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COUNCIL RECOGNIZES SEPTEMBER AS RECOVERY MONTH

Resources and information about Recovery Month posted on Facebook throughout September

TRENTON (September 07, 2012) ... The Governor's Council on Alcoholism and Drug Abuse (GCADA) is pleased to recognize September 2012 as Recovery Month. Now in its 23rd year, national Recovery Month highlights individuals who have reclaimed their lives and are now living happy and healthy lives in long-term recovery. The observance also honors the prevention, treatment, and recovery service providers who help to make recovery possible.

During Recovery Month, the Council encourages New Jersey residents to embrace its positive message: that prevention works, treatment is effective, and people can and do recover. The lives of those with substance use and mental disorders can improve by raising awareness and educating communities about available resources.

Throughout September, the Council will be posting resources and information about recovery on its Facebook page for State residents to access. The Council will also adopt a resolution recognizing Recovery Month at its September 18, 2012 meeting in conjunction with a Proclamation from Governor Christie proclaiming September 2012 as Recovery Month.

"I've recognized the importance of publicly proclaiming and celebrating recovery in an effort to reduce the debilitating stigma that is associated with addictive illness," John Hulick, GCADA executive director stated. "I've also recognized the importance of taking a moment to pause and reflect, and to remember those that have tragically lost their lives to this devastating disease."

Recovery Month 2012 observance's main focus is to laud the gains made by those in recovery from these conditions, just as we would those who are managing other health conditions such as hypertension, diabetes, asthma, and heart disease. Numerous Recovery Month events and celebrations are taking place throughout New Jersey during September including the Council's 21st Annual Summit, Celebrating Healthy and Safe Communities, being held in New Brunswick on Wednesday, September 12, 2012. The Summit and other events will also be highlighted on the Council's Facebook page.

The Council's Facebook page can be found at www.facebook.com/gcada.newjersey.

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