866) 920-6997

## **VOCATIONAL REHABILITATION AT A GLANCE**

### **CRITERIA**

Any person with a physical or mental impairment which is a substantial impediment to employment may qualify for vocational rehabilitation services. Each consumer is evaluated individually for eligibility and needed assistance. Individuals who are blind or have a serious visual impairment are served by the Commission for the Blind (CBVI). All others receive service from the New Jersey Division of Vocational Rehabilitation Services (DVRS).

### **SERVICES PROVIDED**

-  Diagnostic Evaluation
-  Individual Vocational Counseling and Guidance
-  Job Seeking Skills Training and Selective Job Placement
-  Follow-Up Support Services
-  Post-Employment Services
-  Physical Restoration
-  Job Coaching, Vocational, Professional, or On the Job Training

### **FEE FOR SERVICE**

Many of the services listed above are provided free of charge. Coverage of expenses for medical services, training, books and supplies, tools, and other equipment are based on an individual's ability to pay.

**DIVISION OF VOCATIONAL REHABILITATION SERVICES**

**(609) 292-5987**

**FOR A LIST OF OFFICES, SEE PAGES 44 and 45**

**COMMISSION FOR THE BLIND & VISUALLY IMPAIRED**

**(973) 648-3333**

**FOR A LIST OF OFFICES, SEE PAGE 6**



## DEPARTMENT OF CHILDREN & FAMILIES

The New Jersey Department of Children and Families (DCF) is the state's first comprehensive agency dedicated to ensuring the safety, well-being and success of children, youth, families and communities. Some of the divisions/offices DCF encompasses includes the following: Adolescent Services; Advocacy; Centralized Child Abuse/Neglect Hotline; Child Protection and Permanency (formerly Youth and Family Services); Children's System of Care (formerly Child Behavioral Health Services); Family and Community Partnerships (formerly Prevention and Community Partnerships); Specialized Education Services; and Women (transferred from DCA).

### **CHILDREN'S SYSTEM OF CARE (FORMERLY CHILD BEHAVIORAL HEALTH SERVICES)**

DCF's Division of Children's System of Care, CSOC, (formerly the Division of Child Behavioral Health Services) serves children and adolescents with emotional and behavioral health care challenges and their families; and children with intellectual/developmental disability.

As of January 1, 2013, the New Jersey Department of Children and Families - Division of Children's System of Care (CSOC) assumed responsibility for providing the supports and services for children under the age of 21 with developmental/intellectual disabilities, formerly provided by the Department of Human Services -

### **OFFICE OF THE COMMISSIONER**

PO Box 729  
Trenton, NJ 08625  
Telephone: (609) 984-4500  
FAX: (609) 341-2088

**For general information about DCF programs and services:  
1-855-INFO-DCF (1-855-463-6323) or  
askdcf@dcf.state.nj.us**

See also services for Children, page 52

**DOMESTIC VIOLENCE HOTLINE  
(800) 572-SAFE**

#### **Hotlines:**

**If you are deaf or hard of hearing,  
please call 1-877-294-4356  
TTY to access any hotline**

**For other Hotlines and Helplines,  
please visit:  
<http://www.state.nj.us/dcf/families/hotlines/>**

Division of Developmental Disabilities (DDD). For information on the transition and the application process please call **PerformCare** at:

**1-877-652-7624**

<http://www.performcarenj.org/>

### **What is PerformCare?**

The State of New Jersey has contracted with PerformCare to administer the publicly-funded developmental disability service delivery system for children up to age 21. This transition is a result of the state government restructuring initiated by Governor Christie, which moved the responsibility for providing services to children with developmental disabilities from the Department of Human Services' Division of Developmental Disabilities (DDD) to the Department of Children and Families' Children's System of Care (CSOC). PerformCare has been administering the State's Child Behavioral Health System of Care for many years. The expansion of this System of Care model to also serve children with intellectual and developmental disabilities is a significant step forward. This integrated approach will allow for better coordinated care. As of January 2, 2013, PerformCare has become your point of contact to assist in coordinating the care for your child that had previously been managed by DDD.

PerformCare  
300 Horizon Center Drive, Suite 306  
Robbinsville, NJ 08691  
Toll-free: 1-877-652-7624  
TTY: 1-866-896-6975  
Fax: 1-877-736-9166  
[www.performcarenj.org](http://www.performcarenj.org)

## DEPARTMENT OF LAW AND PUBLIC SAFETY

The Department of Law & Public Safety houses the Division on Civil Rights, which investigates allegations of discrimination. The department also contains the Attorney General's Office, and divisions dealing with criminal justice, consumer affairs, monitoring of professional boards, and enforcement of the Wheelchair Lemon Law.

### **DIVISION ON CIVIL RIGHTS**

PO Box 089  
PO Box 090 (Complaints)  
Trenton, NJ 08625  
Telephone: (609) 292-4605  
TTY: (609) 292-1785  
FAX: (609) 984-3812  
[www.nj.gov/oag/dcr/index.html](http://www.nj.gov/oag/dcr/index.html)

### **OFFICE OF THE ATTORNEY GENERAL**

PO Box 080  
Richard J. Hughes Justice Complex  
25 Market Street  
Trenton, NJ 08625-0080  
Telephone: (609) 292-4925

**For information on the  
Wheelchair Lemon Law  
See Page 33**

### **DIVISION OF CONSUMER AFFAIRS**

124 Halsey Street  
Newark, NJ 07101  
Telephone: (973) 504-6200  
(800) 242-5846  
FAX: (973) 273-8035

The Division on Civil Rights has established a **Disabilities and Public Accommodations Special Investigations Unit (DPA)** to work closely with advocacy groups for the disabled and pursue investigations that will have the greatest impact on addressing system-wide discrimination, particularly in places of public accommodation.

**For Branch Offices, See Page 29**

## DEPARTMENT OF MILITARY AND VETERAN'S AFFAIRS

The New Jersey Department of Military and Veteran's Affairs, under the direction of the Adjutant General, is the headquarters for the New Jersey Army and Air National Guard and the government agency responsible for the administration of state provided veterans' programs and services within the state.

### **DIVISION OF VETERAN'S HEALTHCARE SERVICES**

PO Box 340  
Trenton, NJ 08625-0340  
Telephone: (609) 530-6967  
FAX: (609) 530-6970

### **OFFICE OF THE ADJUTANT GENERAL**

PO Box 340  
Trenton, NJ 08625  
Telephone: (609) 530-6956  
FAX: (609) 530-7191

**NJ VETERANS HOTLINES:  
BENEFITS HOTLINE  
888-8NJ-VETS**

**COUNSELING HOTLINE  
866-VETS-NJ4**

### **Disabled Veterans Resources on the Web**

Wounded Warrior Project  
[www.woundedwarriorproject.org](http://www.woundedwarriorproject.org)  
Disabled American Veterans  
[www.dav.org](http://www.dav.org)  
Association for Service Disabled Veterans  
[www.asdv.org](http://www.asdv.org)

## DEPARTMENT OF TREASURY

The Department of Treasury assumes responsibility for three major functions: revenue collection and generation, assets management, and statewide support services. The Department also houses the Office on Disabilities Management that is responsible for issues of compliance with the Americans with Disabilities Act (ADA) in state owned buildings and state run programs.

### **OFFICE OF DISABILITIES MANAGEMENT**

PO Box 034  
Trenton, NJ 08625-0034  
Telephone: (609) 292-7299  
TDD & FAX: (609) 292-6525

### **OFFICE OF THE CORRECTIONS OMBUDSMAN**

PO Box 855  
Trenton, NJ 08625  
Telephone: (609) 292-8020  
FAX: (609) 633-8644

### **OFFICE OF THE OMBUDSMAN FOR THE INSTITUTIONALIZED ELDERLY**

PO Box 852  
Trenton, NJ 08625-0852  
Telephone: (877) 582-6995  
FAX: (609) 943-3479

## **OFFICE OF THE STATE TREASURER**

PO Box 002  
Trenton, NJ 08625  
Telephone: (609) 292-5031  
FAX: (609) 984-3888

### **DIVISION OF TAXATION**

PO Box 281, Trenton, NJ 08625-0281

#### **General Tax Information**

(609) 826-4400  
(800) 323-4400

#### **Main Customer Service Center**

(609) 292-6400

#### **Homestead Rebate Hotlines:**





**Homeowners-** (888) 238-1233  
**Tenants-** (888) 213-8623

#### **Property Tax Reimbursement (Senior Freeze)**

**Hotline-** (800) 882-6597  
**TTY Service-** (609) 984-7300 or (800) 286-6 613

## **THE OFFICE OF DISABILITIES MANAGEMENT AT A GLANCE**

**The Office of Disabilities Management is responsible for the following areas:**

-  Barrier Free Compliance of state owned and operated facilities.
-  Implementation and assistance to allow access to all programs, services and activities offered by the State of New Jersey.
-  Technical assistance and advice concerning accessibility standards and adaptive devices to allow full inclusion by persons with disabilities.
-  Funding for modifications needed to ensure accessibility to all state owned and operated facilities.



## COUNTY RESOURCES

### COUNTY OFFICES FOR PEOPLE WITH DISABILITIES

County Offices for the Disabled function as clearinghouses for information about programs and services, advocates for people with disabilities, and provides technical assistance at a local level.

**ATLANTIC COUNTY DIVISION OF INTERGENERATIONAL SERVICES, AGING & DISABILITY RESOURCE CONNECTION**

Shoreview Building  
101 South Shore Road  
Northfield, NJ 08225  
Telephone: (888) 426-9243  
Outside of NJ: (609) 645-5965

**BERGEN COUNTY DIVISION ON DISABILITY SERVICES**

One Bergen County Plaza, Second Floor  
Hackensack, NJ 07601  
Telephone: (201) 336-7150  
TTY: (201) 336-6505

**CAMDEN COUNTY DIVISION OF SENIOR AND DISABLED SERVICES**

512 Lakeland Road  
Blackwood, NJ 08012  
Telephone: (856) 858-3220

**CAPE MAY COUNTY OFFICE OF DISABILITY SERVICES**

4 Moore Road, DN 606  
Cape May Court House, NJ 08210  
Telephone: (609) 886-2784

**CUMBERLAND COUNTY OFFICE FOR THE DISABLED**

800 E. Commerce Street  
Bridgeton, NJ 08302  
Voice/TTY: (856) 459-3090

**ESSEX COUNTY OFFICE FOR THE DISABLED**

50 South Clinton Street, Suite 4300  
East Orange, NJ 07018  
Telephone: (973) 395-8494

**GLOUCESTER COUNTY OFFICE OF HEALTH, SENIOR, AND DISABILITY SERVICES**

District Education Campus  
115 Budd Blvd.  
West Depford, NJ 08096  
Telephone: (856) 384-6841

**HUDSON COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES, OFFICE OF DISABILITY SERVICES**

595 County Road  
Secaucus, NJ 07094  
Telephone: (201) 369-5280 x4241

**HUNTERDON COUNTY DIVISION OF SENIOR, DISABILITY, AND VETERANS SERVICES**

PO Box 2900  
Flemington, NJ 08822  
Telephone: (908) 788-1361

**MERCER COUNTY OFFICE FOR THE DISABLED**

Joyce McDade Administration Building  
640 South Broad Street, PO Box 8068  
Trenton, NJ 08611  
Telephone: (609) 989-6459  
TDD: (609) 989-6865

**MIDDLESEX COUNTY OFFICE FOR THE DISABLED**

Middlesex County Administration Building  
75 Bayard Street, 5th Floor  
New Brunswick, NJ 08901  
Voice/TTY: (732) 745-4013

**MONMOUTH COUNTY OFFICE ON DISABILITIES**

21 Main and Court Center  
PO Box 1255  
Freehold, NJ 07728  
Telephone: (732) 308-3770 x3599 or x7116

**MORRIS COUNTY DIVISION OF AGING, DISABILITY AND VETERANS SERVICES**

PO Box 900, Morristown, NJ 07900-0900  
Voice: (973) 285-6855

**OCEAN COUNTY COMMISSION FOR INDIVIDUALS WITH DISABILITIES**

1027 Hooper Avenue, Building 2, 3rd Floor  
PO Box 2191, Toms River, NJ 08754  
Voice/TDD: (732) 506-5062

**PASSAIC COUNTY SENIOR, DISABILITY SERVICES, AND VETERANS AFFAIRS**

930 Riverview Drive, Suite 200, Totowa, NJ 07512  
Telephone: (877) 222-3737

**SALEM COUNTY OFFICE OF DISABILITY SERVICES**

98 Market Street, Salem, NJ 08079  
Telephone: (856) 935-7510 x8316 or 8311

**SOMERSET COUNTY OFFICE FOR THE DISABLED**

27 Warren Street, 1 First floor  
 PO Box 3000, Somerville, NJ 08876  
 Telephone: (908) 704-6346

**SUSSEX COUNTY OFFICE FOR THE DISABLED**

Division of Community and Youth Services  
 135 Morris Turnpike  
 Newton, NJ 07860  
 Telephone: (973) 948-6000 x223  
 TDD: (973) 948-0793

**UNION COUNTY OFFICE FOR THE DISABLED**

Union County Administration Building  
 Fourth Floor, Elizabethtown Plaza  
 Elizabeth, NJ 07207  
 Voice/TDD: (908) 527-4840

**WARREN COUNTY OFFICE FOR THE DISABLED**

c/o DAWN, Inc.  
 30 Broad St., Suite 5  
 Denville, NJ 07834  
 Telephone: (973) 625-1940 (888) 383-DAWN  
 TDD: (973) 625-1932

**DID YOU KNOW?**

Burlington County does not have a County Office for the Disabled.  
 In that county, that function is filled by the Center for Independent Living.

**Resources For Independent Living (609) 747-7745**

**COUNTY CRISIS INTERVENTION CONTACTS**

The numbers listed below provide callers with access to emergency services and counseling for non-medical emergencies and crisis intervention:

<b>ATLANTIC COUNTY</b>	(609) 344-1118
<b>BERGEN COUNTY</b>	(201) 262-4357
<b>BURLINGTON COUNTY</b>	(609) 835-6180
<b>CAMDEN COUNTY</b>	(856) 428-4357
<b>CAPE MAY COUNTY</b>	(609) 465-5999
<b>CUMBERLAND COUNTY</b>	(856) 455-5555
<b>ESSEX COUNTY</b>	(973) 266-4478
<b>GLOUCESTER COUNTY</b>	(856) 845-9100
<b>HUDSON COUNTY</b>	(866) 367-6023
<b>HUNTERDON COUNTY</b>	(908) 788-6400
<b>MERCER COUNTY</b>	(609) 396-4357
	(609) 989-7297
<b>MIDDLESEX COUNTY</b>	(732) 235-5700
<b>MONMOUTH COUNTY</b>	(732) 923-6999
<b>MORRIS COUNTY</b>	(973) 625-0280
<b>OCEAN COUNTY</b>	(732) 886-4474
	(866) 904-4474
<b>PASSAIC COUNTY</b>	(973) 684-7792
<b>SALEM COUNTY</b>	(856) 299-3001
<b>SOMERSET COUNTY</b>	(908) 526-4100
<b>SUSSEX COUNTY</b>	(973) 383-0973
<b>UNION COUNTY</b>	(908) 994-7131
<b>WARREN COUNTY</b>	(908) 454-5141

**COUNTY BOARDS OF SOCIAL SERVICE**

The Boards of Social Service deliver financial aid and support to individuals and families.

<b>ATLANTIC COUNTY</b>	(609) 348-3001
<b>BERGEN COUNTY</b>	(201) 368-4200
<b>BURLINGTON COUNTY</b>	(609) 261-1000
<b>CAMDEN COUNTY</b>	(856) 225-8800
<b>CAPE MAY COUNTY</b>	(609) 886-6200
<b>CUMBERLAND COUNTY</b>	(856) 691-4600
<b>ESSEX COUNTY</b>	(973) 733-3000
<b>GLOUCESTER COUNTY</b>	(856) 582-9200
<b>HUDSON COUNTY</b>	(201) 420-3000
<b>HUNTERDON COUNTY</b>	(908) 788-1300
<b>MERCER COUNTY</b>	(609) 989-4320
<b>MIDDLESEX COUNTY</b>	(732) 745-3500
<b>MONMOUTH COUNTY</b>	(732) 431-6000
<b>MORRIS COUNTY</b>	(973) 326-7800
<b>OCEAN COUNTY</b>	(732) 349-1500
<b>PASSAIC COUNTY</b>	(973) 881-0100
<b>SALEM COUNTY</b>	(856) 299-7200
<b>SOMERSET COUNTY</b>	(908) 526-8800
<b>SUSSEX COUNTY</b>	(973) 383-3600
<b>UNION COUNTY</b>	(908) 965-2700
<b>WARREN COUNTY</b>	(908) 475-6301

**Social Services at a Glance**

Work First NJ • Emergency Assistance • Food Stamps  
 Medicaid • Kinship Care • Supports for Working Families  
 Home Energy Assistance • Homeless Sheltering  
 Child Care • Child Support

**NJHelps is a free and easy guide for you to determine the programs and assistance for which you and your family may be eligible.**  
[www.mynjhelps.org](http://www.mynjhelps.org)

**National Suicide Hotline:**

**1-800-SUICIDE (1-800-784-2433)**

## CENTERS FOR INDEPENDENT LIVING

Centers for Independent Living (many funded through the Division of Vocational Rehabilitation Services) are community-based, consumer-driven organizations that provide peer counseling, skills training, advocacy, information and referral, and a variety of services based on individual needs.

**STATEWIDE INDEPENDENT LIVING COUNCIL (SILC)**  
**C/O PROGRESSIVE CENTER FOR INDEPENDENT LIVING (PCIL)**  
1262 Whitehorse-Hamilton Sq. Road., Bldg. A, Suite 102  
Hamilton, NJ 08690  
Telephone: (609) 581-4500 (877) 917-4500  
TDD: (609) 581-4555  
[www.njsilc.org](http://www.njsilc.org)

**ALLIANCE CENTER FOR INDEPENDENCE**  
**(Middlesex, Somerset, Union Counties)**  
629 Amboy Avenue, Edison, NJ 08837  
Telephone: (732) 738-4388  
TDD: (732) 738-9644  
[www.adacil.org](http://www.adacil.org)

**CAMDEN CITY INDEPENDENT LIVING CENTER**  
**(City of Camden)**  
2600 Mt. Ephraim Avenue, Suite 413  
Camden, NJ 08104  
Telephone: (856) 966-0800  
TDD: (856) 966-0830  
[www.camdencityilc.org](http://www.camdencityilc.org)

**CENTER FOR INDEPENDENT LIVING OF SOUTH JERSEY, INC. (CIL-SJ)**  
**(Camden and Gloucester Counties)**  
1150 Delsea Drive, Suite 1  
Westville, NJ 08093  
Telephone: (856) 853-6490  
Toll free: (800) 413-3791  
TDD: (856) 853-7602

**DAWN, INC.**  
**(Morris, Sussex and Warren Counties)**  
30 Broad Street, Suite 5  
Denville, NJ 07834  
Telephone: (973) 625-1940 (888) 383-DAWN  
TDD: (973) 625-1932  
[www.dawncil.org](http://www.dawncil.org)

**DIAL, INC.**  
**(Essex and Passaic Counties)**  
2 Prospect Village Plaza, First Floor  
Clifton, NJ 07013  
Telephone: (973) 470-8090  
TDD: (973) 470-2521  
[www.dial-cil.org](http://www.dial-cil.org)

**HEIGHTENED INDEPENDENCE & PROGRESS (HIP)**  
**(Bergen County)**  
131 Main Street, Suite 120  
Hackensack, NJ 07601  
Telephone: (201) 996-9100 TDD: (201) 996-9424  
[www.hipcil.org](http://www.hipcil.org)

**HEIGHTENED INDEPENDENCE & PROGRESS-HUDSON**  
**(Hudson County)**  
35 Journal Square, Suite 703  
Jersey City, NJ 07306  
Telephone: (201) 533-4407 TDD: (201) 533-4409  
[www.hipcil.org](http://www.hipcil.org)

**MOCEANS CENTER FOR INDEPENDENT LIVING**  
**(Monmouth and Ocean County)**  
279 Broadway, Second Floor, Suite 201  
Long Branch, NJ 07740  
Telephone: (732) 571-4884 TDD: (732) 571-4878  
  
Ocean County Branch: Telephone: (732) 505-2310  
[www.moceanscil.org](http://www.moceanscil.org)

**PROGRESSIVE CENTER FOR INDEPENDENT LIVING (PCIL)**  
**(Hunterdon and Mercer Counties)**  
1262 Whitehorse-Hamilton Sq. Rd., Bldg. A, Suite 102  
Hamilton, NJ 08690  
Telephone: (609) 581-4500 (877) 917-4500  
TDD: (609) 581-4555  
  
Hunterdon County Branch: Telephone: (908) 782-1055  
(877) 376-9174  
TDD: (908) 782-1081  
[www.pcil.org](http://www.pcil.org)

**RESOURCES FOR INDEPENDENT LIVING (RIL)**  
**(Burlington, Cape May, Cumberland, Salem Counties)**  
351 High Street, Suite 103  
Burlington, NJ 08016  
Telephone: (609) 747-7745 TDD: (609) 747-1875  
[www.rilnj.org](http://www.rilnj.org)

**TOTAL LIVING CENTER, INC. (TLC)**  
**(Atlantic County)**  
6712 Washington Avenue, Suite 106  
Egg Harbor Township, NJ 08234  
Telephone: (609) 645-9547 TDD: (609) 645-9593  
[www.tlcenter.org](http://www.tlcenter.org)

**Satellite Office**  
1333 Atlantic Avenue  
Atlantic City, NJ 08401  
Telephone: (609) 345-6700 x2804  
TDD: (609) 345-5551 FAX: (609) 343-2374

## CENTERS FOR INDEPENDENT LIVING AT A GLANCE

- Peer Support
- Individual and System Advocacy
- Independent Living Skills Training
- Development of Independent Living Plans

## NJ EASE (877) 222-3737

NJ EASE (New Jersey Easy Access, Single Entry) is a Division of Aging Services program, in partnership with county governments, that provides a convenient way for senior citizens and their families to learn about and obtain needed services. NJ EASE provides information and access to services that address the financial, medical, and social needs of seniors.

Through NJ EASE, each county in New Jersey provides outreach, case management, transportation, senior centers, volunteer opportunities, health promotion, nutrition programs, education, health insurance counseling, adult protective services, senior employment, and information on housing and long-term care options. For more information, visit: [www.adrcnj.org](http://www.adrcnj.org).

