



**Support for DCP&P Casework Staff Surrounding COVID-19- May and June 2020**

Addressing the Mental Health Needs of Infants, Children and Families

May 11, 2020

Email/Speak with an Infant and Child Mental Health Consultant

- Email at [caecmh@montclair.edu](mailto:caecmh@montclair.edu) – An email response will be sent within 24 hours and a follow-up call will be planned when indicated.

“Warm Line” – Open call during specific times. No registration needed.

- On **Tuesdays** and **Thursdays**- from 2:00 pm - 5:00 pm
- Call 973-559-7992

A **Center Infant and Early Childhood Mental Health Consultant** will answer the phone and provide support and consultation regarding your work with a family/infants/children and to provide support for you and your own self-care.

Join an Open Group Conversation- Sharing, Reflecting, Caring.

- Join a ZOOM -web-based meeting (video and tele-conference)
- **Wednesdays:** 8 - 9 am
- Content is open for information, support, connection, reflective time, self-care, etc.
- **May 20, 27**
- **June, 3, 10, 17, 24**

<https://montclair.zoom.us/j/92725490935?pwd=eGhUM2VvQXZhOGNXUHRldXhud0Vzd09>

Password: 951917

Or iPhone one-tap : US: +16468769923,,92725490935# or +13017158592,,92725490935#

Or Telephone: US: +1 646 876 9923

Join a Topical Conversation

- Join a ZOOM web-based meeting (video and tele-conference) addressing a different topic each week. **Fridays, 9- 10 am.**
  - May 22: Promoting Family Time (visitation) for Infants/Children in out-of-home-settings
  - May 29: Understanding Stress, Trauma and the Brain
  - June 5: Supporting Caregivers and Infants/Children Affected by COVID-19
  - June 12: Infant and Early Childhood Mental Health
  - June 19: Self-care for Professionals

**REGISTER IN ADVANCE FOR THESE MEETINGS AT:**

<https://montclair.zoom.us/meeting/register/tJlkdumhqT8rH9G1LupOCjh5CIEEuWqgHc-X>