



FFVP Teacher Letter SY 2019- 2020 SAMPLE

Dear Teachers & Staff:

Our school will be participating in a special **Fresh Fruit and Vegetable Program** for the 2019-2020 school year. **We will be offering fresh fruits and vegetables in the classroom as snacks.** We are excited and privileged to have been awarded this grant to provide our (Name of School) School children with healthy, nutritious foods. **The NJ Department of Agriculture awarded this program to only 157 schools throughout the state.**

(# of Days) days each week your students will enjoy a fruit or vegetable in the classroom. Please **do not allow students to take these items home!** In order for this program to be a success we are asking for your help! This snack should be a classroom experience shared among peers.

We need you to be role models by implementing the following:

- ❖ **Join** in with your students and **eat the fruit or veggie snack.**
- ❖ **Highlight** the **importance** of **eating healthy fruits and veggies.**
- ❖ **Emphasize trying veggies** even though your students may think their nasty. Persuade your students to **take a small taste.**
- ❖ **Be positive** about **eating raw veggies** you may commonly consume as a cooked food.
- ❖ **Encourage** your students to **eat fruits and veggies at home** during meal times and for snacks.

The goals of the fruit and vegetable program are as follows:

- ✓ Increase Children's Fruit & Vegetable Consumption
- ✓ Create Healthier Schools
- ✓ Promote Wellness
- ✓ Change Children's Diets to Impact their Future Health

We hope you will extend these goals in your classroom. This program will benefit the health and well-being of our students! **Students look up to you! As their teacher and adult role model you can make a difference in their future health. Please support this program and make our school shine!** Thank you for your support!

Principal