



JERSEY TASTES! GARDEN ACTIVITIES

Vermicomposting

MATERIALS:

QUANTITIES DEPEND ON SIZE OF BIN AND AMOUNT OF WORMS

- Opaque plastic storage bin (drill holes in the bin, 1/2 inch, on all sides for airflow)
- Straw or newspaper
- Spray bottle filled with water
- Container of garden soil
- Food scraps
- Red Wiggler worms



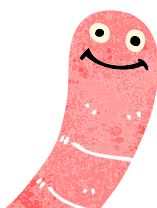
Fun Fact:
Did you know worms can eat half their weight in food each day?



TROUBLESHOOTING:

- They can't have it too wet or too dry because worms breathe through their skin and can actually drown!
- Worms aren't crazy about food like onions and citrus.
- Food that is left uncovered is sure to promote pests.
- One tip to prevent overfeeding is to feed smaller amounts every 1-2 weeks.

Fun Fact:
Did you know worms don't have lungs, so they breathe through their skin?



DIRECTIONS:

- 1 First, add straw to the bin, this will serve as the worms bedding.
- 2 Use the spray bottle to keep the straw nice and moist, like a wrung-out sponge.
- 3 Next, add soil from the garden because it helps their digestion.
- 4 Then we'll add food scraps; this must be buried under the bedding so that we don't also attract pests.
- 5 Add your worms!
- 6 Elevate worm bin, and store in an area away from air vents.
- 7 Maintain your worm bin by adding moisture and additional materials.
- 8 Harvest your compost using the "dump and sort" method to separate undigested from finished material.
- 9 Add the compost to your garden!

