Dear Parents/Guardians:

Our school will be participating in a special Fresh Fruit and Vegetable Program for the 2018-2019 school year. **We will be offering fresh fruits and vegetables in the classroom as snacks.** We are excited to have been awarded this grant to provide our **[Name of School]** School children with healthy, nutritious foods. **The NJ Department of Agriculture awarded this program to only 145 schools throughout the state.**

**(# of Days)** days each week your child or children will enjoy a fruit or vegetable in the classroom. Occasionally, there will be **information and recipes** sent home for you as a family to participate in promoting and increasing your consumption of fruits and vegetables.

Please try to extend your child’s/children’s fruit and vegetable experience by **encouraging fruits and vegetables at meal times and for snacks.** Your participation will contribute to the success of this project!

**The goals of the fruit and vegetable program are as follows:**

- ✔ Increase Children’s Fruit & Vegetable Consumption
- ✔ Create Healthier Schools
- ✔ Promote Wellness
- ✔ Change Children’s Diets to Impact their Future Health

We hope you will extend our goals among your family and promote fruits and vegetables at home. Thank you for your support!

**Remember --- Eat More Fruits and Vegetables Everyday!**

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Principal