



STATE FIRE MARSHAL MESSAGE

FIRE PREVENTION-FIREFIGHTER SAFETY



Excellence in Public Safety

William Kramer Jr. Acting Director



Richard E. Constable, III Commissioner

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SHARE THE LOAD
A SUPPORT PROGRAM FOR FIREFIGHTERS AND EMTs

Helpletter

An Initiative of the National Volunteer Fire Council

WHEN YOU SEE NO WAY OUT, IT'S TIME TO REACH OUT

Introducing *Share the Load*™, a support program that provides behavioral health resources for firefighters, EMTs, and departments.

Learn more on page 3

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- 4** It's Not Me, I Just Had a Really Bad Day. For firefighters and EMTs, the stress of the job doesn't end when the shift does.
- 5** Fire/EMS Helpline: Make the Call to Make Things Better. Learn about this new helpline for fire and EMS personnel, including when to call and what to expect.
- Breaking the Stigma pg. 6
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www.nvfc.org/help HELP IS HERE. Call 1.888.731.FIRE (3473)

Those whom you pass on their way in, as you make your way out, may at times see no way out, well after both the fire and the accident scenes are secured.

The National Volunteer Fire Council is hoping to "help those who help" by offering a variety of support resources for firefighters and first responders who may be in need of them. Click the adjacent graphic and add the phone number below to your cell phone contacts.

1-888-731-FIRE (3473)



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While fireworks are illegal here, the popular Sky Lantern is not. Click the photo for ways they may be regulated.



morgue file

The first case of Middle East Respiratory Syndrome (MERS) was recorded in an Indiana ER in April. Listen to a CDC Podcast to find out what First Responders may need to know:

[Center for Disease Control Podcast](#)

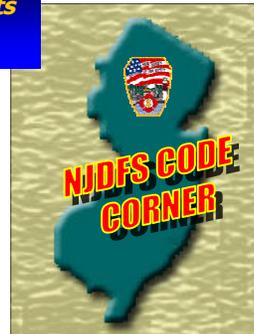
NJDFS Public Education brochure states specifically that FIREWORKS are illegal in New Jersey. The brochure can be imprinted with your FD or LEA logo/Maltese. Requests to:

Thanks to the many small communities in New Jersey, there is ample opportunity to enjoy visual spectacles at hundreds of locally permitted and regulated displays that occur in the state during the summer months.

In addition, annually scheduled holiday fireworks along the waterfront opposite Philadelphia, New York City, and the Jersey Shore afford residents access to world class pyrotechnic displays.

Richard E. Constable III
Commissioner

Clark Christie
Governor



Conducting Thorough Preoccupancy Inspections



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CLICK ON FIRE IS EVERYONE'S FIGHT LOGO FOR MORE INFO