

**Children's System of Care - Training and Technical Assistance Program
Rutgers UBHC – Behavioral Research and Training Institute**

For training details and to request registration go to:
www.nj.gov/dcf/providers/csc/training

Registration Opens on Sunday, January 15, 2023.

* Trainings with an asterisk are open to both the **CSOC & DCP&P** workforce. CSOC TTA is not responsible for issuing credit for the DCP&P workforce.

➔ Indicates BA Recertification Trainings.

★ Indicates Trainings Approved for CE credits. Check the course registration page for details.

**FEB
2023
TRAINING
CALENDAR**

| DATE | TRAINING | TIME |
|---|--|-------------------------|
| Feb 1 & 2 ➔ | Introduction to Mindfulness-Based Stress Reduction (2 parts) | 9am – 11am |
| Feb 2 & 3 | Developmental Tasks of Childhood & Adolescence (2 parts) | 11am – 1:30pm |
| Feb 2 & 3 ➔ | ★ Motivational Interviewing (2 parts) | 9:30am – 12:30pm |
| Feb 3 | Effective Collaboration for Resource Development | 9:30am – 12:30pm |
| Feb 6 | Understanding and Addressing Implicit Bias | 9:30am – 12:15pm |
| Feb 6 & 7 ➔ | Working with LGBT Youth (2 parts) | 10am – 12:30pm |
| Feb 6 & 7 ➔ | Foundations of Developmental Disabilities (2 parts) | 10am – 12:30pm |
| Feb 7 | Next Level NHA: Building Upon Essential Skills and Experiences in the Nurtured Heart Approach™ | 9am – 1pm |
| Feb 7 | Positive Psychology and Mental Wellness for Youth with IDD: What Have We Been Missing? | 10am – 11:15am |
| Feb 7 & 8 ➔ | Social Emotional Learning (SEL): Social Decision Making (2 parts) | 9am – 11:30am |
| Feb 8 & 9 ➔ | Domestic Violence, Child Abuse, and the NJ Prevention of DV Act (2 parts) | 10am – 12:30pm |
| Feb 8 & 9 ➔ | ★ Engaging Families in Substance Use Treatment: A Family-Centered Approach (2 parts) | 10am – 12:30pm |
| Feb 8 & 10 | Skills for Strengths-Based Supervision (2 parts) | 9am – 12:30pm |
| Feb 9 & 16 | DSM-5 (2 parts) | 10am – 12pm |
| Feb 14 & 15 | CANS: Strengths & Needs Assessment (2 parts) | 9:30am – 12:30pm |
| Feb 15 | ACE (Adverse Childhood Experiences) Interface | 9:30am – 12:30pm |
| Feb 15 | Suicide Prevention for Helping Professionals | 9:30am – 12:30pm |
| Feb 15 ➔ | Family Dynamics (2 parts) | 9am – 11am 1pm – 3pm |
| Feb 16 ➔ | Compassion Fatigue and Vicarious Trauma: Protecting the Helping Professional | 9:30am – 12:30pm |
| Feb 16 | Prioritizing Self-Care to Promote Health & Well-Being | 9am – 11am |
| Feb 16 & 17 | Risk Assessment & Mental Health (2 parts) | 9:30am – 12:30pm |
| Feb 16 & 17 ➔ | Understanding Behavior Through Positive Behavior Support (2 parts) | 9:30am – 12:30pm |
| Feb 17 ➔ | An Introduction to Anti-Racism for Youth and Families | 9:30am – 12:30pm |
| Feb 21 | NJ Wraparound: Values & Principles | 9:30am – 1:30pm |
| Feb 21 & 22 ➔ | Substance Use 101: "Why Don't You Just Stop?" (2 parts) | 10am – 12:30pm |
| Feb 21 & 22 ➔ | Trauma, Race & Social Location: Contextualizing Trauma-informed Care (2 parts) | 11am – 1:30pm |
| Feb 21 & 22 ➔ | The Nurtured Heart Approach (2 parts) | 9:30am – 12:30pm |
| Feb 23 ➔ | Painful Passages: Immigrants, Refugees, and Trauma | 9:30am – 12:30pm |
| Feb 24 | Healthy Boundaries and Professional Use of Self | 9:30am – 12:30pm |
| Child Family Team Orientation - *Prerequisite - NJ Wraparound. CMOs & FSOs ONLY – Register online. | | |
| Feb 22 & 23 OR 24 | Child & Family Team Process (2 parts) | 9:30am – 1:30pm |
| Strengths Based Care Planning - CMOs ONLY – Register online. | | |
| Feb 1 | Strengths Based Care Planning: ISP & FCP | 9:30am – 12:30pm |
| Mobile Response & Stabilization Services Orientation | | |
| Feb 6 & 8 | Mobile Response Orientation – Crisis Response Protocol (2 parts) | 9:30am – 12:30pm |
| Feb 7 | Crisis Assessment Tool (CAT) Training | 9:30am – 12:30pm |

Click [here](#) for DAILY Mindfulness Groups. / Click [here](#) for On-Demand Online Modules.

Training is available to all system partners within the New Jersey Statewide Children's System of Care. On-line registration at least three business days prior to the training date is requested to allow time for confirmation & preparation of materials.