National Learning and Development (NLD) Month 2025 LMS Course Recommendations List

NLD Zoom Sessions' Complements:

1. *Atomic Habits: An Easy and Proven Way to Build Good Habits and Break Bad Ones | James Clear (Available with a CLIP All-Access Pass)*

2. *We Need to Talk: How to Have Conversations That Matter from Briefly (Available with a CLIP All-Access Pass)*

3. *The Brain Science to Create a High-Performing Team (Available with a CLIP All-Access Pass)*

4. *CLIP – LMS Learner Overview (Available to all LMS users)*

5. *AI Fluency: Intro to Prompts (Available with a CLIP All-Access Pass)*

6. *Chair Yoga for Anxiety (Available with a CLIP All-Access Pass)*

7. *MIND Over Mood (Available with a CLIP All-Access Pass)*

8. *How a Habit of Self-Reflection Could Improve Your Career | Paul Catchlove (Available with a CLIP All-Access Pass)*

CLIP Microlearnings: (Available to all LMS users)

9. **Asking Better Questions**
Asking better questions is an essential and powerful skill in business communication, yet it is often overlooked or underutilized. When used effectively, it can drive curiosity and innovation, fostering new ideas and perspectives. In this video, you will explore various types of questions and review the Socratic framework to enhance and elevate your questioning skills. Become a Master Questioner as you apply and evaluate your questioning skills in a game-like assessment. * This video contains audio descriptions.

10. **Effective Collaboration: Why You Want It and How to Get It!**
Effective Collaboration: Why You Want It and How to Get It! is an online course designed to help employees and supervisors strengthen teamwork and achieve better results. This course introduces the concept of collaboration in the workplace and provides practical steps to foster an effective and supportive team environment. Learners will gain tools to improve communication, resolve conflicts, build trust, and celebrate success—essential skills for achieving organizational goals.

11. **Goal Setting Using the "Build a Bridge" and SMART Goal Methods**
Goal setting is a key skill in making improvements in our personal and professional lives. In this microlearning, you will learn the basics of the "Build a Bridge" brainstorming activity and how to convert your ideas into an actionable SMART Goal. This lesson will give learners access to a goal setting template and will test their knowledge using a matching activity.

12. **Habit Stacking: Leveraging "Habit Loops" to Make Improvements in Your Personal and Professional Life**
"Habit Stacking" is a personal and professional improvement concept popularized by James Clear in his bestselling book, "Atomic Habits." In this microlearning, you will learn the basics about "Habit Stacking" and how you can build positive habits around your existing "Habit Loops." This lesson will give learners access to a "Habit Loop" template and will test their knowledge using a matching activity.

13. **Homophones: Write the Right Way**
Clear communication begins with using the right write. In this lesson, you'll watch a video that explains what a homophone is, provides examples of common homophones, and shares tips for avoiding mix-ups. After the video, you'll get a chance to practice using common homophones with interactive flashcards.

Leadership Presence: (Available with a CLIP All-Access Pass)

14. ***Leadership Skills: Master Essential Executive Skills to Transition from Management to Leadership***
Elevate your career from manager to dynamic leader with this transformative course. Master strategic thinking, vision creation, and high-performance team building. Enhance your communication skills to inspire and influence, unlocking your full leadership potential.

15. ***Cultivating Executive Presence***
Want to be a leader but not sure how to move forward? Climbing the promotional pathway is challenging, but it's a lot easier if you know how to cultivate an executive presence. That means showing your colleagues that you have the right stuff to lead. This short course boils it down to what you need to know into a few powerful tips that will change the way you show up in the workplace.

16. ***Building a Personal Presence Action Plan***
Elevate your personal presence with dedication and strategic planning in this transformative course. Identify key goals across four strategic focus areas, create a tailored action plan, and navigate common challenges of senior leadership promotion. By the end, you'll master a plan that enhances your presence and leaves a powerful impact on everyone you meet, both personally and professionally.

