Safe and Healthy Diapering
to reduce the spread of germs

Keep a hand on the child for safety at all times!

1. PREPARE
   - Cover the diaper changing surface with disposable liner, if applicable.
   - If you will use diaper cream, dispense it onto a tissue now.
   - Bring your supplies (e.g., clean diaper, wipes, diaper cream, gloves, plastic or waterproof bag for soiled clothing, extra clothes) to the diapering area.

2. CLEAN CHILD
   - Put on gloves. Place the child on diapering surface and unfasten diaper.
   - Clean the child’s diaper area with disposable wipes. Always wipe front to back!
   - Keep soiled diaper/clothing away from any surfaces that cannot be easily cleaned. Securely bag soiled clothing.

3. REMOVE TRASH
   - Place used wipes in the soiled diaper.
   - Discard the soiled diaper and wipes in the trash can.
   - Remove and discard gloves.

4. REPLACE DIAPER
   - Slide a fresh diaper under the child.
   - Apply diaper cream, if needed, with a tissue or a freshly gloved finger.
   - Fasten the diaper and dress the child.

5. WASH CHILD’S HANDS
   - Use soap and water to wash the child’s hands thoroughly.
   - Return the child to a supervised area.

6. CLEAN UP
   - Remove liner, if applicable, from the changing surface and discard in the trash can.
   - Wash the surface with a soap and water mixture and a disposable towel.
   - Wet the entire surface with disinfectant; make sure you read and follow the directions on the disinfecting spray, fluid or wipe. Choose disinfectant appropriate for the surface material.

7. WASH YOUR HANDS
   - Wash your hands thoroughly with soap and water.