### County Offices on Aging

Atlantic County .....	(609) 645-5965	Middlesex County .....	(732) 745-3295
Bergen County .....	(201) 336-7400	Monmouth County .....	(732) 431-7450
Burlington County .....	(609) 265-5069	Morris County .....	(973) 285-6848
Camden County .....	(856) 858-3220	Ocean County .....	(732) 929-2091
Cape May County .....	(609) 886-2784/2785	Passaic County .....	(973) 569-4060
Cumberland County .....	(856) 453-2221	Salem County .....	(856) 935-7510
Essex County .....	(973) 395-8375	Somerset County .....	(908) 704-6346
Gloucester County .....	(856) 384-6900	Sussex County .....	(973) 579-0555
Hudson County .....	(201) 369-4313	Union County .....	(908) 527-4869
Hunterdon County .....	(908) 788-1361/1362/1363	Warren County .....	(908) 475-6591
Mercer County .....	(609) 989-6661/6662		

## ADULT PROTECTIVE SERVICES (800) 792-8820

The role of Adult Protective Services (APS) is to investigate complaints of suspected abuse, neglect, and/or exploitation of vulnerable adults aged 18 or older. A complaint to APS will generate a thorough assessment, which will include a private face-to-face interview with the potentially at-risk adult, to determine if intervention is warranted. All information generated by the investigation is confidential. A report of suspected abuse may be made to the Aging and Community Services Information and Referral toll-free number or to the APS office in the county in which the individual lives.

### County Adult Protective Services

Atlantic County .....	(888) 426-9243	Middlesex County .....	(732) 745-3635
Bergen County .....	(201) 368-4300	Monmouth County .....	(732) 531-9191
Burlington County .....	(609) 518-4793	Morris County .....	(973) 326-7282
Camden County .....	(856) 225-8178	Ocean County .....	(732) 349-1500
Cape May County .....	(609) 886-6200	Passaic County .....	(973) 881-2616
Cumberland County .....	(856) 453-2223	Salem County .....	(856) 339-8622
Essex County .....	(973) 596-1146	Somerset County .....	(908) 526-8800
Gloucester County .....	(856) 256-2280	Sussex County .....	(973) 383-3600
Hudson County .....	(201) 537-5631	Union County .....	(908) 497-3902
Hunterdon County .....	(908) 788-1300	Warren County .....	(908) 475-6591
Mercer County .....	(609) 989-4346		

## DISABILITY SPECIFIC RESOURCES

The following agencies are grouped by service populations and each provides a variety of support services statewide. The agencies are categorized by target disability as a matter of reference, although some may serve additional populations. Where a local website was not available, a national website has been provided.

### AIDS/HIV

Hyacinth AIDS Foundation  
317 George Street, Suite 203  
New Brunswick, NJ 08901  
Telephone: (800) 433-0254 (Toll-Free)  
(732) 246-0204 (outside NJ)

[www.hyacinth.org](http://www.hyacinth.org)

New Jersey Women and AIDS Network  
4 North Broad Street, 4th Floor  
Trenton, NJ 08608  
Telephone: (609) 695-1200  
FAX: (609) 695-1200

[www.njwan.org](http://www.njwan.org)

### ALZHEIMER'S DISEASE

The Alzheimer's Association  
Greater New Jersey Chapter  
400 Morris Avenue, Suite 251  
Denville, NJ 07834  
Telephone: (800) 883-1180 (Toll-Free)  
(973) 586-4300

[www.ALZ.org](http://www.ALZ.org)

Delaware Valley Chapter  
3 Eves Drive, Suite 310  
Marlton, NJ 08053  
Telephone: (856) 797-1212  
FAX: (856) 797-1818

[www.alznj.org](http://www.alznj.org)

### AMYOTROPHIC LATERAL SCLEROSIS (ALS)

Neuromuscular and ALS Center  
Robert Wood Johnson University Hospital  
UMDNJ-RWJMS  
125 Paterson Street, Suite 6100  
New Brunswick, NJ 08901  
Telephone: (732) 235-7331

[www2.umdnj.edu/nmalsweb/](http://www2.umdnj.edu/nmalsweb/)

### ARTHRITIS/FIBROMYALGIA

Arthritis Foundation-New Jersey Chapter  
555 Route 1 South, Suite 320  
Iselin, NJ 08830  
Telephone: (888) 467-3112 (Toll-Free)  
(732) 283-4300  
FAX: (732) 283-4633

[www.arthritis.org](http://www.arthritis.org)

Local website: [www.arthritis/new-jersey/](http://www.arthritis/new-jersey/)

### AUTISM/ASPERGERS/ASD

Asperger Syndrome Education Network (ASPEN)  
9 Aspen Circle  
Edison, NJ 08820  
Telephone: (732) 321-0880  
FAX: (732) 744-1622

[www.aspennj.org](http://www.aspennj.org)

Autism Family Services of New Jersey  
1 AAA Drive, Suite 203  
Trenton, NJ 08691  
Telephone: (877) 237-4477 (Toll-Free)  
FAX: (609) 392-5621

[www.autismfamilyservicesnj.org](http://www.autismfamilyservicesnj.org)

Autistic Self Advocacy Network  
PO Box 66122  
Washington, DC 20035  
Telephone: (202) 596-1056  
New Jersey Chapter  
[www.meetup.com/ASAN-NJ](http://www.meetup.com/ASAN-NJ)

Autism New Jersey  
(formerly New Jersey Center for Outreach and  
Services for the Autism Community (COSAC))  
500 Horizon Drive, Suite 530  
Robbinsville, NJ 08691  
Telephone: (609) 883-8100  
(800) 4-AUTISM (Toll-Free)  
FAX: (609) 588-8858

[www.autismnj.org](http://www.autismnj.org)

Parents of Autistic Children (POAC)  
1999 Route 88 East  
Brick, NJ 08724  
Telephone: (732) 785-1099  
FAX: (732) 785-1003

[www.poac.net](http://www.poac.net)

### AUTOIMMUNE DISORDERS

American Autoimmune Related  
Diseases Association  
21100 Gratiot Avenue  
East Detroit, MI 48021  
Telephone: (586) 776-3900

[www.aarda.org](http://www.aarda.org)

For a list of National Resources, See Pages 31 and 32



## **BLIND/VISUALLY IMPAIRED**

National Federation of the Blind-NJ  
254 Spruce Street  
Bloomfield, NJ 07003  
Telephone: (973) 743-0075  
<http://www.nfbnj.org/>

National Federation of the Blind  
Parents of Blind Children-NJ  
Carol Castellano, President  
Telephone: 973-377-0976  
Email: [blindchildren@verizon.net](mailto:blindchildren@verizon.net)  
[www.blindchildren.org](http://www.blindchildren.org)

New Jersey Council of the Blind  
153 Franklin Corner Road  
Lawrenceville, NJ 08648-2501  
Telephone: (609) 895-1048  
FAX: (609) 882-5416  
[www.njcounciloftheblind.org](http://www.njcounciloftheblind.org)

New Jersey Foundation for the Blind  
PO Box 929, 230 Diamond Spring Road  
Denville, NJ 07834  
Telephone: (973) 627-0055  
FAX: (973) 627-1622  
[www.njffb.org](http://www.njffb.org)

The Friends of the NJ Library for the Blind and  
Handicapped (NJLBH)  
PO Box 434  
Woodbridge NJ 07095-0434  
Telephone (609) 895-1048  
<http://friendsnjlibraryfortheblind.org/>

## **CEREBRAL PALSY**

Alliance for the Betterment of Citizens with Disabilities  
(ABCD)  
127 Route 206, Suite 18  
Hamilton, NJ 08610  
Telephone: (609) 581-8375  
FAX: (609) 581-8512  
[www.abcdnj.org](http://www.abcdnj.org)

Cerebral Palsy League  
(908) 709-1800  
[www.theclinc.org](http://www.theclinc.org)

LADACIN Network  
(732) 493-5900  
[www.ladacin.org](http://www.ladacin.org)

Cerebral Palsy of North Jersey  
(973) 763-9900  
[www.cpnj.org](http://www.cpnj.org)

Passaic County Elks Cerebral Palsy Treatment Center  
(973) 772-2600  
[www.pcecpc.org](http://www.pcecpc.org)

United Cerebral Palsy of Hudson County  
(201) 436-2200  
[www.ucpofhudsoncounty.org](http://www.ucpofhudsoncounty.org)

Cerebral Palsy Association of Middlesex County  
10 Oak Drive  
Edison, NJ 08837  
Telephone: (732) 549-6187  
FAX: (732) 540-2410  
[www.cpamc.org](http://www.cpamc.org)

Githens Center  
(Burlington County Cerebral Palsy Association)  
40 Cedar Street  
Mount Holly, NJ 08060  
Telephone: (609) 261-1667  
FAX: (609) 261-1844  
[www.githenscenter.org](http://www.githenscenter.org)

## **CANCER**

American Cancer Society-NJ  
2600 US Highway 1  
North Brunswick, NJ 08908  
Telephone: (732) 297-8000  
FAX: (732) 297-9043  
[www.cancer.org](http://www.cancer.org)

## **CARDIAC/HEART DISEASE**

American Heart Association  
1 Union Street, Suite 301  
Robbinsville, NJ 08691  
Telephone: (609) 208-0020  
FAX: (609) 208-2906  
[www.heart.org](http://www.heart.org)

## **CHRONIC FATIGUE SYNDROME**

NJCFSa (New Jersey Chronic Fatigue Syndrome  
Association, Inc.)  
PO Box 477  
Florham Park, NJ 07932  
Telephone: (888) 835-3677  
[www.njcfsa.org](http://www.njcfsa.org)

## **CROHN'S DISEASE**

Crohn's and Colitis Foundation of America  
New Jersey Chapter  
45 Wilson Avenue  
Manalapan, NJ 07726  
Telephone: (732) 786-9960  
FAX: (732) 786-9964  
[www.ccfa.org](http://www.ccfa.org)

## COGNITIVE/INTELLECTUAL DISABILITY

The Arc of New Jersey  
985 Livingston Avenue  
North Brunswick, NJ 08902  
Telephone: (732) 246-2525  
FAX: (732) 214-1834  
[www.arcnj.org](http://www.arcnj.org)

To Find a Local Chapter of  
the Arc in New Jersey,  
visit: [www.arcnj.org](http://www.arcnj.org)

Click on Find a Chapter

## CROSS-DISABILITY

Advancing Opportunities  
1005 Whitehead Road Ext., Suite 1  
Ewing, NJ 08638  
Telephone: (609) 882-4182  
(888) 322-1918 (Toll-free)  
TTY: (609) 882-0620  
FAX: (609) 882-4054  
[www.advopps.org](http://www.advopps.org)

Alliance for the Betterment of Citizens with  
Disabilities (ABCD)  
127 Route 206, Suite 18  
Hamilton, NJ 08610  
Telephone: (609) 581-8375  
FAX: (609) 581-8512  
[www.abcdnj.org](http://www.abcdnj.org)

Coalition for Inclusive Ministries  
Elizabeth M. Boggs Center-UAP  
335 George Street, Suite 3500, PO Box 2688  
New Brunswick, NJ 08903-2688  
Telephone: (732) 235-9300  
FAX: (732) 235-9330  
[www.rwjms.umdnj.edu/boggscenter](http://www.rwjms.umdnj.edu/boggscenter)

Community Access Unlimited  
80 West Grand Street, Elizabeth, NJ 07202  
Telephone: (908) 354-3040  
FAX: (908) 354-2665  
[www.caunj.org](http://www.caunj.org)

Community Options, Inc.  
16 Farber Road, Princeton, NJ 08540  
Telephone: (609) 951-9900  
FAX: (609) 951-9112  
[www.comop.org](http://www.comop.org)

Easter Seals Society of New Jersey, Inc.  
25 Kennedy Blvd., Suite 600  
East Brunswick, NJ 08816  
Telephone: (732) 257-6662  
FAX: (732) 257-7373  
<http://www.njeasterseals.com>

Spectrum for Living  
210 Rivervale Road, Suite 3  
River Vale, NJ 07675  
Telephone: (201) 358-8000  
(866) 367-7732  
FAX: (201) 358-8089  
[www.spectrumforliving.org](http://www.spectrumforliving.org)

Statewide Parent Advocacy Network (SPAN)  
35 Halsey Street, 4th Floor  
Newark, NJ 07102  
Telephone: (800) 654-7726  
(973) 642-8100  
FAX: (973) 642-8080  
[www.spanadvocacy.org](http://www.spanadvocacy.org)

## CYSTIC FIBROSIS

Cystic Fibrosis Foundation  
Greater New Jersey Chapter  
2 University Plaza, Suite 312  
Hackensack, NJ 07601  
Telephone (201) 457-1800  
FAX: (201) 457-1898  
[www.cff.org](http://www.cff.org)

## DEAF/HARD OF HEARING

Hearing Loss Association of America  
New Jersey State Association  
Telephone (609) 655-0090  
<http://hearingloss-nj.org/>

Association of Late-Deafened Adults-  
Garden State (ALDA-GS)  
[www.alda-gs.org](http://www.alda-gs.org)

NJ Association of the Deaf, Inc. (NJAD)  
PO Box 354  
Milltown, NJ 08850  
[www.njadeaf.org](http://www.njadeaf.org)

## DIABETES

American Diabetes Association  
NJ Chapter  
1160 Route 22 E., Suite 103  
Bridgewater, NJ 08807  
Telephone: (732) 469-7979  
(888) DIABETES  
FAX: (908) 722-4887  
[www.diabetes.org](http://www.diabetes.org)

## DOWN SYNDROME

Bringing Up Down Syndrome (BUDS)  
504 Centennial Blvd. #1444  
Voorhees, NJ 08043  
Telephone: (856) 985-5885  
Email: [information@bringingupdownsyndrome.org](mailto:information@bringingupdownsyndrome.org)  
[www.bringingupdownsyndrome.org](http://www.bringingupdownsyndrome.org)

The Down Syndrome Association of Central NJ (DACNJ)  
180 Ewingville Road  
Ewing, NJ 08638  
Telephone: (866) Down Syn (866) 369-6796  
Email: [dsacnj@arcmercer.org](mailto:dsacnj@arcmercer.org)  
[www.dsacnj.org](http://www.dsacnj.org)

The Down Syndrome Group of Northwest New Jersey  
PO Box 212,  
Washington, NJ 07882  
Telephone: (908) 689-7525 Ext. 320  
<http://www.dsgnwnj.org/default.htm>

Knowledge and Information about Individuals with  
Down Syndrome (K.I.I.D.S)  
PO Box 1546  
Bellmawr, NJ 08099

## DWARFISM

Little People of America  
Telephone: (888) LPA (572)-2001  
[www.lpadistrict2.org](http://www.lpadistrict2.org)

## EATING DISORDERS

Food Addicts Anonymous  
NJ Helpline (732) 244-4324  
[www.foodaddictsanonymous.org](http://www.foodaddictsanonymous.org)

## EPILEPSY

Epilepsy Foundation of New Jersey  
1 AAA Drive, Suite 203  
Trenton, NJ 08691  
Telephone: (800) 336-5843  
(609) 392-4900  
FAX: (609) 392-5621  
[www.efnj.com](http://www.efnj.com)

## HEAD INJURY/TRAUMATIC BRAIN INJURY (TBI)

Brain Injury Alliance of New Jersey  
825 Georges Road, Second Floor  
North Brunswick, NJ 08902  
Telephone: (732) 745-0200  
(800) 669-4323  
FAX: (732) 745-0211  
[www.bianj.org](http://www.bianj.org)

## DID YOU KNOW?

The Division of Disability Services is the lead state agency for services to individuals with brain injury. DDS administers the TBI Fund and the TBI Medicaid Waiver. \* See Pages 1 and 2.

## HEPATITIS

Hepatitis Foundation International  
National Headquarters  
504 Blick Drive  
Silver Spring, MD, 20904  
Telephone: (800) 891-0707  
(301) 622-4200  
FAX: (301) 622-4702  
[www.hepatitisfoundation.org](http://www.hepatitisfoundation.org)

## HUNTINGTON'S DISEASE

Huntington's Disease Society of America  
53 Stickle Avenue  
Rockway, NJ 07866  
PO Box 943  
Denville, NJ 07834  
Telephone: (973) 784-4965  
FAX: (973) 784-4966  
[www.hdsanj.org](http://www.hdsanj.org)

## LEARNING DISABILITIES

The International Dyslexia Association  
New Jersey Branch  
PO Box 32  
Long Valley, NJ 07853  
Telephone: (908) 876-1179  
[www.interdys.org](http://www.interdys.org)

Learning Disabilities Association of America  
New Jersey Chapter  
PO Box 6268  
East Brunswick, NJ 08816  
Telephone: (732) 645-2738  
[www.ldanatl.org](http://www.ldanatl.org)

## LUPUS

Lupus Foundation of America  
NJ Chapter  
PO Box 1184  
150 Morris Avenue, Suite 102  
Springfield, NJ 07081  
Telephone: (800) 322-5816  
(973) 379-3226  
FAX: (973) 379-1053  
[www.lupusnj.org](http://www.lupusnj.org)

Philadelphia TriState Area  
500 Old York Road, Suite 110  
Jenkintown, PA 19046  
Telephone: (215) 517-5070  
FAX: (215) 517-8483  
[www.lupustristate.org](http://www.lupustristate.org)

#### MENTAL ILLNESS

Mental Health Association in New Jersey  
88 Pompton Avenue  
Verona, NJ 07044  
Telephone: (973) 571-4100  
(800) 367-8850 (Toll-free)  
FAX: (973) 857-1777  
[www.mhanj.org](http://www.mhanj.org)

NAMI NJ (National Alliance on Mental Illness of  
New Jersey)  
1562 Route 130  
North Brunswick, NJ 08902  
Telephone: (732) 940-0991  
FAX: (732) 940-0355  
[www.naminj.org](http://www.naminj.org)

National Coalition for Mental Health Recovery  
1101 15th Street, NW #1212  
Washington, DC, 20005  
Telephone: (877) 246-9058 (Toll-free)

National Coalition for Mental Health  
Consumer's Self-Help Clearinghouse  
1211 Chestnut Street, Suite 1207  
Philadelphia, PA 19107  
Telephone: (800) 553-4539 (Toll-free)  
(215) 751-1810  
FAX: (215) 636-6312  
Email: [info@mhsselfhelp.org](mailto:info@mhsselfhelp.org)

**For the  
Division of Mental Health and  
Addiction Services  
See Page 8**

#### MUSCULAR DYSTROPHY

Muscular Dystrophy Association  
5940 Hamilton Blvd., Suite F  
Allentown, PA 18106  
Telephone: (610) 391-1977  
FAX: (610) 391-0416  
[www.mda.org](http://www.mda.org)

Muscular Dystrophy Association  
25 E. Spring Valley Avenue, Suite 210  
Maywood, NJ 07607  
Telephone (201) 843-4452  
FAX: (201) 843-2324  
[www.mda.org](http://www.mda.org)

#### MULTIPLE SCLEROSIS

National Multiple Sclerosis Society  
NJ Metro Chapter  
1 Kalisa Way, Suite 205  
Paramus, NJ 07652  
Telephone: (201) 967-5599  
FAX: (201) 967-7085  
[www.nationalmssociety.org/njm](http://www.nationalmssociety.org/njm)

National Multiple Sclerosis Society  
NJ Metro Chapter  
246 Monmouth Road  
Oakhurst, NJ 07755  
Telephone: (732) 660-1005  
FAX: (732) 660-1338  
[www.nationalmssociety.org/njm](http://www.nationalmssociety.org/njm)

Multiple Sclerosis Society  
Greater Delaware Valley Chapter  
30 South 17th Street, Suite 800  
Philadelphia, PA 19103  
Telephone: (215) 271-2400  
FAX: (215) 271-6122  
[www.nmss.org](http://www.nmss.org)

Multiple Sclerosis Association of America  
National Headquarters  
706 Haddonfield Road  
Cherry Hill, NJ 08002  
Telephone: 1-800-LEARN MS (532-7667)  
[www.msassociation.org](http://www.msassociation.org)

#### PARKINSON'S DISEASE

New Jersey American Parkinson Disease Association  
120 Albany Street, Suite 360  
New Brunswick, NJ 08901  
Telephone: (732) 745-7520  
FAX: (732) 745-3114  
[www.njapda.org](http://www.njapda.org)

#### POLIO/POST-POLIO

New Jersey Polio Network  
PO Box 537  
Martinsville, NJ 08836  
Telephone: (201) 845-6860  
FAX: (908) 236-9388  
[www.njpolio.org](http://www.njpolio.org)

### RESPIRATORY DISEASE

American Lung Association  
New Jersey Chapter  
1031 Route 22, Suite 203  
Bridgewater, NJ 08807  
Telephone: (908) 685-8040  
FAX: (908) 685-8030  
[www.lunginfo.org](http://www.lunginfo.org)

### SICKLE CELL DISEASE

Sickle Cell Disease Association of America  
SCDAA - Philadelphia/Delaware Valley  
5070 Parkside Avenue, Suite 1404  
Philadelphia, PA 19131  
Telephone: (215) 471-8686  
FAX: (215) 471-7441  
[www.sicklecelldisorder.com](http://www.sicklecelldisorder.com)

### SCLERODERMA

Scleroderma Foundation (Southern NJ)  
Delaware Valley Chapter  
385 Kings Highway North  
Cherry Hill, NJ 08034  
Telephone: (866) 675-5545  
[www.scleroderma.org](http://www.scleroderma.org)

Tri-State Chapter (Northern NJ)  
59 Front Street  
Binghamton, NY 13905  
Telephone: (607) 723-2239 (800) 867-0885  
FAX: (607) 723-2039  
[www.scleroderma.org](http://www.scleroderma.org)

### SENSORY IMPAIRMENTS

New Jersey Association of the Deaf-Blind, Inc.  
24 K World's Fair Drive  
Somerset, NJ 08873-1349  
Telephone/TTY: (732) 805-1912  
FAX: (732) 805-3088  
[www.njadb.org](http://www.njadb.org)

New Jersey Speech-Language-Hearing Association  
66 Witherspoon Street, Suite 337  
Princeton, NJ 08542  
Telephone: (888) 906-5742  
FAX: (888) 729-3489  
[www.njsha.org](http://www.njsha.org)

### SPINA BIFIDA

Spina Bifida Resource Network  
(formerly Spina Bifida Association Tri-State Region)  
84 Park Avenue, Suite G-106  
Flemington, NJ 08822  
Telephone: (908) 782-7475  
FAX: (908) 782-6102  
[www.thesbrn.org](http://www.thesbrn.org)

### SPINAL CORD INJURY (SCI)

Christopher & Dana Reeve Paralysis Resource Center  
Short Hills Plaza  
636 Morris Turnpike, Suite 3A  
Short Hills, NJ 07078  
Telephone: (800) 539-7309  
FAX: (973) 467-9845  
[www.christopherreeve.org](http://www.christopherreeve.org)

