

NJ4S is a hub and spoke model network of social, emotional, and mental wellbeing supports for students and their families.

NJ4S has 15 regional hubs that, for schools that apply, will provide specialized prevention and brief intervention services to students, parents and caregivers, as well as consultation to school faculty. It will also offer universal prevention interventions in schools and community-based organizations, at no cost and with no application needed, for workshops, webinars, assemblies, and trainings that will benefit all youth and their families.

The hubs are guided by a local NJ4S Advisory Group made up of local youth, parents, organizations and elected and non-elected leaders that determine processes, services and allocation of resources.

HOW CAN MY SCHOOL ACCESS NJ4S SERVICES?

Schools interested in NJ4S services must identify "School Representatives" that will use the <u>new</u> NJ4S online platform to:

- request and apply for NJ4S services being offered by the hub
- utilize a simple and seamless application process that also provides transparency for the schools to view the status of the application from submittal to completion

Schools and their identified representatives will be able to:

- log-in to the NJ4S system, to select and request specific evidence-based programs and interventions for students, families, and school staff
- apply for services for groups or individuals
- use the system to communicate with the hubs about specific applications and their status regarding the intervention offered and delivered
- easily view reports and dashboards of aggregated information that is relevant to your school and district about the services being provided

LEARN MORE AT:
https://nj4s.nj.gov

For questions and feedback: nj4sfeedback@dcf.nj.gov



UNIVERSAL SUPPORTS

Public In-Person, Online, Virtual

- Students and their families:
 - Pre-K to Grade 12
- School Staff

SMALL GROUP PROGRAMMING

- Students and their families in grades 6-12* in middle and high schools.
- *including students in 6th-8th grade in K-8 schools
- Middle and high school staff

BRIEF CLINICAL INTERVENTION

- Students and their families:
 - Grade 6-12
- · School Staff

- Activities such as curriculum efforts, workshops, webinars, assemblies and training
- These services can include linkages/partnerships with existing community resources (e.g., Family Success Centers)
- Evidence-based, targeted prevention intervention, typically delivered in small groups
- Schools may be connected to existing programs implemented within the community
- Evidence-based, targeted prevention intervention, typically delivered for individuals
- Assessment and brief individualized clinical interventions in-person or via telehealth
- Clinicians are also available for consultation with school staff or for brief counseling/ referral for family members

DESCRIPTION:

AVAILABLE:

REFERRAL REQUIRED:

No

Yes - Through the NJ4S System

Yes - Through the NJ4S System