New Jersey’s state fruit is the blueberry and it ranks 5th in the nation in blueberry production. Blueberries are in season during the summer months June & July. They are largely grown in the south Jersey Pine Barrens because the blueberry plants like the acidic, sandy soil there.

**How Does It Grow:**
Check out this video on how blueberries grow!

**Activities:**
Pre-K, 1-2: Blueberries for Sal Book, with lesson plans
Upper Elem 3-5: Article - How NJ Saved Civilization by Taming Blueberries
Middle: Article - The Blueberry Turns 100, Forms of blueberries and Recipe Flavor Pairings
HS: Article - How NJ Tamed the Wild Blueberry for Global Production

**Recipes:**
Breakfast or Lunch: Blueberry Yogurt Roll Ups
Dinner: Jersey Fresh Blueberry Pizza
Fun: Blu-Nana Smoothie and Cooking Video

**Nutrition Fact:**
Blueberries contain more disease-fighting antioxidants than almost any other fruit or vegetable.

**Made in Collaboration With:**
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