To: FFVP Principals  
From: Janet Celi, FFVP Coordinator  
New Jersey Department of Agriculture  
Subject: FFVP “Dos & Don’ts”

Do:  
✓ Inspire teachers to provide nutrition education such as “A to Z” Fun Facts
✓ Encourage Teachers to taste fruits/veggies with students
✓ Advocate Teachers to send home info. on FFVP snacks & recipes to try
  ✓ Allow students to eat while doing activities at their desk
  ✓ Promote classroom discussions & surveys on likes & dislikes
  ✓ Share with teachers health benefits of FFVP
✓ Present FFVP in a positive atmosphere at a Teachers’ meeting

Don’t:  
✓ Allow students to take FFVP snack home
✓ Display negative attitudes about veggies
✓ Tolerate students expressing negativity about FFVP snack, especially veggies
  “Don’t Yuk my Yum!”
✓ Consent to teachers being negative about eating raw veggies that are commonly eaten cooked
✓ Withhold FFVP snack for disciplinary reasons