Blackberries
Blackberry Facts

• Blackberries can grow wild like weeds.

• Blackberries are red during their unripe phase.

• Blackberries contain many drupelets or mini seeds.

• Blackberries are not hollow like raspberries.

• Berries are picked with a solid center while raspberries have a hollow center.

• Blackberry leaves are food for some caterpillars & deer.

• Many blackberry plants contain sharp thorns, also known as prickles.

• Blackberry plants do not produce fruit until the 2nd or 3rd year of growth.

• Blackberries are used in desserts, jams, seedless jellies, pies, crumbles, candy and wine.

• Bees that feed on blackberry flowers produce a medium to dark, fruit honey.

• Blackberries are high in fiber, vitamins C and K. Fiber is important for healthy digestion. Vitamin C protects the body from disease & keeps cells healthy. Vitamin K helps blood clot.

• Blackberries should not be washed until you are ready to eat them.

• Blackberries grow during July and August in New Jersey.