Create healthier school environments
Expand variety of fruits & veggies children experience
Increase children’s fruit & veggie consumption
Make a difference in children’s diets to impact their health

WHAT IS FFVP?

- USDA "Fresh Fruit & Vegetable Program" Grant
- Program offered to Elementary Schools
- Grant providing fresh fruits & veggies as snacks to children
- Funding awarded to 222 NJ Schools
- Program starting in September at our school

WHAT CAN PARENTS/GUARDIANS DO?

- Ask children about school snacks
- Serve healthy snacks at home
- Allow children to pick fruits & veggies when grocery shopping
- Prepare healthy meals w/ children
- Encourage healthy eating & exercise as a family

WHAT SNACKS ARE SERVED?

- Fresh Fruits & Veggies
- Common items such as Apples, Oranges, Carrots, & Cucumbers
- Unusual items such as Blood Oranges, Rambutans, Jicama, & Fennel
- Healthy snacks along w/ nutrition lessons, recipes, & activities

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