

*Life's Ingredients:  
A Recipe for Success*

- ❁ 3 Cups of Good Health
- ❁ 1 Gallon of Life Skills
- ❁ 1½ Pounds of Healthy Relationships
- ❁ 1 Liter of TLC (a little goes a long way)
- ❁ 1½ Gallons of Education and Vocational Training
- ❁ 1 Pound of Positive Self-Esteem
- ❁ ¾ Cups of Money Management
- ❁ 2 Pounds of Spirituality



All girls can  
Become Successful  
Women!

**New Jersey Office of the Attorney General  
Juvenile Justice Commission**

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PO Box 107  
Trenton, NJ 08625-0107



# A Celebration of Womanhood

Life's Ingredients:  
A Recipe for Success



**Saturday  
April 25, 2005**

Registration: 8:30 a.m.  
9:00 a.m. — 3:00 p.m.

Co-sponsored by  
My Daughter's  
Keeper, Inc.

❁ A Conference for Young Women ❁

**State of New Jersey**  
Governor's Juvenile Justice and Delinquency  
Prevention Committee  
**Office of the Attorney General**  
Juvenile Justice Commission

**A Conference for Young Women**

**Conference Location & Directions**

**The Clarion Hotel and Conference Center**  
 1450 Route 70 & I-295,  
 Cherry Hill, New Jersey

**From New Jersey Turnpike (North or South)**  
 Take exit 4 - Route 73 North to I-295 South. Take I-295 North towards Trenton. Follow I-295 North to Exit 34B. The hotel is located 100 yards from exit on Route 70 West.

**Atlantic City Expressway/Route 55**  
 Take Route 55/Expressway towards Camden/Philadelphia. Take I-295 North towards Trenton. Follow I-295 North to Exit 34B. The hotel is located 100 yards from exit on Route 70 West.

**From I-195 (shore points)**  
 Take I-195 West to I-295 South (toward Camden). Take exit 34B. The hotel is located 100 yards from the exit on Route 70 West.

**Points East Via Route 70 West**  
 Take Route 70 West (toward Camden). After the Route 70 and 73 circle follow Route 70 West. After the entrances to I-295 (North and South), the hotel is located on the right (approximately 100 yards) after the I-295 overpass.



**State of New Jersey**  
 Richard J. Codey, Acting Governor  
**Office of the Attorney General**  
 Peter C. Harvey, Attorney General  
**Juvenile Justice Commission**  
 Howard L. Beyer, Executive Director  
**Juvenile Justice and Delinquency Prevention Committee**  
 B. Thomas Leahy, Chair



**A Conference for Young Women**

**Workshop Descriptions**

**A The Secrets of Womanhood (girls only)**  
 When will you begin young adulthood? Are you protecting your body or is it on shaky ground?

**B It's a Different World**  
 Do you want to know what it takes to become successful in life? Come and begin your own recipe for success.

**C What's Love Got to Do With It?**  
 Have you ever heard the words, "I'm sorry" and "I will never do it again?" If you feel enough is enough, come to this workshop.

**D It Takes a Village to Raise a Child**  
 Do you want to know what teenage motherhood is about? Come to this workshop and get the answers to your questions and more.

**E Just Because You are Serving Girls Does Not Mean Girls are Being Served (adults only)**  
 Learn why girls need different programs and services than boys.

**F Be Fine in Your Mind**  
 Come and discover the secrets of inner beauty and its effects on the outer you.

**G Keeping It Gangsta:**  
**The Real Deal (adults only)**  
 Learn how communities suffer from the affects of crime and gang violence.

**H Got My Mind on My Money and My Money on My Mind**  
 Find out how to get money smart and how to manage money.

**I Can't We All Just Get Along?: True Colors**  
 Discover what makes you tick and why others sometimes drive you wild. (This is a 2 part workshop, AM and PM)

**J All Girls Can**  
 Hear the experiences of girls from around the State. You may find you have a lot in common with other girls your age.

*This conference is free of charge and is provided through Federal Juvenile Justice and Delinquency Prevention Act funds administered by the Juvenile Justice Commission.*

**REGISTRATION DEADLINE**  
 April 18, 2005  
 (there will be no on-site registration)

**Southern Registration Form**

Please complete a form for each attendee (maximum of 6 attendees per school/agency)

Name \_\_\_\_\_

Title \_\_\_\_\_

Agency/School \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ Zip \_\_\_\_\_

Grade \_\_\_\_\_

Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Fax ( \_\_\_\_\_ ) \_\_\_\_\_

**Indicate Meal Preference for Lunch**

Vegetarian  Non-vegetarian

**Workshop Selection**

Please circle one choice per section

**1st Morning Choice:**

A B C D E F G H I J

**2nd Morning Choice:**

A B C D E F G H I J

**1st Afternoon Choice:**

A B C D E F G H I J

**2nd Afternoon Choice:**

A B C D E F G H I J

**Please Mail or Fax this Form to:**

**Juvenile Justice Commission/JJDP**  
 c/o Thurayya Peagler  
 1001 Spruce Street, Suite 202  
 PO Box 107  
 Trenton, NJ 08625-0107  
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