

PREGNANCY AND CANNABIS



Know for your baby. Pause for your baby.



Do not use cannabis or cannabis products while you are pregnant or breastfeeding and protect your baby from second hand smoke. Even a tiny bit is dangerous for an infant. Ingesting cannabis or cannabis products while pregnant or breastfeeding may increase your baby's chances of developing the following conditions:

- Stillborn
- SIDS
- Intrauterine Growth Retardation
- Congenital Malformations
- Impaired Development
- Low Birth Weight
- Gestational Diabetes
- Decreased Reasoning and Problem-solving Skills
- Decreased Memory and Attention Functions
- Hyperactivity

Cannabis may stay in your body for a long time. "Pumping and dumping" breast milk will not save your baby from the effects of the cannabis you consume. If you are using cannabis to treat pain, anxiety, nausea, or other conditions speak to your doctor about safe alternatives.

In the event of accidental cannabis poisoning call New Jersey Poison Center at 1-800-222-1222.

For help finding addiction treatment services call 1-844-REACHNJ (1-844-732-2465).

In collaboration with



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The information on this flyer is not to be considered medical or legal guidance and may become outdated and inaccurate. Consult a doctor for all matters relating to your health and wellbeing.