Central Jersey Spinal Cord Association  
19 Jefferson Avenue  
New Brunswick, NJ 08903  
Telephone: (732) 220-0870  
[www.cjsca.net](http://www.cjsca.net)

### STROKE/CVA

New Jersey Stroke Activity Center, Inc.  
725 Joralemon Street, Suite 191  
Belleville, NJ 07109  
Telephone: (973) 450-4114  
FAX: (973) 450-0805  
[www.njsac.org](http://www.njsac.org)

American Stroke Association  
7272 Greenville Avenue  
Dallas, TX 75231  
Telephone: (888) 4-STROKE (888) 478-7653 or  
(888) 474-VIVE  
<http://www.strokeassociation.org/STROKEORG/>

### TOURETTE SYNDROME

New Jersey Center for Tourette Syndrome  
50 Division Street, Suite 205  
Somerville, NJ 08876  
Telephone: (908) 575-7350  
FAX: (908) 575-8699  
[www.njcts.org](http://www.njcts.org)

## NEW JERSEY SELF-HELP GROUP CLEARINGHOUSE

- 🍷 Maintains information on thousands of local no-fee support groups in New Jersey, including many that address disabilities, illnesses, caregiving, and parenting
- 🍷 Provides information about national and online support networks
- 🍷 Helps those interested in starting new support groups by providing free how-to materials, phone consultation, and training
- 🍷 Publishes an annual directory of support groups

375 East McFarlan Street, Dover, NJ 07801  
Telephone: (800) 367-6274 or (973) 989-1122 FAX: (973) 989-1159 [www.njgroups.org](http://www.njgroups.org)

## INTERNET RESOURCES

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ADAPT (American Disabled for Attendant Programs Today)  
[www.adapt.org](http://www.adapt.org)

Alliance for Inclusion in the Arts  
[www.inclusioninthearts.org](http://www.inclusioninthearts.org)

American Association for Adapted Sports Programs  
[www.adaptedsports.org](http://www.adaptedsports.org)

American Association of People with Disabilities  
[www.aapd.com](http://www.aapd.com)

American Association on Intellectual & Developmental Disabilities  
[www.aaid.org](http://www.aaid.org)

American Chronic Pain Association  
[www.theacpa.org](http://www.theacpa.org)

American Disability Association (ADAnet)  
[www.ADAnet.org](http://www.ADAnet.org)

American Self-Help Clearinghouse  
[www.selfhelpgroups.org](http://www.selfhelpgroups.org)

Assistance Dogs International, Inc  
[www.assistancedogsinternational.org](http://www.assistancedogsinternational.org)

Center for an Accessible Society  
[www.accessiblesociety.org](http://www.accessiblesociety.org)

Center for Hearing and Communication  
[www.chchearing.org](http://www.chchearing.org)

Children's Disabilities Information  
[www.childrensdisabilities.info](http://www.childrensdisabilities.info)

Consortium for Citizens with Disabilities  
[www.c-c-d.org](http://www.c-c-d.org)

Cornucopia of Disability Information  
<http://codi.buffalo.edu/>

Council for Disability Awareness  
[www.disabilitycanhappen.org](http://www.disabilitycanhappen.org)

Disabled in Action  
[www.disabledinaction.org](http://www.disabledinaction.org)

Disability History Museum  
[www.disabilitymuseum.org](http://www.disabilitymuseum.org)

Disability Info  
[www.disability.gov](http://www.disability.gov)

Disability Nation  
[www.disabilitynation.net](http://www.disabilitynation.net)

Disability Online  
[www.disabilityonline.com](http://www.disabilityonline.com)

Disability Resources Monthly  
[www.disabilityresources.org](http://www.disabilityresources.org)

Disability Social History Project  
[www.disabilityhistory.org](http://www.disabilityhistory.org)

Disabled Sports USA  
[www.dsusa.org](http://www.dsusa.org)

DO-IT Foundation  
[www.washington.edu/doit](http://www.washington.edu/doit)

Family Village  
[www.familyvillage.wisc.edu](http://www.familyvillage.wisc.edu)

Freedom Clearinghouse  
[www.freedomclearinghouse.org](http://www.freedomclearinghouse.org)

Genetic Alliance  
[www.geneticalliance.org](http://www.geneticalliance.org)

Harvard Law School Project on Disability  
<http://hpod.org/>

Health Care Coach  
[www.healthcarecoach.org](http://www.healthcarecoach.org)

I Am PWD  
[www.iampwd.org/](http://www.iampwd.org/)

Inclusion Daily Express  
[www.inclusiondaily.com](http://www.inclusiondaily.com)

Independent Living Institute  
[www.independentliving.org](http://www.independentliving.org)

Independent Living USA  
[www.ilusa.com](http://www.ilusa.com)

Institute for Community Inclusion  
[www.communityinclusion.org](http://www.communityinclusion.org)

Institute on Disability Culture  
[www.dimenet.com/disculture](http://www.dimenet.com/disculture)

International Center for Disability Resources  
[www.icdri.org/](http://www.icdri.org/)

International Paralympic Committee  
[www.paralympic.org](http://www.paralympic.org)

Job Accommodation Network  
<http://askjan.org>

Largest Minority  
[www.largestminority.org](http://www.largestminority.org)

Mobility International USA  
[www.miusa.org](http://www.miusa.org)

National Academy of Elder Law Attorneys, Inc.  
[www.naela.org](http://www.naela.org)

National Arts and Disabilities Center  
[www.semel.ucla.edu/nadc](http://www.semel.ucla.edu/nadc)

National Center for Accessible Media  
<http://ncam.wgbh.org/>

National Center on Accessibility  
[www.ncaonline.org/](http://www.ncaonline.org/)

National Center on Birth Defects and Developmental Disabilities  
<http://www.cdc.gov/ncbddd/>

National Clearinghouse on Postsecondary Education for Individuals with Disabilities  
[www.heath.gwu.edu/](http://www.heath.gwu.edu/)

National Council on Disability  
[www.ncd.gov](http://www.ncd.gov)

National Disability Rights Network  
[www.napas.org](http://www.napas.org)

National Organization on Disability  
[www.nod.org](http://www.nod.org)

National Institutes of Health  
[www.nih.gov](http://www.nih.gov)

National Rehabilitation Information Center  
[www.naric.com/](http://www.naric.com/)

PACER Center  
Champions for Children with Disabilities  
[www.pacer.org](http://www.pacer.org)

Parents with Disabilities Online  
[www.disabledparents.net](http://www.disabledparents.net)

Society for Accessible Travel and Hospitality  
[www.sath.org](http://www.sath.org)

Society for Disability Studies  
[www.disstudies.org](http://www.disstudies.org)

TASH (formerly The Association for the Severely Handicapped)  
[www.tash.org](http://www.tash.org)

Through the Looking Glass  
[www.lookingglass.org](http://www.lookingglass.org)

World Association of People with Disabilities  
[www.wapd.org](http://www.wapd.org)

World Institute on Disability  
[www.wid.org](http://www.wid.org)

United Nations Commission on Human Rights  
[www.ohchr.org](http://www.ohchr.org)

U.S. International Council on Disabilities  
[www.usicd.org](http://www.usicd.org)

**Don't See What You Need?  
Contact DDS at  
1-888-285-3036**

## ADVOCACY RESOURCES

### ADVOCACY-GENERAL

Alliance for the Betterment of Citizens with Disabilities (ABCD)  
127 Route 206, Suite 18  
Hamilton, NJ 08610  
Telephone: (609) 581-8375  
FAX: (609) 581-8512  
[www.abcdnj.org](http://www.abcdnj.org)

Advocates for Children of New Jersey  
35 Halsey Street, 2nd Floor, Newark, NJ 07102  
Telephone: (973) 643-3876  
FAX: (973) 643-9153  
[www.acnj.org](http://www.acnj.org)

Association for Special Children and Families  
PO Box 494  
Hewitt, NJ 07421-0494  
Telephone: (973) 728-8744  
FAX: (973) 728-5919  
[www.ascfamily.org](http://www.ascfamily.org)

New Jersey Self-Advocacy Project  
985 Livingston Avenue  
North Brunswick, NJ 08902  
Telephone: (732) 246-2525 x22  
FAX: (732) 214-1834  
[www.arcnj.org](http://www.arcnj.org)

### ADVOCACY-EDUCATION

Statewide Parent Advocacy Network (SPAN)  
35 Halsey Street, 4th Floor  
Newark, NJ 07102  
Telephone: (800) 654-7726  
(973) 642-8100  
FAX: (973) 642-8080  
[www.spannj.org](http://www.spannj.org)

### ADVOCACY-FAMILY SUPPORT

Family Support Center  
Epilepsy Foundation of New Jersey  
2516 Highway 35 North  
Manasquan, NJ 08736  
Telephone: (732) 528-8080  
(800) 372-6510  
FAX: (732) 528-4744  
[www.fscnj.org](http://www.fscnj.org)

The Family Resource Network  
1 AAA Drive, Suite 203  
Trenton, NJ 08691  
Telephone: (609) 392-4900  
(800) 336-5843  
FAX: (609) 392-5621  
[www.familyresourcenetwork.org](http://www.familyresourcenetwork.org)

### ADVOCACY-INFORMATION/RESEARCH

United Spinal Association  
75-20 Astoria Blvd.  
Jackson Heights, NY 11370  
Telephone: (718) 803-3782  
FAX: (718) 803-0414  
[www.unitedspinal.org](http://www.unitedspinal.org)

### ADVOCACY- LEGAL SERVICES

American Civil Liberties Union (ACLU)  
PO Box 32159  
Newark, NJ 07102  
Telephone: (973) 642-2084  
[www.aclu-nj.org](http://www.aclu-nj.org)

Education Law Center  
60 Park Place, Suite 300  
Newark, NJ 07102  
Telephone: (973) 624-1815  
FAX: (973) 624-7339  
TDD: (973) 624-4618  
[www.edlawcenter.org](http://www.edlawcenter.org)

Legal Services of New Jersey  
100 Metroplex Drive, Suite 402, PO Box 1357  
Edison, NJ 08818  
Telephone: (732) 572-9100  
(888) 576-5529 (Toll-free)  
[www.lsnj.org](http://www.lsnj.org)

New Jersey State Bar Association  
One Constitution Square  
New Brunswick, NJ 08901  
Telephone: (732) 249-5000  
FAX: (732) 249 2815  
[www.njsba.com](http://www.njsba.com)



Community Justice Center  
310 W. State Street, Third Floor  
Trenton, NJ 08618  
Telephone: (609) 218-5120  
FAX: (609) 218-5126  
<http://nj-communityjusticecenter.org>

Community Health Law Project  
185 Valley Street  
South Orange, NJ 07079  
Telephone: (973) 275-1175  
FAX: (973) 275-5210  
[www.chlp.org](http://www.chlp.org)

#### BRANCH OFFICES

Community Health Law Project  
650 Bloomfield Avenue, Suite 210  
Bloomfield, NJ 07003  
Telephone: (973) 680-5599  
FAX: (973) 680-1488  
TDD: (973) 680-1116

Community Health Law Project  
225 East State Street, Suite 5  
Trenton, NJ 08608  
Telephone: (609) 392-5553  
FAX:/TDD: (609) 392-5369

Community Health Law Project  
65 Jefferson Avenue, Suite 402, Elizabeth, NJ 07201  
Telephone: (908) 355-8282  
FAX: (908) 355-3724

Community Health Law Project  
Station House Office Building  
900 Haddon Avenue, Suite 400  
Collingswood, NJ 08108  
Telephone/TDD: (856) 858-9500  
FAX: (856) 858-9545

Community Health Law Project  
1 Main Street, Suite 413  
Eatontown, NJ 07724  
Telephone: (732) 380-1012  
FAX: (732) 380-1015

Disability Rights New Jersey (DRNJ)  
(formerly New Jersey Protection and Advocacy, Inc.)  
210 South Broad Street, 3rd Floor  
Trenton, NJ 08608  
Telephone: (800) 922-7233  
(609) 292-9742  
FAX: (609) 777-0187  
[www.drnj.org](http://www.drnj.org)

Division on Civil Rights  
140 East Front Street, 6th Floor  
PO Box 090  
Trenton, NJ 08625  
Telephone: (609) 292-4605  
TTY: (609) 292-1785  
FAX: (609) 292-3812  
[www.NJCivilRights.org](http://www.NJCivilRights.org)

#### BRANCH OFFICES

Division on Civil Rights  
26 South Pennsylvania Avenue, 3rd Floor  
Atlantic City, NJ 08401  
Telephone: (609) 441-3100  
TTY: (609) 441-7648  
FAX: (609) 441-3578

Division on Civil Rights  
One Port Center  
2 Riverside Drive, 4th Floor  
Camden, NJ 08103  
Telephone: (856) 614-2550  
TTY: (856) 614-2574  
FAX: (856) 614-2568

Division on Civil Rights  
31 Clinton Street, 3rd Floor.  
PO Box 46001  
Newark, NJ 07102  
Telephone: (973) 648-2700  
TTY: (973) 648-4678  
FAX: (973) 648-4405

#### SUPPORT GROUPS

New Jersey Self-Help Group Clearinghouse  
375 East McFarlan Street  
Dover, NJ 07801  
Telephone: (800) 367-6274  
(973) 989-1122  
FAX: (973) 989-1159  
[www.njgroups.org](http://www.njgroups.org)

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## VII

### PROFESSIONAL AND PROVIDER ORGANIZATIONS

New Jersey Association of Community Providers, Inc.  
1005 Whitehead Road Ext., Suite 1B  
Ewing, NJ 08638  
Telephone: (609) 406-1400  
FAX: (609) 406-1442  
[www.njacp.org](http://www.njacp.org)

ACCESS-NJ/CNA  
150 West State Street, Suite 120  
Trenton, NJ 08608  
Telephone: (609) 392-1255  
FAX: (609) 392-3236  
[www.cnaservices.org](http://www.cnaservices.org)

Association of Schools and Agencies for the  
Handicapped (ASAH)  
2125 Route 33  
Lexington Square  
Hamilton Square, NJ 08690  
Telephone: (609) 890-1400  
FAX: (609) 890-8860  
[www.asah.org](http://www.asah.org)

New Jersey Association for Persons in Supported  
Employment (NJAPSE)  
The Network on Employment  
Telephone: (732) 831-1114  
[www.njapse.org](http://www.njapse.org)

For Home Care Associations, See Page 49

## VIII

### SERVICE DOG RESOURCES

Canine Companions for Independence  
286 Middle Island Road, Medford, NY 11763  
Telephone/TDD: (800) 572-2275  
[www.cci.org](http://www.cci.org)

Canine Partners for Life  
PO Box 170, Cochranville, PA 19330  
Telephone: (610) 869-4902  
[www.k94life.org](http://www.k94life.org)

Pet Partners (formerly Delta Society)  
875 124th Avenue NE, Suite 101  
Bellevue, WA 98005  
Telephone: (425) 679-5500  
[www.petpartners.org](http://www.petpartners.org)

Seeing Eye, Inc.  
PO Box 375, Morristown, NJ 07963-0375  
Telephone: (973) 539-4425  
[www.seeingeye.org](http://www.seeingeye.org)

See Appendix 5 for more information on Service Animals

## IX

### RECREATION RESOURCES

#### SPORTS AND TRAINING

New Jersey Special Olympics  
3 Princess Road  
Lawrenceville, NJ 08648  
Telephone: (609) 896-8000  
FAX: (609) 896-8040  
[www.sonj.org](http://www.sonj.org)

#### US YOUTH SOCCER - TOPSoccer

529 Abbington Drive, Suite 5  
East Windsor, NJ 08520  
Telephone: (609) 490-0725/0731  
[www.njyouthsoccer.com](http://www.njyouthsoccer.com)

#### ARTS PROGRAMS

New Jersey Arts Access Task Force  
8 Marcella Avenue  
West Orange, NJ 07052  
Telephone: (973) 731-6582  
FAX: (973) 731-5520  
[www.njtheatrealliance.org/accessibility.htm](http://www.njtheatrealliance.org/accessibility.htm)

VSA Arts of New Jersey  
703 Jersey Avenue  
New Brunswick, NJ 08901  
Telephone: (732) 745-3885  
FAX (732) 745-4524  
[www.vsanj.org](http://www.vsanj.org)

# X

## TECHNOLOGY RESOURCES

### ASSISTIVE TECHNOLOGY

Assistive technology is equipment or services which increase, maintain or improve the functional capability of an individual with a disability. The following programs and agencies provide both awareness of and access to assistive technology.

#### “Back in Action”

Assistive Devices Recycling Center

Telephone: (800) 922-7233

(609) 292-9742

TTY: (609) 633-7106

FAX: (609) 777-0187

<http://backinaction.drnj.org>

#### Assistive Technology Advocacy Center (ATAC)

210 S. Broad Street, 3rd Floor

Trenton, NJ 08608

Telephone: (800) 922-7233

(609) 292-9742

TDD: (609) 633-7106

FAX: (609) 777-0187

[www.drnj.org/atacprogram.htm](http://www.drnj.org/atacprogram.htm)

#### Rehabilitation Technology Services and

Technology Lending Center

Advancing Opportunities (formerly CPNJ)

1005 Whitehead Road Ext., Suite 1

Ewing, NJ 08638

Telephone: (609) 882-4182

(888) 322-1918 (Toll-free)

TTY: (609) 882-0620

FAX: (609) 882-4054

#### Goodwill Home Medical Equipment

(formerly YourReSource)

18 Artic Parkway

Ewing, NJ 08638

Telephone: (609) 396-1513

[www.goodwillhomemedical.org](http://www.goodwillhomemedical.org)

### TECHNOLOGY RESOURCES ON THE WEB

Able Data

[www.abledata.com](http://www.abledata.com)

RESNA

[www.resna.org](http://www.resna.org)

AssistiveTech.net

[www.assistivetech.net](http://www.assistivetech.net)

Web Access Interactive

[www.w3.org/WAI/](http://www.w3.org/WAI/)

Northeast ADA & IT Center [www.ilr.cornell.edu/edi/dbtacnortheast/index.cfm](http://www.ilr.cornell.edu/edi/dbtacnortheast/index.cfm)

# XI

## NATIONAL RESOURCES

Many national organizations can offer assistance to people with disabilities and their families. Here are some telephone numbers, hotlines, and Web sites for additional resources.

#### American Association on Intellectual and

Developmental Disabilities

(202) 387-1968

[www.aaid.org](http://www.aaid.org)

#### American Cancer Society

(800) 227-2345

[www.cancer.org](http://www.cancer.org)

#### American Foundation for the Blind

(800) 232-5463

[www.afb.org](http://www.afb.org)

#### American Stroke Association

(888) 478-7653

[www.strokeassociation.org](http://www.strokeassociation.org)

#### Amputee Coalition of America

(888) 267-5669

[www.amputee-coalition.org](http://www.amputee-coalition.org)

#### Amyotrophic Lateral Sclerosis Association

(800) 782-4747

[www.alsa.org](http://www.alsa.org)

#### The Arc of the United States

(800) 433-5255

[www.thearc.org](http://www.thearc.org)

#### Arthritis National Research Foundation

(800) 588-2873

[www.curearthritis.org](http://www.curearthritis.org)

#### Brain Injury Association of America

(800) 444-6443

[www.biausa.org](http://www.biausa.org)

#### Burn Association of America

(312) 642-9260

[www.ameriburn.org](http://www.ameriburn.org)

#### Celiac Sprue Association

(877) 272-4272

[www.csaceliacs.org](http://www.csaceliacs.org)

Children and Adults with Attention Deficit Disorder (CHADD)  
(800) 233-4050  
[www.chadd.org](http://www.chadd.org)

Chronic Fatigue and Immune Dysfunction Syndrome Association of America  
(704) 365-2343  
[www.cfids.org](http://www.cfids.org)

Cystic Fibrosis Foundation  
(800) 344-4823  
[www.cff.org](http://www.cff.org)

Disability Rights Education and Defense Fund  
(800) 348-4232  
[www.dredf.org](http://www.dredf.org)

Easter Seals National Headquarters  
(800) 221-6827  
[www.easterseals.com](http://www.easterseals.com)

Epilepsy Foundation of America  
(800) 332-1000  
[www.epilepsyfoundation.org](http://www.epilepsyfoundation.org)

Hearing Loss Association of America  
(301) 657.2248  
[www.hearingloss.org](http://www.hearingloss.org)

Job Accommodation Network  
(800) 526-7234  
<http://askjan.org>

Learning Disabilities Association of America  
(412) 341-1515  
[www.ldanatl.org](http://www.ldanatl.org)

Mental Health America  
(800) 969-6642  
[www.nmha.org](http://www.nmha.org)

Muscular Dystrophy Association  
(800) 572-1717  
[www.mda.org](http://www.mda.org)

National Accessible Apartment Clearinghouse Housing Resource Center  
(877) 428-8844  
[www.nmhc.org/contentlist.cfm?navid=182](http://www.nmhc.org/contentlist.cfm?navid=182)

National Association of the Deaf  
(301) 587-1788 (Voice)  
[www.nad.org](http://www.nad.org)

National Association for Parents of Children with Visual Impairments  
(800) 562-6265  
[www.spedex.com/napvi](http://www.spedex.com/napvi)

National Association of People with AIDS  
(866) 846-9366  
[www.napwa.org](http://www.napwa.org)

National Autism Center  
(877) 313-3833  
[www.nationalautismcenter.org](http://www.nationalautismcenter.org)

National Council on Alcoholism and Drug Dependence  
(800) 622-2255  
[www.ncadd.org](http://www.ncadd.org)

National Dissemination Center for Children with Disabilities (NICHCY)  
(800) 695-0285  
[www.nichcy.org](http://www.nichcy.org)

National Down Syndrome Congress  
(800) 232-6372  
[www.ndscenter.org](http://www.ndscenter.org)

National Down Syndrome Society  
(800) 221-4602  
[www.ndss.org](http://www.ndss.org)

National Fragile X Foundation  
(800) 688-8765  
[www.fragilex.org](http://www.fragilex.org)

National Library Services for the Blind and Physically Handicapped  
(888) 657-7323  
[www.loc.gov/nls/](http://www.loc.gov/nls/)

National Multiple Sclerosis Society  
(800) 344-4867  
[www.nationalmssociety.org](http://www.nationalmssociety.org)

National Organization for Rare Disorders  
(800) 999-6673  
[www.rarediseases.org](http://www.rarediseases.org)

National Spinal Cord Injury Association  
(800) 962-9629  
Email: [info@spinalcord.org](mailto:info@spinalcord.org)  
[www.spinalcord.org](http://www.spinalcord.org)

Office of Disability Employment Policy (ODEP)  
(866) 633-7365  
[www.dol.gov/odep](http://www.dol.gov/odep)

Paralyzed Veterans of America  
(800) 424-8200  
[www.pva.org](http://www.pva.org)

Reflex Sympathetic Dystrophy Syndrome Association  
(877) 662-7737  
[www.rsds.org](http://www.rsds.org)

Society for Disability Studies  
(704) 274-9240  
[www.disstudies.org](http://www.disstudies.org)

United Spinal Association  
(800) 404-2898

## RESEARCH RESOURCES

The NJ State Library Talking Book & Braille Center  
 PO Box 501  
 2300 Stuyvesant Avenue  
 Trenton NJ 08618  
 Telephone: (800) 792-8322  
 FAX: (609) 406-7181  
[www.njstlib.org](http://www.njstlib.org)

Learning Ally  
 (formerly Recording for the Blind and Dyslexic)  
 20 Roszel Road  
 Princeton, NJ 08540  
 Telephone: (800) 221-4792  
 FAX: (609) 987-8116  
[www.learningally.org](http://www.learningally.org)

New Jersey State Library  
 PO Box 520, 185 West State Street  
 Trenton, NJ 08625  
 Telephone: (609) 278-2640  
 FAX: (609) 292-2746  
[www.njstatelib.org](http://www.njstatelib.org)

### RESEARCH RESOURCES ON THE WEB

Disability Research Institute [www.dri.uiuc.edu/default.htm](http://www.dri.uiuc.edu/default.htm)  
 National Center for the Dissemination  
 of Disability Research [www.ncddr.org](http://www.ncddr.org)  
 National Rehabilitation Information  
 Center [www.naric.com](http://www.naric.com)  
 Spinal Cord Injury  
 Information Network [www.spinalcord.uab.edu](http://www.spinalcord.uab.edu)  
 US Census Bureau <http://factfinder2.census.gov>

## RIGHTS AND LAWS

### The Individuals with Disabilities Education Act (IDEA)

<http://idea.ed.gov>

Federal law mandating that all children, regardless of disability, are entitled to a free, appropriate education, without extra cost and in the least restrictive and segregated environment possible.