17. ***5 Ways to Build Executive Presence***
Unlock the power of executive presence and command confidence in any room. Learn five actionable steps to cultivate this essential leadership skill with Larry Cornett, PhD. Build a foundation of self-confidence and calm under pressure to elevate your professional impact. Whether aiming for CEO or enhancing your next presentation, this course is your gateway to success.

AI Usage in the Public Sector: (Available to all LMS users)

18. ***Responsible AI for Public Professionals: Using Generative AI at Work***
This course provides public sector professionals with a comprehensive understanding of Generative AI (GenAI) and its potential to revolutionize work in government. Through hands-on activities and best practices, participants learn to use GenAI as a powerful companion to assist in their daily tasks while maintaining public trust and safety. The course covers the fundamentals of GenAI, its practical applications, prompt engineering techniques, risk mitigation strategies, and broader societal challenges. By the end of the course, participants will be equipped to harness the power of GenAI responsibly and effectively in their public sector roles.

19. ***CLIP L&D: Artificial Intelligence 101: A Brief Explanation***
To use Artificial Intelligence effectively, we need to understand how it learns and what it needs to generate useful information. This new, trending technology can increase your efficiency and creativity at work by assisting with some common workplace tasks - like summarizing long documents, writing emails, and brainstorming ideas for projects. In this microlearning, you will become familiar with Artificial Intelligence (AI), explore how AI learns, and discover the key ingredients for writing productive AI prompts.

20. ***Responsible AI for Public Sector Legal Professionals: Everyday Tools and Best Practices***
This course focuses on everyday tools and best practices. We'll explain AI fundamentals, explore potential risks and how to overcome them, and demonstrate practical applications for your daily work. You'll learn how to write effective prompts and how to incorporate GenAI tools into your everyday work. We focus on how you can get the most out of these tools while also discussing the risks of using GenAI in public sector legal practice and how to mitigate them.

21. ***Responsible AI for Public Sector Legal Professionals: Designing AI Policy, Projects, and Societal Impact***
This course delves into policy, projects, and societal impact. We'll cover data governance issues, how to design your own AI projects, and broader societal challenges like copyright implications and potential misuses. For those interested, we'll also provide guidance on developing AI governance policies.

Business Intelligence (BI): (Available with a CLIP All-Access Pass)

22. ***Introduction to Business Intelligence***
In this brief course, you will discover the practical applications of BI in marketing, forecasting, real-time tracking, and safety. Find out how to use Business Intelligence to automate tasks and gain insights from available data responsibly.

23. ***Microsoft Power BI Essentials***
Master Power BI with this comprehensive course, from interface navigation to advanced data transformation and visualization techniques. Optimize data organization through modeling and create compelling visualizations with advanced filtering. Enhance your analytical skills by publishing reports, collaborating, and using interactive querying features for data-driven decision-making.

TED Talks: (Available with a CLIP All-Access Pass)

24. ***Why Body Language is the Key to Self-Expresssion - and Executive Presence*** **| David Suh**
What story is your body language telling the world? In this TED Talk, speaker David Suh explores how mindful posing and physical presence can transform your self-image, boost confidence, and elevate your professional profile. He shares tips to improve how you present yourself in photos, meetings, and daily life. Suh invites you to use body language as a powerful tool for authentic self-expression.

25. ***10 Ways to Have a Better Conversation*** **| Celeste Headlee**
Elevate your communication skills with Celeste Headlee's ten transformative rules for effective conversations. Master active listening to revolutionize professional interactions and foster a collaborative workplace culture. Discover the power of enhanced listening for more honest, engaging, and productive conversations.

26. ***Life's an Obstacle Course – Here's How to Navigate It*** **| Maryam Banikarim**
Transform life's challenges into opportunities with Maryam Banikarim's inspiring TED Talk. Discover the power of community and resilience in navigating personal hurdles. Learn how a shift in mindset and the experience of migration can reshape identity and foster a sense of belonging.

