

Building Resiliency in Diverse Families of CYSHCN Impacted by Superstorm Sandy



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Impact of Sandy on Diverse Families of CYSHCN

- * Families of children & youth with special healthcare needs faced all the traumas associated with Superstorm Sandy
 - * Loss of homes, furniture, treasured items, etc.
 - * Physical & mental harm
 - * Loss of jobs, income, health coverage, etc.
 - * Displacement
 - * PLUS issues faced only by families of CSHCN!

Retraumatizing Events

- * Storms
- * Re-entry into school/changing schools
- * Parents going back to work
- * Finding new doctors, therapists, etc.
- * Other

Identifying trauma

- * SPAN tool utilized by SPAN Family Resource Specialists to identify:
 - * The trauma faced by families and their children & youth with special healthcare needs
 - * The strengths, needs, & resources of families
 - * The help they needed to build resilience

Building Resiliency

- * SSRP Family Resource Specialist services & supports to build resiliency in diverse families of CYSHCN impacted by Superstorm Sandy
- * Tool used to measure development of resiliency in impacted families

Overcoming the Challenges- A Family's Story

- * How Superstorm Sandy impacted my family
- * How the SSRP Family Resource Specialist helped me address the challenges we faced
- * How the SSRP Family Resource Specialist helped build resiliency in our family

The SSRP FRSs were the pebbles in the pond... causing ripples that spread in all directions!

