



NEW JERSEY STATE POLICE TROOPER YOUTH WEEK LIST OF ITEMS NEEDED



Students selected **will reside** at the New Jersey State Police Academy in Sea Girt, New Jersey during the week of their class. They will report to Sea Girt neatly groomed.

The items each student is **required** to bring with them during their stay is listed below. Students **must** bring these items, as there are no facilities available to purchase them once students arrive at the Academy.

CLOTHING APPAREL	
1 pair of clean Khaki Pants, without holes for Graduation Ceremony and the Class Photo (No: tight fitted pants, bell bottoms, baggy pants, or hip huggers.)	
Light-weight clear poncho	1 Pair of jeans - dark blue
Black belt (for pants/shorts)	8 Pair of white crew socks 2 Pair of black dress socks
10 Plain white crew neck T-Shirts 3 Plain navy blue crew neck T-Shirts (NO WRITING OR LOGOS)	1 Pair of Black dress shoes (Flat soles, NO HIGH HEELS)
3 Khaki cargo shorts - hemmed (No low riders or hip huggers)	5 Navy blue gym shorts (no Spandex or tightly fitted shorts)
Athletic Supporter (males) White sports bras (females)	1 or 2 pairs of running shoes or sneakers capable of being utilized for physical training and marching. (With laces)
Shower shoes Bathrobe	Underwear (enough for extra changes after working out)

EQUIPMENT	
Personal toiletry articles	Razors and shaving cream
3 towels / 4 wash cloths	8 Hangers
Plastic mattress cover for twin size bed	Laundry bag for soiled clothes
1 pillow / 1 plain white pillow case	Sleeping Bag
Alarm clock without radio	Sun block (Minimum SPF 30)

EQUIPMENT
Large plastic (foot locker size) container for storage of ALL clothing.
All medications are to be placed in a clear, re-sealable (labeled), plastic bag or container.
DO NOT BRING: <i>Jewelry (except conservative wrist watches), chains, earrings, bracelets, body piercing, rings, pagers, walkman's, cell phones, Ipods, Palm Pilots, handheld video games, food, drinks, snacks, chewing gum, tobacco products, energy enhancing dietary supplements (Creatine, etc).</i> <i>No wallets, no money, and no weapons.</i>

**NO SMOKING OR USE OF CHEW OR SPIT TOBACCO IS PERMITTED
AT THE STATE POLICE ACADEMY**