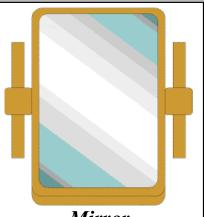


Inspiration Through Poetry

Here at VRCH I was inspired by Ms. Lauren, the the poetry teacher. She is a great roll model for teenagers my age and a great example of what I can be if I stay positive. Ms. Lauren is a very good mind builder and she gives great advice. I asked her what made her want to become a poetry writer? "Just life", she replied. I also asked Ms. Lauren what motivates her. "God and my family" she said. Even though she has problems of her own, she remains positive. Ms. Lauren comes every other Tuesday to see the young ladies here at Valentine Hall and the girls love her work including myself. Ms. Lauren says that she enjoys her time here and will continue to come and help the ladies at Valentine Hall.

By: Mona



Mirror

When I look in the mirror I see faces looking back at me. Sometimes I'm not happy with what I see but the faces staring back will always be me so I have to strive to be the best that I can be. If I do then I will see a world of opportunity just waiting for me.

By: Shaniqua