

LifeSet

A program of Youth Villages

September 2020 - September 2025

LifeSet is a program that provides personalized case-management to support young adults.

Specialists meet participants in their preferred settings—such as home, work, school, or community—to offer guidance on **education, employment, housing, relationships, health, and life skills**. The program serves DCF-connected youth ages 17-23 statewide.

LIFASET CAN HELP WITH



Building healthy relationships



Continuing education



Navigating adult responsibilities



Addressing health issues

WHY DO YOUNG ADULTS NEED LIFASET?

50%

Half of older teens who leave foster care **age out without being reunited or connected with a family.**

less than
1/4

Less than a quarter of young people exiting foster care **receive services to help them with employment, education or housing.**

Compared to the general population, young people who have aged out of foster care are more likely to endure challenges, such as:

- housing instability
- joblessness
- academic difficulties
- early parenthood
- substance use

Source: 2025. The Annie E. Casey Foundation Blog Post: [What happens to youth aging out of foster care?](#)

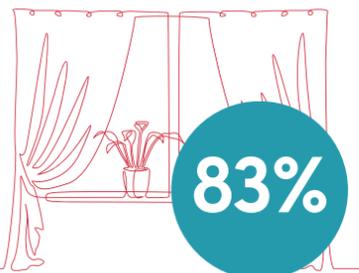
OUR IMPACT



825 Young Adults have been supported by LifeSet to date.

Most youth were either **employed or enrolled in education** when they were discharged from LifeSet.

Most LifeSet youth exited with **stable independent housing.**



83%



83%



"The program has been such a blessing for me and I know it helps other youths ... being a part of LifeSet gives light to teens like me, who do not have the normal upbringing. **It makes us feel like we can do things we wouldn't be able to do on our own.**"

- NJ LifeSet Participant

HOW CAN YOU ACCESS SERVICES?



Contact the DCF Office of Adolescent Services to determine eligibility and referral
609-888-7100
dcf_adolescentservices@dcf.nj.gov