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Fitness Lifestyles (Primary Contractor)

Sub-Category	Brand	Detailed Description	Model #	Net Price
	CAP	Olympic Curl Bar	OB-47	\$35.00
	USA-TROY	(7ft) commercical grade bar, 1200lb tested	AOB-1200B	\$155.00
	USA-TROY	(7ft) Olympic Chrome Bar	GOB-86	\$70.00
	USA-TROY	TRICEP PRESS DOWN BAR	TTVB-S	\$28.00
	YORK	(7FT)"HARD CHROME" INTERNATIONAL BARS W/ SPLIT SLEEVES, heat tempered to 165000 PSI,	32012	\$155.00
	YORK	(7FT) BLACK OXIDE INTERNATIONAL BARS, 165000 PSI	32020	\$136.00
	YORK	International Curl Bar w/rubber grips	32030	\$64.00
	YORK	COLLARS - 2" Spring Collar with rubber handles	36040	\$2.50
Dumbbells	CAP	HEX DUMBBELL CONTOURED HANDLE	SDGG	\$.60/per/pound
	CAP	RUBBER HEX DUMBBELL CONTOURED GRIP	SDR	\$1.15/per/pound
	CAP	NEOPRENE DUMBBELLS	SDN	\$.85/per/pound
	TROY BARBELL	12-sided solid Dumbbell	SD-V	\$.67/per/pound
	TROY- BARBELL	Soild Hex Dumbbells	IHD-1-12	\$.62/per/pound
	YORK	IRON PRO HEX DUMBBELLS		\$.64/per/pound
	YORK	RUBBER HEX DUMBBELLS		\$.96/per/pound
Plate/Weights	CAP	Black Olympic Plate without grip, per/pound	ОР	\$.55/per/pound
	CAP	Wide Flange-OPWG with grips/per/pound	OPWG	\$.60/per/pound

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Sub-Category	Brand	Detailed Description	Model #	Net Price
		Wide Flange-OSWG 300lb set with grips-includes,7' bar, (2)ea		
		of 45lb,35lb,25lb,10lb,2.5lb, & 4-5lb plates & one pair of spring		
	CAP	collars	OSWG-300	\$175.00
		OS-300lb set without grips, set-includes,7' bar, (2)ea of		
		45lb,35lb,25lb,10lb,2.5lb, & 4-5lb plates & one pair of spring		
	CAP	collars	OS-300	\$160.00
	TROY			
	BARBELL	OLYMPIC WIDE FLANGE 3-HOLE GRIP	GO-V	\$.75/per/pound
	TROY			
	BARBELL	Olympic Plate for Bars	O-PLATE	\$.62/per/pound
		300lb set with grips, set-includes,7' bar, (2)ea of		
	TROY	45lb,35lb,25lb,10lb,2.5lb, & 4-5lb plates & one pair of spring		
	BARBELL	collars	GOSS-300V	\$215.00
		300lb set without grips, set-includes,7' bar, (2)ea of		
	TROY	45lb,35lb,25lb,10lb,2.5lb, & 4-5lb plates & one pair of spring		
	BARBELL	collars	BOSS-300	\$195.00
	YORK	"Legacy" Olympic Standard Plate without grip-per/pound		\$.96/per/pound
	YORK	"ISO-GRIP" Steel Composite Plates- per/pound		\$.80/per/pound
		"ISO GRIP" 300lb international set iron- includes, 7' bar, (2)ea of		···
		45lb,35lb,25lb,10lb,2.5lb, & 4-5lb plates & one pair of spring		
	YORK	collars	29017	\$290.00
Benches	BODY SOLID	FLAT BENCH, Warranty-Commercial Limted Lifetime	GFB350	\$120.00

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Sub-Category	Brand	Detailed Description	Model #	Net Price
	BODY SOLID	FLAT/INCLINE, Warranty-Commercial Limted Lifetime	GFI21	\$175.00
		HEAVY DUTY FLAT/INCLINE/DECLINE BENCH, Warranty-		
	BODY SOLID	Commercial Limted Lifetime	GFID71	\$275.00
		POWER CENTER COMBO BENCH, Warranty-Commercial		
	BODY SOLID	Limted Lifetime	GDIB46L	\$359.00
	BODY SOLID	MULTI-BENCH,Warranty-Commercial Limted Lifetime	PFID125W	
	LAMAR	UTILITY BENCH,	LS-510	\$129.00
	LAMAR	FLAT BENCH	LS-511	\$129.00
	LAMAR	CRUNCH BENCH	LS-520	\$129.00
	LAMAR	FLAT/INCLINE, SEAT & BACK ADJUST, OVERSIZE PULL PINS,WHEELS FOR EASY MOVEMENT	LS-512	\$175.00
	LAMAR	DECLINE/FLAT/INCLINE, HEAVY DUTY PIVOT POINTS, OVERSIZED PULL PINS, WHEELS FOR EASY MOVEMENT	LS-513	\$265.00
	LAMAR	MULTI-AB	LS-521	\$329.00
	MUSCLE DYNAMICS	FLAT BENCH STANDARD	3021	\$209.00
	MUSCLE DYNAMICS	DECLINE SIT UP BENCH	3012	\$353.00
	MUSCLE DYNAMICS	AB CRUNCH	3014	\$440.00

