

# HOW TO HANDLE PEER PRESSURE

If friends push you to try weed and you don't want to, you're on the right side of science. Give your brain a chance to reach to its full potential.

1. Avoid places where cannabis use is common
2. Use humor to change the subject
3. Suggest something else to do
4. Walk away



**REAL FRIENDS RESPECT A SIMPLE "NO."**

Scan to learn more about why weed can wait.



Yes, cannabis (weed) is legal in New Jersey, but you should wait until 25 to try it because...science. Weed affects brain development, cognitive function, emotional well-being, and more. Some might say it's not a big deal, but we trust science and know it is.

**You don't need a perfect reason to say no to weed, and you don't need to argue. Confidence matters more than explanations.**

## **SIMPLE WAYS TO SAY NO TO WEED:**

**"That's not really my thing."**

**"I'm good—no thanks."**

**"I've got other things to do."**

**Choosing not to use weed isn't about being scared or boring, it's about being in control.**

