Dear Teachers & Staff:

Our school will be participating in a special Fresh Fruit and Vegetable Program for the 2018-2019 school year. We will be offering fresh fruits and vegetables in the classroom as snacks. We are excited to have been awarded this grant to provide our (Name of School) School children with healthy, nutritious foods. The NJ Department of Agriculture awarded this program to only 145 schools throughout the state. We are privileged to have received this grant!

(# of Days) days each week your students will enjoy a fruit or vegetable in the classroom. In order for this program to be a success we are asking for your help!

We need you to be role models by implementing the following:

❖ Join in with your students and eat the fruit or veggie snack.
❖ Highlight the importance of eating healthy fruits and veggies.
❖ Emphasize trying veggies even though your students may think their yucky. Persuade your students to take a small taste.
❖ Encourage your students to eat fruits & veggies at home during meal times and for snacks.

The goals of the fruit and vegetable program are as follows:
✓ Increase Children’s Fruit & Vegetable Consumption
✓ Create Healthier Schools
✓ Promote Wellness
✓ Change Children’s Diets to Impact their Future Health

We hope you will extend these goals in your classroom. This program will benefit the health and well-being of our students! Students look up to you! As their teacher and adult role model you can make a difference in their future health. Please support this program and make our school shine! Thank you for your support!

Principal