To: FFVP Principals
From: Janet Celi, FFVP Coordinator
New Jersey Department of Agriculture
Subject: FFVP “Dos & Don’ts”

Do:
✓ Inspire teachers to provide nutrition education such as “A to Z” Fun Facts
✓ Encourage teachers to taste fruits/veggies with students
✓ Advocate teachers to send home info. on FFVP snacks & recipes to try
✓ Allow students to eat while doing activities at their desk
✓ Promote classroom discussions & surveys on likes & dislikes
✓ Share with teachers the health benefits of FFVP
✓ Present FFVP in a positive atmosphere at a teachers’ meeting

Don’t:
✓ Allow students to take FFVP snack home
✓ Display negative attitudes about veggies
✓ Tolerate students expressing negativity about FFVP snack, especially veggies “Don’t Yuk my Yum!”
✓ Consent to teachers being negative about eating raw veggies that are commonly eaten cooked
✓ Withhold FFVP snack for disciplinary reasons