### The Rehabilitation Act of 1973

[www.ed.gov/policy/speced/reg/narrative.html](http://www.ed.gov/policy/speced/reg/narrative.html)

Federal law which mandates all federal government agencies, and agencies with federal government contracts, to take affirmative action to employ people with disabilities. It also protects otherwise qualified people with disabilities from being denied services or benefits from a program receiving federal money.

### The Americans with Disabilities Act (ADA)

[www.ADA.gov](http://www.ADA.gov)

Federal civil rights law which guarantees individuals with disabilities equal opportunity in employment, public accommodations, state and local government services, transportation, and telecommunications.

### The Developmental Disabilities Assistance and Bill of Rights Act of 2000

<http://www.acf.hhs.gov/programs/aidd/resource/dd-act>

Federal law mandating that an individual with a developmental disability has a right to appropriate treatment for his or her disability, and that treatment should be designed to maximize the individual's potential.

### The Fair Housing Act

<http://www.justice.gov/crt/about/hce/title8.php>

Federal law which prohibits discrimination in the sale or rental of houses and apartments. It is also discriminatory to refuse to allow the modification of a home to provide physical access.

### The Motorized Wheelchair Lemon Law

[www.state.nj.us/lps/ca/brief/wheel.pdf](http://www.state.nj.us/lps/ca/brief/wheel.pdf)

The Wheelchair Lemon Law requires manufacturers to give customers warranties of at least one year that cover defects which impair the use, value or safety of the chair or scooter. After three unsuccessful attempts at repairing the same problem with the wheelchair or motorized scooter or if the wheelchair or motorized scooter is out of service for a total of twenty days, the customer may be entitled to a replacement, refund, or early lease termination, minus a reasonable allowance for use.

### The Snow Removal Act

[www.njleg.state.nj.us/9899/Bills/pl99/182\\_.htm](http://www.njleg.state.nj.us/9899/Bills/pl99/182_.htm)

In a public parking area, the person who owns or controls the area shall be responsible for assuring that the restricted spaces remain free from obstruction. This includes shopping carts and other debris. Ice and snow must be removed within 24 hours after the weather condition has ceased.

## **Open Public Records Act (OPRA)**

[www.nj.gov/opra/](http://www.nj.gov/opra/)

2001 state law which requires most branches of state, county, and municipal government to provide citizens with the opportunity to inspect, copy, or examine government records. It does allow public agencies to protect citizens' personal information.

## **Older Americans Act**

[www.aoa.gov](http://www.aoa.gov)

Federal civil rights law passed in 1965, which has since been amended. It created the Administration on Aging and provides funding for research and training projects. It also provides nutrition programs, health promotion and disease prevention, in-home services, and protection of the rights of older persons. The amended Act created the National Family Caregiver Support Program, which helps families care for elders who have illnesses or disabilities.

## **Mental Health Parity Act**

Federal law which prevents group health plans of employers with more than 50 workers from placing dollar limits on mental health benefits that are lower than annual or lifetime dollar limits for medical and surgical benefits offered under the plan. This law does not, however, require group health plans to include mental health coverage.

## **Health Insurance Portability and Accountability Act (HIPAA)**

[www.hhs.gov/ocr/hipaa/](http://www.hhs.gov/ocr/hipaa/)

Federal law which establishes national standards to protect individuals' medical records and other health information. Insurance carriers, healthcare clearinghouses, and healthcare providers are required to comply with its privacy standards. It gives consumers the right to request to inspect, copy, or amend their medical records, and to limit disclosure of information.

## **Danielle's Law**

[www.state.nj.us/humanservices/ddd/resources/info/danielleslaw2.html](http://www.state.nj.us/humanservices/ddd/resources/info/danielleslaw2.html)

New Jersey state law which requires staff working at public or private facilities for persons with developmental disabilities or brain injuries to call 911 in cases of medical emergency.

## **Air Carriers Access Act**

<http://airconsumer.ost.dot.gov/publications/horizons.htm>

Federal law which requires airlines to accommodate the needs of passengers with disabilities. It prevents airlines from refusing to transport a passenger solely because of

a disability; limits the circumstances under which passengers with disabilities must provide advance information about their disabilities to air carriers; states that assistive devices do not count against passenger baggage limits; and sets accessibility guidelines for airplane facilities. Airline personnel must provide routine physical assistance but are not required to provide what would customarily be regarded as personal care assistance. However, if a passenger requires an attendant, the airline must transport the attendant free of charge. The law does not require an airline to transport an individual who may endanger the health or safety of others. The Act mandates that a Complaints Resolution Officer (CRO) be immediately available to resolve disputes between airlines and passengers with disabilities.

## **The Work Incentives Improvement Act**

[www.socialsecurity.gov/work/aboutticket.html](http://www.socialsecurity.gov/work/aboutticket.html)

Former U.S. President Clinton signed the Ticket to Work and Work Incentives Improvement Act of 1999 on December 17. This law increases beneficiary choice in obtaining rehabilitation and vocational services; removes barriers that require people with disabilities to choose between health care coverage and work; and insures that more Americans with disabilities have the opportunity to participate in the workforce and lessen their dependence on public benefits.

## **New Jersey Law Against Discrimination (NJLAD)**

[www.state.nj.us/lps/dcr/law.html](http://www.state.nj.us/lps/dcr/law.html)

New Jersey state law which prohibits discrimination in employment, housing, places of public accommodation, and credit and business contracts on the basis of race, creed, color, national origin, nationality, ancestry, age, sex, familial status, marital status, domestic partnership status, affectional or sexual orientation, atypical cellular or blood trait, genetic information, liability for military service, mental or physical disability, perceived disability, or AIDS and HIV status. There are exceptions to these prohibitions.

## **Family Support Act**

The Family Support Act is a 1993 state law which created family-driven Regional Family Support Planning Councils to assist families in making service decisions that best meet the needs of their members with disabilities. It establishes within the Division of Developmental Disabilities (DDD) a system of family support which includes financial assistance, service coordination, and a variety of services and trainings.

## LEGAL ASSISTANCE

### Civil Rights

The Division on Civil Rights, within the New Jersey Department of Law and Public Safety, is responsible for investigating allegations of discrimination and for seeking resolution through conciliation, hearings, or court orders. People with disabilities can file a complaint by calling the division or any of its enforcement branches.

#### The Division on Civil Rights

PO Box 090  
Trenton, NJ 08625-0090  
Telephone: (609) 292-4605  
TTY: (609) 292-1785  
FAX: (609) 984-3812  
[www.NJCivilRights.org](http://www.NJCivilRights.org)

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### DISABILITY RIGHTS INFORMATION SERVICES

The following telephone numbers and Internet sites offer access to federal agencies and other organizations which provide information about the Americans with Disabilities Act (ADA), as well as guidance in understanding and complying with provisions of the ADA and other federal disability rights laws.

#### Department of Justice

ADA Information Line for documents, questions and referrals: (800) 514-0301  
TDD: (800) 514-0383  
[www.ada.gov](http://www.ada.gov)

#### Equal Employment Opportunity Commission (EEOC)

National Headquarters  
Telephone: (202) 663-4900  
TTY: (202) 663-4494  
To be automatically connected to the nearest EEOC field office: (800) 669-4000  
TTY: (800) 669-6820  
[www.eeoc.gov](http://www.eeoc.gov)

#### Federal Communications Commission

Consumer Information on Telecommunications Relay Services (TRS)  
Telephone: (888) 225-5322 TTY: (888) 835-5322  
[www.fcc.gov/cgb/dro/trs.html](http://www.fcc.gov/cgb/dro/trs.html)

#### Architectural and Transportation Barriers Compliance Board

Documents and questions: (800) 872-2253  
TDD: (800) 993-2822  
[www.access-board.gov](http://www.access-board.gov)

### INFORMATION ON OTHER LAWS OF INTEREST

#### Individuals with Disabilities Education Act (IDEA) of 1990 US Department of Education

Office of Special Education and Rehabilitative Services  
Telephone: (202) 245-7468  
[www.ed.gov/about/offices/list/OSERS/index.html](http://www.ed.gov/about/offices/list/OSERS/index.html)

#### Fair Housing Act of 1988

New Jersey/New York  
HUD Fair Housing Office  
Telephone: (800) 496-4294 TTY: (973) 645-3298  
[www.hud.gov/offices/fheo/aboutfheo/fhhubs.cfm](http://www.hud.gov/offices/fheo/aboutfheo/fhhubs.cfm)

#### Rehabilitation Act of 1973

Disability Rights Section, Civil Rights Division, U.S. Department of Justice:  
Telephone: (800) 514-0301 TTY: (800) 514-0383  
[www.ada.gov](http://www.ada.gov)

The U.S. Department of Justice provides information about the Americans with Disabilities Act (ADA) through a toll-free ADA Information Line. This service permits businesses, State and local governments, or others to call and ask questions about general or specific ADA requirements including questions about the ADA Standards for Accessible Design. ADA specialists are available Monday through Friday from 9:30 AM until 5:30 PM (eastern time) except on Thursday when the hours are 12:30 PM until 5:30 PM. Spanish language service is also available.

For general ADA information, answers to specific technical questions, free ADA materials, or information about filing a complaint, call:

800-514-0301 (voice) 800-514-0383 (TTY)

For additional information regarding ADA, please visit the website at: [www.ada.gov](http://www.ada.gov)

## AMERICANS WITH DISABILITIES ACT AT A GLANCE

**Title I** Ensures that qualified job applicants and employees with disabilities are protected from discrimination on the basis of disability. Enforced by the Equal Employment Opportunity Commission (EEOC)

**Title II** Requires equal access for people with disabilities to state and local government programs and services. Enforced by the Department of Justice (DOJ)

**Title III** Mandates access to goods and services to people with disabilities in places of public accommodation. Enforced by the Department of Justice (DOJ)

**Title IV** Establishes the Telecommunication Relay Service and requires any public service announcement that is funded wholly or in part by the federal government to be closed-captioned. Enforced by the Federal Communications Commission (FCC)

**Title V** Compliance mechanisms for the administration of the provisions of the ADA

This section describes federal and state health care assistance programs and health care resources for eligible children and adults with disabilities.

### SPECIAL CHILD HEALTH SERVICES

Each of the state's 21 counties has a Special Child Health Services (SCHS) Case Management Unit jointly funded by SCHS and the County Freeholders. SCHS Case Managers, with parental consent, work with the child's parents and the physician to evaluate an affected child's strengths and needs; and develops an individual service plan for the child and family. Medical, educational, developmental, social and economic needs of the child and family are targeted.

#### Special Child Health Services

PO Box 364, Trenton, NJ 08625-0364

Telephone: (609) 777-7778  
(888) 653-4463 (Toll-Free)

FAX: (609) 292-3580

### COUNTY CASE MANAGEMENT UNITS

Atlantic County	(609) 909-9269	
Bergen County	(201) 634-2620	
Burlington County	(609) 267-7156	x7104
Camden County	(856) 374-6021	
Cape May County	(609) 465-6841	
Cumberland County	(856) 327-7602	x7132
Essex County	(973) 395-8836	
Gloucester County	(856) 218-4111	
Hudson County	(201) 915-2514	
Hunterdon County	(908) 788-6399	
Mercer County	(609) 588-8460	
Middlesex County	(732) 745-3187	
Monmouth County	(732) 224-6950	
Morris County	(973) 971-4155	
Ocean County	(732) 341-9700	x7602
Passaic County	(973) 523-6778	
Salem County	(856) 935-7510	x8305
Somerset County	(908) 725-2366	
Sussex County	(973) 948-5239	
Union County	(908) 889-0950	x2544
Warren County	(908) 689-6000	x258

### Early Intervention Services

The New Jersey Early Intervention System (NJEIS), under the Division of Family Health Services, implements New Jersey's statewide system of services for infants and toddlers, birth to age three, with developmental delays or disabilities, and their families. The Department of Health is appointed by the Governor as the state lead agency for the Early Intervention System.

Telephone: (888) 653-4463

### MATERNAL AND CHILD HEALTH SERVICES

The Maternal and Child Health and Regional Services Unit supports a regionalized perinatal system and provides epidemiology services based on infant mortality and morbidity surveillance units. Funding and coordination are provided to the Healthy Mothers/Healthy Babies Coalitions, the MCH Consortia, and a network of specialized perinatal services for pregnant women at-risk. This network includes high-risk obstetric clinics and risk reduction centers.

### DIVISION OF FAMILY HEALTH SERVICES

#### NJ Family Health Line

Telephone: (800) 328-3838

### NEWBORN BIOCHEMICAL SCREENING PROGRAM

Telephone: (609) 292-1582

### SUPPLEMENTAL NUTRITION

The Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides supplemental nutritious foods, nutrition education, breastfeeding promotion and support, immunization screening, and health care referrals to pregnant, breastfeeding, and postpartum women, infants, and children (from families with inadequate income and who are at risk with respect to their physical and mental health due to inadequate nutrition and/or primary health care).

### FOR LOCAL WIC AGENCIES, CALL:

(866) 44NJWIC

For the Department of Health

See Page 9

### DENTAL ASSISTANCE

#### Dental Lifeline Network

(formerly New Jersey Foundation of Dentistry for Persons with Disabilities, Donated Dental Services)  
25 Kennedy Boulevard, Suite 400

East Brunswick, NJ 08816

Essex, Union, Hudson, Bergen, Passaic, Morris, and Sussex Counties:

Telephone: (877) 720-5557

(732) 296-6718

FAX: (732) 549-8907

All other counties:

Telephone: (800) 829-4619

(732) 549-8909

FAX: (732) 296-6719

[www.nfdh.org](http://www.nfdh.org)



**University of Medicine & Dentistry of New Jersey (UMDNJ), New Jersey Dental School Clinic**  
110 Bergen Street, PO Box 1709  
Newark, NJ 07101  
Telephone: (973) 972-4242

**Dental Care for Persons with Developmental Disabilities in NJ,**  
**Matheny Medical and Educational Center**  
PO Box 339, Peapack, NJ 07977  
Telephone: (908) 234-0011  
(888) 917-1222

**Campaign of Concern**  
This program uses registered hygienists to teach oral hygiene skills to people with developmental disabilities and trains caregivers in proper oral health and hygiene.  
Telephone: (800) 466-8129

**Association of Managed Care Dentists**  
[www.amcd.org](http://www.amcd.org)

**Dental Provider Database**  
[www.disabilityhealth.org/dental](http://www.disabilityhealth.org/dental)

#### PHARMACEUTICAL ASSISTANCE

##### PAAD and Senior Gold

The Division of Aging Services offers, to qualified individuals, programs which provide financial assistance for prescription medicines and certain pharmacy items.

For information about applying for Pharmaceutical Assistance to the Aged and Disabled (PAAD) or Senior Gold, contact your county's NJ EASE program (see page 19), your local pharmacy, or the Division of Aging Services.

**Division of Aging Services Call Center**  
**(800) 792-9745 (609) 588-7048**

**For information about the AIDS Drug Distribution Program (ADDP), call: (877) 613-4533**

**Rx4NJ (888) 793-6765 [www.rx4nj.org](http://www.rx4nj.org)**

Many pharmaceutical companies have Patient Assistance Programs to assist consumers who have limited income and are without health insurance which covers the cost of medications. Rx4NJ, a Partnership for Prescription Assistance (PPA) program, is a no-cost service which connects consumers to these discounts.

#### DID YOU KNOW?

The New Jersey Motor Vehicle Commission (MVC) provides a discount on the cost of vehicle registration to SSI, PAAD and Lifeline recipients. In order to receive this discount, the recipient must provide a current Lifeline or PAAD eligibility card at the time of registration.

For more information, contact the MVC at:  
(888) 486-3339

#### MENTAL HEALTH SERVICES

##### Statewide Clinical Consultation and Training (SCCAT)

This program serves individuals with developmental disabilities in mental health or behavioral crises. Their staff work out of regional offices, providing 24 hour a day, 7 day a week mobile response to people who are in crisis wherever they are located. They work with consumers, their families, staff and mental health providers by offering:

- Direct response at the time of crisis in family homes, residential placements, day programs, and emergency rooms
- Technical support to families, sponsors, DD and mental health service providers
- Link-up with relevant resources
- Training for consumers, families, sponsors, and service providers
- Consultations at psychiatric inpatient units

**For more information, call:**

**(888) 393-3007 [www.sccatnj.org](http://www.sccatnj.org)**

**For the Division of Mental Health Services**  
**See Page 8**

**FEDERALLY QUALIFIED HEALTH CENTERS (FQHCs)** are community-based programs, which provide primary and preventive healthcare, regardless of a patient's ability to pay. To find a FQHC in New Jersey, visit [www.njpc.org/FQHC](http://www.njpc.org/FQHC).

##### CHARITY CARE (866) 588-5696

The New Jersey Hospital Care Payment Assistance Program (Charity Care) is free or reduced charge care, which is provided to patients who receive inpatient and outpatient services at acute care hospitals throughout New Jersey. Some services, and outpatient prescriptions, may not be eligible for reduction. Assistance is available to individuals who have no health coverage or coverage that pays only for part of the bill, who are ineligible for any private or government sponsored coverage (such as Medicaid), and who meet the program's income and assets criteria.

#### HEALTHCARE RESOURCES ON THE WEB

The Patient Advocate Foundation  
[www.patientadvocate.org](http://www.patientadvocate.org)

Medicare Interactive  
[www.medicareinteractive.org](http://www.medicareinteractive.org)

Center for Ethics and Advocacy in Healthcare  
[www.healthcare-ethics.org](http://www.healthcare-ethics.org)

Medicare is a health insurance program, administered by the Center for Medicare and Medicaid Services (CMS), for people 65 years of age or older, certain younger people with disabilities, and people with End-Stage Renal Disease.

Medicare coverage is divided into three parts: Part A, Part B, and Part D. Part A helps to pay for care in hospitals, skilled nursing facilities, and hospice care. Part B helps pay for doctors, outpatient hospital care, and some other services not covered under Part A. Part D provides prescriptions coverage. Please direct specific questions to your carrier.

**MEDICARE CONTACTS**

**Center for Medicare and Medicaid Services (CMS)**

26 Federal Plaza Room, 38th Floor  
New York, NY 10278

Telephone: (212) 616-2205

FAX: (483) 380-8872

<http://cms.hhs.gov>

**For Medicare information:**

[www.medicare.gov](http://www.medicare.gov)

**800-MEDICARE (633-4227)**

**NEW JERSEY CARRIERS AND PARTNERS**

**State Health Insurance and Assistance Program (SHIP)**

Telephone: (800) 792-8820

(609) 943-3437

FAX: (609) 943-4011

**New Jersey Hospice and Palliative Care**

**Organization:** (908) 233-0060

[www.njhospice.org](http://www.njhospice.org)

**NEW JERSEY STATE GOVERNMENT CONTACTS**

**State Insurance Department:** (609) 292-5360

**State Medical Assistance Office:** (609) 588-2600

**Long Term Care Ombudsman:** (877) 582-6995

**FEDERAL GOVERNMENT CONTACTS**

**Center for Disease Control and Prevention (CDCP)**

(800) 232-4636

[www.cdc.gov](http://www.cdc.gov)

**Department of Veterans Affairs (DVA)**

(800) 827-1000

TDD: (800) 829-4833

[www.va.gov](http://www.va.gov)

**Health Resources and Services Administration**

**(HRSA)** (888) 275-4772

TDD: (877) 489-4772

[www.hrsa.gov](http://www.hrsa.gov)

**Office on Civil Rights**

(800) 368-1019

TDD: (800) 537-7697

[www.hhs.gov/ocr/](http://www.hhs.gov/ocr/)

**Office of the Inspector General**

(800) 869-4499 TDD: (800) 377-4950

[www.justice.gov/oig](http://www.justice.gov/oig)

**Railroad Retirement Board**

(877) 772-5772

TDD: (312) 751-4701

[www.rrb.gov](http://www.rrb.gov)

**MEDICARE COVERAGE AT A GLANCE**

**Part A:** Medically necessary care in hospitals, skilled nursing facilities, hospice, and some home health care

**Part B:** Doctor visits, preventive care, laboratory and x-ray services, durable medical equipment, hospital outpatient services, home health care, and ambulance service

**Part D:** Coverage for some medically approved pharmaceuticals

The New Jersey Medicaid Program, administered by the DHS Division of Medical Assistance and Health Services, covers certain medical and health care services for individuals who meet established eligibility standards.

**MEDICAL ASSISTANCE CUSTOMER CENTERS**

- Atlantic / Cape May / Cumberland Counties  
(609) 561-7569
- Bergen / Passaic / Morris / Sussex / Warren Counties  
(973) 977-4077
- Burlington / Camden / Gloucester / Mercer / Salem Counties  
(856) 614-2870
- Essex County  
(973) 648-3700
- Hudson County  
(201) 217-7100
- Monmouth / Ocean / Middlesex / Hunterdon / Somerset / Union Counties  
(732) 761-3600

**MEDICAID HOME AND COMMUNITY-BASED WAIVERS**

Medicaid waivers include expanded Medicaid services to allow individuals who require facility-level of care to remain in the community. Individual waivers have disability-specific services included in their service packages. Please note that waivers have clinical and financial eligibility criteria, which must be met prior to enrollment.