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Fitness Lifestyles (Primary Contractor)

Sub-Category	Brand	Detailed Description	Model #	Net Price
	MUSCLE	•		
	DYNAMICS	FLAT BENCH ADJUSTABLE	3022	\$440.00
	MUSCLE			
	DYNAMICS	OLYMPIC BENCH PRESS	3003	\$475.00
	MUSCLE	OLYMPIC BENCH PRESS W/PRO TABS & WEIGHT		
	DYNAMICS	STORAGE	3003PS	\$740.00
	YORK	ST FLAT BENCH	54026	\$174.00
	YORK	ST FLAT/INCLINE BENCH	54027	\$315.00
	YORK	ST-MULTI-FUNCTION BENCH W/WHEELS	54004	\$440.00
	YORK	ST OLYMPIC FLAT BENCH W/ GUN RACKS	54041	\$530.00
	YORK	ST OLYMPIC INCLINE BENCH W/ GUN RACKS	54038	\$560.00
		Leg Curl Machine, 210-410lb weight stack available, Pop-Pin		
		adjustable foot pads assures proper alignment, Warranty-		
Weight Machines	BODY SOLID	Commercial Limted Lifetime	SLC400G	\$1,950.00
		Leg Curl Machine, 210-410lb weight stack available, Pop-Pin		
		adjustable foot pads assures proper alignment, Warranty-		
	BODY SOLID	Commercial Limted Lifetime	SLE200G	\$1,950.00
		Leg Press Machine, 210-410lb weight stack available, Pop-Pin		
		adjustable foot pads assures proper alignment, Warranty-		
	BODY SOLID	Commercial Limted Lifetime	SLP500G	\$1,950.00

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Fitness Lifestyles (Primary Contractor)

Sub-Category	Brand	Detailed Description	Model #	Net Price
		Chest Press Machine, 210-410lb weight stack available, Pop-Pin		
		adjustable foot pads assures proper alignment, Warranty-		
	BODY SOLID	Commercial Limted Lifetime	SLP100G	\$1,950.00
		Lat Machine w/Mid Row 210-410lb weight stack available, Pop-		
		Pin adjustable foot pads assures proper alignment, Warranty-		
	BODY SOLID	Commercial Limted Lifetime	SLM300G	\$1,950.00
		LAT /LOW ROW COMBO, WEIGHT STACK 200LBS, NO		
		CABLE ADJUSTMENTS FOR LAT PULLS TO LOW ROW, LEG		
	DYNAMAX	HOLD-DOWN ROLLERS ARE ADJUSTABLE, WARRANTY-		
	PRO	LIGHT COMMERCIAL	DX-2-8002	\$1,526.00
		PEC DECK/REAR DELT COMBO, ANATOMICALLY CORRECT		
	DYNAMAX	HANDLE AND PAD POSTION, PRE-START RANGE		
	PRO	AJUSTER, WARRANTY-LIGHT COMMERCIAL	DX-2-8015	\$1,600.00
		LEG PRESS/CALF RAISE COMBO, ADJUSTABLE BACKREST		
	DYNAMAX	FOR PRE-STRETCH, COMFORTABLE HANDLE GRIPS,		
	PRO	WARRANTY-LIGHT COMMERCIAL	DX-2-8010	\$1,600.00
		LEG EXTENSION/HAMSTRING COMBO-PRE-STRETCH		
	DYNAMAX	RANGE ADJUSTABLE ON CAM, ADJUSTABLE BACKREST,		
	PRO	WARRANTY-LIGHT COMMERCIAL	DX-2-8019	\$1,800.00
		LAT PULL DOWN-WEIGHT STACK 355LB, ADJUSTABLE		
		THIGH PAD, SEAT ADJUSTS, COMMERCIAL GRADE,		
		WARRANTY-STRUTURAL FRAME-LIFETIME, PULLEYS-		
	HOIST	BEARINGS-BUSHINGS-5YRS, BELTS & CABLES 1YR	CL-2201	\$2,569.00

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Fitness Lifestyles (Primary Contractor)

