



# Office of **RESILIENCE**



**Mission Statement:** The Office of Resilience is an incubator and advocate for community-developed solutions, grounded in positive and adverse childhood experiences science, that help to create a healing-centered ecosystem in which all NJ residents can thrive.

**Vision Statement:** New Jersey is a trauma-informed and healing-centered state, creating opportunities to prevent, and empower healing from, individual, transgenerational, and community trauma.

## **Values:**

- **Safety:** creates spaces that are safe
  - Emotionally: prioritizing psychological safety in every interaction
  - Physically: intentionally minimizing risk of trauma-triggering
  - Morally: within the context of moral distress, injury, and repair
- **Equity:** striving for power sharing, using data to evaluate outcomes, and a commitment to developing community leaders
- **Belonging:** all voices belong, are heard, and are welcomed
- **Relational:** intentional and authentic community engagement
- **Accountability:** maintain a sense of urgency and prioritization and will apply programming without delay or interruption, to the best of our ability

## **Priorities (Action Plan Core Strategies):**

### **1. Achieve Trauma-Informed and Healing-Centered State Designation**

- Establish the Healing NJ Together Technical Assistance Center to coordinate state efforts that prevent, treat, and heal from ACEs and promote PCEs; to inform state policies and budgets related to PACEs
- Develop a Trauma-Informed Care Readiness Assessment government and non-governmental organizations interested in earning a trauma-informed designation
- Identify and utilize evidence-based tools for measuring organization shift to being trauma-informed
- Maintain the NJ Resiliency Coalition web space on PACEs Connection as a virtual learning community for ongoing stakeholder education and collaboration

### **2. Conduct a PACEs Public Awareness and Mobilization Campaign**

- Promote PCEs as the counterpoint to ACEs in coordination with the DCF Communications team
- Collaborate with trauma-informed/healing-centered organizations (e.g., Regional ACEs Collaboratives) across the state
- Revamp OoR website
- Advocate for policies to address social determinants of health (SDoH)



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### **3. Maintain Community-Driven Policy and Funding Priorities**

- Conduct a review of ACEs prevention and healing services throughout NJ's 21 counties and subsequently develop a needs assessment
- Encourage public and private partners to increase the number and quality of trauma-informed/healing-centered programs available to individuals most impacted by ACEs
- Fuel "Launch and Learn" innovation: an "era of experimentation"
  - o Microgrants to community members via Regional ACEs Collaboratives
  - o Police/Youth Initiatives
  - o Future initiatives

### **4. Provide Cross-Sector PACEs Training**

- Coordinate with organizations throughout the state providing PACEs training
- Develop evidence-based PACEs training programs for community members and professional sectors, prioritizing those populations at increased risk for ACEs (juvenile justice, LGBTQIA+, BIPOC, systemic poverty)
- Cultivate conditions for cross-sector collaboration, including interagency team meetings
- Initiate traveling NJ PACEs Task Force meetings
- Identify and convene trauma-informed experts across the state
- Highlight partnerships, promote virtual and live learning opportunities

### **5. Promote Trauma-Informed/Healing-Centered Services and Supports**

- Prioritize support for addressing ACEs/promoting PCEs in a relationship-centered, family-centered manner
- Inform and reward stakeholders for focusing on establishing and restoring safe and stable nurturing relationships (SSNRs)
- Orient toward promoting positive health and resilience
- Engage self, family, and community in self-care as the driving factor to prevent and heal the trauma associated with ACEs and to proactively improve stress and emotion regulation skills essential for the health and well-being of all children, families, and communities

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#### **Acronyms:**

ACEs = adverse childhood experiences • OOR = Office of Resilience • PCEs = positive childhood experiences  
PACEs = positive and adverse childhood experiences • RAC(s) = Regional ACEs Collaborative  
SDoH = social determinants of health • SSNR = safe and stable nurturing relationships