Waivers are for individuals who already qualify for Medicaid but require supports and services beyond what standard Medicaid health insurance covers, OR for those who do not qualify for Medicaid under standard income guidelines, but who will not be able to remain in their homes without the supports and services that the waiver can provide, and who require a level of care provided by a hospital, a nursing facility, or an intermediate care facility.

**County Boards of Social Service, See Page 17**  
**To report Medicaid fraud: 877-55-FRAUD**

**MANAGED CARE**

Medicaid has changed its service delivery system to have all services administered using a managed care model. Most Medicaid recipients were enrolled with an HMO to manage their services. A list of the HMOs and contact information can be found below:

<b>HMO Contact Numbers</b>	
Amerigroup	800-600-4441
Healthfirst	888-464-4365
Horizon NJ Health	877-765-4325
United Healthcare	800-941-4647

**NJ FAMILY CARE**

NJ FamilyCare is a federal and state funded health insurance program created to help New Jersey’s uninsured children and certain low-income parents and guardians to have affordable health coverage. It is for families who do not have available or affordable employer insurance, and cannot afford to pay the high cost of private health insurance.

Telephone: (800) 701-0710  
[www.njfamilycare.org](http://www.njfamilycare.org)

**“Where’s My Ride?”**  
**LogistiCare** schedules rides to medical appointments for individuals on Medicaid/NJ FamilyCare.  
Reservations: (866) 527-9933

**MEDICAID AT A GLANCE**

**MEDICAID SERVICES MAY INCLUDE:**

- Certified Nurse Practitioner/Clinical Nurse Specialist Services
- Chiropractic Services
- Dental Services
- Early and Periodic Screenings, Diagnosis, and Treatment (under age 21 only)
- Family Planning Services
- HealthStart Maternity and Pediatric Care Services
- Home Care Services
- Hospice Services
- Inpatient and Outpatient Hospital Services
- Laboratory and Radiological Services
- Medical Day Care Services
- Medical Supplies and Equipment
- Nursing Facility Services
- Optometric Services and Optical Appliances
- Pharmaceutical Services
- Physician Services
- Podiatric Services
- Prosthetic and Orthotic Devices and Hearing Aids
- Psychological and Mental Health Services
- Rehabilitative Services
- Medical Transportation Services

## HEALTH AND WELLNESS FOR PEOPLE WITH DISABILITIES

### WELLNESS BASICS

- Include physical activity in your daily routine.
- Eat according to the FDA Food Pyramid at <http://mypyramid.gov/>
- Rest when needed and maintain a sleep schedule and maintain good personal hygiene.
- Make medical appointments as needed and keep accurate records for follow-up.
- Take medication as directed. Don't deviate from regime without medical clearance.
- Do a daily 'wellness check.' Look out for skin breakdown, sores and irritation.
- Make sure medical equipment such as wheelchairs and prosthetic devices "fit" properly.
- Avoid drug usage and limit alcohol and tobacco consumption.
- Maintain social interaction. Be part of the community.
- Keep up with "preventive" care. (Examples: Mammogram and pelvic exams for females and DRE and testicular exam for males.)

### HEALTH CARE SELF-ADVOCACY

- Keep an accurate updated list of your medications, providers, and insurance information.
- Make sure providers' offices are accessible. When in doubt, ask!!
- Discuss your disability as well as your health needs with practitioners.
- Never be afraid to ask questions or get clarity as needed.
- Ask someone to accompany you to appointments as needed.
- Keep a list of concerns or questions in between appointments and bring it with you to your appointments.

### WELLNESS RESOURCES ON THE WEB

Center for Disease Control Women's Health Homepage

[www.cdc.gov/ncbddd/women/default.htm](http://www.cdc.gov/ncbddd/women/default.htm)

The National Center on Physical Activity and Disability

[www.ncpad.org/](http://www.ncpad.org/)

Center for Research on Women with Disabilities (CROWD)

[www.bcm.edu/crowd/index.cfm](http://www.bcm.edu/crowd/index.cfm)

American Association on Health and Disability

[www.aahd.us/page.php](http://www.aahd.us/page.php)

Office on Women's Health

[www.womenhealth.gov/illness-disabilities](http://www.womenhealth.gov/illness-disabilities)

Center for Disease Control Feature Page on Disabilities

[www.cdc.gov/Features/Disabilities](http://www.cdc.gov/Features/Disabilities)

MedNets.com

[www.mednets.com](http://www.mednets.com)

See NJHelps Page 17 - [www.mynjhelps.org](http://www.mynjhelps.org)

### SUPPLEMENTAL SECURITY INCOME

Supplemental Security Income (SSI) is a Federal program established for the aged and people with disabilities. The program provides a monthly stipend. The federal government administers SSI through the Social Security Administration. People over 65 and people with disabilities, including children, may be eligible for SSI payments, and will receive NJ Medicaid automatically. Application is made through any Social Security office. Parents or guardians may apply on behalf of children under 18.

### SOCIAL SECURITY DISABILITY INSURANCE

The Social Security Disability Insurance (SSDI) program pays benefits to disabled workers and their families. To be eligible for SSDI, you must be disabled and must have earned a minimum number of credits from work covered under Social Security. The required number of credits varies depending on your age at the time you became disabled.

**SOCIAL SECURITY ADMINISTRATION**  
**(800) 772-1213 TDD: (800) 325-0778**  
[www.socialsecurity.gov](http://www.socialsecurity.gov)

### CATASTROPHIC ILLNESS IN CHILDREN RELIEF FUND (800) 335-FUND

The Catastrophic Illness in Children Relief Fund provides financial assistance for families in which a child has a disability or illness for which expenses are incurred that are not fully covered by insurance, state or federal programs, or other sources. Families that have lived in New Jersey for at least three months immediately preceding the date of application may be eligible if they have incurred health care expenses that exceed 10 percent of the family's income (plus 15 percent of any income over \$100,000). The child must have been 21 years old or younger when the medical bills were incurred. Families may reapply annually.

**CATASTROPHIC ILLNESS IN CHILDREN RELIEF FUND COMMISSION**  
 PO Box 728, Trenton, NJ 08625-0728  
 Telephone: (609) 292-0600  
 (800) 335-FUND

[www.njcatastrophicnessfund.org](http://www.njcatastrophicnessfund.org)

To find food pantries throughout New Jersey, visit [www.endhungernj.com](http://www.endhungernj.com)

## UTILITY ASSISTANCE

### LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP) (800) 510-3102

LIHEAP helps to pay heating and cooling bills.

### NJ LIFELINE CREDIT PROGRAM (800) 792-9745

NJ Lifeline is a yearly credit for your electric or gas bill. An individual must be 65 years old, or be a disabled adult (at least 18 years old) who is receiving Social Security Disability benefits. Recipients of Supplemental Security Income (SSI) do not need to apply—the Lifeline benefit is included in the monthly SSI check.

### NJ SHARES (866) NJSHARES (657-4273) [www.njshares.org](http://www.njshares.org)

NJ SHARES helps to pay electric and gas bills. This benefit can help if you experience a financial emergency and cannot pay your energy bill. To apply, contact a local NJ SHARES Intake Agency using the toll-free number above.

### UNIVERSAL SERVICE FUND (USF) (866) 240-1347

The Universal Service Fund (USF) program helps eligible low income households pay electric and natural gas service. The goal of the USF program is to ensure that eligible New Jersey utility customers only have to pay an affordable portion of their household income for energy cost. Under USF, eligible households would pay no more than 6% of their annual income for their natural gas and electric service combined. USF recipients must reside at the address provided on their utility account, and USF benefits will only be offered to the person/head of household listed on the utility account.

**Board of Public Utilities**  
**(609) 341-918 (800) 624-0241**

## AUTO INSURANCE ASSISTANCE

### DOLLAR-A-DAY AUTO INSURANCE (800) 652-2471

The Dollar-A-Day policy is available to New Jersey drivers who are currently enrolled in Medicaid with hospitalization. It covers emergency treatment immediately following an accident, and treatment of serious brain and spinal cord injuries up to \$250,000. It also provides a death benefit of \$10,000. The cost is \$365 per year.

The New Jersey Early Intervention System receives state and federal funds through Part C of the Individuals with Disabilities Education Act. The ultimate goal is for children to maximize their potential to lead full, productive lives with their families and within their own communities.

New Jersey's Early Intervention System is a coordinated effort among the New Jersey Department of Health, the New Jersey Department of Human Services, the New Jersey Department of Education and the New Jersey Department of Children and Families. A State Interagency Coordinating Council, appointed by the governor, advises and assists the Department of Health as the lead agency in the development and implementation of early intervention for infants and toddlers with developmental delays or disabilities, and their families. Services are available to children, birth to three, in every county.

### ELIGIBILITY

Each child's eligibility is determined by a multidisciplinary team, which includes the child's parents. If the child is not eligible for early intervention, recommendations may be made for referral to other appropriate resources. If the child is eligible, as determined by a medical diagnosis or developmental evaluation, an Individualized Family Service Plan (IFSP) to meet the needs of the child and the family will be developed by the team.

### CRITERIA

- developmental delay of at least 1.5 standard deviations below the mean in two or more developmental areas (cognitive; physical, including gross motor, fine motor, vision and hearing; communication, social/emotional or adaptive); or
- developmental delay of at least 2.0 standard deviations below the mean in one developmental area; or
- a medically diagnosed physical or mental condition that has a high probability of resulting in developmental delay.

### ACCESSING SERVICES

The county-based Regional Early Intervention Collaboratives are the system points of entry into the early intervention system. With family consent, anyone may call to make a referral. A service coordinator will be assigned to work with the family. The service coordinator will arrange evaluation for eligibility at no cost to the family.

Please see Page 36  
for a list of SCHS Case Management Units

### REGIONAL COLLABORATIVES

The Regional Early Intervention Collaboratives (REICs) are independent, non-profit corporations established to provide a community-based, culturally competent and consumer-driven early intervention system. The collaboratives are responsible for conducting assessments to identify regional needs; developing plans to address the needs; understanding and supporting family preferences, needs and quality of life; and actively involving families and community in every aspect of system development.

### Southern Regional Early Intervention Collaborative

Winslow Professional Building

144 South Route 73, Suite A, Berlin, NJ 08009

Telephone: (856) 768-6747

FAX: (856) 768-7608

[www.snjreic.org](http://www.snjreic.org)

(Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties)

### Family Link Regional Early Intervention Collaborative

2333 Morris Avenue, Suite A204 (2nd Floor)

Union, NJ 07083

Telephone: (908) 964-5303

FAX: (908) 964-6091

[www.njeis.org/familylink/](http://www.njeis.org/familylink/)

(Essex, Morris, Sussex, Union, and Warren Counties)

### Central Jersey Family Health Consortium Regional Early Intervention Collaborative

Central Jersey Family Health Consortium

2 King Arthur Court, Suite B

North Brunswick, NJ 08902

Telephone: (732) 937-5437

FAX: (732) 937-5540

[www.cjfhc.org](http://www.cjfhc.org)

(Hunterdon, Mercer, Middlesex, Monmouth, Ocean, and Somerset Counties)

### Northeast Regional Early Intervention Collaborative

65 Willowbrook Boulevard, 2nd Floor, Suite 206

Wayne, NJ 07470

Telephone: (973) 256-8484

FAX: (973) 256-1233

[www.nreic.org](http://www.nreic.org)

(Bergen, Hudson, and Passaic Counties)

**Early Intervention System**  
(888-653-4463)

The Individuals with Disabilities Education Act guarantees children with disabilities, ages 3 to 21, the right to a free, appropriate public education delivered in the least restrictive environment. The New Jersey Department of Education administers state and federally funded aid programs for more than 1.3 million public and private elementary and secondary school children, and is responsible for ensuring that local schools comply with state and federal laws and regulations.

#### SPECIAL EDUCATION PROGRAMS

The Office of Special Education Programs, under the jurisdiction of the Division of Student Services, is responsible for the provision of special education and related services.

Office of Special Education Programs  
PO Box 500, 100 Riverview Plaza  
Trenton, NJ 08625-0500  
Telephone: (609) 292-0147  
FAX: (609) 984-8422  
[www.nj.gov/njded/specialed/](http://www.nj.gov/njded/specialed/)

#### CHILD STUDY TEAMS

A child study team consists of a school psychologist, a learning disability teacher-consultant and a school social worker. For children age three to five, the child study team includes a speech correctionist or speech-language specialist. The child study team, with consent from the child's parents, evaluates the child and determines his or her eligibility for special education services.

Upon completion of the evaluation and prior to placement in special education, an Individualized Education Program, with stated goals and objectives, is written with the participation of the parents. According to New Jersey Administrative Code, a full continuum of alternative placements shall be available to meet the needs of children with educational disabilities.

#### PROJECT CHILD FIND

A free referral service for early intervention and special education programs.

Telephone: (800) 322-8174

#### LEARNING RESOURCE CENTERS

Learning Resource Centers provide research reports, educational guides, training, and workshops for parents and educators of students with disabilities.

Please See List on Page 11

#### HEAD START

Project Head Start is a federally funded pre-school program for children. Head Start provides a program of comprehensive developmental services based on the needs of the individual child, the child's family and community. Head Start serves children with disabilities in a mainstream environment.

For Local Head Start Programs, call:

(609) 777-2074

[www.nhsa.org](http://www.nhsa.org)

#### NEW JERSEY HIGHER EDUCATION STUDENT ASSISTANCE AUTHORITY (HESAA)

HESAA provides New Jersey students and families with the financial and informational resources for students to pursue their education beyond high school.

Telephone: (800) 792-8670

[www.hesaa.org](http://www.hesaa.org)

#### COUNTY SUPERVISORS OF CHILD STUDY

Atlantic	(609) 625-0004	Middlesex	(732) 249-2900
Bergen	(201) 336-6875	Monmouth	(732) 431-7810
Burlington	(609) 265-5938	Morris	(973) 285-8336
Camden	(856) 401-2400	Ocean	(732) 929-2078
Cape May	(609) 465-1282	Passaic	(973) 569-2110
Cumberland	(856) 453-0422	Salem	(856) 935-7510 x8431
Essex	(973) 621-2750	Somerset	(908) 541-5700
Gloucester	(856) 686-8370	Sussex	(973) 579-6996
Hudson	(201) 369-5290	Union	(908) 654-9867
Hunterdon	(908) 788-1414	Warren	(908) 689-0464
Mercer	(609) 588-5873		

Resources for employment and training vary, depending on the individual's skill level and employability. Services for people with disabilities include vocational evaluation and assessment, training, counseling, education, job placement assistance, supported employment and support for entrepreneurs with disabilities.

### VOCATIONAL REHABILITATION

The Division of Vocational Rehabilitation Services (DVRS), within the Department of Labor and Workforce Development, provides services to individuals of employable age with disabilities through 18 district offices. Eligibility generally is based on the presence of a mental or physical disability that is an obstacle to employment, and a reasonable expectation that the division's services will help the individual become employable.

Vocational rehabilitation counselors work with individuals and their families to develop and carry out a plan for training and placement. If financial need is established, the division will purchase other rehabilitative services from private providers, such as further evaluation or counseling, training at a vocational center or technical school and on-the-job training.

#### DIVISION OF VOCATIONAL REHABILITATION SERVICES (DVRS) - MAIN OFFICE

PO Box 398  
Trenton, NJ 08625-0398  
Telephone: (609) 292-5987  
TTY: (609) 292-2919  
FAX: (609) 292-8347  
[www.wnjpin.state.nj.us](http://www.wnjpin.state.nj.us)

#### DISTRICT OFFICES

##### DVRS ATLANTIC OFFICE

2 South Main Street, Suite 2  
Pleasantville, NJ 08232  
Telephone: (609) 813-3933  
TTY: (609) 813-3958  
FAX: (609) 813-3959

##### DVRS BERGEN OFFICE

60 State Street, 2nd Floor  
Hackensack, NJ 07601-5471  
Telephone: (201) 996-8970  
TTY: (201) 487-6348  
FAX: (201) 996-8880

##### DVRS BURLINGTON OFFICE

795 Woodlane Road, Suite 201  
Westampton, NJ 08060  
Telephone: (609) 518-3948  
TTY: (609) 518-3957  
FAX: (609) 518-3956

##### DVRS CAMDEN OFFICE

2600 Mt. Ephraim Avenue, Suite 103  
Camden, NJ 08104-3290  
Telephone: (856) 614-2500  
TTY: (856) 614-2504  
FAX: (856) 614-2538

##### DVRS CAPE MAY OFFICE

3810 New Jersey Avenue  
Wildwood, NJ 08260  
Telephone: (609) 523-0330  
VP: (609) 729-0132  
FAX: (609) 523-0212

##### DVRS CUMBERLAND/SALEM OFFICE

40 East Broad Street, Suite 204  
Bridgeton, NJ 08302-2881  
Telephone: (856) 453-3888  
VP: (856) 552-4533  
FAX: (856) 453-3909

##### DVRS ESSEX OFFICE

990 Broad Street, 2nd Floor  
Newark, NJ 07102  
Telephone: (973) 648-3494  
TTY: (973) 648-2733  
FAX: (973) 648-3902

##### DVRS GLOUCESTER OFFICE

215 Crown Point Road, Suite 200  
Thorofare, NJ 08086-2153  
Telephone: (856) 384-3730  
TTY: (856) 384-3778  
FAX: (856) 384-3777

##### DVRS HUDSON OFFICE

438 Summit Avenue, 6th Floor  
Jersey City, NJ 07306-3187  
Telephone: (201) 217-7180  
TTY: (201) 217-7290  
FAX: (201) 217-7287

##### DVRS MERCER OFFICE

Labor Station Plaza, PO Box 959  
28 Yard Avenue,  
Trenton, NJ 08625-0959  
Telephone: (609) 292-2940  
TTY: (609) 984-1568  
FAX: (609) 984-3553



**DVRS MIDDLESEX OFFICE**

560 Jersey Avenue, PO Box 2672  
 New Brunswick, NJ 08903  
 Telephone: (732) 937-6300  
 FAX: (732) 937 6358  
 TTY: (732) 545-8147

**DVRS OCEAN OFFICE**

1027 Hooper Avenue, Bldg. 6, 3rd Fl.  
 Toms River, NJ 08753-2225  
 Telephone: (732) 505-2310  
 TTY: (732) 505-2319 /2320  
 FAX: (732) 505-2317

**DVRS SUSSEX/WARREN OFFICE**

223A West Stiger Street, Suite A  
 Hackettstown, NJ 07840-1217  
 Telephone: (908) 852-4110  
 TTY: (908) 852-0213  
 FAX: (908) 813-9745

**DVRS MONMOUTH OFFICE**

60 Taylor Avenue  
 Neptune, NJ 07753-4844  
 Telephone: (732) 775-1799  
 TTY: (732) 775-1711  
 FAX: (732) 775-1666

**DVRS PASSAIC OFFICE**

200 Memorial Drive  
 Paterson, NJ 07501  
 Telephone: (973) 742-9226  
 VP/TTY: (973) 968-6556  
 FAX: (973) 279-5895

**DVRS UNION OFFICE**

921 Elizabeth Avenue, 3rd Floor  
 Elizabeth, NJ 07201  
 Telephone: (908) 965-3940  
 FAX: (908) 965-2976

**DVRS MORRIS OFFICE**

7 Sussex Avenue, 2nd Floor, Suite 2  
 Morristown, NJ 07960-3886  
 Telephone: (973) 631-6304  
 TTY: (973) 539-3665  
 FAX: (973) 631-6309

**DVRS SOMERSET/HUNTERDON OFFICE**








75 Veterans Memorial Drive East  
 Suite 101  
 Somerville, NJ 08876-2952  
 Telephone: (908) 704-3030  
 TTY: (732) 545-8147  
 FAX: (908) 704-3476

**CBVI OFFICES**

For New Jersey residents with blindness or visual impairment, the DHS Commission for the Blind and Visually Impaired (CBVI) provides comprehensive employment services, which include vocational evaluation, counseling, guidance and training, and job placement. For a list of CBVI offices, go to Page 6.

**ONE-STOP CAREER CENTERS**

The cornerstone of New Jersey's workforce investment system are the One-Stop Career Centers. One-Stop Career Centers throughout the state offer a wide range of tools to help people, including military veterans, those who are 55+, and individuals with disabilities, find a new job or career. All services are free of charge to help New Jersey's workers:

-  Find a job
-  Strengthen job-search skills
-  Get training
-  Improve reading and basic skills
-  Network the way to a job
-  Use labor market information to make career decisions
-  Start a business

To connect with your local One-Stop Career Center, call:

**(877) 872-5627**

Need more information on disability employment in NJ? Visit:

<http://www.state.nj.us/humanservices/disabilityemployment.html>

**For the New Jersey Association for Persons in Supported Employment (NJAPSE),  
 See Page 30**

## TICKET TO WORK AND WORK INCENTIVES IMPROVEMENT ACT

Social Security Disability Insurance and Supplemental Security Income (SSI) disability beneficiaries will receive a "Ticket" that they may be able to obtain vocational rehabilitation (VR), employment or other support services from an approved provider of their choice. The Ticket program is voluntary. The law also includes several enhancements to Medicaid and Medicare. For information, call (866) 871-7867.

The law also created a new Medicaid buy-in project to provide medical assistance to workers with impairments who are able to work. The law also extends Medicare coverage for people with disabilities who return to work.

## SELF-EMPLOYMENT

The New Jersey Division of Vocational Rehabilitation Services has developed a common policy and regulations regarding self-employment as a work option for people with disabilities. Individuals with an interest in becoming self-employed should present this option to their vocational rehabilitation counselor. If a solid business plan is put together, there may be capital investment available for a variety of start-up needs.

Eligible clients of the Commission for the Blind and Visually Impaired can obtain capital to start and manage businesses through the Commission's Business Enterprise Program. Support primarily consists of training in business management and assistance in establishing vending locations. However, assistance for other business ventures is possible. A solid business plan is required.

**Self-Employment Initiative**  
**Division of Vocational Rehabilitation Services**  
Telephone: (609) 292-5987  
FAX: (609) 292-8347

## SMALL BUSINESSES

The Disability Enterprise Program offers second-tier loans for small businesses owned by persons with a disability, businesses that are targeting employment for people with a disability, and non-profit corporations starting for-profit operations. Collateral is usually required. Assistance in preparing the application is provided.

