

**Summary of Benefits and Coverage: What this Plan Covers & What it Costs**



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.state.nj.us/treasury/pensions/health-benefits.shtml](http://www.state.nj.us/treasury/pensions/health-benefits.shtml) or by calling 1-609-292-7524.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	<b>\$0</b> – for Tier 1/ <b>\$1,500</b> person/ <b>\$3000</b> family for Tier 2	See the chart starting on page 2 for your costs for services this plan covers.
Are there other deductibles for specific services?	No.	You must pay all of the costs for these services up to the specific <b>deductible</b> amount before this plan begins to pay for these services.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. Tier 1 - <b>\$2,500</b> person/ <b>\$5,000</b> family. Tier 2- <b>\$4,500</b> person/ <b>\$9,000</b> family.	The <b>out-of-pocket limit</b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network of providers</u> ?	Yes. For a list of in-network providers, see <a href="http://www.aetnastatenj.com">www.aetnastatenj.com</a> or call 1-877-782-8365.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of providers.
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a written referral to see a specialist.	You can see the in-network <b>specialist</b> you choose without permission for this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <b>excluded services</b> .

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **in-network providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Tier 1 Provider	Your Cost if You Use a Tier 2 Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$5 copay/visit	\$20 copay/visit	Not Covered	_____ none _____
	Specialist visit	\$15 copay/visit	\$30 copay/visit	Not Covered	_____ none _____
	Other practitioner office visit	\$15 copay/visit	\$30 copay/visit	Not Covered	In-network chiropractic care therapeutic manipulation visit limit is 30 visits.
	Preventive care/screening/immunization	No Charge	No Charge	Not Covered	One routine physical per calendar year.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge for Office or Inpatient Hospital  \$15 copay/visit for Outpatient Hospital	No Charge for Office or Inpatient Hospital  20% Coinsurance after deductible for Outpatient Hospital	Not Covered	_____ none _____

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	Imaging (CT/PET scans, MRIs)	\$15 copay/visit for Office, Outpatient Hospital.  No charge for Inpatient Hospital.	20% Coinsurance after deductible for Office, Outpatient Hospital.  No charge for Inpatient Hospital.	Not Covered	Requires pre-approval.
<b>If you need drugs to treat your illness or condition</b> More information about <b>prescription drug coverage</b> is available at <a href="http://www.state.nj.us/treasury/pensions/health-benefits.shtml">www.state.nj.us/treasury/pensions/health-benefits.shtml</a> .	Generic drugs	See separate Prescription Drug Plan SBC			See separate Prescription Drug Plan SBC
	Preferred brand drugs				
	Non-preferred brand drugs				
	Specialty drugs				
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	\$150 copay/visit	20% Coinsurance after deductible.	Not Covered	_____ none _____
	Physician/surgeon fees	\$15 copay/visit	20% coinsurance after deductible	Not Covered	_____ none _____
<b>If you need immediate medical attention</b>	Emergency room services	\$100 copay/visit	\$100 copay/visit	\$100 copay/visit	Payment at the in-network level applies only to true Medical Emergencies & Accidental Injuries.
	Emergency medical transportation	No charge	No Charge	No charge.	Limited to local emergency transport to the nearest facility equipped to treat the emergency condition.
	Urgent care	\$15 copay/visit	\$30 copay/visit	Not Covered	Applies only to out of hospital urgently needed care.

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<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	\$150 Copay/admission	20% coinsurance after deductible.	Not Covered	Requires pre-approval.
	Physician/surgeon fee	No charge	20% coinsurance after deductible	Not Covered	Requires pre-approval.
<b>If you have mental health, behavioral health, or substance abuse needs</b>	Mental/Behavioral health outpatient services	\$15 copay/visit	20% Coinsurance after deductible for Outpatient Hospital. \$30 copay/visit for Office Visit	Not Covered	Some specialty outpatient services require pre-approval.
	Mental/Behavioral health inpatient services	No charge	20% coinsurance after deductible.	Not Covered	Requires pre-approval.
	Substance use disorder outpatient services	\$15 copay/visit	20% Coinsurance after deductible for Outpatient Hospital. \$30 copay/visit for Office Visit	Not Covered	Some specialty outpatient services require pre-approval.
	Substance use disorder inpatient services	No charge	20% coinsurance after deductible	Not Covered	Requires pre-approval.
<b>If you are pregnant</b>	Prenatal and postnatal care	No charge	20% coinsurance after deductible	Not Covered	—————none—————
	Delivery and all inpatient services	No charge	20% coinsurance after deductible.	Not Covered	Requires pre-approval.

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Common Medical Event	Services You May Need	Your Cost If You Use a Tier 1 Provider	Your Cost if You Use a Tier 2 Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
<b>If you need help recovering or have other special health needs</b>	Home health care	\$5 copay/visit	\$5 copay/visit	Not Covered	Requires pre-approval.
	Rehabilitation services	\$15 copay/ visit	\$30 copay/ visit	Not Covered	Requires pre-approval.
	Habilitation services	\$15 copay/ visit	\$30 copay/visit	Not Covered	Requires pre-approval.
	Skilled nursing care	\$150 copay/ admission	20% coinsurance after deductible	Not Covered	Requires pre-approval. In-network inpatient skilled nursing facility day limit is 100 days.
	Durable medical equipment	No charge	20% coinsurance after deductible	Not Covered	Requires pre-approval for all rentals and some purchases.
	Hospice service	No charge	\$150 copay per admission	Not Covered	Requires pre-approval.
<b>If your child needs dental or eye care</b>	Eye exam	\$15 copay/visit	\$30 copay/visit	Not Covered	Limited to one exam every calendar year.
	Glasses	Not Covered	Not Covered	Not Covered	_____ none _____
	Dental check-up	Not Covered	Not Covered	Not Covered	_____ none _____

**Excluded Services & Other Covered Services:**

<b>Services Your Plan Does NOT Cover</b> (This isn't a complete list. Check your policy or plan document for other <u>excluded services</u> .)		
<ul style="list-style-type: none"> <li>• Cosmetic surgery</li> <li>• Dental care (Adult)</li> <li>• Long-term care</li> </ul>	<ul style="list-style-type: none"> <li>• Non-emergency care when traveling outside the U.S.</li> <li>• Private-duty nursing (inpatient)</li> </ul>	<ul style="list-style-type: none"> <li>• Routine foot care</li> <li>• Weight loss programs</li> </ul>

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**Other Covered Services** (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Bariatric surgery (requires pre-approval)
- Hearing aids (Only covered for members age 15 or younger, maximums apply)
- Routine eye care (Adult)
- Chiropractic care (limited to 20 visits/year)

**Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-877-STATENJ (1-877-782-8365). You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

**Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Aetna at 1-877-782-8365. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

**Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

**Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-609-292-7524.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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**Coverage Examples**

**About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

**Having a baby**  
(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$7,370
- Patient pays \$170

**Sample care costs:**

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

**Patient pays:**

Deductibles	\$0
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$170
<b>Total</b>	<b>\$170</b>

**Managing type 2 diabetes**  
(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$1,150
- Patient pays \$4,250

**Sample care costs:**

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

**Patient pays:**

Deductibles	\$0
Copays	\$50
Coinsurance	\$0
Limits or exclusions	\$4,200
<b>Total</b>	<b>\$4,250</b>

Please note that some of the Limits or Exclusions listed above may be covered under the Prescription Plan.

## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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