



# FAMILY PRESERVATION SERVICES (FPS)

## OVERVIEW:

Family Preservation Services (FPS) is an intensive, in-home family education and crisis intervention program. FPS services are offered to families whose children are experiencing a crisis, at imminent risk of placement or are being prepared for reunification.

## HOW FPS SUPPORTS FAMILIES:

- ✓ Services are provided in home or where convenient for the family.
- ✓ Intensive services- family sessions averaging between 5 and 20 hours per week.
- ✓ Short-term services- families can receive FPS support for 4 to 8 weeks.
- ✓ With Strength-based and Family-Centered Services aimed at enhancing:
  - Parenting skills
  - Household & financial management
  - Communication skills
  - Substance use recovery support
  - Connection resources
  - Behavior management/coping skills
  - Anger/conflict management
  - Mental health treatment support
- ✓ With flexibility, accommodating sessions weekdays, weekends and evenings.
- ✓ Staff is available 24/7 for crisis interventions.

## WHAT FAMILIES WILL RECEIVE:

- Assistance in identifying factors contributing to the current crisis, as well as strengths and tools that will aid in stabilization.
- Support from staff to identify two to four service goals within 10 days of the initial visit, and collaboration with DCP&P to ensure a shared focus on the family's identified goals.
- Application of evidence-based practices, including Solution Based Casework, Motivational Interviewing, and behavioral/cognitive approaches.
- Intense and personalized intervention services, with counselors dedicated to working with two families at a time.

## WHO CAN RECEIVE FPS SERVICES:

Families with children ages 0-17 receiving services through DCP&P, and who are willing to participate in intensive services to achieve their goals.

Families in need of stabilization, who:

- Experiencing a crisis or situation that places their child at risk of removal from their home.
- Able to safely maintain the child(ren) in the home with intensive in home services
- Have a current risk level of high or very high or who have an identified Safety Factor on the SDM Safety Assessment.

Families whose children are in an out of home placement and for whom:

- There is a plan to reunify the child within 30 days.
- The SDM Reunification Assessment is assessed to be low or moderate.
- The child's current caregiver is willing to participate.
- The child's placement must be within 1 hour from the FPS agency.

## WHERE SERVICES ARE PROVIDED:

COUNTIES	AGENCY
Atlantic, Cape May, Mercer, Monmouth, Ocean, Salem	Acenda
Bergen	CarePlus, NJ
Burlington, Cumberland	Oaks Integrated Care, Inc.
Camden, Gloucester, Passaic	Center for Family Services
Hudson, Morris, Sussex	Youth Advocate Programs
Essex, Union	Family Connections
Hunterdon, Middlesex, Somerset, Warren	Catholic Charities, Dioceses of Metuchen

**THIS PROGRAM IS MANAGED BY THE DIVISION OF FAMILY & COMMUNITY PARTNERSHIPS, OFFICE OF FAMILY PRESERVATION & REUNIFICATION**