**The Disability Enterprise Program**  
**New Jersey Community Capital**  
Telephone: (609) 989-7766  
FAX: (609) 393-9401  
[www.newjerseycommunitycapital.com](http://www.newjerseycommunitycapital.com)

## PLAN TO ACHIEVE SELF-SUPPORT (PASS)

The Social Security Administration has adopted a series of work incentives with a Plan to Achieve Self-Support (PASS), including the retention of benefits while starting a business. Individuals receiving SSI may be able to acquire additional capital for small business start-up through a PASS. A business plan is required. Contact a PASS specialist at your local Social Security office.

PASS Proposals Social Security Administration  
Telephone: (800) 772-1213 TDD: (800) 325-0778  
[www.socialsecurity.gov](http://www.socialsecurity.gov)

## TECHNICAL ASSISTANCE

Assistance for entrepreneurs with disabilities is available in the form of financing, business plan preparation, marketing assistance, PASS assistance, or general help in locating information or resources for business start-up or expansion.

**New Jersey Commerce, Economic Growth,  
and Tourism Commission**  
**Small Business Development Centers**  
Telephone: (800) 432-1565  
[www.njsbdc.com](http://www.njsbdc.com)

**Service Core of Retired Executives (SCORE)**  
Telephone: (800) 634-0245  
FAX: (973) 645-2375  
[www.score.org](http://www.score.org)

**Small Business Development Center**  
**Rutgers Graduate School of Management**  
Telephone: (973) 353-1927

**On disability and considering working?**  
**Visit the New Jersey Benefits to Work**  
**Calculator at [www.njdb101.org](http://www.njdb101.org).**

## Business Resources on the Web

AbilityJobs [www.disabledbusiness.com/](http://www.disabledbusiness.com/)

Disabled Businessperson's Association  
[www.disabledbusiness.com/](http://www.disabledbusiness.com/)

US Small Business Administration  
[www.sba.gov](http://www.sba.gov)

US Office of Disability Employment Policy  
[www.dol.gov/odep](http://www.dol.gov/odep)

## TICKET TO WORK

The Ticket to Work and Self-Sufficiency Program is the centerpiece of legislation signed by former U.S. President Clinton on December 17, 1999, under the Ticket to Work and Work Incentives Improvement Act of 1999. It is a nationwide initiative designed to bring major positive change to the lives of individuals with disabilities.

This comprehensive national initiative also is designed to assist people with the training and support they need to go to work by increasing their choices. SSA beneficiaries with disabilities can find employment, vocational rehabilitation (VR), and other support services from public and private providers.

Telephone: (866) YOUR TIC      TTY: (866) TDD-2WORK  
[www.ssa.gov/work](http://www.ssa.gov/work)      [www.yourtickettowork.com](http://www.yourtickettowork.com)

## NJ WINS (NEW JERSEY WORK INCENTIVE NETWORK SUPPORT)

New Jersey WINS is a optional statewide joint Benefits Planning Assistance and Outreach (BPAO) project funded by the U.S. Social Security Administration. It provides New Jersey residents who receive Social Security Disability Insurance (SSDI), Supplemental Security Income (SSI), or Medicaid benefits with cost-free information and technical assistance to make choices about accepting employment or increasing work hours.

Telephone: (877) 659-4672  
[www.njwins.org](http://www.njwins.org)

## NJ WORKABILITY

The WorkAbility program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay a small premium and receive full NJ Medicaid coverage. People with disabilities who are employed and are between the ages of 16 to 64 can qualify for the program with an annual gross earned income of up to approximately \$58,236.

### Eligibility Criteria

- ✎ Must be between the ages of 16-64
- ✎ Must be working (full or part time) and have proof of employment
- ✎ Must have been determined “disabled” by the Social Security Administration OR the Disability Review Team at the Division of Medical Assistance & Health Services

### ✎ Unearned Income

- ✔ \$958 per month (single)      ✔ \$1,293 per month (couple)

**Note:** Social Security Disability benefit may be disregarded for unearned income

### ✎ Earned Income (Individual)

- ✔ \$58,236 per year (gross income)      ✔ \$4,835 per month (gross income)

### ✎ Eligible Couple

- ✔ \$78,348 per year (gross income)      ✔ \$6,529 per month (gross income)

### ✎ Liquid Assets:

- ✔ \$20,000 for an individual      ✔ \$30,000 for a couple (where both are eligible)

**Note:** Assets do not include the primary home, car (used for work or medical transportation), or 401K retirement account.

**Division of Medical Assistance and Health Services**  
Telephone: (800) 356-1561      [www.njworkability.nj.gov](http://www.njworkability.nj.gov)

**HOUSING PROGRAMS**

The New Jersey Department of Community Affairs administers the federal Section 8 voucher program and a variety of housing programs for low-income families, women, persons with disabilities, and seniors. Services include rental assistance, including the federal, and emergency shelter grants and homelessness prevention. The Department also administers the Community Services Block Grant and Weatherization programs, as well as the Handicapped Person Recreational Opportunity Grants.

The Division of Housing contains offices that administer programs of rental assistance, housing rehabilitation, relocation assistance, family self-sufficiency, emergency shelter grants and homelessness prevention.

The Division assists local groups in sponsoring low- and moderate-income housing, through programs that preserve, rehabilitate and expand the housing supply for low and moderate income families.

The Division also provides administrative grants to non-profit organizations that are involved in the production of affordable housing. In addition, the Division runs a fellowship program through which graduate students in architecture and engineering work with non-profit housing agencies.

**DIVISION OF HOUSING**

PO Box 051  
Trenton, NJ 08625-0051  
(609) 633-6303

Family Self-Sufficiency Program  
(609) 633-6284

Public Housing Authorities  
(866) 889-6270

Section 8 Housing Voucher Program  
Rental Assistance Program  
(609) 292-4080

**HOMELESSNESS PREVENTION**

Atlantic County .....	609-441-3334 x319
Bergen County .....	201-968-0200 x7041
Burlington County .....	609-239-4015
Camden County .....	856-964-1990 x361
Cape May County .....	856-299-5800 x 13
Cumberland County .....	856-497-6600 x6722
Essex County .....	609-292-2269
Gloucester County .....	856-881-2365 x150
Hudson County .....	609-633-7363

Hunterdon County .....	908-454-7000 x118
Mercer County .....	609-989-9417 x112
Middlesex County .....	732-442-1081 x2824
Monmouth County .....	732-755-0525 x204
Morris County .....	908-454-7000 x118
Ocean County .....	732-244-2351 x22
Passaic County .....	973-279-7100 x24
Salem County .....	856-497-6600 x6722
Somerset County .....	908-454-7000 x118
Sussex County .....	908-454-7000 x118
Union County .....	908-351-7727 x228
Warren County .....	908-454-7000 x118

**NEW JERSEY HOUSING AND MORTGAGE FINANCE AGENCY (NJHMFA)**

**800-NJ-HOUSE (800) 654-6873**

The main goal of the New Jersey Housing and Mortgage Finance Agency is to encourage the production of affordable housing for all New Jersey citizens. Its Community Development Division administers several programs targeted to people with special needs. For information about low-income or special needs home ownership programs, call the NJHMFA.

**The New Jersey Homeownership Preservation Effort (NJ HOPE)** is a voluntary public/private alliance of government agencies, not-for-profit organizations, and financial institutions committed to enhancing home ownership preservation, by raising consumer awareness of available mortgage products and funding, providing increased access to credit and loan counseling for those who need it, and providing temporary assistance to consumers who are in immediate danger of foreclosure. For more information, visit [www.state.nj.us/dobi/njhope/](http://www.state.nj.us/dobi/njhope/)

**New Jersey Housing Resource Center**

The Housing Resource Center provides individuals with information on accessible and affordable housing throughout the state. This project was made possible through a collaboration among the Division of Disability Services, the Department of Community Affairs and the NJ Housing Mortgage Finance Agency. To access the Center, go to [www.njhrc.gov](http://www.njhrc.gov), or call (877) 428-8844.

**Housing Resources on the Web**

HUD Disabilities Web Hub  
[www.hud.gov/groups/disabilities.cfm/](http://www.hud.gov/groups/disabilities.cfm)

Center for Universal Design  
[www.design.ncsu.edu/cud/](http://www.design.ncsu.edu/cud/)

**PERSONAL ASSISTANCE SERVICES PROGRAM (PASP)**

employed, preparing for employment, involved in community volunteer work, or attending school. PASP allows consumers to receive up to 40 hours of service per week, therefore enabling them to maintain their independence in the community. Personal assistants help with such tasks as light housekeeping, bathing, dressing, meal preparation, shopping, driving or using public transportation. Consumers are able to coordinate their own services by managing a budget, hiring workers and making purchases directly through their account with the assistance of a fiscal intermediary service organization (FISO) or “business agent.” To apply, please contact your county PASP consultant ([for more information on PASP, see page 2](#)).

**COUNTY PASP CONSULTANT**

Atlantic County . . . . .	(609) 645-7700	x4519
Bergen County . . . . .	(201) 336-6502/6508	
Burlington County . . . . .	(609) 265-5144/5223	
Camden County . . . . .	(201) 336-6502/6508	
Cape May County . . . . .	(609) 886-6200	x274
Cumberland County . . . . .	(856) 459-3090	
Essex County . . . . .	(973) 395-8494	
	(973) 530-2972	
Gloucester County . . . . .	(856) 384-6842	
Hudson County . . . . .	(201) 336-6502/6508	
Hunterdon County . . . . .	(908) 237-7184	
Mercer County . . . . .	(609) 989-6459	
Middlesex County . . . . .	(732) 745-2587	
Monmouth County . . . . .	(732) 571-6232	x17
Morris County . . . . .	(973) 285-6168	
Ocean County . . . . .	(732) 505-3779	
Passaic County . . . . .	(973) 225-3683	
Salem County . . . . .	(856) 935-7510	x8311
Somerset County . . . . .	(908) 704-6346	
Sussex County . . . . .	(973) 579-0555	x1226
Union County . . . . .	(908) 527-4840	
Warren County . . . . .	(973) 625-1940	x234

**MEDICAID PERSONAL CARE ASSISTANT SERVICE (PCA)**

Personal Care Assistant Service (PCA) is a statewide service provided by the New Jersey Medicaid Program to people eligible for Medicaid services in the community. The purpose of personal care is to accommodate long-term chronic or maintenance health care as opposed to short-term skilled care as is provided under Medicaid’s home health program. PCA services are health-related tasks done by qualified staff in a medically-eligible beneficiary’s home or workplace. It includes assistance with activities of daily living and household duties essential to the individual’s health and comfort. To apply, contact your Medicaid managed care organization. ([See Page 1](#))

**PERSONAL PREFERENCE PROGRAM (PPP)**

PPP offers an alternate way for individuals to receive their Medicaid Personal Care Assistant (PCA) services. Using a self-directed model, this program enables elderly and disabled Medicaid recipients to direct and manage their Medicaid PCA services rather than receiving traditional PCA agency services. ([See Page 2](#))

**Rewarding Work**

To learn about employment opportunities to provide support to individuals with disabilities of all ages:  
(866) 212-9675 [www.rewardingwork.org/nj](http://www.rewardingwork.org/nj)

**HOME CARE ASSOCIATIONS**

Home Care Association of New Jersey  
485-D Route 1 South, Suite 210  
Iselin, NJ 08830

Telephone: (609) 275-6100 or (732) 877-1100  
[www.homecarenj.org](http://www.homecarenj.org)

Home Health Services and Staffing Association  
of New Jersey

92 Milton Drive  
Manchester, NJ 08759

Telephone: (973) 303-1973  
[www.hhssanj.org](http://www.hhssanj.org)

New Jersey Hospital Association  
760 Alexander Road, PO Box 1  
Princeton, NJ 08543

Telephone: (609) 275-4000  
[www.njha.com](http://www.njha.com)

## **ADDITIONAL CAREGIVER RESOURCES**

### **MOM2MOM HELPLINE PROGRAM**

The Mom 2 Mom program is designed to provide a compassionate and encouraging environment for mothers of children with special needs to come together and share support. They offer a 24 hour, 7 day a week helpline coordinated by UMDNJ-University Behavioral HealthCare which features peer support, telephone assessments, a network of referral services and support groups.

Telephone: (877) 914-6662 (877-914-MOM2)

<http://www.mom2mom.us.com>

### **NJEASE FOR CAREGIVERS**

The Aging and Disability Resource Connection serves as a visible and trusted source of information on long term services and supports for persons of all incomes. ADRC professional staff assists seniors, adults, and their caregivers in finding benefits and services they need. The ADRC's goal is to improve the experience of consumers and their families when seeking access to information, supports and services.

Telephone: (877) 222-3737

[www.adrcnj.org](http://www.adrcnj.org)

**THE CAREGIVER ACTION NETWORK** (formerly the National Family Caregivers Association)

The Caregiver Action Network is the nation's leading family caregiver organization working to improve the quality of life for the more than 65 million Americans who care for loved ones with chronic conditions, disabilities, disease, or the frailties of old age. CAN serves a broad spectrum of family caregivers ranging from the parents of children with special needs, to the families and friends of wounded soldiers; from a young couple dealing with a diagnosis of MS, to adult children caring for parents with Alzheimer's disease. CAN (formerly the National Family Caregivers Association) is a non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.

Telephone: (301) 942-6430

[www.adrcnj.org](http://www.adrcnj.org)

### **FAMILY CAREGIVER ALLIANCE**

Family Caregiver Alliance was the first community-based nonprofit organization in the country to address the needs of families and friends providing long-term care at home. Long recognized as a pioneer in health services,

FCA now offers programs at national, state and local levels to support and sustain caregivers.

Telephone: (415) 434.3388 or (800) 445.8106

[www.caregiver.org](http://www.caregiver.org)

### **COALITION ON FAMILY CAREGIVING**

We are a group of community based organizations, health care providers and others, working with a common mission to provide family caregivers in our community with a link to vital services and support. As advocates for family caregivers, we bring relevant issues into public forum. We also support and provide free educational programs on topics of vital interest to caregivers and their families. Our caregiver support focuses primarily in and around the Union County New Jersey area.

Email only: [info@cfcare.org](mailto:info@cfcare.org)

[www.cfcare.org](http://www.cfcare.org)

### **AMERICAN HEALTH CARE ASSOCIATION**

The American Health Care Association is a non-profit federation of affiliate state health organizations, together representing more than 11,000 non-profit and for-profit nursing facility, assisted living, developmentally-disabled, and subacute care providers that care for approximately one million elderly and disabled individuals each day.

Telephone: (202) 842-4444

[www.ahca.org](http://www.ahca.org)

### **WELL-SPOUSE ASSOCIATION**

The Well Spouse® Association, a nonprofit 501(c)(3) membership organization, advocates for and addresses the needs of individuals caring for a chronically ill and/or disabled spouse/partner. We offer peer to peer support and educate health care professionals and the general public about the special challenges and unique issues "well" spouses face every day.

Telephone: (732) 577-8899

[www.wellspouse.org](http://www.wellspouse.org)

### **NATIONAL ALLIANCE FOR CAREGIVING**

Established in 1996, the National Alliance for Caregiving is a non-profit coalition of national organizations focusing on issues of family caregiving. Alliance members include grassroots organizations, professional associations, service organizations, disease-specific organizations, a government agency, and corporations.

Email only: [info@caregiving.org](mailto:info@caregiving.org)

[www.caregiving.org](http://www.caregiving.org)

**NEW JERSEY TRANSIT**

New Jersey Transit provides commuter services through more than 150 bus routes and 11 rail lines in New Jersey and into New York and Pennsylvania. Lift-equipped and kneeling buses, as well as accessible rail stations, are important elements of New Jersey Transit's services to people with disabilities. Access Link is a service for those who are not able to use a regular fixed-route bus. New Jersey Transit also provides a reduced fare program for senior citizens and people with disabilities.

**New Jersey Transit**

One Penn Plaza East  
Newark, NJ 07105

[www.njtransit.com](http://www.njtransit.com)

Customer Service: (973) 275-5555

TTY: (800) 772-2287

**NJ Transit ADA Services** (973) 491-7385

**ACCESS LINK**

Access Link is NJ Transit's paratransit service required by the Americans with Disabilities Act of 1990. Access Link provides people with disabilities paratransit service comparable to the local bus service. This service is specifically for people whose disability prevents them from using existing local bus service.

**Access Link:** (800) 955-ADA1 (2321)

TTY: (800) 955-6765

**REDUCED FARE PROGRAM**

Special rates are available for senior citizens 62 years of age or older and people with disabilities. Personal assistants ride for free when proper identification is presented by the person with a disability. You don't need to be a New Jersey resident to be eligible for the program. You can ride on NJ TRANSIT buses and trains at the reduced rate. Many private bus companies operating in the state also participate in the program. For more information, please contact NJ Transit.

**Reduced Fare Program** (973) 491-7112

**OUT OF STATE ACCESSIBLE TRANSIT SERVICES****SEPTA-Pennsylvania**

**Customer Services:** (215) 580-7800

**TDD:** (215) 580-7853

**Customized Community Transportation  
Paratransit Service** (215) 580-7145

[www.septa.com](http://www.septa.com)

**MTA-New York**

**Access-A-Ride:** (718) 393-4999

**TDD:** (718) 393-4257

<http://mta.info/nyct/paratran/guide.htm>

**COUNTY PARA-TRANSPORTATION**

Each of the 21 counties in New Jersey provide a county-based paratransit service for senior citizens and people with disabilities. The following contact numbers are resources for current information on local paratransit services, including hours of operation, reservation procedures, fees (if any), priorities for services, consumer representation on advisory committees, etc.

**COUNTY PARA-TRANSIT CONTACTS**

Atlantic County.....	(609) 645-5910
Bergen County.....	(201) 368-5955
Burlington County.....	(800) 836-0580
Camden County.....	(856) 456-3344
Cape May County.....	(609) 889-3700
Cumberland County.....	(856) 691-7799
Essex County.....	(973) 395-5858
Gloucester County.....	(856) 686-8350
Hudson County.....	(201) 369-4320
Hunterdon County.....	(800) 842-0531
Mercer County.....	(609) 530-1971
Middlesex County.....	(800) 221-3520
Monmouth County.....	(732) 431-6480
Morris County.....	(973) 829-8103
Ocean County.....	(877) 929-2082
Passaic County.....	(973) 305-5756
Salem County.....	(856) 935-7510
Somerset County.....	(908) 231-7115
Sussex County.....	(973) 579-0480
Union County.....	(908) 241-8300
Warren County.....	(908) 454-4044

**AMTRAK-OFFICE OF AMTRAK ACCESS**

Telephone: (800) USA-RAIL (800-872-7245)

TDD/TTY: (800) 523-6590

[www.amtrak.com](http://www.amtrak.com)

**GREYHOUND CUSTOMERS WITH DISABILITIES****TRAVEL ASSISTANCE LINE**

Telephone: (800) 752-4841

TTY: (800) 345-3109

**Greyhound ADA Compliance Office**

(800) 755-2357

[www.greyhound.com](http://www.greyhound.com)

**NJ FINDARIDE**

This website is designed to be an information resource about accessible transportation options available to people with disabilities and others in New Jersey. Please visit [www.njfindaride.com](http://www.njfindaride.com)

For the Department of Children and Families, See Page 13  
[www.nj.gov/dcf](http://www.nj.gov/dcf)

### PERFORMCARE

Since 2009 PerformCare has been the Administrative Service Organization (ASO) for the State of New Jersey's Division of Children's System of Care (CSOC). (See also, [PerformCare Page 13](#))

To access services for children and youth, call us toll-free, 24 hours a day, seven days a week, at 1-877-652-7624.

### OFFICE OF CHILD ABUSE PREVENTION

#### THE NEW JERSEY TASK FORCE ON CHILD ABUSE AND NEGLECT

PO Box 711

Trenton, NJ 08625-0700

Telephone: (609) 292-0888

FAX: (609) 777-0443

### SAFE HAVEN

(877) 839-2339

Safe Haven operates an infant protection hotline for distressed parents who wish to surrender an infant anonymously at a police station or hospital emergency room with no fear of arrest or prosecution. The child must be less than 30 days old and must not have been abused or neglected.

[www.njsafehaven.org](http://www.njsafehaven.org)

### CHILD CARE ASSISTANCE

#### NEW JERSEY CHILD CARE HELPLINE

(800) 332-9227

Callers can obtain the telephone number of their local Child Care Resource and Referral Agency to get information about registered family day care providers and other child care services in their area. Caregivers can also learn how to become a registered family day care provider.

#### CHILD CARE RESOURCE AND REFERRAL CENTERS

The CCR&Rs are centralized locations in each county that provide child care resources, referral, training and technical assistance. Child Care Health Consultant Coordinators provide consultation, education and training about the health and safety needs of children in child care. For additional information, contact your local Child Care Resource and Referral Center (CCR&R).

Atlantic .....	(609) 646-1180
Bergen.....	(201) 336-7150
Burlington.....	(609) 261-9222
Camden.....	(856) 374-6376
Cape May .....	(609) 898-5500
Cumberland .....	(856) 462-6800
Essex .....	(973) 744-4677
Gloucester.....	(856) 582-8282
Hudson.....	(201) 451-8888
Hunterdon .....	(908) 782-8183
Mercer.....	(609) 989-7770
Middlesex .....	(732) 324-4357
Monmouth .....	(732) 918-9901
Morris .....	(973) 398-1730
Ocean.....	(732) 557-9633
Passaic .....	(973) 684-1904
Salem .....	(856) 469-6100
Somerset .....	(908) 927-0869
Sussex .....	(973) 383-3461
Union .....	(973) 923-1433
Warren .....	(908) 454-1078

### KINSHIP NAVIGATOR/KINSHIP CARE

#### Dial 2-1-1

The Kinship Navigator/Kinship Care is a program for people who have taken on the responsibility of caring for their relatives' children. It is an information and referral program established to help relatives navigate their way through the various governmental systems to find the local supports they need, including support groups, cash assistance, medical coverage, housing assistance, child care resources, and respite services.

The telephone numbers of the four Kinship agencies and the counties they serve are listed below:

- CarePlus NJ: (201) 797-2660 or (201) 398-9110 ([Bergen, Hudson, Morris, Passaic, Sussex, and Warren Counties](#))
- The Salvation Army: (973) 623-8471 or (973)-623-8472 ([Essex County](#))
- Children's Home Society: 1-800-396-4518 ([Mercer, Middlesex, Monmouth, Ocean, Somerset, Hunterdon, and Union Counties](#))
- Family Service Association: 1-877-569-0350 ([Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties](#))

**New Jersey State Parent Information & Resource Center (NJPIRC)** is a program of Prevent Child Abuse-New Jersey (PCA-NJ) that provides leadership and technical assistance to non-profit organizations and local educational agencies to help those organizations put successful parental involvement programs in place.  
 (732) 246-8060 [www.njpirc.org](http://www.njpirc.org)



## SIGNS OF CHILD ABUSE

Child abuse is harm to, or neglect of, a child by another person, whether adult or child. Child abuse happens in all cultural, ethnic, and income groups. Child abuse can be physical, emotional, verbal, sexual, or through neglect. Abuse may cause serious injury to the child and may even result in death.

