

INTERNATIONAL

MEN'S DAY



NOVEMBER 2023



Did You Know?

International Men's Day is an annual event that highlights the importance of recognizing and addressing the challenges and experiences of men and boys. **It encourages conversations about men's mental health, positive masculinity, and gender equality.**

This day also serves as a reminder that **gender equality is a collective effort** that benefits both men and women, and that addressing men's well-being is an essential part of this journey.

SUN MON TUES WEDS THURS FRI SAT

			1	2	3	4
			Native American Heritage Month			
5	6	7	8	9	10	11
		State Holiday			State Holiday	Veteran's Day
12	13	14	15	16	17	18
Diwali	World Kindness Week begins			International Day of Tolerance Dutch American Heritage Day		
19	20	21	22	23	24	25
International Men's Day	Transgender Day of Remembrance			Thanksgiving		
26	27	28	29	30		