Wellness and Mental Health: (Available with a CLIP All-Access Pass)

27. ***Building Better Mental Health***
Transform your life by mastering the art of optimal mental health with this comprehensive module. Gain essential tips to nurture well-being and recognize the dynamic nature of mental health. Discover practical strategies and exercises to cultivate mental and physical wellness, enhancing your resilience and overall ability to thrive.

28. ***Brain Bites: Navigating Stress and Anxiety***
Discover effective stress management techniques with experts Rebecca Heiss and Nathan Robinson. Learn to differentiate between chronic and acute stressors and understand the impact of cortisol on your body. Engage in practical activities designed to reduce stress and improve your overall well-being. Enjoy expert-led, high-quality HD content in the "Uniquely Engaging" Bigger Brains Teacher-Learner style.

29. ***Overcome Your Fear of Change***
Enhance your workplace skills and conquer the fear of change with this comprehensive course. Learn to manage emotions, overcome limiting beliefs, and foster neuronal plasticity. Create a strategic action plan to embrace and thrive amidst change.

Bestseller List: (Available with a CLIP All-Access Pass, Online, or in book form)

30. *Extreme Productivity: Boost Your Results, Reduce Your Hours* | **Robert C. Pozen**
Revolutionize your work life with "Extreme Productivity: Boost Your Results, Reduce Your Hours," a powerful guide to boosting efficiency and reducing work hours. Prioritize critical tasks with precision and master time management techniques for maximum output. Conquer procrastination and maintain momentum with practical, actionable strategies for optimal project results.

31. *5 Levels of Leadership: Proven Steps to Maximize Your Potential* | **John C. Maxwell**
Transform your leadership skills with "5 Levels of Leadership: Proven Steps to Maximize Your Potential," a concise guide offering a clear roadmap to maximize your potential. Overcome growth obstacles with real-life anecdotes and motivational quotes from top leaders. Progress through five distinct levels to cultivate a lasting impact and refine your leadership capabilities.

32. *Charismatic Leadership: The Skills You Can Learn to Motivate High Performance in Others* | **Kevin Murray**
Master the art of charismatic leadership with Kevin Murray's course. Cultivate essential skills through deliberate habits and behaviors to motivate high performance. Enhance your leadership effectiveness with tips on trust, passion, warmth, and persuasive communication for lasting impact.

Building Champions: Lessons from Sports Legends: (Available with a CLIP All-Access Pass)

33. *Culture: Character Elevates Culture*
Discover the transformative power of character in team dynamics through Coach Bill Parcells' bold decision to draft Curtis Martin. Learn practical strategies for integrating character-driven hiring to shape a positive culture. Elevate your team by making character the cornerstone of your hiring process.

34. *Decision Making: Fear Defines Boundaries*
Discover the transformative power of overcoming fear with Curtis Martin, a renowned businessman, philanthropist, and NFL Hall of Famer, as he shares his journey of pushing through fear and pain to achieve greatness. Learn how fear often sets invisible boundaries on your potential and how breaking through these barriers can unlock unprecedented opportunities. Join this course to understand the critical role fear plays in shaping your capabilities and how to transcend your limitations for a more fulfilling life.

35. *Ethics: Who You Are is How You Treat People*
Unlock the secrets to making great business decisions with Mike Tannenbaum, a 20-year NFL veteran and ESPN insider, as he reveals his proven strategy for discerning true character beyond the interview room. Learn how to implement a peer-to-peer information approach to enhance your hiring and business decisions, ensuring you bring the right talent into your organization. Join this course to master the art of understanding people's character and make informed, impactful choices in your business.

Happy Learning!

CLIP Contacts:
Need assistance registering for a class? CLIPTraining.Support@csc.nj.gov
Need assistance with an LMS system issue? CLIPeLearning.Support@csc.nj.gov