Signs of possible abuse include:

### Physical Abuse

- Unexplained or repeated injuries, such as welts, bruises, or burns
- Injuries that are in the shape of an object (belt buckle, electric cord, etc.)
- Injuries not likely to happen given the age or ability of the child. (For example, broken bones in a child too young to walk or climb.)
- Disagreement between the child's and the parent's explanation of the injury
- Unreasonable explanation of the injury
- Obvious neglect of the child (dirty, undernourished, inappropriate clothes for the weather, lack of medical or dental care)
- Fearful behavior

### Emotional and Verbal Abuse

- Aggressive or withdrawn behavior
- Shying away from physical contact
- Afraid to go home with parents or adults

### Sexual Abuse

- Child tells you he/she was sexually mistreated
- Child has physical signs, such as:
  - difficulty in walking or sitting
  - genital or rectal pain, itching, swelling, bruises or other injuries in the genital or rectal area, redness, or discharge
  - stained or bloody underwear
- Child has behavioral and emotional signs, such as:
  - difficulty eating or sleeping
  - soiling or wetting pants or bed after being potty trained
  - acting like a much younger child
  - excessive crying or sadness
  - withdrawing from activities and others
  - talking about or acting out sexual acts beyond normal sex play for age

Reproduced from the Center for Disease Control's [Guide to Intentional Injuries](#)

## REPORTING CHILD ABUSE/NEGLECT

In New Jersey, any person having reasonable cause to believe that a child has been subjected to neglect or acts of abuse should immediately report this information to the State Central Registry (SCR). **If the child is in immediate danger, call 911 as well as 1-877 NJ ABUSE.** A concerned caller does not need proof to report an allegation of child abuse and can make the report anonymously.

### INFORMATION TO PROVIDE THE SCREENER

SCR screeners are trained caseworkers who know how to respond to reports of child abuse/neglect. Whenever possible, a caller should provide all of the following information:

- **Who:** The child and parent/caretaker's name, age and address, as well as the name of the alleged perpetrator and that person's relationship to the child.
- **What:** Type and frequency of alleged abuse/neglect, current or previous injuries to the child, and what caused you to become concerned.
- **When:** When the alleged abuse/neglect occurred and when you learned of it.
- **Where:** Where the incident occurred, where the child is now and whether the alleged perpetrator has access to the child.
- **How:** How urgent the need is for intervention and whether there is a likelihood of imminent danger for the child.

**Calls can be placed to the hotline anonymously.**

**1-877 NJ ABUSE (1-877-652-2873)      TTY 1-800-835-5510**

## APPENDIX 1: NEW JERSEY HANDICAPPED PARKING LAWS

State statute enables law enforcement officers to enforce restrictions in properly marked handicapped spaces on both public and private property.

There is a mandated \$250 fine for the first offense of parking in a restricted space without special identification. For subsequent offenses, there is a fine of at least \$250 and up to 90 days of community service.

No penalty shall be imposed for overtime parking on any vehicle which had either a placard or wheelchair symbol license plates, unless the vehicle has been parked in the same location for more than 24 hours. This shall apply when the placard or plate is used by either the driver or passenger in the vehicle.

### USE OF HANDICAPPED PARKING PLACARD OR PLATES

Handicapped parking placards or plates may be used by:

- Drivers with disabilities who meet the criteria below
- Non-disabled drivers who are transporting persons who meet the criteria below
- Plates or placard must be accompanied by the companion MVC ID card

### QUALIFICATIONS FOR A HANDICAPPED PARKING PLACARD OR PLATES

To qualify for a placard or plates, you must:

- Have lost the use of one or more limb
- Be permanently disabled and be unable to move without the use of an assistive device
- Have your mobility limited as certified by a physician

**NEW JERSEY MOTOR  
VEHICLE COMMISSION**  
**(609) 292-6500 (888) 486-3339**  
[www.state.nj.us/mvc](http://www.state.nj.us/mvc)

**Remember, even if you have a disabled parking placard or plates, parking in the access aisles is still illegal. Access aisles are the striped areas adjacent to disabled parking spaces.**

**The Division of Disability Services publishes a Guide to Handicapped Parking. Call (888) 285-3036 to obtain a copy.**

## APPENDIX 2: SPECIAL NEEDS ADOPTION AND FOSTER CARE

### NEW JERSEY SUBSIDIZED ADOPTION PROGRAM

Many children are waiting for loving homes. The NJ Subsidized Adoption Program offers financial assistance to suitable prospective adoptive parents who seek to adopt certain children, including children with disabilities.

#### CHILDREN WAITING FOR ADOPTION:

- Are older, or of a race or ethnic group for which adoptive homes are not readily available;
- May have a significant disability;
- May need medical treatment or special services, equipment or training;
- May be part of a group of siblings who should be kept together;
- May be over five years old, living with a foster family for at least 12 months.

#### SUBSIDIES TO ADOPTIVE FAMILIES:

- A monthly payment to help parents meet daily expenses for the child until the age of 18.
- Payment covering the legal fees related to the adoption.

- Medicaid coverage for the child to assist with any condition that is not covered by the family's insurance.
- A special subsidy for a specific medical, health or equipment need.

#### REQUIREMENTS OF ADOPTIVE FAMILIES

- Must be at least 18 years old and 10 years older than the child to be adopted
- Must be able to raise the child in a moral environment
- Must be a New Jersey resident, or reside in a state with a cooperative agreement
- Must be in good physical health, and able to provide for the child's day to day needs
- Must be financially able to support the needs and care of the adopted child

**For information**  
**1-800-99 ADOPT [www.NJAdopt.org](http://www.NJAdopt.org)**  
**1-877-NJFOSTER [www.njfostercare.org](http://www.njfostercare.org)**

## APPENDIX 3: PEOPLE FIRST LANGUAGE

Every person is made up of many characteristics and few want to be identified only by their ability to play tennis or by their love for fried onions or by the mole that's on their face. Those are just parts of us.

In speaking or writing, remember that children or adults with disabilities are like everyone else except they happen to have a disability. Therefore, here are a few tips for improving your language related to disabilities:

- Emphasize abilities, not limitations.
- Do not label people as part of a disability group; don't say "the disabled", say "people with disabilities."

- Don't give excessive praise or attention to a person with a disability; don't patronize them.
- Choice and independence are important; let the person do or speak for him/herself as much as possible; if addressing an adult, say Bill instead of Billy.
- A disability is a functional limitation that interferes with a person's ability to walk, hear, talk, learn, etc.; use handicap to describe a situation or barrier imposed by society, the environment or oneself.

**It is the individual first,  
then the disability.**

### Say...

child with a disability  
 person with Cerebral Palsy  
 person who is deaf or hard of hearing  
 person with an intellectual disability  
 person with epilepsy or person with seizure disorder  
 person who had...  
 without speech, non-verbal  
 developmental delay  
 mental illness  
 uses a wheelchair  
 with Down syndrome  
 has a learning disability  
 non-disabled  
 has a physical disability  
 congenital disability  
 condition  
 seizures  
 cleft lip  
 mobility impaired  
 medically involved, or has chronic illness  
 paralyzed  
 of short stature

### Instead of...

disabled or handicapped person  
 palsied, or C.P., or spastic  
 deaf and dumb  
 retarded  
 epileptic  
 afflicted, suffers from, victim  
 mute, or dumb  
 slow  
 crazy or insane  
 confined to a wheelchair  
 Mongoloid  
 is learning disabled  
 normal, healthy  
 crippled  
 birth defect  
 disease  
 fits  
 hare lip  
 lame  
 sickly  
 invalid or paralytic  
 dwarf or midget

The Department of Human Services has published a People First language fact sheet available on <http://www.state.nj.us/humanservices/news/publications/PeopleFirstFlyer.pdf>

## APPENDIX 4: ADDICTION RESOURCES

### GOVERNOR'S COUNCIL ON ALCOHOLISM AND SUBSTANCE ABUSE

The Governor's Council on Alcoholism and Substance Abuse was created to coordinate statewide services involving alcoholism and drug abuse. It also is the funding source for the Municipal Alliance Program.

#### Governor's Council on Alcoholism and Substance Abuse

PO Box 345  
Trenton, NJ 08625  
Telephone: (609) 777-0526  
FAX: (609) 777-0535  
[www.state.nj.us/treasury/gcada](http://www.state.nj.us/treasury/gcada)

#### Alcoholics Anonymous

South Jersey Intergroup: (856) 486-4444  
Cape Atlantic Intergroup: (609) 641-8855  
Central Jersey Intergroup: (609) 298-7795  
Intergroup of Northern NJ: (908) 687-8566  
[www.aa.org](http://www.aa.org)

**NJ Addictions Hotline  
(800) 238-2333**

**For the Division of Mental Health and  
Addiction Services  
See Page 8**

#### AL-ANON Adult Children & Family Group ALA-TEEN

North Jersey: (973) 744-8686  
South Jersey: (856) 547-0855  
[www.nj-al-anon.org](http://www.nj-al-anon.org)

#### Gamblers Anonymous

(877) 994-2465  
[www.gamblersanonymous.org](http://www.gamblersanonymous.org)

#### Narcotics Anonymous

(800) 992-0401  
(732) 933-0462  
[www.na.org](http://www.na.org)

#### NAR-ANON Family Group

(800) 238-2333  
[www.naranonofnj.org](http://www.naranonofnj.org)

#### Nicotine Anonymous

(631) 665-0527  
[www.nicotine-anonymous.org](http://www.nicotine-anonymous.org)

#### National Alcohol and Substance Abuse Information Center

(800) 784-6776  
[www.addictioncareoptions.com](http://www.addictioncareoptions.com)

## APPENDIX 5: SERVICE DOGS

The Americans with Disabilities Act defines a service animal as any guide dog, signal dog, or other animal trained to provide assistance to an individual with a disability.

Under the Americans with Disabilities Act (ADA) and the New Jersey Law Against Discrimination (NJLAD), a place of public accommodation cannot refuse admittance of a service animal when it is accompanying a person with a disability. The ADA/NJLAD requires that places of public accommodation (which include privately-owned businesses that serve the public) allow people with disabilities to bring service animals into any area in which customers are generally allowed.

The ADA/NJLAD does not require that an animal be certified or have special identification, but it is not inappropriate for a business to ask if an animal which does not have an identifying vest or a special harness is a service animal rather than a pet. The business may not, however, insist on proof of certification before permitting admittance of a service animal accompanying a person with a disability.

It is a violation of the ADA/NJLAD for a business to charge a cleaning or maintenance fee when a person with a disability has brought a service animal into the place of business. However, the owner of the animal has sole responsibility for its behavior and may be charged for any damages the animal causes as long as the business has a policy of charging non-disabled customers for damages that they cause. Likewise, it is not a violation of the ADA/NJLAD to exclude a service animal from a place of public accommodation if the animal behaves in a loud, threatening, or uncontrolled manner, creating a substantial disturbance or posing a direct threat to the safety of others.

## APPENDIX 6: Disaster Preparedness Checklist for People with Disabilities

The following list is intended to provide suggestions for disaster preparedness planning that may be taken by individuals with disabilities:

### Self-Networks

- Discuss your disability and needs with relatives and friends.
- Develop a network of people who know your needs and location, who will be able to assist you or alert emergency personnel on your behalf. Do not depend on only one person.

### Medical Equipment and Supplies

- Evaluate equipment for repairs and obtain and keep spare parts.
- Order the full allotment of supplies that your insurance allows, such as protective briefs, leg bags, suction tubing, hearing aid batteries, etc. Stockpile unused items.
- Assemble a first aid kit. It should include: sterile adhesive bandages in assorted sizes, assorted sizes of safety pins, cleansing agents/soaps, latex gloves (2 pairs), 4-6 sterile gauze pads (2-inch and 4-inch), three triangular bandages, non-prescription drugs, three rolls each of 2 and 3 inch sterile roller bandages, scissors, tweezers, needle, moistened towelettes, antiseptic, thermometer, two tongue depressors, and a tube of petroleum jelly or other lubricant.

### Medications and Medical Needs

- Create a list of current prescriptions, names and dosages. Remember to update this list, as needed.
- Keep a list of the names, addresses, and telephone numbers of doctors and pharmacists.
- Prepare a detailed description of your medical regimen and personal care needs.
- Order a full 30-day supply of necessary medications. Check with your insurance carrier.

### Telecommunications

- Make sure your cell phone battery and any extra batteries are kept fully charged.
- Pre-arrange alternative methods to reach family, friends, or personal care attendants if ordinary communications are disrupted.

### Personal Assistant Care

- Consider checking into a nursing home or hospital if a disaster is anticipated. Staff will be available to meet personal care needs. Also, back up generators will be operating to assist people who use power wheelchairs and/or ventilators.
- Contact your personal care attendant provider to discuss disaster preparedness, and maintain a list of phone numbers of those who can assist in obtaining personal care for you.

### Food and Water

- Two quarts of water per person are needed for drinking daily.
- Two quarts of water per person are needed for food preparation and sanitation daily.
- Keep a supply of canned, dehydrated, and no-cook foods.
- Keep cases of nutrients available for tube feeding.
- Keep foods for special dietary needs, such as diabetic and high caloric diets.

### Service Animals

- The animal always should wear an identification tag with all necessary contact information.
- Keep shots and medical records current and service animal ID numbers available.
- Your animal will need plenty of food and water, kept in sturdy storage containers.
- Consider large capacity self-feeders and water dispensers.
- Keep contact information on your service animal's veterinarian available.
- Check with your local emergency management officials for companion animal procedures in emergency shelters.

## APPENDIX 6: Disaster Preparedness (continued)

### Power

- \_\_\_ Extended power outages may affect ventilators, heating and/or cooling units, which may be a matter of life or death for some people with disabilities.
- \_\_\_ Investigate emergency contingency plans in your building/community/municipality.
- \_\_\_ Explore care facilities, especially if you use a ventilator or have other complex medical needs.
- \_\_\_ Consider staying with friends or family out of your area if you anticipate possible power outages, especially if you have medical equipment that is dependent upon power.
- \_\_\_ Contact your local fire department and Red Cross for information and registries of people with disabilities.

### Oxygen

- \_\_\_ Buildings where oxygen is kept must display an “Oxygen in Use” emblem.
- \_\_\_ Oxygen must be kept in containers specifically manufactured for that purpose.
- \_\_\_ Alert emergency response staff to the use of oxygen.
- \_\_\_ Oxygen is flammable, so avoid sparks and flame. Demand that people not smoke near an oxygen container.

### Miscellaneous

- \_\_\_ Keep battery-operated flashlights and/or lanterns with lots of extra batteries.
- \_\_\_ Blankets and warm clothes should be packed in an emergency.
- \_\_\_ Keep the gas tank in your car full.
- \_\_\_ Have a battery-powered radio and extra batteries on hand.
- \_\_\_ Keep ample cash on-hand. ATMs and banks may not function during power outages.
- \_\_\_ Have a non-electric can opener.
- \_\_\_ Keep a supply of assorted plastic bags.

For more information on developing an individualized disaster preparedness plan, or for current information on Homeland Security Advisory System recommendations, contact:

#### STATE (See Page 3)

NJ Special Needs Registry  
[www.registerready.nj.gov](http://www.registerready.nj.gov)  
Call 211 for registration or help

New Jersey Office of Emergency Management  
State Police Division Headquarters (NJ OEM)  
(609) 882-2000 [www.registerready.nj.gov](http://www.registerready.nj.gov)

New Jersey Office of Homeland Security and  
Preparedness  
[www.njhomelandsecurity.gov](http://www.njhomelandsecurity.gov)

#### FEDERAL

US Department of Homeland Security  
[www.ready.gov](http://www.ready.gov)

Federal Emergency Management Agency (FEMA)  
(800) 621-FEMA (3362)  
[www.fema.gov](http://www.fema.gov)

#### LOCAL

American Red Cross  
[www.redcross.org](http://www.redcross.org)

### Residential Disability and Oxygen Emblems Program

The Division of Fire Safety distributes, free of charge, emblems which can be displayed to inform all emergency response personnel of an oxygen hazard or disabled occupant needing assistance. “Oxygen In Use” emblems are mandated by NJ state law.

For additional information, contact the **Division of Fire Safety: (609) 633-6106**

**It is unlawful to evict an oxygen-user from a rental property, solely on the basis of oxygen use, as long as the oxygen is stored and used appropriately. Questions can be directed to the Division of Fire Safety (609) 633-6106.**

## APPENDIX 7: TRAVELING WITH A DISABILITY

Air Carrier Access Rules (see page 34) lift many restrictions that formerly discriminated against passengers with disabilities, and all carriers are now required to have a Complaints Resolution Officer (CRO) immediately available to resolve disputes between carriers and passengers with disabilities. While airlines may not require passengers with disabilities to provide advance notice of their disability or intent to travel (except in some very specific circumstances), doing so may in some cases help to avoid inconvenience. The following is a list of suggestions for air travelers with disabilities:

### PHYSICAL DISABILITY

- Ask the screener for assistance with your mobility aid and carry items.
- Let the screener know your level of ability and your need for physical assistance.
- Inform the screener about any special equipment or devices that you are using and where this equipment is located on your body.
- Ensure that all bags hanging from, or carried on, your wheelchair are put on the X-ray belt.
- Ask the screener to reunite you with your carry items and assistive devices after screening.
- Request assistance with removing your shoes when additional screening is necessary.

### HEARING DISABILITY

- Ask the screener to write the information down or to look directly at you and repeat the information.

### VISUAL DISABILITY

- Ask the screener to explain the security process to you step by step and to let you know where the metal detector is located.
- Ask the screener to let you know when you will be going through the metal detector, and when there are obstacles that you will need to avoid.
- Ask the screener to find someone to escort you through the security process.
- Ask the screener to perform a hand inspection of equipment to prevent damage, and to direct you toward your gate once the screening has been completed.

### HIDDEN DISABILITY

- Advise screeners that you have a disability and may need some assistance, or need to move slower.
- Offer suggestions to screeners on the best way to approach you during a pat-down inspection.
- Notify the screener if you need to sit down before and/or during the screening process.

### TRAVELING WITH MEDICAL SUPPLIES/DEVICES

- Notify the screener that you are carrying medical supplies with you.
- Medications must be properly marked with a professionally printed label identifying the medication or manufacturer's name or pharmaceutical label.
- Notify screeners if you are using any surgically implanted medical device (i.e., insulin pumps, prosthetics, or artificial joints).
- Advise screeners if you are experiencing low blood sugar and are in need of medical assistance.
- Pacemaker users may wish to carry a Pacemaker Identification Card (ID).
- Crutches, canes and walkers will need to go through the X-ray machine. The screener will perform a hand inspection of your equipment if it cannot fit through the X-ray machine. You can ask for a private screening for the inspection of your prosthetic device or body brace.
- Notify screeners if you need assistance, such as a chair or someone to assist you during the inspection of your prosthetic devices or body braces.
- Tools and appliances used to put on or take off prosthetic devices must be screened.

### TRAVELING WITH SERVICE ANIMALS

- Carry appropriate identification. Identification may include: cards or documentation, presence of a harness or markings on the tags. Service animals and their harnesses or vests are subject to inspection.
- Advise the screener how you and your animal can go through the metal detector as a team with the leash and/or harness. If necessary, remind the screener that you should not be separated from your animal.

For more information on traveling by air with a disability, contact:

**Federal Aviation Administration**

[www.faa.gov](http://www.faa.gov)

**Transportation Security Administration**

[www.tsa.gov](http://www.tsa.gov)

**Department of Homeland Security**

[www.dhs.gov](http://www.dhs.gov)

## APPENDIX 8: FAMOUS ADA CASES

### BRAGDON V. ABBOTT (1998)

The Supreme Court found that, even when HIV has not progressed to AIDS, it still constitutes a disability, as the virus significantly impairs the life activity of reproduction.

### PENNSYLVANIA DEPARTMENT OF CORRECTIONS V. YESKEY (1998)

The Court ruled that state prisons must comply with Title II of the ADA, as they are public entities.

### WRIGHT V. UNIVERSAL MARITIME SERVICE CORP (1998)

The Supreme Court ruled that a general arbitration clause in a collective bargaining agreement does not require an employee to use the arbitration procedure for an alleged ADA violation.

### ALBERTSONS, INC. V. KIRKINGBURG (1999)

The Supreme Court held that circumstances mitigating the determination of disability include not only devices and medications, but also an individual's ability to compensate for their impairment.

### CLEVELAND V. POLICY MANAGEMENT SYSTEMS (1999)

The Supreme Court ruled that pursuing and/or receiving Social Security Disability Insurance benefits does not automatically prevent an individual from pursuing an ADA claim, nor do such SSDI benefits presume against the recipient's ADA success.

### MURPHY V. UNITED PARCEL SERVICE (1999)

The Court found that a UPS worker's high blood pressure did not significantly limit his life activities when the worker was medicated, and that he was, therefore, not disabled.

### OLMSTEAD V. L.C. (1999)

The Supreme Court ruled that to stop or to avoid discriminatory activity, the state may place people with disabilities in community settings rather than in institutions, when the state's treatment professionals find the placement appropriate, the affected person is not against the shift from an institutional to a community setting, and the placement can be reasonably accommodated.

### SUTTON V. UNITED AIRLINES (1999)

The Supreme Court found that determination of disability must include measures that might mitigate a disability, such as, in this case, eyeglasses for those with visual impairments.

### EEOC V. WAFFLE HOUSE, INC. (2002)

The Court ruled that a private arbitration agreement between an individual and that individual's employer does not prevent the EEOC from filing a court action in its own name and recovering monetary damages for the individual.

### LANE V. TENNESSEE (2004)

The Court ruled that courthouses must adhere to Title II of the Americans with Disabilities Act - which guarantees access to public facilities and services - and that individuals may sue states for failing to provide access to courts.

### SPECTOR V. NORWEGIAN CRUISE LINE (2004)

The Supreme Court ruled that foreign run and owned cruise ships serving US ports must comply with the public accommodations requirements of the American with Disabilities Act.