Sub-Category	Brand	Detailed Description	Model #	Net Price
		MID ROW- WEIGHT STACK 340LBS, DUAL POSITIONS		
		HAND-GRIPS, OVERSIZE FOOT PLATE OFFERS A VARIETY		
		OF OPTIONS, COMMERCIAL GRADE, WARRANTY-		
		STRUTURAL FRAME-LIFETIME, PULLEYS-BEARINGS-		
	HOIST	BUSHINGS-5YRS, BELTS & CABLES 1YR	CL-2203	\$2,649.00
		VERTICAL SHOULDER PRESS-WEIGHT STACK 330LBS,		
		CAM SIMULATES FREEWEIGHT MOTION, MULTIPLE HAND		
		GRIPS, DUAL CONTOURED TORSO PADS, COMMERCIAL		
		GRADE, WARRANTY-STRUTURAL FRAME-LIFETIME,		
		PULLEYS-BEARINGS-BUSHINGS-5YRS, BELTS & CABLES		
	HOIST	1YR	CL-2501	\$3,049.00
		NITRO COMPOUND ROW- HEALTH CLUB QUALITY,		
		PROVIDE UPPER TORSO WORKOUT, WARRANTY-12YRS		
		FRAME, 3YRS FOR ANY MOVING PARTS, 1YR LABOR, 6		
		MONTHS UPHOLSTERY, CONVERGING AXIS, 2X4 FRAME,		
	NAUTILUS	ERGO GRIP HANDLES	NSS3CR	\$2,835.00
		NITRO LAT PULL DOWN-INCLUDES SMART ARM		
		TECHNOLOGY, UPPER BODY WORKOUT, HEALTH CLUB		
		QUALITY, WARRANTY-12YRS FRAME, 3YRS FOR ANY		
		MOVING PARTS, 1YR LABOR, 6 MONTHS		
		UPHOLSTERY,CONVERGING AXIS, 2X4 FRAME, ERGO		
	NAUTILUS	GRIP HANDLES	NSS3LATP	\$2,835.00

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Fitness Lifestyles (Primary Contractor)

Sub-Category	Brand	Detailed Description	Model #	Net Price
		NITRO VERTICAL CHEST-UPPER BODY WORKOUT,		
		WARRANTY-12YRS FRAME, 3YRS FOR ANY MOVING		
		PARTS, 1YR LABOR, 6 MONTHS		
		UPHOLSTERY,CONVERGING AXIS, 2X4 FRAME, ERGO		
	NAUTILUS	GRIP HANDLES	NSS3VP	\$2,835.00
		NITRO OVERHEAD PRESS, FULL RANGE OF MOTION TO		
		INCREASE THE STRENGTH OF SHOULDERS AND BACK		
		MUSCLE, HEALTH CLUB QUALITY, WARRANTY-12YRS		
		FRAME, 3YRS FOR ANY MOVING PARTS, 1YR LABOR, 6		
		MONTHS UPHOLSTERY, CONVERGING AXIS, 2X4 FRAME,		
	NAUTILUS	ERGO GRIP HANDLES	NSS3OP	\$2,835.00
		MULTI-PRESS-SUPINE PRESS, INCLINE PRESS,		
		SHOULDER PRESS, 1-5 POSITIONS TO VARY EXERCISES,		
		WEIGHT STACKS 170 OR 250, COMMERCIAL GRADE		•
	PARAMOUNT	WARRANTY-	FL-34	\$1,700.00
		BICEP/TRICEP, 7-DIFFERENT HEIGHT POSITIONS, BICEP		
		CURL/TRICEP CURL, ISOLATION OF MUSCLES, 170LB OR		
	DADAMOUNT	250LB WEIGHT STACKS, COMMERCIAL GRADE,		4. 7 00 00
	PARAMOUNT	WARRANTY-	FL-35	\$1,799.00
		LEC EVIENCION 170 or 250lbs weight stocks sight assisting		
		LEG EXTENSION, 170 or 250lbs weight stacks, eight position		
		seat back, weight stacks tested on 5 million cycles, Pviot Axles	VI 400	60.070.00
	PARAMOUNT	designed for proper biomechanics, commercial grade, Warranty-	XL-100	\$2,270.00

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Sub-Category	Brand	Detailed Description	Model #	Net Price
	PARAMOUNT	LAT PULL DOWN, 170 or 250lbs weight stacks, self pivoting design, pad rollers adjust to (5) settings, commercial grade, Warranty-	XL-1100	\$2,399.00
Accessories	CAP	2 tier dumbbell rack	RK-3	\$110.00
	EVERLAST	Weight lifting Glove	1080	\$10.00
	EVERLAST	Weight lifting Belt	1012	\$26.00
	TKO	Weight lifting Glove	300M	\$7.99
	TKO	Weight lifting Belt	108F	\$17.50
	Troy Barbell	Weight lifting Belt -leather	ALDB	\$32.00
	CAP	Weight lifting Glove	MB-424R	
	Troy Barbell	2 tier dumbbell rack	T-DR	\$125.00
	YORK	Hex Professional Dumbbell Rack	69128	\$600.00