



# NJ Statewide Student Support Services (NJ4S)

## WHAT IS NJ4S?

NJ4S is a new program that the New Jersey Department of Children and Families launched statewide that includes an innovative hub and spoke model of services and resources intended to support youth mental wellness, and promote prevention initiatives (prevention of bullying, prevention of teen suicide, prevention of substance use, etc.).

## WHY NJ4S IS IMPORTANT:

- There is a national mental wellness crisis in youth and young adults that was exacerbated by the Covid pandemic, news of school shootings and other high profile social justice issues.
- NJ needed to develop a critical link between schools and the rest of the statewide infrastructure supporting youth mental health and family well-being.
- Students, caregivers, school administrators and staff require more efficient access to safe spaces for connection, prevention programs, mental health resources and support.

## EXPECTED PROGRAM OUTCOMES:

- Enriched academic growth of students
- Improved healthy development
- Improved social, emotional, and behavioral development
- Expanded social connections
- Improved emotional wellness
- Increased resiliency

## HOW DOES A STUDENT OR CAREGIVER GET SERVICES?

There are 15 regional hubs throughout the state that provide three levels of service: (1) Universal Prevention Services; (2) Evidence-based Prevention Interventions, and (3) Assessment and Brief Intervention. [Universal prevention services](#) will be available to all students without any need for application. Evidence-based supports and brief mental health intervention services are made available to students in grades 6-12 (in middle school and high school, or through a K-8 school) at the electronic request of each school through the NJ4S [online portal](#).

[Use this list](#) to locate your region's Hub. Questions about your Hub's services should be directed to your school district or child's Middle/High School.



LEARN MORE AT:  
<https://nj4s.nj.gov>



## NJ4S Statewide Hubs

### **ATLANTIC AND CAPE MAY COUNTIES:**

Acenda, Inc.

### **BERGEN COUNTY:**

Children's Aid and Family Services, Inc. (CAFS)

### **BURLINGTON COUNTY:**

Legacy Treatment Services

### **CAMDEN COUNTY:**

Center for Family Services, Inc. (CFS)

### **ESSEX COUNTY:**

Family Connections, Inc.

### **HUDSON COUNTY:**

Partners in Prevention

### **MERCER COUNTY:**

Catholic Charities, Diocese of Trenton

### **MIDDLESEX COUNTY:**

Rutgers University Behavioral Health Care (UBHC)

### **MONMOUTH COUNTY:**

Preferred Behavioral Health Group

### **MORRIS AND SUSSEX COUNTIES:**

Mental Health Association of Essex and Morris, Inc.

### **PASSAIC COUNTY:**

New Jersey Community Development Corporation

### **UNION COUNTY:**

Prevention Links

### **SOMERSET, HUNTERDON, AND WARREN COUNTIES:**

Center for Family Services, Inc.

### **OCEAN COUNTY:**

Preferred Behavioral Health Group

### **GLOUCESTER, CUMBERLAND, AND SALEM COUNTIES:**

Acenda, Inc.



NEW JERSEY DEPARTMENT OF  
CHILDREN AND FAMILIES