#### ADA Case Information on the Web

Olmstead Resource Center

[www.ilru.org/html/projects/olmstead/index.html](http://www.ilru.org/html/projects/olmstead/index.html)

US Supreme Court Homepage

[www.supremecourtus.gov](http://www.supremecourtus.gov)



## APPENDIX 9: HOTLINES & TOLL-FREE NUMBERS

<b>ASSISTIVE TECHNOLOGY ADVOCACY CENTER</b>	609-292-9742 800-922-7233	<b>Domestic Violence</b>	800-572-7233 TTY: 888-252-7233
<b>DIVISION OF DEAF AND HARD OF HEARING</b>	800-792-8339	<b>Family Help Line</b>	800-THE KIDS
<b>DIVISION OF DISABILITY SERVICES</b>	888-285-3036	<b>Foster Care</b>	877-NJ FOSTER
<b>DEVELOPMENTAL DISABILITIES COUNCIL</b>	800-792-8858	<b>Victim of Crime Compensation Office</b>	800-242-0804
<b>NJ EASE</b>	877-222-3737	<b>Women's Referral Central</b>	800-322-8092
<b>NJ DISASTER MENTAL, HEALTH HELPLINE, and NJ MENTAL HEALTH CARES</b>	866-202-HELP TTY: 877-294-HELP	<b>NJ TASK FORCE ON CHILD ABUSE AND NEGLECT</b>	<b>Task Force on Child Abuse and Neglect</b> 609-292-0888
<b>SENIOR INFORMATION LINE</b>	800-792-8820	<b>Parents Anonymous</b>	800-THE KIDS
<b>SAFE HAVEN FOR INFANTS</b>	877-839-2339	<b>HEALTH AND WELLNESS</b>	
<b>DIVISION OF FAMILY DEVELOPMENT REVIEWS AND APPEALS</b>	800-792-9773	<b>AIDS and STD Hotline</b>	800-624-2377
<b>DIVISION OF MENTAL HEALTH SERVICES</b>	800-382-6717	<b>NJ Addictions Hotline</b>	800-238-2333
<b>FOSTER AND ADOPTIVE FAMILY SERVICES</b>	877-NJ-FOSTER	<b>Cancer Information</b>	800-422-6237
<b>MEDICAID FRAUD AND ABUSE HOTLINE</b>	888-937-2835	<b>Office of the Inspector General- (NJ)</b>	<b>Complaint Hotline</b> 866-633-6585
<b>NJ FAMILYCARE</b>	800-701-0710	<b>Health Complaint and Reportable Event Hotline</b>	800-792-9770
<b>GOOD NEIGHBORS, COMMUNITY LIVING FOR PEOPLE WITH DISABILITIES</b>	877-DHS-LINE	<b>Health Information (DHSS)</b>	800-367-6543
<b>CHILDREN AND FAMILY SERVICES</b>		<b>PAAD/Lifeline Program</b>	800-792-9745
<b>Adoption</b>	800-99-ADOPT	<b>HOUSING</b>	
<b>Child Abuse-Report</b>	877-NJABUSE	<b>Housing and Mortgage Finance Agency</b>	800-654-6873
<b>Division Line</b>	800-331-3937	<b>HUD</b>	
<b>SIDS Alliance/First Candle</b>	800-221-7437	• <b>Support Service Center</b>	800-697-6967
<b>PerformCare</b>	877-652-7624	• <b>Best Practices Task Force</b>	800-800-5029
		<b>MEDICAL ASSISTANCE</b>	
		<b>MEDICAID</b>	800-356-1561
		<b>MEDICARE</b>	800-MEDICARE

## APPENDIX 10: TTY/TDD CONVERSATION ETIQUETTE

A TTY (teletypewriter) or TDD (Telecommunication Device for the Deaf) is a device which allows individuals who are deaf or hard of hearing to communicate through the telephone system by typing messages to other individuals with TTYs, or to a relay system which provides operators who can read the typed message to an individual who is listening through a voice telephone. When calling a TTY user, it is appropriate to allow at least 10 rings to give the deaf or hard of hearing person enough time to see the flashing light.

Below are common abbreviations which are used to speed up communication:

**GA:** When you talk with another person by TTY, you type while the other person reads. When you want the other person to respond, type GA for “Go ahead.”

**GA OR SK:** To say goodbye, type GA OR SK. This gives the other person a chance to say any last words before ending the conversation.

**SKSK:** Type SKSK to end the conversation.

**Q:** Some people prefer to type Q instead of a question mark because it saves time and is easier to type.

You can use punctuation marks, such as commas and periods, although many people choose to omit them. You may also abbreviate words, such as:

<b>GA</b>	go ahead	<b>HD</b>	hold	<b>PLS</b>	please	<b>THX</b>	thanks
<b>SK</b>	stop keying	<b>MTG</b>	meeting	<b>Q</b>	question	<b>TMW</b>	tomorrow
<b>CD</b>	could	<b>NBR</b>	number		mark	<b>U</b>	you
<b>CUL</b>	see you later	<b>OIC</b>	oh, I see	<b>R</b>	are	<b>UR</b>	your
<b>CUZ</b>	because	<b>OPR</b>	operator	<b>SHD</b>	should		

To reach NJ Relay, dial 711

## GLOSSARY

### A

**Accessible:** Usable to an individual with a disability

**Accommodation:** An adjustment, alteration, or addition to an environment, a situation, or a piece of equipment, which enables a person with a disability to utilize it in a manner equivalent to that of a person without a disability

**Acquired Immune Deficiency Syndrome (AIDS):** A defect of the immune system caused by the blood-borne HIV virus, causing vulnerability to various infections, malignancies, and neurological diseases

**Addiction:** Genetically and/or psychosocially impaired ability to control the use of a substance, preoccupation with the substance, distorted perceptions about the substance, and continued use of the substance despite adverse consequences

**Alzheimer’s Disease:** Brain disease of unknown cause in which nerve cells in the brain die, causing progressive, irreversible deterioration of memory and other intellectual functions, language skills, and ability to perform routine tasks

**Amyotrophic Lateral Sclerosis (ALS):** A progressive, degenerative disease of the motor neurons of the central nervous system, causing muscular weakness, atrophy, and spasticity. Ten percent of cases are genetic, the other ninety percent are of unknown origin

**Anorexia Nervosa:** Eating disorder primarily characterized by an excessive, voluntary loss of weight and refusal to maintain minimal normal body weight

**Area of Refuge:** Designated safe place for a person with a disability to await assistance during an emergency evacuation of a building or vessel

**Arthritis:** Disease of the joints and connective tissues, which can have numerous causes, creating pain, swelling, and limited range of movement

**Asperger’s Syndrome:** A pervasive developmental disorder in which the individual often has above-average intellectual ability, but may experience ongoing difficulties with social interaction, empathy, logic, and understanding non-verbal cues.

## GLOSSARY

**Assistive Technology:** Equipment or services which increase, maintain, or improve the functional capability of an individual with a disability

**Asthma:** Chronic respiratory disorder characterized by episodes of coughing, wheezing, and difficulty in breathing because of inflamed and obstructed bronchial tubes. Among the triggers are allergies, chemical irritation, and/or emotional stress

**Attention Deficit Disorder (ADD):** Neurological disorder characterized by distractibility, forgetfulness, inability to concentrate, poor attention span, and impulsiveness

**Attention Deficit/Hyperactivity Disorder (ADHD):** Neurological disorder which has the same characteristics as Attention Deficit Disorder, but which also includes hyperactivity

**Autism:** Neurological disorder of unknown origin which generally manifests before the age of 3. Social and communication skills are impaired, and symptoms such as self-injury, aggression, voluntary repetitive body movements, intense attachment to objects, and sensory processing difficulties may be present

**Autoimmune Disorder:** A variety of disorders which are the result of the body producing an inappropriate immune response against its own tissues. The causes are generally unknown, but symptoms can include episodic or chronic inflammation and pain, as well as tissue and/or organ damage

### B

**Bi-Polar Disorder:** A mental disorder which is characterized by alternations between manic and depressive moods with consequent changes in thinking and behavior. Commonly called Manic-Depression

**Blind:** Legal blindness is regarded as visual acuity of 20/200 or less in the better eye with correction, or a field of vision no greater than 20 degrees at its widest point

**Bulimia:** Eating disorder characterized by episodes of binge eating, followed by compulsive purging, usually through vomiting, consumption of laxatives, and/or excessive exercise

### C

**Celiac Sprue:** A genetic disorder which is characterized by an extreme sensitivity to gluten – the protein in some grains – which can produce damage to the small intestine. This damage can impair absorption of nutrients, resulting in malnutrition. The disease can be managed by a gluten-free diet

**Cerebral Palsy:** Injury to the motor areas of the

brain, at or prior to birth, resulting in a non-progressive impaired ability to control movement and posture

**Chronic Fatigue Syndrome:** Illness of uncertain cause characterized by fatigue, weakness, malaise, muscle pain, and lymph node swelling

**Congenital:** A condition which is present at birth, but which has a non-hereditary cause

**Cognitive Disability:** Impaired ability to think, concentrate, reason, and remember

**Crohn's Disease:** Condition of unknown origins, characterized by chronic painful inflammation of the intestinal tract

**Cystic Fibrosis:** A hereditary disease which affects the respiratory system, pancreas, and sweat glands. It is characterized primarily by the excessive production of thick mucus, which results in chronic respiratory infections and impaired breathing

### D

**Deaf:** Hearing impairment severe enough to prevent, with or without amplification, the processing of linguistic information. Specifically, a hearing deficiency above 25 db ISO in the 500-2000 frequency Hz range unaided in the better ear

**Developmental Disability:** Permanent cognitive and/or physical impairment, which occurs before the age of 22, and which substantially limits the individual in three or more major life activities

**Diabetes:** Condition characterized by abnormal blood sugar levels resulting from impaired functioning of the pancreas

**Disability:** A physical or mental impairment that substantially limits a major life activity, such as walking, talking, seeing, hearing, caring for oneself, breathing, learning, or working

**Down Syndrome:** Congenital disorder caused by an extra 21st chromosome, which causes intellectual developmental disabilities and distinctive physical characteristics

**Dwarfism:** Short stature, resulting from a genetic or medical condition. It is generally defined as an adult height of 4 feet ten inches or less. A common term for an individual with dwarfism is “little person”

### E

**Eating Disorder:** Psychological disorder characterized by a distorted body image and a dysfunctional relationship with food, often resulting from feelings of low self-worth and powerlessness. The individual may overeat, undereat, and/or purge in an effort to self-soothe and to control body shape

## GLOSSARY

**Emphysema:** Disease of the lungs, characterized primarily by labored and inefficient breathing, in which the air sacs (alveoli) become distended and therefore limited in their functioning

**Epilepsy:** Chronic condition produced by temporary changes in the electrical functioning of the brain, characterized by recurrent brief episodes of convulsive movements, alterations in consciousness, and/or sensory phenomena

### F

**Fetal Alcohol Spectrum Disorder:** A preventable set of physical, craniofacial, mental, and neurobehavioral impairments associated with alcohol consumption by the mother during pregnancy

**Fibromyalgia:** Disease of unknown origin characterized by the persistent presence of non-physically damaging pain that moves throughout the muscles, joints, ligaments, and tendons of the body

### G

**Genetic Disorder:** A pathological condition resulting from a defective inherited gene

### H

**Hemiplegia:** Paralysis of one side of the body

**Human Immunodeficiency Virus (HIV):** Virus which can damage the immune system and lead to AIDS

**Huntington's Disease:** Genetic disease which causes a pre-programmed degeneration of brain cells. Initial symptoms, usually appearing in young to mid-adulthood, include mood swings, forgetfulness, and lack of coordination. They are followed by involuntary movements, deterioration of swallowing and speaking ability, and loss of cognitive ability

### I

**Intellectual Disability:** A developmental disability which is characterized by below-normal intellectual/cognitive functioning, causing impairment in learning, social adjustment, maturation, and acquisition of life skills.

### L

**Learning Disability:** A group of disorders which includes such conditions as dyslexia, developmental aphasia, perceptual disabilities, brain injury, and minimal brain dysfunction, which may disrupt the process of listening, speaking, reading, writing, spelling, or doing mathematical calculations

**Lupus:** Chronic, progressive disease of unknown cause, which is primarily characterized by scaling and ulceration of the skin. In about 10% of affected individuals, symptoms may also include inflammation of the joints and mucous membranes and disruption of kidney and nervous system function

### M

**Medigap:** Insurance which supplements Medicare benefits by paying some of the costs and covering some of the services not covered by Medicare

**Multiple Chemical Sensitivity:** Condition marked by a variety of symptoms, such as respiratory distress, migraines, nausea, fatigue, irritation of the mucous membranes and/or skin, cognitive difficulties, and/or disordered sleep. The onset generally occurs in response to a major or chronic chemical exposure, then broadens to include sensitivity to common chemicals and irritants found throughout the individual's environment

**Multiple Sclerosis:** Disease of the central nervous system which generally has its onset in young to mid-adulthood. Degradation of the sheaths of nerves causes relapses and remissions of weakness, pain, and/or numbness in the limbs, disrupted vision, and urinary tract dysfunction. Its cause is unknown

**Muscular Dystrophy:** Group of genetic diseases characterized by progressive weakness and degeneration of the skeletal or voluntary muscles which control movement

### O

**Obsessive-Compulsive Disorder:** Psychological condition, which may have a neurological basis, characterized by repetitive ideas or impulses which may be unwanted, irrational, and performed against the person's wishes

### P

**Paraplegia:** Paralysis of the legs and the lower trunk

**Parkinson's Disease:** Chronic disease of the central nervous system characterized by tremors, muscular weakness and rigidity, and an unsteady gait. Symptoms are caused by a deficiency of the brain chemical dopamine, but the cause of the deterioration of the dopamine-producing nerve cells is unknown

**Pervasive Developmental Disorder (PDD):** Umbrella term for five neurological disorders - Autism, Asperger's Syndrome, Childhood Disintegrative Disorder, Rett's Syndrome, and PDD-Not Otherwise Specified, all of which impair social and communication skills

## GLOSSARY

**Post-Polio Syndrome:** Array of possible symptoms which occur in about 25% of individuals who have been infected with polio. These symptoms generally manifest 20 to 40 years after the onset of the infection and after a recovery period of at least 10 years, and may include muscle pain, weakness, tics, respiratory difficulties, disordered sleep, gastrointestinal and/or swallowing problems, neuropathy, arthritis, scoliosis, and osteoporosis

**Post-Traumatic Stress Disorder:** Psychological condition which develops in response to an overwhelmingly traumatic event which is generally outside the range of usual human experience. Symptoms can include flashbacks, fear of dying, rage, and panic attacks

### Q

**Quadriplegia:** Paralysis of all four limbs and the trunk. Also called tetraplegia

### R

**Reasonable Accommodation:** Modification or adjustment to a job application process or work environment which allows a person with a disability to enjoy the same benefits and opportunities enjoyed by similarly situated people without disabilities

**Reflex Sympathetic Dystrophy (RSD):** Chronic nerve disorder that generally has its onset in the body at the site of an injury, and which often spreads to other areas of the body. Characterized by burning pain, extreme sensitivity to touch, tissue swelling, and pathological changes in bone and skin

### S

**Schizophrenia:** Brain disease of unknown cause which typically has its onset in adolescence or young adulthood. Characterized by thought disorders, delusions, and hallucinations. An affected individual may experience excessive or lack of emotional expression, as well as paranoia and disrupted interpersonal relationships. Symptoms can in some cases be managed by medication and supportive counseling

**Scleroderma:** Disease of unknown cause in which the dermis layer of the skin is replaced by collagen, causing toughness and discomfort. This process can also involve the heart, lungs, kidneys, and intestinal tract, interfering with the functioning of these organs

**Self-Determination:** The entitlement of individuals with disabilities to control their own lives, pursue self-defined goals, and participate fully in society

**Service Animal:** Animal trained to provide assistance to an individual with a disability

**Sickle Cell Anemia:** A genetic disorder of the blood, characterized by red blood cells that assume an abnormal rigid sickle cell shape. This decreases the cells' functionality, resulting in a variety of complications, such as anemia, pain, and frequent infections

**Speech to Speech (STS):** Telephone relay service mandated by the Federal Communications Commission, which provides translation for individuals with speech disabilities. A communication assistant, specially trained to understand the speech of people with a wide variety of speech disabilities, listens to the speaker who has the speech disability and restates verbatim to a third party what that person has said

**Spina Bifida:** Congenital condition caused by the failure of the spine to close properly during the first month of pregnancy. This may result in mobility impairment, bladder/bowel problems, and/or hydrocephalus

**Spinal Cord Injury:** Damage to the spinal cord, which results in temporary or permanent loss of sensation, motor control, and/or bladder and bowel control

**Stroke:** Sudden neurological impairment caused by a hemorrhage or blood clot in the brain. Temporary or permanent loss of vision, speech, mobility, and/or consciousness may result

### T

**Tourette Syndrome:** A disorder of the nervous system which may cause "tics," which are repetitive involuntary movements and vocalizations. Tics can vary in severity, frequency, and type, and can be intensified by physiological and emotional stressors. Some individuals with this condition may also have other symptoms, such as obsessive compulsive disorder, anxiety disorder, and attention deficit disorder

**Traumatic Brain Injury:** Injury to the brain which may impair cognitive or physical functioning, disturb behavior or moods, and/or produce an altered state of consciousness

**Triplegia:** Paralysis of three limbs

### V

**Visually Impaired:** Vision which is no better than 20/70 with correction, but not worse than 20/200 with correction. To have less visual acuity than 20/200 with correction constitutes legal blindness

## ABBREVIATIONS AND ACRONYMS

<b>ACLU</b>	American Civil Liberties Union	<b>MS</b>	Multiple Sclerosis
<b>ADA</b>	Americans with Disabilities Act	<b>NAMI</b>	National Alliance for the Mentally Ill
<b>ADD</b>	Attention Deficit Disorder	<b>NI</b>	Neurologically Impaired
<b>ADHD</b>	Attention Deficit Hyperactivity Disorder	<b>NICHCY</b>	National Information Center for Children and Youth with Disabilities
<b>ADL</b>	Activities of Daily Living	<b>NJCFA</b>	New Jersey Chronic Fatigue Syndrome Association
<b>ADRC</b>	Aging and Disability Resource Connection	<b>NOS</b>	Not Otherwise Specified
<b>AHCPR</b>	Agency for Health Care Policy and Research	<b>OCD</b>	Obsessive-Compulsive Disorder
<b>AIDS</b>	Acquired Immune Deficiency Syndrome	<b>OIG</b>	Office of the Inspector General (US)
<b>ALS</b>	Amyotrophic Lateral Sclerosis	<b>OPRA</b>	Open Public Records Act
<b>APS</b>	Adult Protective Services	<b>OT</b>	Occupational Therapy
<b>BSS</b>	Board of Social Services	<b>PAAD</b>	Pharmaceutical Assistance to the Aged and Disabled (NJ)
<b>CAP</b>	Consumer Assistance Program	<b>PAIMI</b>	Protection and Advocacy for Individuals with Mental Illness
<b>CBVI</b>	Commission for the Blind and Visually Impaired (NJ)	<b>PAIR</b>	Protection and Advocacy for Individual Rights
<b>CDCP</b>	Center for Disease Control and Prevention	<b>PAP</b>	Pharmaceutical Assistance Program
<b>CHLP</b>	Community Health Law Project	<b>PASP</b>	Personal Assistance Services Program
<b>CIL</b>	Center for Independent Living	<b>PASS</b>	Social Security Administration Plan to Achieve Self-Support
<b>CMS</b>	Center for Medicare and Medicaid Services	<b>PCA</b>	Personal Care Attendant
<b>CNA</b>	Certified Nursing Assistant	<b>PDD</b>	Pervasive Developmental Disorder
<b>COMHCO</b>	Coalition of Mental Health Consumers Organizations	<b>PRO</b>	Peer Review Organization
<b>COSAC</b>	Center for Outreach and Services for the Autism Community, Inc.	<b>PT</b>	Physical Therapy
<b>CP</b>	Cerebral Palsy	<b>PTSD</b>	Post-Traumatic Stress Disorder
<b>DD</b>	Developmental Disability	<b>RHHI</b>	Regional Home Health Intermediary
<b>DDD</b>	Division of Developmental Disabilities (NJ)	<b>REIC</b>	Regional Early Intervention Collaborative
<b>DDS</b>	Division of Disability Services (NJ)	<b>RSD</b>	Reflexive Sympathetic Dystrophy
<b>DHS</b>	Department of Human Services (NJ)	<b>SCAHS</b>	Special Child and Adult Health Services (NJ)
<b>DHSS</b>	Department of Health and Senior Services	<b>SCI</b>	Spinal Cord Injury
<b>DOJ</b>	Department of Justice	<b>SCORE</b>	Service Core of Retired Executives
<b>DRNJ</b>	Disability Rights New Jersey	<b>SHIP</b>	State Health Insurance Assistance Program
<b>DVRS</b>	Division of Vocational Rehabilitation Services (NJ)	<b>SILC</b>	Statewide Independent Living Council
<b>DYFS</b>	Division of Youth and Family Services	<b>SNAP</b>	Special Needs Advocate for Parents
<b>EEOC</b>	Equal Employment Opportunity Commission (US)	<b>SPAN</b>	Statewide Parents Advocacy Network
<b>FCC</b>	Federal Communications Commission	<b>SSA</b>	Social Security Administration
<b>HI</b>	Hearing Impaired	<b>SSDI</b>	Social Security Disability Income
<b>HIPAA</b>	Health Insurance Portability and Accountability Act	<b>SSI</b>	Supplemental Security Income
<b>HIV</b>	Human Immunodeficiency Virus	<b>STS</b>	Speech To Speech
<b>HRFA</b>	Health Resources and Services Administration (US)	<b>TARP</b>	Technology Assistive Resource Program
<b>HUD</b>	Department of Housing and Urban Development (US)	<b>TBI</b>	Traumatic Brain Injury
<b>IDEA</b>	Individuals with Disabilities Education Act	<b>TDD</b>	Telecommunications Device for the Deaf
<b>IEP</b>	Individual Education Plan	<b>TT</b>	Text Telephone
<b>IHP</b>	Individual Habilitation Plan	<b>TTY</b>	Teletypewriter
<b>JTPA</b>	Job Training Partnership Act	<b>UAP</b>	University Affiliated Program
<b>LAD</b>	Law Against Discrimination (NJ)	<b>UCPA</b>	United Cerebral Palsy Association
<b>MD</b>	Muscular Dystrophy	<b>VA</b>	Veterans' Administration
<b>MDA</b>	Muscular Dystrophy Association	<b>VI</b>	Visually Impaired
		<b>VP</b>	Video Phone
		<b>WIC</b>	Supplemental Nutrition Program for Women, Infants, and Children

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Honorable Chris Christie, **Governor**  
Honorable Kim Guadagno, **Lt. Governor**

Jennifer Velez, **Commissioner Department of Human Services**

Joseph M. Amoroso, **Director Division of Disability Services**

Dianna Maurone, **Managing Editor/Supervisor Information and Referral Services**

Timothy Grill, **Editorial Assistant/Information and Referral Specialist**

Jayne Hansbury-D'Souza, **Editorial Assistant/Information and Referral Specialist**

Luz Hernandez, **Editorial Assistant/Information and Referral Specialist**